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General information about company							
Scrip code	531398						
NSE Symbol							
MSEI Symbol							
ISIN	INE679C01027						
Name of the company	SOURCE NATURAL FOODS AND HERBAL SUPPLEMENTS LIMITED						
Whether company is SME	No						
Class of Security	Equity Shares						
Type of report	Quarterly						
Quarter Ended / Half year ended/Date of Report (For Prelisting / Allotment)	30-09-2022						
Date of allotment / extinguishment (in case Capital Restructuring selected) / Listing Date							
Shareholding pattern filed under	Regulation 31 (1) (b)						
Whether the listed entity is Public Sector Undertaking (PSU)?	No						

	Declaration									
Sr. No.	Particular	Yes/No	Promoter and Promoter Group	Public shareholder	Non Promoter- Non Public					
1	Whether the Listed Entity has issued any partly paid up shares?	No	No	No	No					
2	Whether the Listed Entity has issued any Convertible Securities?	No	No	No	No					
3	Whether the Listed Entity has issued any Warrants?	No	No	No	No					
4	Whether the Listed Entity has any shares against which depository receipts are issued?	No	No	No	No					
5	Whether the Listed Entity has any shares in locked-in?	No	No	No	No					
6	Whether any shares held by promoters are pledge or otherwise encumbered?	No	No							
7	Whether company has equity shares with differential voting rights?	No	No	No	No					
8	Whether the listed entity has any significant beneficial owner?	Yes								

Table VI - Statement showing foreign ownership limits							
Particular	Approved limits (%)	Limits utilized (%)					
As on shareholding date	100	0.04					
As on the end of previous 1st quarter	100	0.03					
As on the end of previous 2nd quarter	100	0.04					
As on the end of previous 3rd quarter	100	0.04					
As on the end of previous 4th quarter	100	0.04					

	Table I - Summary Statement holding of specified securities										
	Category of	Nos. Of	No. of fully	No. Of Partly	No. Of shares	Total nos.	Shareholding as a % of total no. of shares		nber of Voting Rights held s of securities (IX)	d in each	
Category (I)	shareholder	shareholders	paid up equity shares	paid-up equity	underlying Depository	shares held (VII) = (IV)+	(calculated as per SCRR,	No of Vot	ing (XIV	V) Rights	Total as a
	(II)	(III) $\begin{array}{c} \text{equity shares} \\ \text{held (IV)} \\ \text{shares held} \\ \text{(V)} \\ \end{array}$ $\begin{array}{c} \text{Receipts (VI)} \\ \text{(V)+ (VI)} \\ \end{array}$ $\begin{array}{c} \text{(15)} \\ \text{(15)} \\ \text{(A+B+C2)} \\ \end{array}$	1957) (VIII) As a % of (A+B+C2)	Class eg: X	Class eg:y	Total	% of (A+B+C)				
(A)	Promoter & Promoter Group	1	4786891			4786891	74.37	4786891		4786891	74.4
(B)	Public	3124	1650040			1650040	25.63	1646761		1646761	25.6
(C)	Non Promoter- Non Public										
(C1)	Shares underlying DRs										
(C2)	Shares held by Employee Trusts										
	Total	3125	6436931			6436931	100	6433652		6433652	100

			Table	I - Summary	Statement hol	ding	of spec	ified	securiti	es			
Category	Category of Shares Underlying Outstanding convertible securities (X)	Shares Underlying Underlying Underlying	No. Of Shares Underlying Outstanding	assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI)=	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares	Sub-categorization of shares			
		Outstanding Warrants (Xi) secu and I Warr	convertible securities and No. Of Warrants (Xi) (a)		No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	1	Sub- category (i)	Sub- category (ii)	Sub- category (iii)	
(A)	Promoter & Promoter Group				74.37					4786891			
(B)	Public				25.63					1620821	0	0	0
(C)	Non Promoter- Non Public												
(C1)	Shares underlying DRs												
(C2)	Shares held by Employee Trusts												
	Total				100					6407712	0	0	0

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	Table I	I - Statemen	t showing s	harehold	ling pattern o	f the Prom	oter and Promoter	Group			
			No. of fully paid up equity	No. Of Partly	No. Of shares	Total nos.	Shareholding as a %	Number o		Rights hel (IX)	d in each
Sr.	Category & Name of the	Nos. Of shareholders		paid-up equity	underlying Depository	shares held (VII) =	of total no. of shares (calculated as per	No of Voting (XIV) Rights		7) Rights	Total as a % of
	Shareholders (I)	(III)	shares held (IV)	shares held (V)	Receipts (VI)	(IV)+(V)+ (VI)	SCRR, 1957) (VIII) As a % of (A+B+C2)	Class eg: X	Class eg:y	Total	Total Voting rights
A	Table II - Statement	showing share	holding patter	n of the Pro	moter and Promo	oter Group					
(1)	Indian										
(d)	Any Other (specify)	1	4786891			4786891	74.37	4786891		4786891	74.4
Sub-Total (A)(1)		1	4786891			4786891	74.37	4786891		4786891	74.4
(2)	Foreign										
Total Shareholding of Promoter and Promoter Group (A)=(A)(1)+(A) (2)		1	4786891			4786891	74.37	4786891		4786891	74.4
В	Table III - Statemer	e III - Statement showing shareholding pattern of the Public shareholder									
(1)	Institutions (Domes	stitutions (Domestic)									
(2)	Institutions (Foreign	stitutions (Foreign)									
(3)	Central Governmen	t / State Govern	nment(s)								
(4)	Non-institutions										
(g)	Resident Individuals holding nominal share capital up to Rs. 2 lakhs	3055	724136			724136	11.25	724136		724136	11.26
(h)	Resident Individuals holding nominal share capital in excess of Rs. 2 lakhs	12	644545			644545	10.01	644545		644545	10.02
(i)	Non Resident Indians (NRIs)	18	20089			20089	0.31	20089		20089	0.31
(m)	Any Other (specify)	39	261270			261270	4.06	257991		257991	4.01
Sub-Total (B)(4)		3124	1650040			1650040	25.63	1646761		1646761	25.6
Total Public Shareholding (B)= (B)(1)+(B)(2)+(B) (3)+(B)(4)		3124	1650040			1650040	25.63	1646761		1646761	25.6
С	Table IV - Statemer	nt showing share	eholding patter	rn of the No	on Promoter- No	Public sharel	nolder				
Total (A+B+C2)		3125	6436931			6436931	100	6433652		6433652	100
Total (A+B+C)		3125	6436931]		6436931	100	6433652		6433652	100

	Ta	ble II - State	ment showing	shareholding pa	ttern	of the P	Prom	oter and	Promoter Gro	up		
Sr.	No. Of Shares Underlying	No. of Shares Underlying	No. Of Shares Underlying Outstanding convertible	Shareholding, as a % assuming full conversion of convertible securities (as a	Locl	nber of ked in es (XII)	Shar pled other	ged or rwise ımbered	Number of equity shares held in	Sub-categorization of shares		
51.	Outstanding convertible securities (X)	Outstanding Warrants (Xi)	securities and No. Of Warrants (Xi) (a)	percentage of diluted share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	No. (a)	As a % of total Shares held (b)	No.	As a % of total Shares held (b)	dematerialized form (XIV)	Sub- category (i)	Sub- category (ii)	Sub- category (iii)
A	Table II - State	ement showing	shareholding patt	ern of the Promoter	and P	romoter (Group					
(1)	Indian											
(d)				74.37					4786891			
Sub-Total (A)				74.37					4786891			
(2)	Foreign											
Total Shareholding of Promoter and Promoter Group (A)=(A) (1)+(A)(2)				74.37					4786891			
В	Table III - Stat	ement showing	shareholding pat	tern of the Public sh	areho	lder						
(1)	Institutions (D	omestic)										
(2)	Institutions (Fo	oreign)										
(3)	Central Govern	nment / State G	overnment(s)									
(4)	Non-institution	ns										
(g)				11.25					696725	0	0	0
(h)				10.01					644545	0	0	0
(i)				0.31					19939	0	0	0
(m)				4.06					259612	0	0	0
Sub-Total (B) (4)				25.63					1620821	0	0	0
Total Public Shareholding (B)=(B)(1)+ (B)(2)+(B)(3)+ (B)(4)				25.63					1620821	0	0	0
С	Table IV - Stat	tement showing	shareholding par	ttern of the Non Pro	moter-	Non Pub	olic sh	areholder				
Total (A+B+C2)				100					6407712			
Total (A+B+C				100					6407712			

	Any Other (specify)								
Searial No.	1								
	Bodies Corporate	Click here to go back							
Name of the Shareholders (I)	SRIVEDA SATTVA PRIVATE LIMITED								
PAN (II)	AAKCS8456M	Total							
No. of the Shareholders (I)	1	1							
No. of fully paid up equity shares held (IV)	4786891	4786891							
No. Of Partly paid- up equity shares held (V)									
No. Of shares underlying Depository Receipts (VI)									
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	4786891	4786891							
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	74.37	74.37							
Number of Voting I	Rights held in each class of securities (IX)								
Class eg: X	4786891	4786891							
Class eg:y									
Total	4786891	4786891							
Total as a % of Total Voting rights	74.4	74.4							
No. Of Shares Underlying Outstanding convertible securities (X)									
No. of Shares Underlying Outstanding Warrants (Xi)									
No. Of Shares Underlying Outstanding convertible securities and No. Of Warrants (Xi) (a)									
diluted share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	74.37	74.37							
Number of Locked	in shares (XII)								
No. (a)									
As a % of total Shares held (b)									
	Number of Shares pledged or otherwise encumbered (XIII)								
No. (a) As a % of total Shares held (b)									
Number of equity	4786891	4786891							
Reason for not prov	riding PAN								

Reason for not providing PAN		
Shareholder type	Promoter	

	Individuals - i.Individual shareholders ho	lding nominal share capital up to Rs. 2 l	akhs.
Searial No.	1	2	
Name of the Shareholders (I)	MUKESH SURYAKANT PAREKH	MANMOHAN AGARWAL	Click here to go back
PAN (II)	AAFPP9715L	ABGPA5851J	Total
No. of fully paid up equity shares held (IV)	88298	195704	284002
No. Of Partly paid- up equity shares held (V)			
No. Of shares underlying Depository Receipts (VI)			
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	88298	195704	284002
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	1.37	3.04	4.41
	Rights held in each class of securities (IX)		T
Class eg: X	88298	195704	284002
Class eg:y			
Total	88298	195704	284002
Total as a % of Total Voting rights	1.37	3.04	4.41
No. Of Shares Underlying Outstanding convertible securities (X)			
No. of Shares Underlying Outstanding Warrants (Xi)			
No. Of Shares Underlying Outstanding convertible securities and No. Of Warrants (Xi) (a)			
Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	1.37	3.04	4.41
Number of Locked	in shares (XII)		
No. (a)			
As a % of total Shares held (b)			
Number of equity shares held in dematerialized form (XIV)	88298	195704	284002
Reason for not prov	viding PAN		
Reason for not providing PAN			
Sub-categorization			
Shareholding (No.	of shares) under		T
Sub-category (i)	0	0	0
Sub-category (ii)	0	0	0
Sub-category (iii)	0	0	0

			Any Other (specify)	
Searial No.	1	2	3	
Category	Clearing Members	Trusts	Bodies Corporate	
Category / More than 1 percentage	Category	Category	More than 1 percentage of shareholding	
Name of the Shareholders (I)			HALDIA PRECISION ENGINEERING PVT LTD	Click here to go back
PAN (II)			AAACH6445H	Total
No. of the Shareholders (I)	7	1	1	8
No. of fully paid up equity shares held (IV)	3121	158	115500	3279
No. Of Partly paid- up equity shares held (V)				
No. Of shares underlying Depository Receipts (VI)				
Total nos. shares held (VII) = (IV)+ (V)+ (VI)	3121	158	115500	3279
Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	0.05	0	1.79	0.05
Number of Voting l	Rights held in each class of	securities (IX)		
Class eg: X	3121	158	115500	3279
Class eg:y				
Total	3121	158	115500	3279
Total as a % of Total Voting rights	0.05	0	1.8	0.05
No. Of Shares Underlying Outstanding convertible securities (X)				
No. of Shares Underlying Outstanding Warrants (Xi)				
No. Of Shares Underlying Outstanding convertible securities and No. Of Warrants (Xi) (a)				
Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI)= (VII)+(X) As a % of (A+B+C2)	0.05	0	1.79	0.05
Number of Locked	in shares (XII)			
No. (a)				
As a % of total Shares held (b)				
Number of equity shares held in dematerialized form (XIV)	3121	0	115500	3121
Reason for not prov	viding PAN			
Reason for not providing PAN				
Sub-categorization	of shares			

Shareholding (No. of shares) under								
Sub-category (i)	0	0	0	0				
Sub-category (ii)	0	0	0	0				
Sub-category (iii)	0	0	0	0				

	significant beneficial owners												
Sr. No.	Details of the SBO					Details of the registered owner					Details of holding/ exercise of 1 the reporting company, whether		
			Passport		NT -1 - 11-			Passport		NT at 1th	Whether by virtue of:		
	Name	PAN	No. in case of a foreign national	Nationality	Nationality (Applicable in case of Any other is selected)	Name	PAN	No. in case of a foreign national	Nationality	Nationality (Applicable in case of Any other is selected)	Shares	Voting rights	Rights on distributable dividend or any other distribution
1	Arvind Varchaswi N	ACDPV0565A		India		SRIVEDA SATTVA PRIVATE LIMITED	AAKCS8456M		India		74.37		
Total:											74.37	0	0
2	Narayanan Narasimhan	ABEPN2243D		India		SRIVEDA SATTVA PRIVATE LIMITED	AAKCS8456M		India		74.37		
Total:											74.37	0	0