

## MODELS

SK-HX50  
UBG-HX50-OR  
UBG-HX50-YL  
UBG-HX50-GR  
SK-HX40  
UBG-HX40-OR  
UBG-HX40-YL  
UB03EC-40HXE

Manual Version #02



[www.upperbounce.com](http://www.upperbounce.com) | [support.upperbounce.com](mailto:support.upperbounce.com)

**US** 📍 2 Mill St. Cornwall NY 12518

☎ 1-888-965-3331

✉ [support@upperbounce.com](mailto:support@upperbounce.com)

**UK** 📍 15-19 Garman Road, London N17 0UR

☎ 020-3150-0484

✉ [support@upperbounce.co.uk](mailto:support@upperbounce.co.uk)

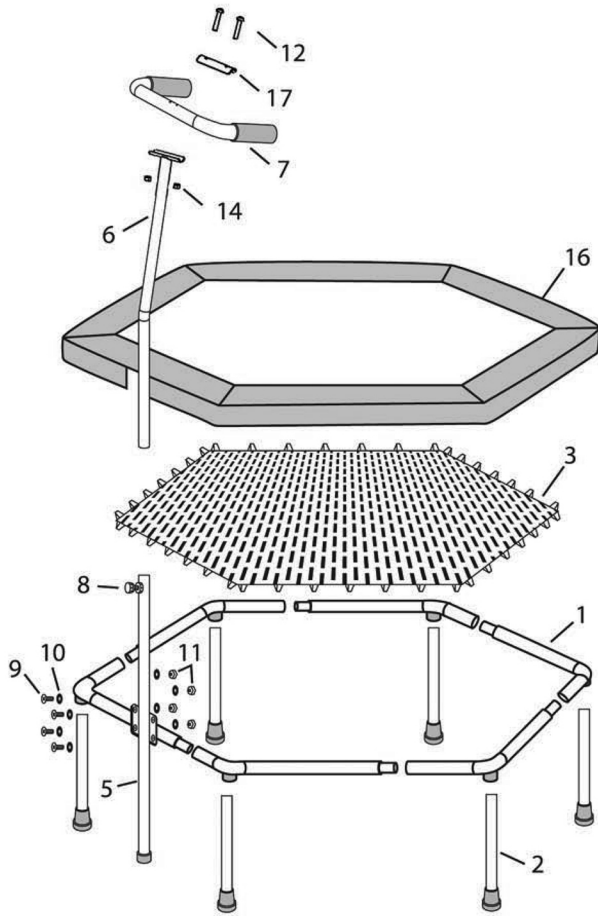
# Safety Instructions

- To ensure the maximum safety of the trampoline, check it regularly for damaged and worn parts.
- If you pass on this trampoline to another person or if you allow another person to use it, make sure that the other person is familiar with the product and details outlined in this instructions booklet.
- Only one person at a time should use the trampoline.
- Before using the trampoline always make sure that the screws, bolts, and other joints are properly tightened and firmly secured.
- Before you start your work-out, remove all sharp-edged objects in the vicinity of the trampoline.
- Only use the trampoline for your work-out if it is fully functional.
- Any broken, worn, or defective part must immediately be replaced. The trampoline must not be used until it has been properly repaired.
- Parents should always supervise their children when using the trampoline. It must be used properly, this is not a toy.
- If you do allow children to use this trampoline, be sure to take into consideration and assess their mental and physical condition and development, and above all their temperament. Children should be instructed on the correct and proper usage of the trampoline.
- Make sure there is sufficient free space around the trampoline when you are using the trampoline.
- Please note that an improper and excessive work-out may be harmful to your health.
- Make sure that levers and other adjustment mechanisms are not projecting into the area of movement during use.
- When setting up the trampoline, make sure that the trampoline is standing on an even surface.
- Always wear appropriate clothing and shoes. The clothes must be designed in a way so that they will not get caught in any part of the trampoline during the work-out due to their form (for example, length). Be sure to wear shoes which firmly support your feet and have a non-slip sole.
- Be sure to consult a physician before you start any exercise program, they will properly advise you with respect to your individual ability.
- Maximum user Weight: 220 Lbs

# Important notes

- Assemble the trampoline as per the assembly instructions and be sure to only use the structural parts provided with the trampoline. Prior to assembly, make sure the contents are correct by referring to the parts list on the assembly and operating instructions.
- Be sure to set up the trampoline in a dry and even place. Always protect it from humidity. If you wish to protect the trampoline particularly against pressure points, contamination, etc., it is recommended to put a suitable, non-slip mat under the trampoline.
- The general rule is that trampoline and exercise equipments are not toys. Therefore they must only be used under adult supervision.
- Stop using the trampoline immediately if you experience dizziness, nausea, chest pain, or any other physical symptoms. In case of doubt, consult your physician immediately.
- Disabled people, handicapped people, or children should use the trampoline under supervision and in the presence of another person who may provide support and advice.
- Be sure that nobody is close to any moving part of the trampoline - the springs, bungees or mat - while it is in use.
- Do not use immediately after meals!

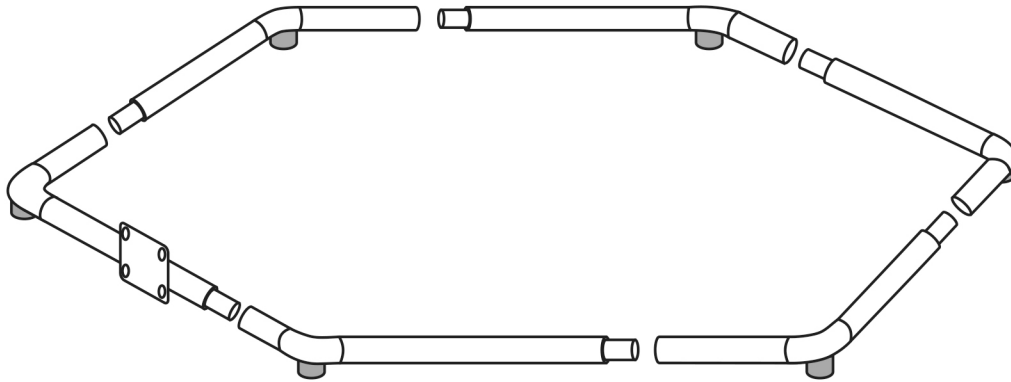
# Parts list



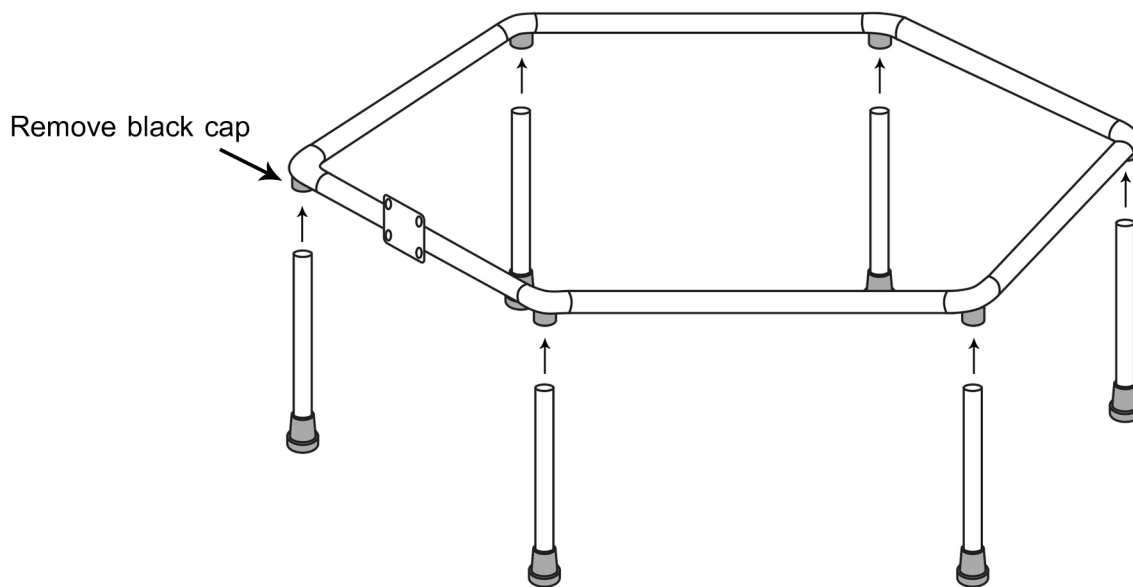
PART #	ITEM	QTY
1	Frame tube	5
1-A	Frame tube with handrail holder	1
2	Leg	6
3	Mat	1
4	Bungee Cord 50" Trampoline	42
	Bungee Cord 40" Trampoline	30
5	Bottom handrail support	1
6	Upper handrail support	1
7	Handrail	1
8	Adjustment Knob	1
9	Small Bolt	4
10	Small Washer	8
11	Small Nut	4
12	Big Bolt	2
13	Wrench	2
14	Big Nut	2
15	Bungee cord assembly tool	1
16	Safety pad <b>NOTE:</b> This part is included if you purchased the models that includes the Pad	1
17	Reinforced Sheet	1

# Steps to assemble the trampoline

**Step 1** - Attach the frame tubes as shown in fig. below.

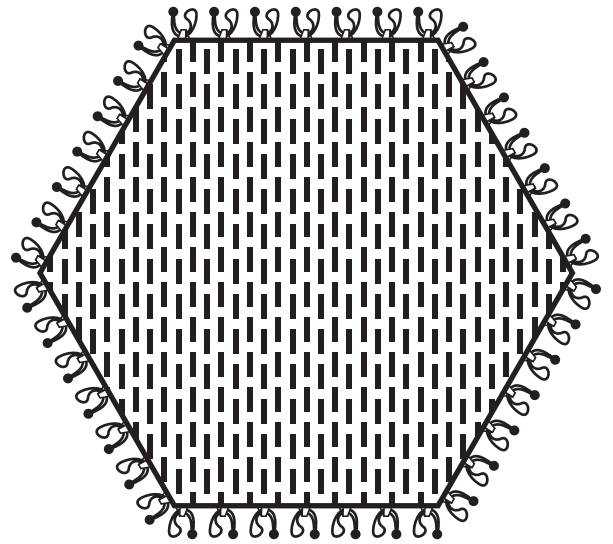


**Step 2** - Remove the black caps that cover the leg connectors. Screw all legs onto the frame leg connectors. (They are the small threaded pieces that extend from the frame.)



**Step 3 - Prepare the Mat-**

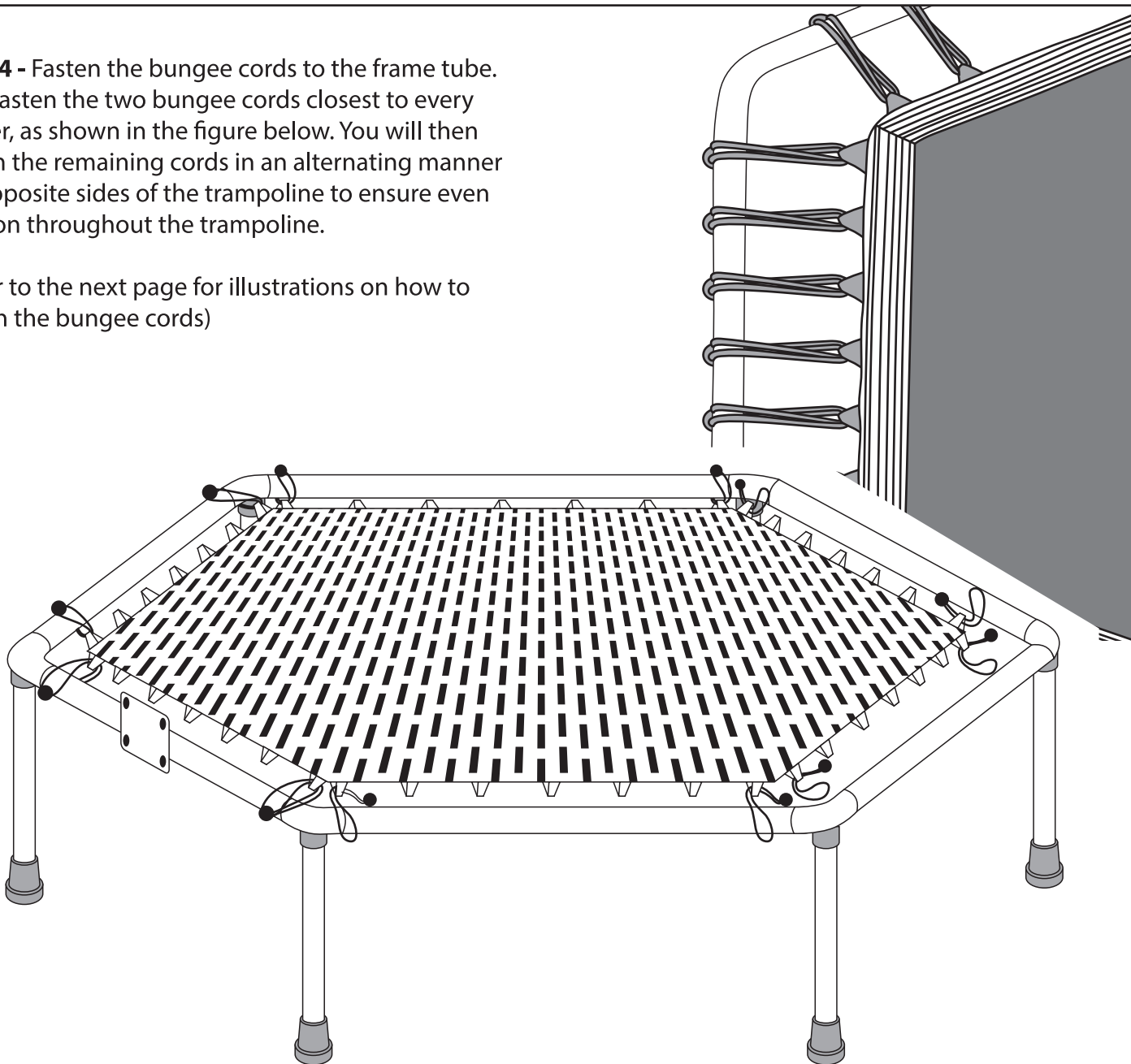
Thread all the bungee cords individually (manual item #4) through the bungee holes at the end of the mat, (Manual Item #3). One bungee per Bungee hole.



**Step 4 - Fasten the bungee cords to the frame tube.**

First fasten the two bungee cords closest to every corner, as shown in the figure below. You will then fasten the remaining cords in an alternating manner on opposite sides of the trampoline to ensure even tension throughout the trampoline.

(Refer to the next page for illustrations on how to attach the bungee cords)



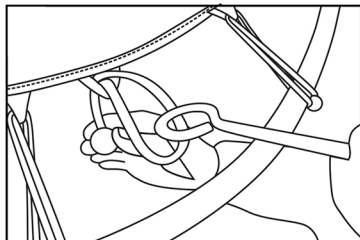
# Steps to install the bungee cord

## Note

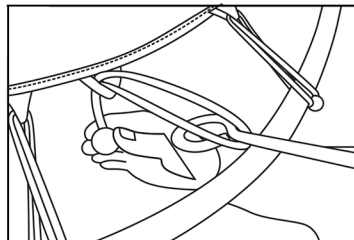
When installing the bungee cords keep the ball on the underside of the frame.

Thread the bungee cord through the loop attached to the jumping mat. Thread all the cords in the same direction.

1

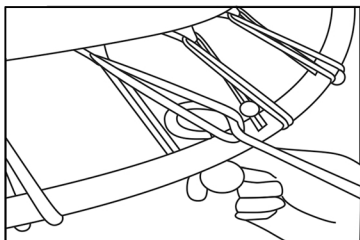


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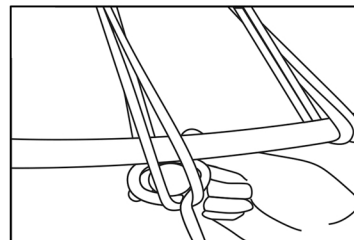


Pull both ends of the bungee cord out past the trampoline frame. Pull the loop over the top of the frame, and pull the ball under the bottom of the frame.

3

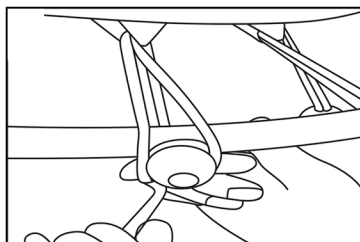


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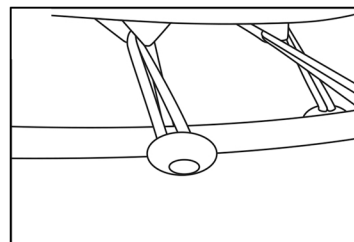


Slide the ball through the loop, and release the loop so that it tightens under the ball.

5

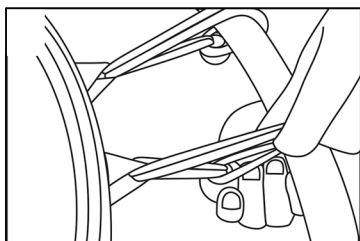


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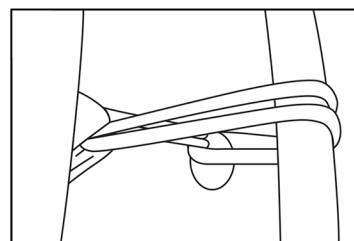


Gently ease the tightened bungee cord to a position with the ball under the frame or under the center of the space.

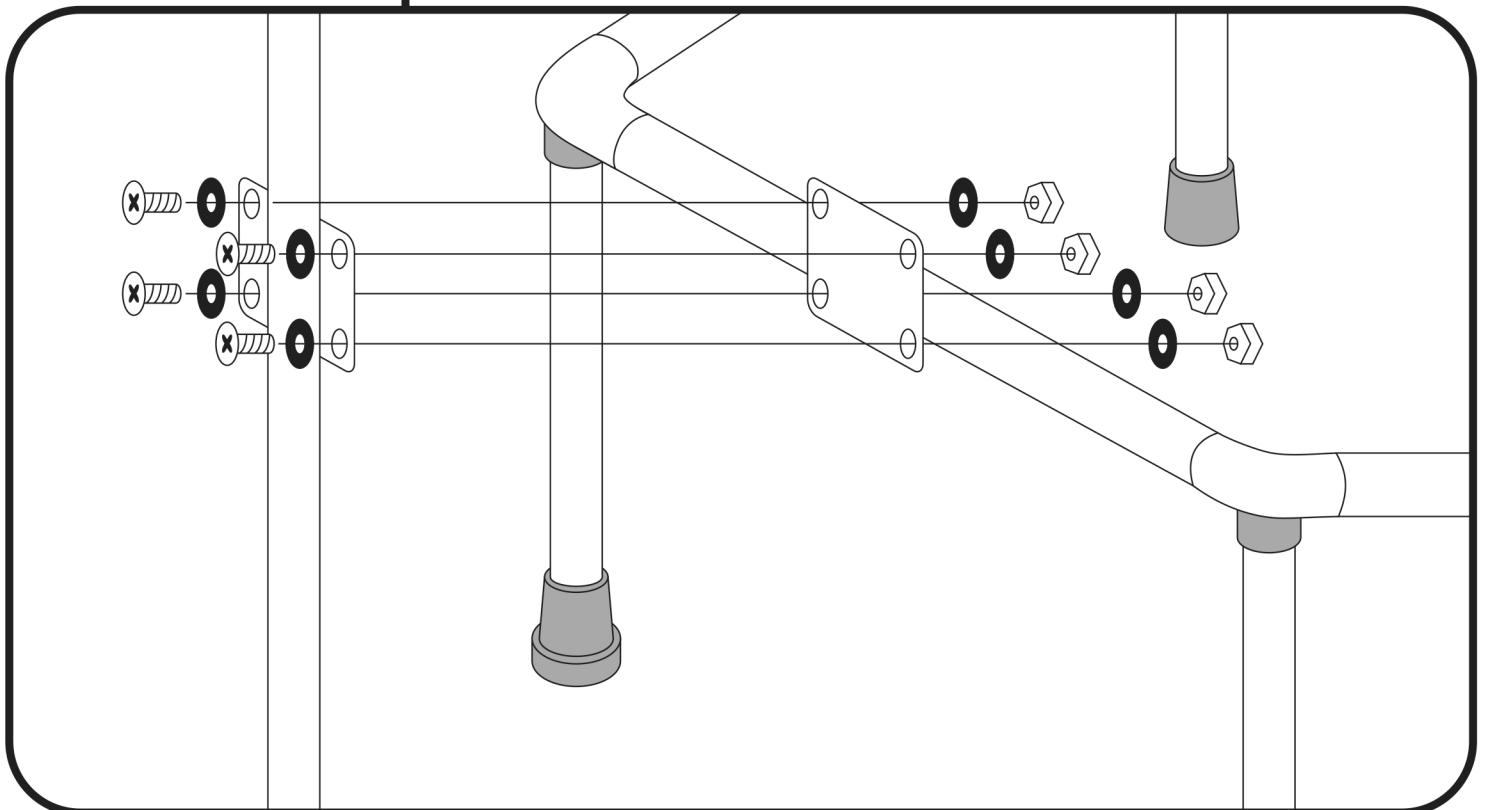
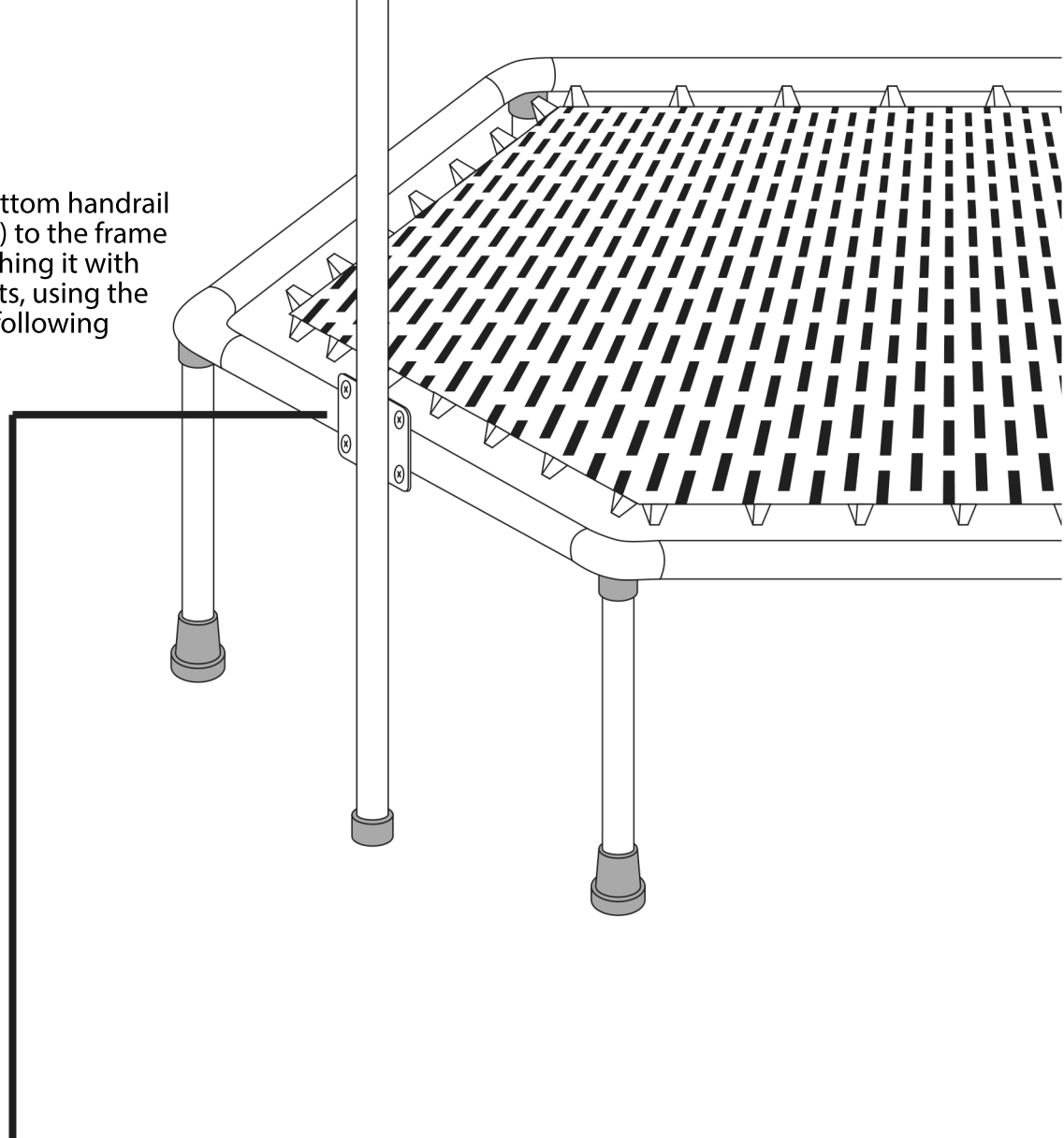
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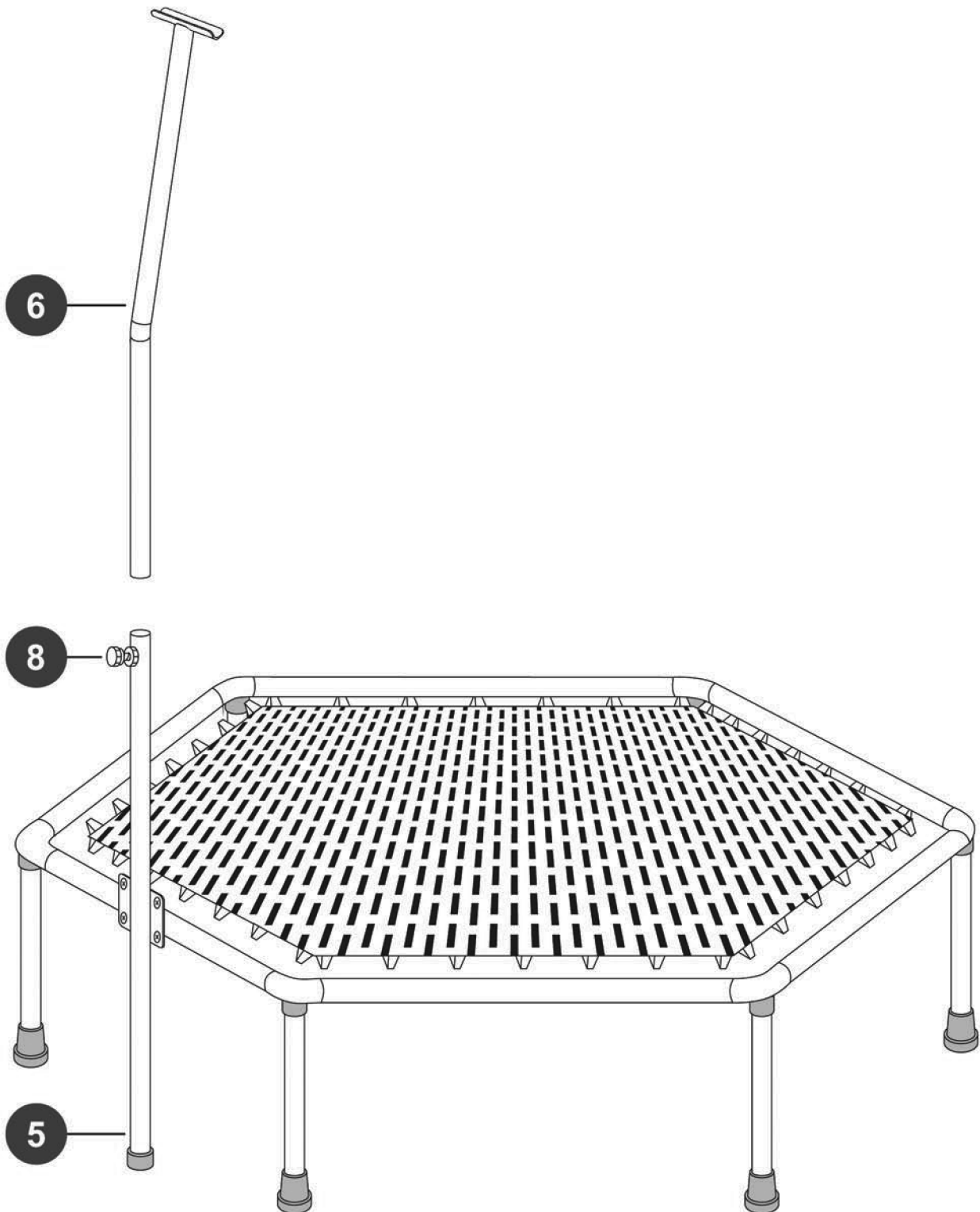


**Step 5-** Assemble the bottom handrail support (Manual Item #5) to the frame (Manual Item #1-A) attaching it with the bolts, washer and nuts, using the wrench as shown in the following figure.

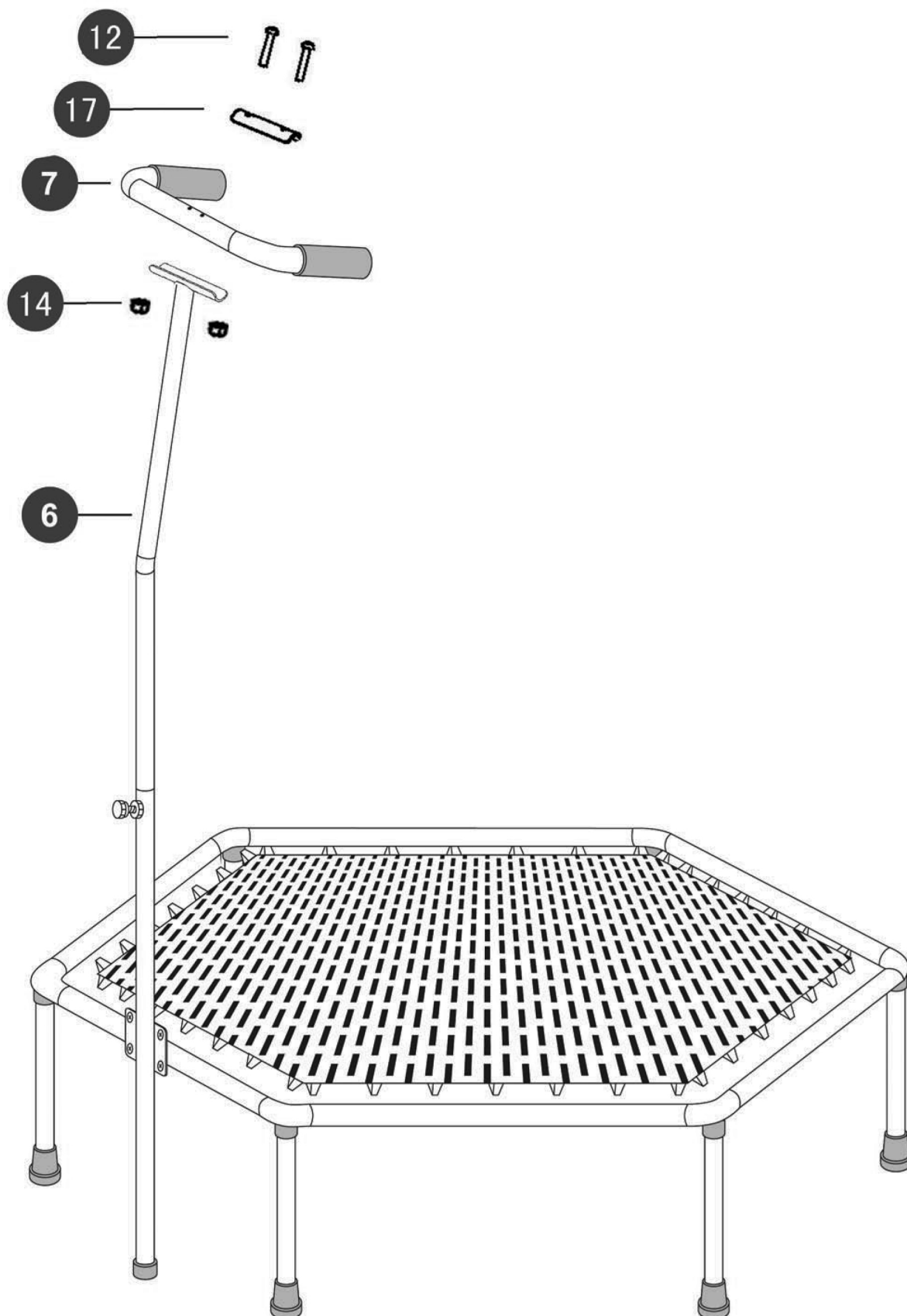




**Step 6** - Assemble the upper handrail support (Manual item #6) into the bottom handrail support (Manual item #5), and slide it into its position with the adjustment knob (Manual item #8).

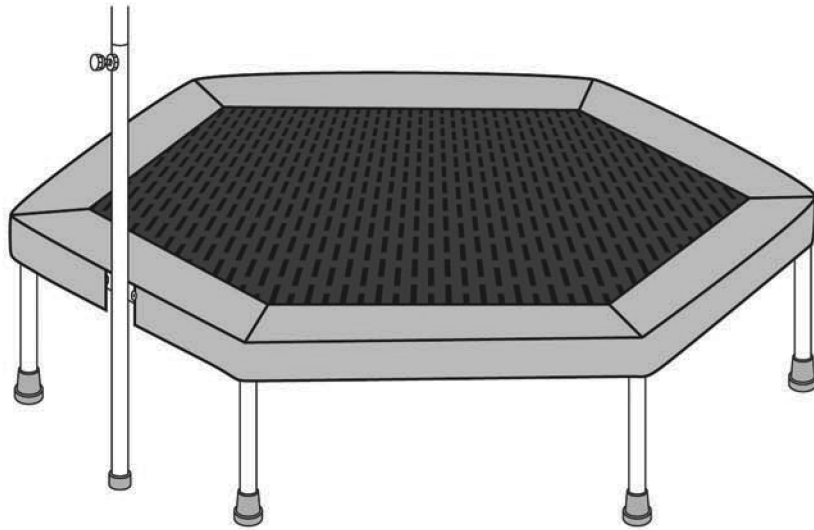


**Step 7** - Attach the handrail (Manual item #7) to the upper handrail support (Manual Item #6). Attach the handle by using the screws (Manual items 12 and 14), and the reinforced sheet (Manual Item #17) as shown in the picture below; tighten the screws with the wrench.



If you purchased a trampoline that includes a safety pad then follow Step 8 (otherwise skip this step)

**Step 8** - Attach the pad to the mat of the trampoline with the Velcros, as shown in the figure below.



**Step 9** - Trampoline Assembly is complete.



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Hexagonal Safety Pads are available in 3 colors. If you want to purchase one of the color pads you can select from these model numbers:



SK-HX50PAD-OR (orange)  
SK-HX50PAD-YL (yellow)  
SK-HX50PAD-GR (green)

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## Still have questions?

While we provide a large variety of trampolines, we also pride ourselves in the large selection of our trampoline replacement parts which are compatible with most trampolines regardless of their brand.

If you have difficulty finding the correct replacement part for your trampoline, Please give us a call : **1-888-965-3331**  
or email us at : **support@upperbounce.com**

Our Customer Service Department staff are trained in the details of all trampolines and will help you find the right part to get you bouncing again.

We never forget our goal... **Get the Upper Bounce!**