



CAMPING 101

Everything you need to know before pitching your tent or backing up your RV
Marie-France Bornais

The practical guide for all campers who want their trips to be a success!

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Interest in camping was always strong before the pandemic, but the closure of the borders in 2020 multiplied the number of campers in the province, as well as all over Canada and the United States. Many new enthusiasts have been behaving in unprepared, risky and downright dangerous ways toward the environment and themselves. Camping is a wonderful activity to do as a family, with friends or solo, but it needs to be done safely with respect for other people, wildlife, and plants.

With this in mind, camping specialist Marie-France Bornais, author of the best-seller *Le Québec en camping*, offers in this book her advice and tips for making camping trips memorable ... for good reasons. She covers the basic aspects of this outdoor activity to help campers make good choices: equipment; destination, depending on the season (including the mosquito season!); camping sites, reservation dates, planning an itinerary; the ABCs of installing an RV, plumbing challenges; the art of the campfire; food, drinking water and food storage; weather ups and downs; advice for women campers; safety rules all campers should know; and to top it off there are practical lists so you can be fully prepared and enjoy the most wonderful getaways!

Strong points

- Advice from a journalist who is also a camper and experienced road tripper.
- Content addressed to new campers as well as to experts who want additional information.
- Relevant information that every camper needs to know before heading onto the roads and into nature.
- Indispensable lists for optimal preparation.
- Technical illustrations to make explanations clearer.
- A practical format you can take with you when camping and consult at any time.

Subjects: camping, outdoors recreation

Marie-France Bornais has been a journalist with Journal de Québec since 1989 and has conducted many interviews with personalities of the literary world for its culture section. She is a big fan and connoisseur of roadtrips and camping in Canada and US, her favorite way to discover a new region, with its nature, landscapes, culture and gastronomy.