

First Priority Manufacturing
 Quality Assurance Department
 2681 Delta Ring Road
 Ferndale, WA 98248 USA
 Phone: 360.366.3420
 Toll Free: 877.398.7171



Certificate of Analysis

Product Code: 12198R14	Lot Number: S230A	Date of Manufacture: May 2022
Master Batch Record Name: Complete One Daily (90) Cap Bottling MBR		
Product Label Name: Complete One Daily		
Net Quantity of Contents: 90 Capsules	Serving Size: 1 Capsule	Product stability has not been assessed.

Ingredient	Results per Capsule rounded to the whole unit where ≥ 0.5
Vitamin A (as Beta Carotene)	2,995mcg RAE
Vitamin D (as Cholecalciferol)	10mcg
Vitamin E (as d- α -tocopherol (from sunflower) (Sunvitol™))	34mg
Vitamin K (as Phytonadione)	80mcg
Thiamin (Vitamin B1) (as Thiamin HCl)	21mg
Riboflavin (Vitamin B2)	21mg
Niacin (as Niacinamide)	21mg NE
Vitamin B6 (as Pyridoxine HCl)	21mg
Folate (as (6S)-5-Methyltetrahydrofolic acid (equivalent to 741 mcg of (6S)-Methyltetrahydrofolic Acid Glucosamine Salt)(Quatrefolic®))	680mcg DFE
Vitamin B12 (as Methylcobalamin)	85mcg
Biotin USP	43mcg
Pantothenic Acid (as D-Calcium Pantothenate)	19mg
Choline (from 21mg per capsule Choline Bitartrate)	9mg
Calcium (as Calcium Carbonate Aspartate)	17mg
Iron (as Ferrous Sulfate Citrate)	4mg
Iodine (as Postassium Iodide)	99mcg
Magnesium (as Magnesium Oxide Aspartate)	9mg
Zinc (as Zinc Oxide Aspartate)	3mg
Selenium (as Sodium Selenite Rice/Soy)	7mcg
Copper (as Copper Carbonate Aspartate)	2mg
Manganese (as Manganese Carbonate Ascorbate)	1mg
Chromium (as Chromium Chloride Hexahydrate Polynicotinate (ChromeMate® CM-100M))	60mcg
Molybdenum (as Sodium Molybdenum Aspartate)	75mcg
Potassium (as Potassium Carbonate Aspartate)	4mg
Docosahexaenoic Acid (5% DHA)	42mg
Bitter Orange (Fruit) (Citrus \times aurantium L.) Extract 25% Bioflavonoids	21mg
Cherokee Rose (Fruit) (Rosa laevigata Michx.) Extract 4:1	21mg
Inositol	21mg

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Lecithin (from Soy)	21mg
Pancreatin 8x Amylase 4200 USP Lipase 693 USP Protease 4200 USP	21mg
Para-Aminobenzoic Acid (PABA) (Vitamin B-10)	21mg
Bee Pollen	9mg
Betaine Hydrochloride 98%	9mg
Bromelain 2400 GDU/g, 3600MCU/g	9mg
Ribonucleic Acid Sodium Salt (RNA)	9mg
Papain 49,500 USP	8mg
Bitter Orange (Fruit Peel) (Citrus × aurantium L.) Extract 98% Hesperidin	4mg
Borage (Seed) (Borago officinalis L.) Extract 10% Gamma-Linolenic Acid (GLA)	4mg
Japanese Sophora (Flower) (Sophora japonica L.) Extract 95% Rutin	4mg
l-Carnitine Fumarate	4mg
l-Glutathione	4mg
l-Methionine	4mg
Eleuthero (Root) (Eleutherococcus senticosus) Extract 4:1	2mg
Royal Jelly	1mg
Superoxide Dismutase (SOD) 8,000 MFU/g	21mcg
Co Enzyme Q10	9mcg
AVERAGE FINISHED CAPSULE WEIGHT	916 MG

Other Ingredients: capsule (gelatin, purified water)

Contains: soy (selenium, lecithin), fish (Anchovy, Sardine, Mackerel)

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Sunvitol™ is a registered trademark of Nutralliance

Quatrefolic® is a registered trademark of Gnosis S.p.A. Inc. U.S. Patent No. 7,947,662

ChromeMate® CM-100M is a registered trademark of InterHealth Nutraceuticals Inc.

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Assay	Method	Specification	Results
Identification	NIR (HPLC, IR, or FTIR)	Positive for Complete One Daily	Positive as indicated
Appearance	Organoleptic	(00) Capsule	(00) Capsule
Total Aerobic Plate Count	AOAC 071203	AHPA $\leq 10^7$ CFU/g	AHPA $\leq 10^7$ CFU/g
Arsenic (As)	ICP-MS FPM 10.01	< 4ppm	As 0.082ppm
Cadmium (Cd)	ICP-MS FPM 10.01	< 2ppm	Cd 0.043ppm
Methylmercury (Hg)	ICP-MS FPM 10.01	< 2ppm	Hg 0.002ppm
Lead (Pb)	ICP-MS FPM 10.01	< 5ppm	Pb 0.051ppm
Enterobacteriaceae	AOAC 121901	AHPA $\leq 10^4$ CFU/g	AHPA $\leq 10^4$ CFU/g
Composition Analysis	Assayed by Weight	Conforms to Master Batch Record Specification	Conforms

This Certificate Of Analysis is based on raw material assays and in house results checked by weight. Above stated ingredients are the inclusive list of all constituents of said lot and batch. First Priority Manufacturing acknowledges that each dosage may have up to a 5% difference in stated results due to processing techniques, and said percentage falls within U.S. Guidelines.

This lot was analyzed and released by our authorized Quality Control Department and was found to meet all intended specifications as given above and in 21 CFR Part 111 and the SOPs that govern those regulations in this facility for purity, potency, strength, and composition.

First Priority Manufacturing is a GMP certified manufacturer of dietary supplements.



Quality Assurance Approval: Jenee Sue Clemens Date: 6/14/2022
 Jenee Sue Clemens
 Jenee@FirstPriorityManufacturing.com

Manufactured Exclusively for:
 Priority One Vitamins | 2681 Delta Ring Road | Ferndale, WA 98248