



WORRY-FREE DOWNSIZING
Sort • Evaluate • Organize • Move
Marie-Christine Fortin

**A practical guide to not forgetting anything
when time comes to move house.**

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Emptying a house you've loved for many years is definitely a big challenge that comes with its share of stress. The decisions to make during a move are never simple: sorting belongings and assessing their value, retaining mementos, selling or giving away what you don't use anymore, planning the move, taking time to read the small print on various contracts, preparing the transition, etc.

The reason for moving into a smaller space will also determine the questions you have. You will be able to do it all without forgetting anything thanks to the information in this book, written by a specialist in evaluating and managing household contents. Whether you are leaving your own house, helping a loved one move, or liquidating an estate, follow this guide: it will ensure that you complete the process without a care.

Strong points

- A complete guide on organizing a move, especially in a downsizing context.
- All steps are thoroughly detailed: choosing the new place, sorting, getting moving supplies, selling in lots and donating, evaluating valuables, liquidating, an estate, home staging, packing, moving in, Diogenes syndrome.
- The author has managed a moving business for more than 10 years.
- The author's expertise on this topic is often sought after by the print media.

Subjects: home transition, moving, succession, management, seniors, psychology

Marie-Christine Fortin has a Master's in Art History. She has many years of experience as an evaluator of artwork (she has evaluated more than 15,000 pieces), and has been the director of the art department of a major Montreal auction house. In 2010, she founded Evolia Transition to make life easier for estate liquidators and people who have to move into a smaller space. Her business offers a wide range of services adapted to her clients, notably the evaluation of furniture and artwork, compiling an inventory, sorting, dividing, packing, etc.