



I KNOW ALL ABOUT ALLERGIES!

Dominique Seigneur

Illustrator Jacques Laplante

Violette, aged seven, explains food allergies and shares her safety tips!

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Violette, aged seven, has had food allergies since she was just a baby. Her parents have come up with tips to avoid “accidents”. At parties, in airplanes, on walks, at school, at home: here, there and everywhere, Violette knows what to do to avoid putting herself in danger... and to have FUN!

Strong points

- A clear explanation of the allergy phenomenon.
- Amusing tips for dealing with food allergies in every context of daily life.
- The narrator, Violette, recounts her experience from the point of view of a little girl speaking directly to other children.

Dominique Seigneur is the mother of two young children, the older of whom has lived with severe food allergies since birth. She has a BA in public communication and began her career in an advertising agency; she then worked for several years in the sales field, before joining the Allergies Québec organization.

With a diploma in graphic design from UQAM, Jacques Laplante turned to illustration with a style both fresh and playful. In the United States, his clients are The Wall Street Journal, Redbook and Business Week.

