

DANIE BEAULIEU

A doctor of psychology, *Danie Beaulieu* has taught in roughly fifteen countries in French, English and German. A lecturer and the author of 21 books and 10 booklets on personal growth, she has profoundly changed the practices of thousands of professionals worldwide and continues to inspire both parents and the general public.



IT'S ALL GOOD!

A practical guide to making everything go smoothly during adolescence

312 pages – September 2019 – Éditions de l'Homme

Dear teen,

Do you ever feel bad about yourself?

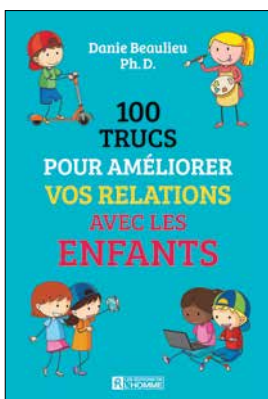
Would you like to understand your emotions and the uncertainties of this period of your life better?

Would you like to know more about sex? How to take your life in hand and find your true personality?

This book gives you answers to these questions and many others!

Strong points

- A book that speaks directly to teenagers.
- A detailed book, describing the physical, psychological, sexual and social changes that take place during adolescence.
- A clear and straightforward explanation by an author who is a psychologist and knows the clientele well.
- Wise advice for coping with this difficult period of life.
- Information useful for teenagers, parents and other involved adults (teachers, educators, therapists, etc.).



100 TIPS

FOR IMPROVING YOUR RELATIONSHIP WITH CHILDREN FOR IMPROVING YOUR RELATIONSHIP WITH TEENS

120 pages / 128 pages – October 2019 – Éditions de l'Homme

This is a practical collection to assist you in helping your child or teenager get through these life stages, so full of changes and discoveries. In these new updated editions, presented and adapted for each age group, you'll find all the tools you need to identify the main stages in your children's development: 100 easy-to-grasp and humorous tips to help thousands of parents, educators, teachers and grandparents.

Strong points

- Roughly a hundred educational tips for parents.
- Ever-present humour to lighten up the contents.
- Tests for self-evaluation as a parent.
- Exercises and tests for self-evaluation as an educator.
- Simple tips for improving communications.

