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Exp Ther Med. 2015 Aug;10(2):727-732. doi: 10.3892/etm.2015.2518. Epub 2015 May 26.

## Hydrogen-rich saline promotes motor functional recovery following peripheral nerve autografting in rats

Yong-Guang Zhang  $^1$ , Qing-Song Sheng  $^2$ , Zhi-Jun Wang  $^3$ , L I Lv  $^1$ , Wei Zhao  $^4$ , Jian-Mei Chen  $^1$ , Hao Xu  $^1$ 

Affiliations

PMID: 26622383 PMCID: PMC4508974 DOI: 10.3892/etm.2015.2518

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## **Abstract**

Despite the application of nerve grafts and considerable microsurgical innovations, the functional recovery across a long peripheral nerve gap is generally partial and unsatisfactory. Thus, additional strategies are required to improve nerve regeneration across long nerve gaps. Hydrogen possesses antioxidant and anti-apoptotic properties, which could be neuroprotective in the treatment of peripheral nerve injury; however, such a possibility has not been experimentally tested *in vivo*. The aim of the present study was to investigate the effectiveness of hydrogen-rich saline in promoting nerve regeneration after 10-mm sciatic nerve autografting in rats. The rats were randomly divided into two groups and intraperitoneally administered a daily regimen of 5 ml/kg hydrogen-rich or normal saline. Axonal regeneration and functional recovery were assessed through a combination of behavioral analyses, electrophysiological evaluations, Fluoro-Gold™ retrograde tracings and histomorphological observations. The data showed that rats receiving hydrogen-rich saline achieved better axonal regeneration and functional recovery than those receiving normal saline. These findings indicated that hydrogen-rich saline promotes nerve regeneration across long gaps, suggesting that hydrogen-rich saline could be used as a neuroprotective agent for peripheral nerve injury therapy.

Keywords: functional recovery; hydrogen; nerve gap; sciatic nerve.

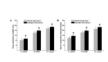
## **Figures**



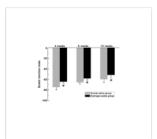
**Figure 1.** (A and B) Representative images...



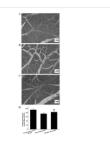
**Figure 2.** Histomorphological observation of the distal...



**Figure 3.**Electrophysiological tests were performed at...



**Figure 4.** SFI scores in the two...



**Figure 5.** Light micrographs of transverse sections...



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