

Haith's Super-Suet Bird Food Recipes!

Baking in early childhood supports motor, maths, reading and science skills along with giving children a sense of achievement. Have fun with our Super Suet Bird Food Recipes – we're sure the garden birds will be grateful!

We would recommend using our Hi-Energy Insect or Berry Suet Pellets and our Original Wild Bird Food, both can be found on our website, <u>https://haiths.com/</u>

Suet Christmas Decorations

Ingredients:

- Suet pellets (1kg+)
- 250g-500g of bird food

Equipment needed:

- Saucepan
- Mixing bowl
- Wooden Spoon
- Cookie cutters
- String
- Cooling rack

Method:

- 1. Melt Haith's suet pellets in a saucepan.
- 2. Pour the melted suet into a mixing bowl and add 250g-500g of Haith's Original Wild Bird Seed.
- 3. Keep mixing until the ingredients have bound together.

- 4. Spoon the mixture out and either place into cookie cutters or use your hands to make your desired shape.
- 5. If you wish to hang your treat up, now is the time to attach some string.
- 6. Leave to chill.
- 7. Once hardened, hang out your treats for the garden birds to enjoy!



Anna's Apple Suet Cookies

Ingredients:

- 225g of Haith's Suet Pellets
- 1 Slice of Brown Bread (crumbled)
- A couple of digestive biscuits (crumbled)
- 1 finely cut red apple
- 200ml cold water

Equipment needed:

- Saucepan
- Mixing bowl
- Wooden Spoon
- Cookie cutters
- String
- Cooling rack

Method:

- 1. Place Haith's Suet Pellets into a saucepan and heat gently be careful not to burn them.
- 2. Once soft, empty into a large bowl, add all of the water and mix.
- 3. Now add in all the other ingredients and mix well.
- 4. Mould your mix into your chosen cookie cutters
- 5. Don't forget to add the string as that makes it easier to hang them outside.
- 6. Allow to cool in the fridge before serving to the birds.



Abbie's Birdy Cupcakes

Ingredients:

- 100g Haith's Golden Chorus -<u>https://haiths.com/products/golden-</u> <u>chorus?_pos=1&_psg=golden&_ss=e&_v=1.0</u>
- 25g Lard
- Dried fruit (for decorating)

Equipment needed:

- Saucepan
- Mixing bowl

- Wooden spoon
- Cupcake cases

Method:

- 1. Melt the lard in a saucepan.
- 2. Once melted, pour into a mixing bowl, then add 100g of Haith's Golden Chorus Mix.
- 3. Stir the ingredients well.
- 4. Pour the mixture into cupcake cases and leave to set.
- 5. Once set, decorate with dried fruit.
- 6. Before serving, remove the cupcake cases.
- 7. Watch the garden birds enjoy their special treat!



We'd love to see your creations! Send your pictures to <u>enquires@haith.com</u> for us to share on our blogs and social media pages (if images include children, parental consent will be required).