

STEP-BY-STEP GUIDE

How to



How to pause my meal plan

How to cancel my subscription

How to reactivate my meal plan

HOW TO:



ACCESS YOUR PORTAL

Click on 'View subscription' in the email received when you placed your first meal plan order.



MANAGE YOUR SUBSCRIPTION

Once in the subscription portal, you can pause, cancel, or reactivate your meal subscription as needed.



PAUSE & RESUME AS NEEDED

Don't forget to do so before the cut-off time: Thursday, 12pm!

