


STICK ON AN ACTION STICKER WHEN YOU'VE DONE YOUR BIT FOR NATURE!



PROTECT NATURE ACTION CHART

TAKE SHORTER SHOWERS	COMPLAIN TO BIG BRANDS	HELP POLLINATORS	RECORD NATURE	USE REUSABLE BAGS
BUY UGLY FRUIT & VEG 	REDUCE FOOD WASTE	EAT LESS MEAT	SWITCH TO GREEN ENERGY	BUY ONLY WHAT YOU NEED
SAVE WATER	ASK FOR A DOGGY BAG	BUY SURPLUS FOOD	USE CHEMICAL FREE CLEANERS	EAT SUSTAINABLE FISH
DO LESS LAUNDRY	LOVE YOUR LEFTOVERS	UPCYCLE	TURN OFF ELECTRICALS	BUY SECOND HAND
SAY NO TO SINGLE USE PLASTIC	SWITCH SUNCREAM BRANDS	WRITE TO YOUR MP	CHANGE YOUR CUPPA	SWAP TOYS & GAMES
PUT A BELL ON YOUR CAT	BUY LOCAL	