



**MY PARENTS ARE SEPARATING**  
**A scrapbook of activities and memories**  
**for dealing with change**  
 Jennifer Tremblay  
 Illustrator Félix Girard

**A creative way to express sadness and deal with this family-disrupting event.**

64 pages  
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The aim of the collection is to give children and parents tools to overcome difficult events, whether small or big, that occur in families.

This is a scrapbook not only for preserving precious memories of family life, but also, through activities (drawing, writing, etc.), for expressing the emotions created by parental separation and divorce. A child experiences grief that must be talked about. Concepts related to the family are explained in a simple and reassuring way, thus giving the child tools to deal with these events. This scrapbook is also an excellent guide for parents who want to discuss the subject with their child.

### Strong points

- A unique kind of scrapbook, dealing with a subject that concerns a great many families.
- The text and activities are the result of close collaboration between a writer (and mother of three), an art therapist and a psychologist specializing in children's grief.
- The book is sensitively illustrated by Félix Girard.

*Jennifer Tremblay co-founded Éditions de la Bagnole in 2004. In 2008, she received a Governor General's Award and the Prix Michel-Tremblay for her text The List, translated into numerous languages and brought to the stage in many countries. To date, she has published two novels for adults, as well as young adult novels, illustrated scrapbooks, poetry and short stories.*

*Félix Girard has been a professional illustrator for more than 10 years. He has published many times as an author and illustrator in Quebec, Ontario and Europe (more than fifteen titles since 2014) and has participated in major art and illustration projects in recent years, with prestigious clients.*



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