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Nuclear factor- κ B/Bcl-XL pathway is involved in the protective effect of hydrogen-rich saline on the brain following experimental subarachnoid hemorrhage in rabbits

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Abstract

Early brain injury (EBI), a significant contributor to poor outcome after subarachnoid hemorrhage (SAH), is intimately associated with neuronal apoptosis. Recently, the protective role of hydrogen (H₂) in the brain has been widely studied, but the underlying mechanism remains elusive. Numerous studies have shown nuclear factor- κ B (NF- κ B) as a crucial survival pathway in neurons. Here we investigated the role of H₂ in EBI following SAH, focusing on the NF- κ B pathway. A double blood injection model was used to produce experimental SAH, and H₂-rich saline was injected intraperitoneally. NF- κ B activity within the occipital cortex was measured. Immunofluorescence was performed to demonstrate the activation of NF- κ B; Bcl-xL and cleaved caspase-3 were determined via Western blot. Gene expression of Bcl-xL was detected by real-time PCR, and TUNEL and Nissl staining were performed to illustrate brain injury in the occipital cortex. SAH induced a significant increase of cleaved caspase-3. Correspondingly, TUNEL staining demonstrated obvious neuronal apoptosis following SAH. In contrast, H₂ treatment markedly increased NF- κ B activity and the expression of Bcl-xL and decreased the level of cleaved caspase-3. Additionally, H₂ treatment significantly reduced post-SAH neuronal apoptosis. The current study shows that H₂ treatment alleviates EBI in the rabbits following SAH and that NF- κ B/Bcl-xL pathway is involved in the protective role of H₂.

Keywords: NF- κ B/Bcl-xL; apoptosis; early brain injury; hydrogen; subarachnoid hemorrhage.

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