

# HYDRO OG

## Functional Hydration

Hydro OG: Unleashing the Power of Functional Hydration

Step into the revolutionary realm of Functional Hydration with Hydro OG, the trailblazing beverage that's redefining the category. Be among the first to experience not just hydration but functionally enriched hydration. Taste a slice of paradise with our mango and pineapple blend that tantalizingly whispers "tropical escape," or revel in the delicious symphony of cherries and mixed berries. Beyond tantalizing your taste buds, our science-backed formula amplifies your wellness through potent ingredients like D-Ribose for mental clarity, Taurine for stamina, Rhodiola Rosea for optimal recovery, and Coconut Water for essential electrolytes. Bolstered by an array of vitamins such as Vitamin C, B1, B6, and B12, Hydro OG is your daily beverage for a fully engaged, functional life. Whether you're hustling at work, rejuvenating during rest, or going full throttle in play, Hydro OG unlocks your highest potential.

	Typical Values per Serving	%NRV
D-Ribose	2500mg	*
Taurine	2000mg	*
Rhodiola Rosea Extract 5:1	200mg (Equivalent to 1000mg)	*
Coconut Water (8.5% Potassium)	1000mg (85mg Potassium)	4
Acai Berry Extract 4:1	125mg (Equivalent to 500mg)	*
Sodium (as Sodium Chloride)	128mg	*
Potassium (as Sulphate)	37.4mg	4.25
Calcium (as Calcium Phosphate)	78mg	10.8
Magnesium (as Oxide)	7mg	1.6
Vitamin C (as Ascorbic Acid)	200mg	250
Vitamin B1 (as Thiamine HCl)	20mg	1818
Vitamin B6 (as Pyridoxine HCl)	20mg	1428
Vitamin B12 (as Methylcobalamin)	2.5µ	100

\*NRV= Nutrient Reference Values

### Ingredients:

#### Mango & Pineapple

D-Ribose, Taurine, Bulking Agent (Maltodextrin), Coconut Water Powder (6% Potassium), Acidity Regulator (Citric Acid, Malic Acid), Flavouring, Sodium Chloride, Ascorbic Acid (Vitamin C), Rhodiola Rosea Extract, Acai Berry Extract, Sweetener (Sucralose), Colouring (Beta Carotene), Potassium Sulphate, Calcium Phosphate, Thiamine HCl (Vitamin B1), Pyridoxine HCl (Vitamin B6), Magnesium Oxide, Methylcobalamin (Vitamin B12).

#### Cherries & Berries

D-Ribose, Acidity Regulator (Citric Acid, Malic Acid), Taurine, Coconut Water Powder (6% Potassium), Flavouring, Sodium Chloride, Ascorbic Acid (Vitamin C), Colouring (Red Beetroot), Rhodiola Rosea Extract, Acai Berry Extract, Potassium Sulphate, Sweetener (Sucralose), Calcium Phosphate, Thiamine HCl (Vitamin B1), Pyridoxine HCl (Vitamin B6), Magnesium Oxide, Methylcobalamin (Vitamin B12).

### Vegetarian/Vegan Status:

Suitable for Vegetarians and Vegans



Packed with Vitamins & Minerals



Contains Coconut Water & Other Electrolytes



Contains Acai Berry & Rhodiola Rosea



Vegan