

# size guide

For the right fit, print at "100% scale" (uncheck "page scaling").

If a credit card fits in this box between the outlines, your print scale is correct.

|       | length | width | date |
|-------|--------|-------|------|
| left  |        |       |      |
| right |        |       |      |
|       |        |       |      |

## what you'll need:

- scissors
- · tape
- · pencil
- · hard floor & wall
- 1 barefoot child
- · sharp eyes
- · credit card (for print scale)
- shoelace (optional)

### first: setup your space

- 1. Cut out the width ruler and set aside.
- 2. Cut the bottom of the size guide along the scissor line.
- 3. Tape the size guide to a hard floor with the curved line touching a wall.



#### second: measure length

- 1. Place one foot on the length ruler, aligning heel with curved line.
- 2. Slide foot so heel is touching the wall.
- 3. Mark the first visible line past longest toe with pencil.
- 4. Record measurement in the box above.
- 5. Repeat for other foot.

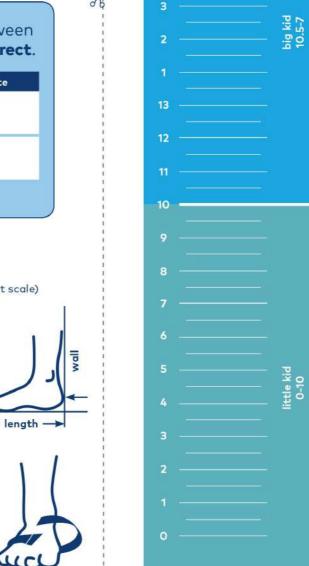
### third: measure width

- 1. With child standing, wrap the width ruler around the widest part, or ball, of the foot.
- 2. Mark the line that meets the arrows with a pencil. Ensure you mark the side closest to the ankle.
- 3. Determine where your child's length measurement falls within that line. For instance, if your child's length is 7:
  - If arrows align with the 7, the width is medium.
  - · If arrows align with the 7, the width is wide.
  - · If arrows align with the 7, the width is x-wide.
- 4. Record each foot's width in box above.

\*Width can also be determined by wrapping a shoelace around the ball of the foot and measuring it with the width ruler, beginning at the "align here" arrow line.

Note: If your child's feet are two different sizes, choose the larger one. If your child is between widths, use the wider one.

Did you know? A child's foot can grow up to a half size every three months, so be sure to re-measure every two months.



# length ruler



Olign heel here for

align here width ruler

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