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BURGER Simon De L'est

The new burger bible. No more, no less.

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It may seem surprising, since it's been on our menu forever, but the hamburger has been enjoying renewed popularity in the last few years, mainly because of the explosion in sales of planchas—a smooth and solid barbecue plank, without a grate—in Quebec and elsewhere in the world.

Sunday cooks picked up a few techniques (does the smash burger mean anything to you?) and, after having explored every possible gourmet burger, gastronomes have gradually returned to the basic principle of the American burger—a bun, a meat patty, cheese—, perfecting its basic elements to the point of obsession.

In this book, Simon De L'est presents more than 70 recipes forburgers, sandwiches, condiments, buns, accompaniments and even cocktails, for an absolutely perfect burger-alcohol pairing! He not only shows us how to choose and chop our meat, but also how to present our burger.

Inspired by great cuisines of the world, he creates sandwiches that are sure to please and reveals as well the recipe for his Bacon+bacon+bacon burger, which won first prize in Quebec at Burger Week 2021 (and placed second in overall rankings in Canada).

STRONG POINTS

- Without downplaying the burger's American roots, the author draws on several culinary traditions (India, Portugal, Korea, etc.) to diversify his creations.
- Fries, buns, accompaniments, sauces ..., the book has recipes for everything. Even his own ketchup!
- The author shares not only his recipes, but also his techniques, delicious anecdotes, a history of the burger, etc.

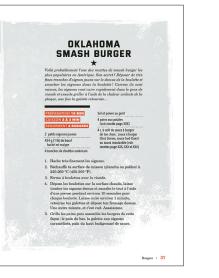
Subjects: burgers, hamburgers, sandwiches, condiments, cooking, BBQ

The creator and owner of a range of prize-winning sauces, author, owner and canteen manager in Montreal, Simon De L'est is recognized as one of Canada's authorities on canteen food, redefining it daily through his creations, which he shares with the clientele at his canteen and in competitions on both sides of the border.











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