

Worsley Institute Training (WIT PNW)SM

Program Structure 2025–2027

This program is founded on WIT PNW'sSM commitment to recapturing the essence of Professor JR Worsley's teachings during the 30 years he served as sole Owner and Director of the College of Traditional Chinese Acupuncture (CTA) in Warwickshire, UK (1960s–early 1990s).

Our Aims:

- To uphold the integrity and legacy of this profound lineage
- To provide a meaningful, enjoyable, and practical learning experience
- To deliver high-quality professional training

Academic knowledge is only one aspect of this work. Students are also called to refine their sensory awareness and deepen their understanding of Natural Order in order to become instruments of nature.

We recognize that each student brings unique strengths, challenges, and life experiences. Whether you're entering this field with years of background or beginning anew, all participants start on equal footing. Training with WIT PNW invites you to begin with authenticity and humility, guided by a sincere calling to serve and support nature.

The Worsley Institute faculty and team are honored to walk alongside you as you begin your lifelong journey with Worsley Classical Five-Element AcupunctureTM.

Program Overview

The training spans 17 months, divided into three integrated components:

I. THEORY

Delivered through a combination of in-person weekends, live Zoom classes, online learning modules, and recorded materials, this portion provides a strong foundation in theory and philosophy.

Total: Minimum 234 contact hours, including:

- 144 hours of in-person instruction
- 60 hours of live Zoom classes
- 30 hours of online modules (including archival footage of J.R. Worsley)

In-Person Training Dates (Portland, OR & Seattle, WA)

Fridays 3:30–6:00 pm; Saturdays/Sundays 9:00 am–6:00 pm

- Sept 19-21, 2025 – Portland, OR
- Oct 3–5, 2025 – Seattle, WA
- Dec 5–7, 2025 – Portland, OR
- Feb 6–8, 2026 – Seattle, WA
- Apr 18–19, 2026 – Portland, OR (*Sat/Sun only*)
- June 5–7, 2026 – Seattle, WA
- Aug 7–9, 2026 – Portland, OR

Live Zoom Sessions (8-11am Pacific Time) with WIT UK™ Students

2025: Sept 18, Oct 16, Oct 30, Nov 13, Dec 4

2026: Jan 8, Jan 29, Feb 19, *Mar 12**, Apr 9, Apr 30, May 21, June 11, June 25, July 9, July 23, Aug 6, Aug 27, Sept 24, Oct 2

* To accommodate time zone changes March 12 is 9am – Noon.

Theory Curriculum Includes:

Fundamental principles and Natural Law, ancient Chinese philosophy, point location and anatomical palpation, point types and clinical applications, Spirit of the Points, diagnostic principles, pulse taking, treatment protocols, rapport-building and patient relationship, clinical skills, nutrition, and nature-based learning through local field trips.

Note: This program is intended for licensed acupuncturists or students enrolled in licensure-track acupuncture schools.

Assessments:

Students will complete regular reviews, as well as written and practical exams. Faculty and students work collaboratively to make the learning process engaging and supportive. Satisfactory understanding and full attendance are required to advance to the Clinical Module.

II. CLINICAL

This is where the teachings come alive through direct experience with patients—the truest teachers.

- Begins after the final Theory session in **August 2026**
- Requires **observation of at least 15 treatments**
- Requires **supervised treatment of a minimum of 35 patients** in your own clinic
- WIT Faculty provides supervision; this fee is included in tuition
- If supervision involves travel outside the Seattle or Portland region, travel fees apply
- Students are responsible for organizing their own patients for treatment

III. HOME STUDY

This aspect of training supports integration, reflection, and skill development.

Recommended minimum: 470 hours over 17 months, including:

- **Home study & sensory awareness practice** – 200 hrs (~30 min/day)
- **Point location & pulse practice** – 90 hrs (~1.5 hrs/week)
- **Personal journal writing** – 120 hrs (~20 min/day)
- **Clinical manual study** – 60 hrs (~1.5 hrs/week)

As with the rest of the program, regular check-ins and assessments ensure ongoing support. Students and faculty collaborate to cultivate a lasting learning, mentoring, and peer support community.

Certificate of Completion

Once the teaching team has deemed the student to have satisfactorily completed all requirements of the program, a Certificate of Completion will be issued. If a student is unable to complete the program during the designated period, continuation may require re-enrollment with a future cohort and additional fees.

Updated 29 April 2025