

## FOLLOW THE STEPS BELOW TO GET AN INDICATION OF YOUR SHOE SIZE



***Please note this is a guide only and individual fit may vary.***

1. Tape the sheet of paper to the floor, flush against the wall. Stand up straight on the sheet of paper with your heel up against the wall.
2. Place a mark on the paper at the longest part of your foot. Repeat with the other foot, as right and left sizes may be different.
3. Use a ruler to measure the heel-to-toe length you marked for each foot.
4. Now match the longer of the two measurements to the MM or INCH column below to find your EMU size.