

GROW GREEN DELI + EATERY

BRUNCH

Sourdough £3.95
Two slices of toasted sourdough (made right here in sunny Huddersfield!) served with butter and jam, Marmite or peanut butter // VG

Fruit Toast £3.95
Two slices of Huddersfield-made spiced fruit toast, served with butter and jam // VG

Full English £10.50
Grow's very own All Day Brunch; potato waffles topped with garlic Balsamic mushrooms, served with organic baked beans, falafel and guacamole // VG / GFO

Smoothie Bowl £6.95
A frozen blend of mixed berries, banana and oat milk topped with mixed, chopped nuts, coconut flakes, chia seed and agave syrup // VG / GFO
Add Awesome Almond Granola £1.50

Loaded Sourdough
Two slices of artisanal sourdough toast with your choice of:

- Organic baked beans - a simple staple // VG £6.25

- Smashed avocado with a squeeze of lemon. Topped with Greek-style cheese and salad garnish // VG £9.95

- Balsamic Garlic Mushrooms - sautéed chestnut mushrooms with garlic and balsamic vinegar, served with Greek-style cheese and salad garnish // VG £9.95

SIDES

Olives £3.95

Dolmades £3.95

Eaten Alive Smoky Kraut £2.50

Eaten Alive Kimchi £2.50

Dietary Requirements

VG - Suitable for vegans GF - Gluten free
GFO - Gluten free option N - Contains nuts
S - Contains sesame

Please advise our staff of any allergies and dietary requirements and we will do our best to accommodate.
Please see our specials board for daily options.

LUNCH

Buddha Bowl £9.95
Salad leaves topped with falafel, humous, olives and cous cous. Dressed with balsamic oil and mixed seeds // VG / S / GFO

Rainbow Bowl £10.95
Salad leaves topped with sunblush tomatoes, med veg, harissa tapenade, mixed beans and Greek-style cheese. Dressed with apple cider glaze and cashew nuts // VG / GF / S / N

Grow Green Focaccia £7.95
A generous slice of locally made focaccia filled with avocado, spinach and humous. Served with salad and Grow slaw // VG / S / N
Add Purple Kraut £1.50

Mezze Focaccia £7.95
Falafel, humous and sunblush tomatoes inside a generous slice of locally made focaccia. Served with salad and Grow slaw // VG / S / N
Add Kimchi £1.50

Sunshine Medley Panini £7.95
Loaded with Mediterranean style veg and cheese... comfort food with pizzazz. Served with salad and Grow slaw // VG / GFO / N

Chutney Grilled Cheese £7.50
A classic melted cheese panini with sweet and tangy caramelised onion chutney. Served with salad and Grow slaw // VG / GFO / N
Add a bowl of olives £2.00

Mezze Sharing Board £10.95
Olives, humous, tapenade, sunblush tomatoes, crudités and bombay mix. Served with sourdough. Perfect snacking for two to share // VG / GFO / N / S

KIDS ALL £3.50

Beans + sourdough soldiers

Cheese panini

Fruit loaf

Picnic Plate - humous, raisins, sourdough, carrot and cucumber sticks, cheese

Small soup + sourdough