

THE LAST WALK Grieving the loss of my pet Florence Meney

We cherish them so much... A book that explores how we grieve the loss of a pet and offers a broader reflection on the place of animals in our society.

200 pages September 2020 Éditions de l'Homme

Pets are an integral part of life in many homes and are companions we often have very meaningful relationships with. So their death is a source of sadness and even deep distress for many of us.

This sometimes misunderstood and solitary grief is what Florence Meney explores in this book. She describes it from a new angle, focussing on supporting the bereaved as they make their way back to a kind of serenity, as well as on understanding the specific parameters of the human-animal bond.

Punctuated by moving stories, this book is firmly anchored in sound expertise on how to offer support, drawn from veterinarians and pet loss experts, a veterinary clinic palliative care specialist, a zoo veterinarian and a psychologist.

Strong points

- Precious advice for getting over the grief of losing your pet, but also on how to prepare for it.
- Moving and varied stories about loss.
- Advice from a number of experts.
- A broader reflection to help us better understand the nature of our relationships with pets.

Passionate about the animals that play a role in every aspect of her life, Florence Meney is also the author of crime novels and of a book of people's personal stories about mental health.