## AVFA

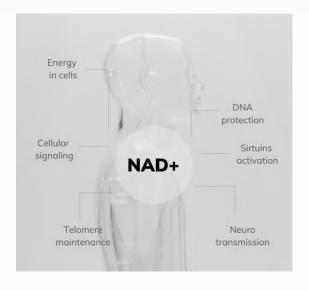
## HOW NAD+ SUPPORTS LONGEVITY

NAD+ is found in every cell of your body. NAD+, or nicotinamide adenine dinucleotide, is a coenzyme that naturally occurs in the cells of all living organisms.

Increasing NAD+ shows promise for extending healthspan and lifespan.

As you age, your NAD+ levels decrease dramatically, increasing the likelihood of faster ageing, heart disease, metabolic disorders. such as diabetes. neurodegenerative conditions, such as Alzheimer's disease, and other age-related diseases.





Now, the good news: Replenishing NAD+ levels with precursors, such as NMN (nicotinamide mononucleotide), has demonstrated long-term health benefits. The effect shows promise for reversing age-related diseases, and increasing lifespan healthspan - the number of healthy, diseasefree years of your life.

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## AVEA

NAD+ is essential for all your cellular processes. NAD+ works as a shuttle bus within your cells, transferring electrons from one molecule to another to perform various reactions and processes. For example, NAD+ particularly important for generation.

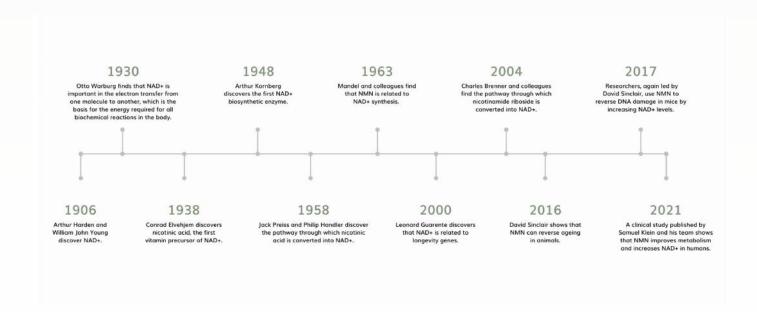
NAD+ also serves as fuel to activate sirtuins, a family of proteins connected to healthy ageing and longevity. Sirtuins use NAD+ to regulate metabolism, maintain genomic stability, and repair damaged DNA.





NAD+ has been one of the most researched molecules in biology and medicine ever since its discovery in 1906, and in recent years, scientists have explored increasing NAD+ supplements. with Here's abbreviated history of NAD+.

## THE HISTORY OF NAD+



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