

すること DA FARE

Lined area for 'こと DA FARE' notes.

予定 APPUNTAMENTI

Lined area for '予定 APPUNTAMENTI' notes.

メモ NOTE

Lined area for 'メモ NOTE' notes.

優先事項 PRIORITÀ

Lined area for '優先事項 PRIORITÀ' notes.

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朝食 COLAZIONE

昼食 PRANZO

Area for breakfast (朝食 COLAZIONE) notes.

夕食 CENA

おやつ SNACK

Area for dinner (夕食 CENA) and snacks (おやつ SNACK) notes.

健康 SALUTE



Area for health notes (left side).



Area for health notes (right side).

費用 SPESE

Area for expenses (費用 SPESE) notes.