

First Priority Manufacturing  
 Quality Assurance Department  
 2681 Delta Ring Road  
 Ferndale, WA 98248 USA  
 Phone: 360.366.3420  
 Toll Free: 877.398.7171



## Certificate of Analysis

Product Code: 6093R11	Lot Number: T169A	Date of Manufacture: Dec 2023
Master Batch Record Name: B-Complex (60) Cap Bottling MBR		
Product Label Name: B-Complex (60) Cap		
Net Quantity of Contents: 60 Capsules	Serving Size: 1 Capsule	Product stability has not been assessed.

Ingredient	Results per Capsule rounded to the whole unit where $\geq 0.5$
Thiamin (Vitamin B1) (as thiamin HCl)	49mg
Riboflavin (Vitamin B2) (as riboflavin Vitamin B-2)	50mg
Niacin (as Vitamin B3 Niacinamide)	50mg NE
Vitamin B6 (as Pyridoxine Hydrochloride)	49mg
Folate (as (6S)-5-methyltetrahydrofolic acid (equivalent to 741 mcg of (6S)-methyltetrahydrofolic acid glucosamine salt)(Quatrefolic®))	680mcg DFE
Vitamin B12 (as Methylcobalamin )	50mcg
Biotin USP	50mcg
Pantothenic Acid (as Vitamin B-5 D-Calcium )	100mg
Choline (as choline Bitartrate)	23mg
Para-Aminobenzoic Acid (PABA) (Vitamin B-10)	100mg
Inositol 97%	52mg
Hops (Strobile) ( Humulus lupulus L.) Extract 4:1	10mg
Valerian (Root) (Valeriana officinalis L.) Extract 4:1	3mg
Alfalfa (Grass) (Medicago sativa L.) Extract 4:1	3mg
Watercress (Stem/Leaf/Fruit) (Nasturtium officinale)	10mg
Parsley (Steam and Leaf) ( Petroselinum crispum Mill.) Extract 4:1	3mg
Soy* Lecithin, Granulated	10mg
<b>AVERAGE FINISHED CAPSULE WEIGHT</b>	<b>797 MG</b>

Other Ingredients: Silicon Dioxide, Maltodextrin - Cargill Dry MD®, , capsule (hypromellose, purified water)

Contains: Soy

Not to be used by children under 4 years of age. Consult your physician before use.

Cargill Dry MD® is a registered trademark of Cargill, Incorporated. Quatrefolic® is a registered trademark of Gnosis S.p.A. Inc. U.S. Patent No. 7,947,662.

Assay	Method	Specification	Results
Identification	NIR (HPLC, IR, or FTIR)	Positive for B-Complex (60) Cap	Positive as indicated
Potency	ICP-MS	Conforms to F.P.S.S. Specification	TBD
Appearance	Organoleptic	(00) Vegi Capsule	(00) Vegi Capsule
Total Aerobic Plate Count	AOAC 071203	AHPA $\leq 10^7$ CFU/g	AHPA $\leq 10^7$ CFU/g
Arsenic (As)	ICP-MS FPM 10.01	< 4ppm	As 0.024ppm
Cadmium (Cd)	ICP-MS FPM 10.01	< 2ppm	Cd 0.004ppm

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Methylmercury (Hg)	ICP-MS FPM 10.01	< 2ppm	Hg 0.ppm
Lead (Pb)	ICP-MS FPM 10.01	< 5ppm	Pb 0.111ppm
Enterobacteriaceae	AOAC 121901	AHPA $\leq 10^4$ CFU/g	AHPA $\leq 10^4$ CFU/g
Composition Analysis	Assayed by Weight	Conforms to Master Batch Record Specification	Conforms

This Certificate Of Analysis is based on raw material assays and in house results checked by weight. Above stated ingredients are the inclusive list of all constituents of said lot and batch. First Priority Manufacturing acknowledges that each dosage may have up to a 5% difference in stated results due to processing techniques, and said percentage falls within U.S. Guidelines.

This lot was analyzed and released by our authorized Quality Control Department and was found to meet all intended specifications as given above and in 21 CFR Part 111 and the SOPs that govern those regulations in this facility for purity, potency, strength, and composition.

First Priority Manufacturing is a GMP certified manufacturer of dietary supplements.



Quality Assurance Approval: Tana Madigan 01/02/2024  
 Tana Madigan Date  
 Tana@FirstPriorityManufacturing.com

Manufactured Exclusively for:  
 Priority One Vitamins | 2681 Delta Ring Road | Ferndale, WA 98248