



ALMOST SOARING
Lydia Bouchard

Live one's life or dance? A young star's difficult passage to adulthood.

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Lou lives only to dance. She's prepared to do anything for her career, right up to the limit of what her self-respect can tolerate. From France to the Middle East, she finds herself in exhilarating and sometimes odd situations: ballet masters, studios, partners, auditions ... and love!

Her in-depth look at the emotions of men and women who practise this art takes us on a fascinating journey, helping us understand what it's like to become a woman in the extraordinary universe of dance. Along with her, we experience stage fright during auditions, but also the grit and strength hidden inside the slender and fragile form of a prima ballerina.

Strong points

- A writer of growing renown.
- An intimate and unprecedented portrait of dance, which is growing ever more popular.
- Writing that is simple and accessible for all young adults who are passionate about this art.
- A story of courage and determination, about a woman who is both strong and inspiring.

Lydia Bouchard is a dancer, director, choreographer and artist. Her twenty-year stage career has furnished her with images and stories. This novel is just the tip of the iceberg within her...