



**IT'S YOUR BODY!**  
**Sexual Abuse Explained to Children**  
Jocelyne Robert

A reference book on a delicate subject, in an updated edition.

128 pages  
September 2019  
Éditions de l'Homme  
Rights of a previous edition sold in 7 languages

> Over 34,000 copies sold of all editions

Providing information to children without undermining the credibility of the adults who look after them is a delicate but crucial challenge. Too many children believe that adults have absolute power over them. Jocelyne Robert invites readers to take a preventive approach aiming to give children their rightful power over their bodies and their lives— because it's absolutely necessary for them to learn that ogres and wolves are not found only in fairy tales! The task is made even more delicate by the fact that sexual assaults by people they know and love are the ones children most often keep silent about the longest.

The purpose of this book is to turn children and parents into a vigilant team, one step ahead of predators. It encourages fathers to be themselves, mothers not to panic and children to become the bosses of their own bodies. It includes games to play and exercises to do with children, offers hints for evaluating risks, and suggests relaxed, concrete and effective educational approaches. This is not just a book; it's actually a little bag to be filled with precautionary keys and tools.

**STRONG POINTS**

- Jocelyne Robert is an internationally renowned educator and popularizer.
- An enlarged version, updated by the addition of current topics, including child pornography on the Internet.
- New colour edition.
- For parents of children aged 4 to 12.

**Subjects:** sexuality, parenthood, abuse awareness

*Jocelyne Robert, sexologist, writer and communicator, is renowned in the field of sex education. Most of her books have become classics, reissued and translated into many languages. The general public enjoys her work in the media, as well as her emphasis on a sexuality that enhances self-esteem, rather than diminishing it. Her books have been translated into thirteen languages worldwide.*

By the same author  
**MY SEXUALITY SERIES**  
Rights sold to Bulgaria,  
Portugal and Serbia.  
> Over 100,000 copies  
of each volume sold

