



US	UK	EU	Japan	Length (in)	Length (cm)
4T	3K	19	11.5	4.49	11.4
5T	4K	20/21	12.5	4.76	12.1
6T	5K	22	13.5	5.12	13
7T	6K	23	14.5	5.51	14
8	7K	24	15	5.75	14.6
9	8K	25/26	16	6.14	15.6
10	9K	27/28	17	6.50	16.5
11	10K	29	18	6.73	17.1
12	11K	30	18.5	7.13	18.1
13	12K	31	19.5	7.52	19.1
1	13K	32/33	20	7.76	19.7
2	1	34	21	8.11	20.6
3	2	35	22	8.50	21.6
4	3	36	22.5	8.74	22.2
5	4	37	23.5	9.13	23.2
6	5	38	24.5	9.49	24.1
7	6	39	25.5	9.76	24.8

HOW TO MEASURE



STEP 1: PREP

Tape a piece of paper to a hard floor with one end against the wall. Stand up straight and distribute weight evenly on the paper with your heel against the wall.



STEP 2: TRACE

Trace along the edge of your foot. Repeat the same for your other foot as right and left sizes may be different. It's easiest to have someone help you with this step.



STEP 3: MEASURE

Use a ruler to measure from heel to the longest toe marking for both feet. Use the highest measurement and compare to the size chart to find your size. evenly on the paper with your heel against the wall.

MEASURING TIPS

- Wear the type of socks you plan to wear with the shoes and measure feet in the afternoon or evening as feet typically swell throughout the day.
- Do not be afraid to go a half size up! Most people buying athletic footwear will choose a half size to a full size up from their dress shoe.
- It is not uncommon for your feet to be different sizes, make sure you measure both right and left and use the longest foot measurement. If you are fitting a child, you may want to buy a slightly larger size to allow room to grow.
- While wearing your new shoes...Tap your heel back into the shoe. Ensure your heel is as far back in the shoe as possible.
- Use your thumb to push down on the end of the shoe. There should be half a thumb width from the end of the toe to the end of the shoe.
- Note: This is suggestive sizing. Factors such as brand, arch type, foot shape, personal preference and activity will alter the way footwear should fit.