



PREPARED FOR:

December 4, 2018

Banza, LLC

Summary

The glycemic index (GI) value of Banza Rotini pasta was determined using the standard ISO method (ISO 26642:2010). Ten subjects consumed the pasta once and the control (25g of Dextrose) twice. The GI values are expressed on the glucose scale where the GI of glucose=100 and white bread=71. The GI values (Mean \pm SEM) of the foods tested were:

Test Meal	Glycemic Index	GI Category
Dextrose Control	100	High
Rotini	44 \pm 9	Low

* The listed GI value(s) is/are only valid as long as product ingredients, formulation, processing, and/or any other material production factors remain unchanged.

** Using the classification of ISO 26642:2010, products with a glycemic index (GI) less than or equal to 55 are classified as being low GI, those with a GI of 56 to 69 are classified as medium, while those with a GI equal to or greater than 70 are high GI.



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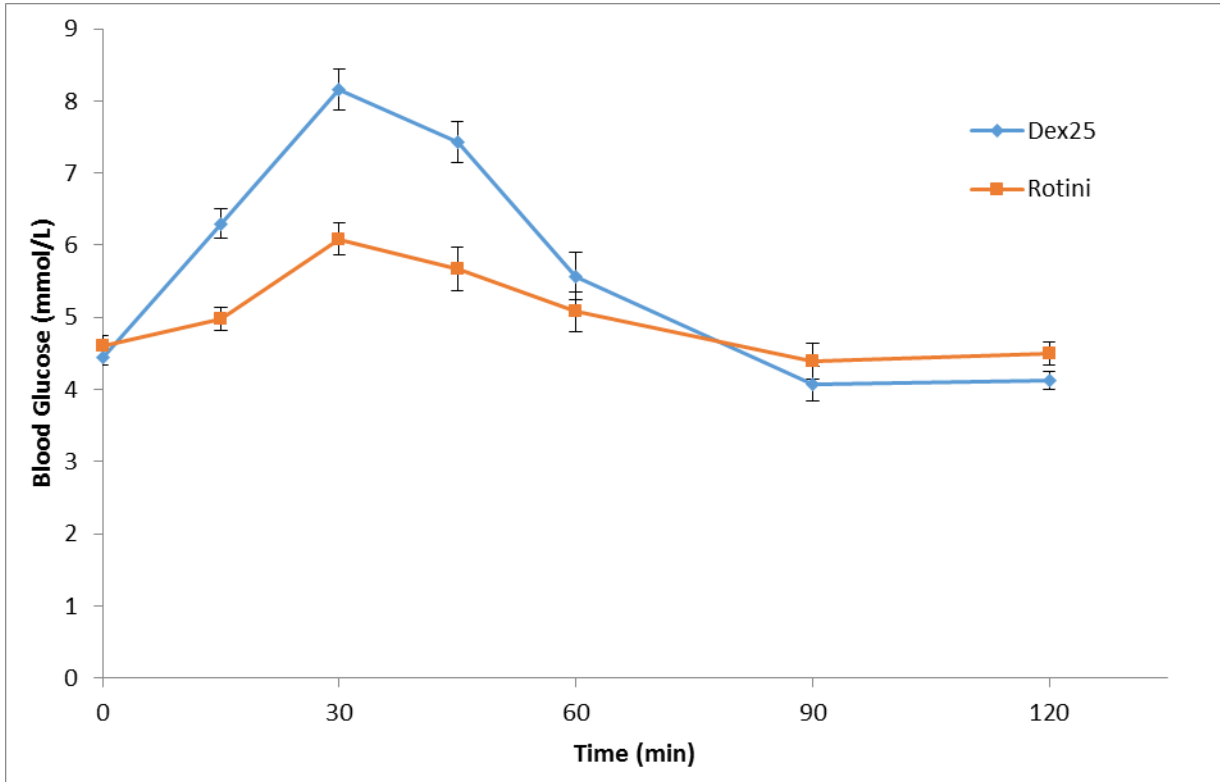


Figure 1: Postprandial glucose responses to Banza Rotini (Rotini) and the Dextrose control (Dex25)(mean of 2 meals) 10 subjects each. All meals contained 25g of available carbohydrate. Data are expressed as Mean±SEM

Glycemic Index

The data and calculations for the GI are given in the pdf sheets entitled: GICalc Report-GIL-1828 data.pdf. There were no statistical outliers and all data were used in the final GI calculation.