



OOPS SERIES

Nadia Gagnier and Tristan Demers

Hipsy Hippocampus, the psychologist seahorse, helps children overcome hard-to-handle feelings.

A DREADFUL PERFORMANCE
A DISASTROUS BIRTHDAY
A FRIENDSHIP SANDWICH
AN UNBEARABLE LOSS
BULLYING ON THE SLOPES
SPIRAL OF LIES

48 pages each

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Stage a spectacular performance, have a perfect birthday, meet new friends, become a champion athlete, deal with bullies and overcome one's own lies and regain trust, that's quite a program! But is it as easy as all that? How do you cope with your frustration and feelings when everything doesn't go the way you thought it would?

This series stars resourceful children who face their share of challenges and deals with various situations that are potentially stressful or frustrating for young readers. Hipsy, a smart psychologist seahorse, pops up here and there in these stories to help children name their feelings, take a step back, and find paths to lead them toward healthier and more appropriate reactions. The book ends with a section entitled "What if the same thing happened to you?", where readers are invited to relate their own experiences to the story, and where parents and others will find tools and simple ideas for supporting young people in their everyday lives. A fun read to help young people get to know themselves better and gain confidence!

STRONG POINTS

- Funny, colourful and playful drawings.
- Themes that echo the feelings of children in the target age group (6 to 10).
- Entertaining stories that deal with important recurring situations and themes in the lives of young people and their families.
- A psycho-educational section where children are asked to answer questions in order to connect the story to their own experience.
- Suggestions for practical tools and guidance on actions for parents and educators to take, related to the themes in question.

Subjects: expressing feelings, child psychology, bullying, friendship, family

Nadia Gagnier is a psychologist who has participated in numerous TV programs on psychology. She is now devoting herself to popularizing child, teenage and family psychology in various media and through books, training and lectures.

Tristan Demers is a well-known comic strip artist and is also the author of a number of essays and non-fiction books. He has won many prizes as a cartoonist.