

CELL PRIMER

The Cell Primer is a blend of six potent longevity ingredients that synergistically help promote cellular self-cleaning (autophagy) and clear aged cells (senescent cells). The ingredients also have antioxidant and anti-inflammatory properties, ensuring optimal cellular vitality and function.

BENEFITS YOU CAN EXPECT

Experience cellular detox and renewal with Spermidine, enhancing autophagy for a healthier you. Clear away ageing "zombie cells" using natural senolytics like Quercetin and Fisetin, reducing inflammation for improved cellular function. Fortify your cells against oxidative damage with powerful antioxidants including Ergothioneine and Selenium, promoting vitality and extending longevity.

Enhanced cellular renewal

Supported clearing of aged cells

Protection against oxidative stress



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QUERCETIN (500MG)

A powerful antioxidant and senolytic found in fruits and vegetables such as red onions, exhibiting anti-inflammatory properties and supporting overall health.



FISETIN (125MG)

A naturally occurring senolytic compound found in strawberries, holds the potential to combat senescent or 'zombie cells' accumulation in our bodies.



PQQ (20MG)

A coenzyme and antioxidant supporting cellular energy production. It is naturally found in the body but tends to decline with age.



SELENIUM (100µg)

An essential trace mineral found in nuts and seafood, supporting immune function, antioxidant defence against cell damage, reproduction and energy production.



SPERMIDINE (3MG)

A natural polyamine and famous longevity ingredient found in wheat germ and soybeans, renowned for its ability to stimulate autophagy, the vital process of cellular self-renewal.



ERGOTHIONEINE (5MG)

Found in mushrooms, this natural antioxidant is known for its exceptional cellular protection attributes and aids in maintaining their health and vitality.



WHEN TO USE

Ideally in the morning. Regular intake ensures maximal benefits.

HOW TO USE

We recommend taking two capsules daily, preferably, to be consumed with food.

BENEFITS YOU CAN EXPECT

In the first **1-4 weeks** with the Cell Primer, you'll likely notice more energy and sharper mental clarity. From **2-3 months**, your physical performance might peak, paired with deeper, more rejuvenating sleep. As you surpass **6 months**, enjoy a heightened sense of overall wellbeing and the vitality you need to tackle each day.

CELL PRIMER TAGLINE

Rejuvenate your cells in boosting autophagy, clearing senescent cells and support protection against oxidative stress.

AVEA

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