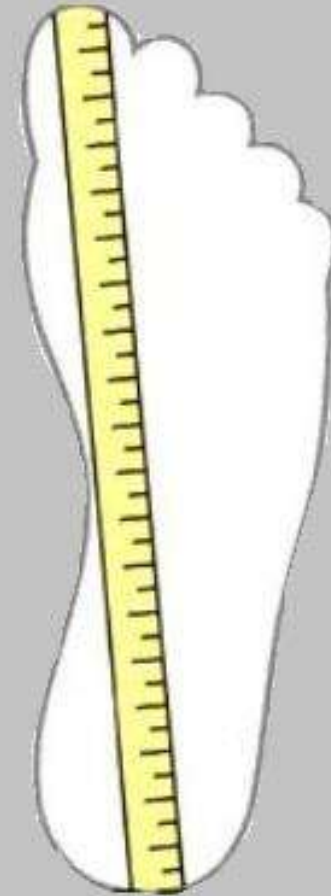


HOW TO MEASURE YOUR FEET



STEP 1 // Stand barefoot on a piece of paper, marking the shape of your foot accurately with a pencil at 90 degrees.

STEP 2 // Mark with a ruler the line between the longest toe and the heel. The length of this line is the length of your feet. Make sure it is accurate to the dot.



The size of the shoe you choose should be about 0.5cm/0.2" longer than your foot.