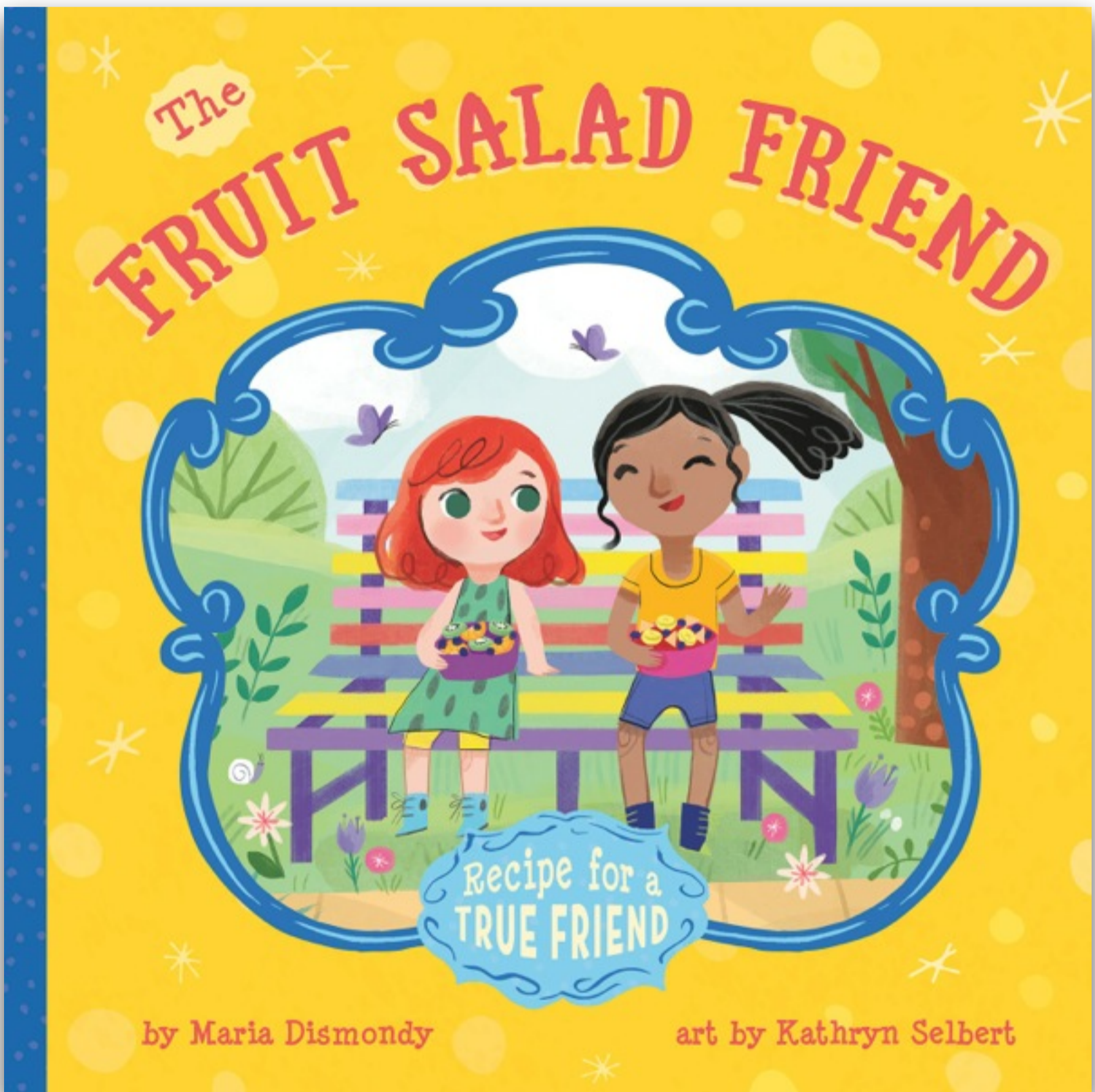


Readers' Guide

The Fruit Salad Friend



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READERS' GUIDE WRITTEN BY: EMILY YOST

The Fruit Salad Friend

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Comprehension Questions

Before Reading:

- ★ What do you think this book will be about? Why do you think that?
- ★ What characters do you think might be in this story?
- ★ What questions would you like to ask the author before you read this book?
- ★ What are you wondering about as you look at the cover and back of your book?

During Reading:

- ★ What do you think will happen next? Why?
- ★ How do you think Chloe will handle this situation?
- ★ What emotions is Chloe feeling? How do you know?
- ★ What would you have done if you were Chloe?
- ★ Has anything like this ever happened to you? Does it remind you of something?
- ★ How would you feel if that happened to you?
- ★ Do you know someone like Chloe?
- ★ How are you like/different than Chloe?

After Reading:

- ★ If this story had a sequel, what do you think it would be about?
- ★ What is the main message of this book? What does the author want you to think about? What was the big idea?
- ★ What questions would you like to ask the author?
- ★ If you could talk to Chloe what would you say to her? What questions would you ask her?
- ★ If you could talk to those kids that left her out, what would you say to them? What questions would you ask them?

Name: _____

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Recalling

Directions: Using the 5 W's (who, what, where, when, why), recall the details of the story.

WHO is the story about?

WHAT is the story about?

WHERE did the story take place?

WHEN did the story take place?

WHY was the story written?

Name: _____

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Connecting

Directions: Think of a time where you felt left out like Chloe did in the story. What happened? How did it make you feel? What did you do about it? Did you learn anything from it?

Name: _____

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Character Change

Directions: Think about how Chloe changed throughout the story and what happened that caused those changes.

Chloe at the beginning of the story:

↓ Events that caused the change: ↓

1.

2.

3.

↓ ↓
Chloe at the end of the story:

Name: _____

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Author's Purpose

Directions: Think about the purpose of this story and why the author wrote it.
What did the author want the readers to take away from the story?

The author's purpose:

The message of the story:

The theme of the story:

Name: _____

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Summarizing

Directions: Think about the story and summarize what happened in your own words.

FIRST

THEN

NEXT

FINALLY

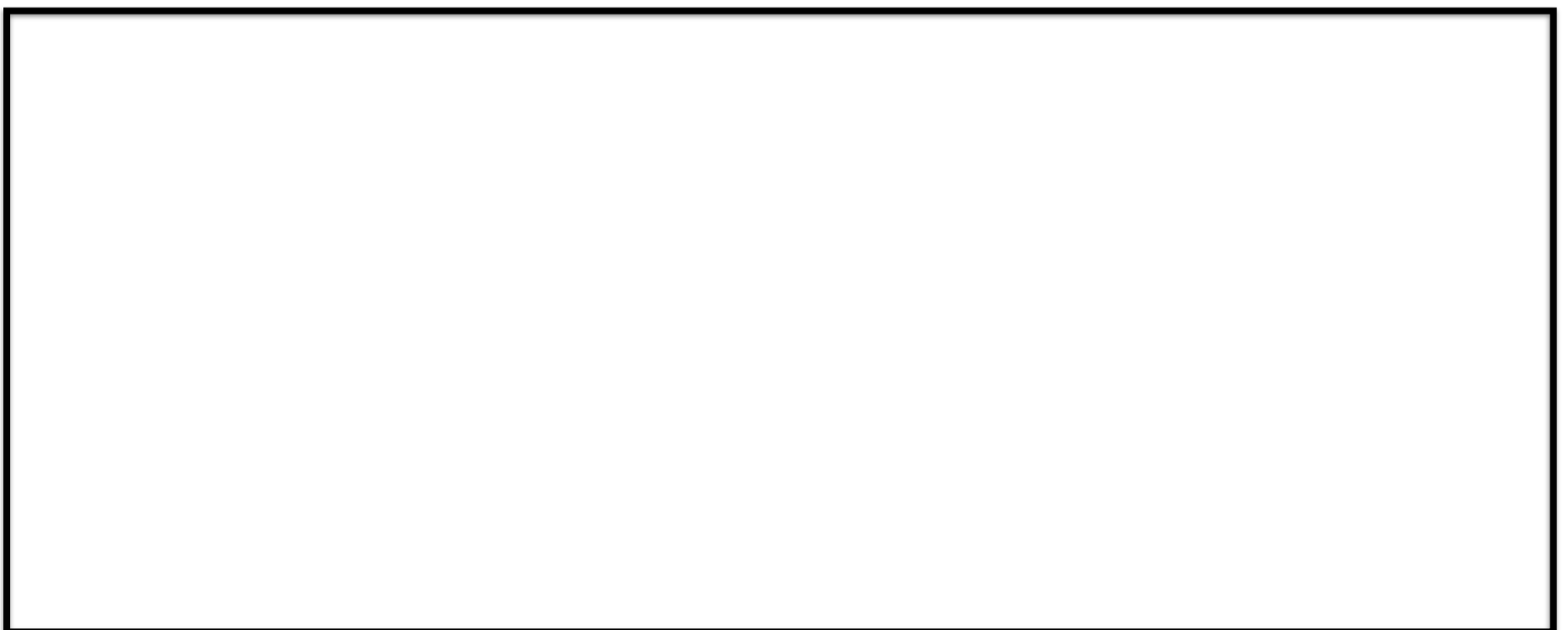
Summarize the story in a few sentences:

Friendship Recipe

1. Brainstorm a number of traits that you find valuable in a friend, such as respectful, funny, kind, etc.



2. Brainstorm as many measurement/recipe terms you've seen/heard in recipes, such as cup, pinch, sprinkle, etc.



Friendship Recipe

3. Using your friendship traits and measurement terms, write out the ingredients for a good friend.

(Example: 1 cup of laughter, 1 tsp of honesty, etc.)



4. Write out the directions for making your friendship recipe.

(Example: Pour in 1 cup of laughter and sprinkle on 1 tsp of honesty. Stir them together.)



How to be a Good Friend

Directions: Use this prewriting sheet to help you outline your paragraph.

Opening: _____

(Tell your audience that you are going to teach them how to be a good friend)

(tell your audience one way they can be a good friend)

(tell your audience another way they can be a good friend)

(tell your audience a final way they can be a good friend)

Closing: _____

(Tell your audience that they now have what it takes to be good friend)

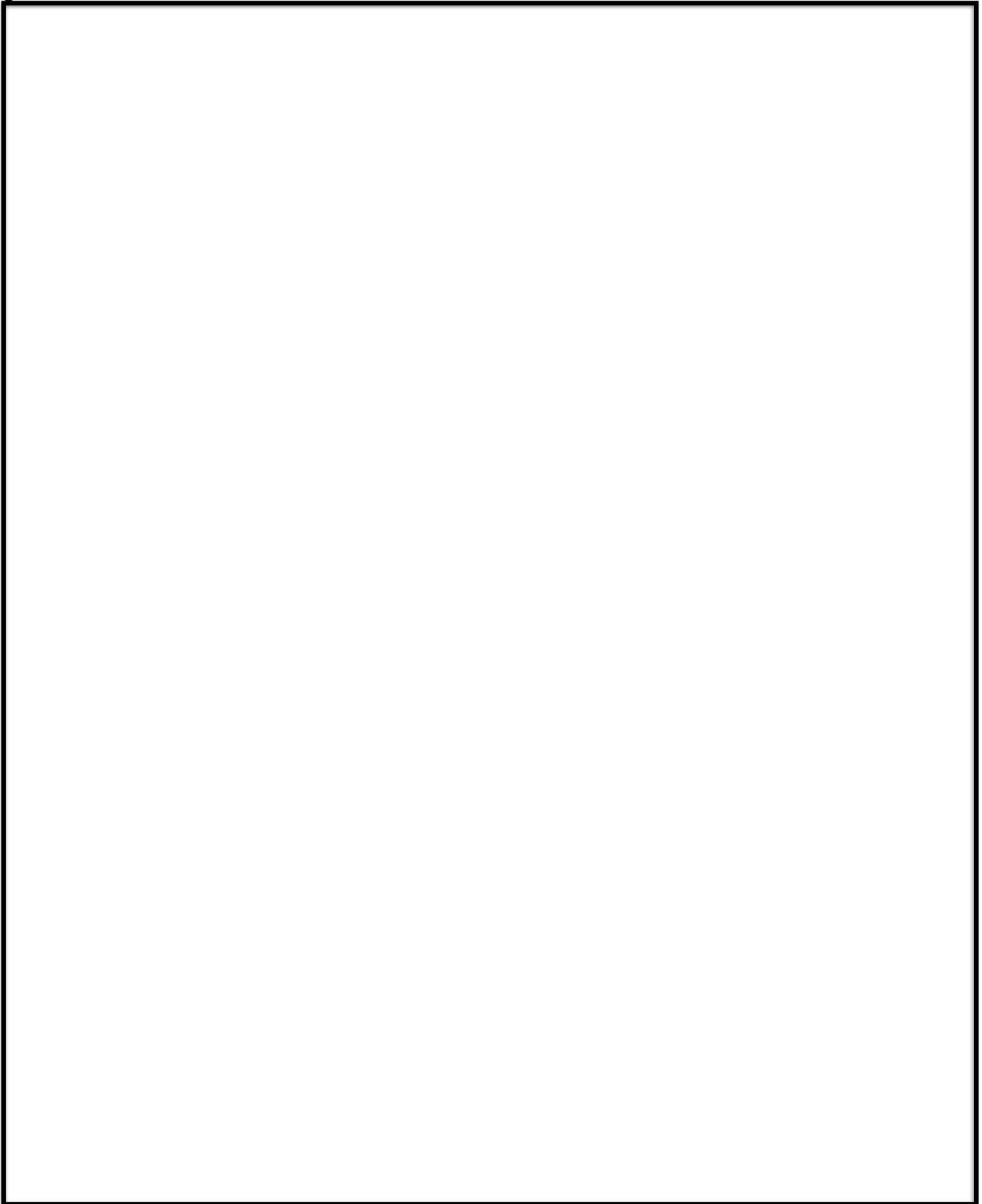
How to be a Good Friend

Directions: Write your paragraph about how to be a good friend.

A large rectangular box containing 20 horizontal lines for writing a paragraph.

How to be a Good Friend

Directions: Draw a picture to go with your paragraph on how to be a good friend.



Name: _____

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Be a Friend Challenge

Directions: Think of problems you've seen with the friendships in your school or community. Think of ways you can better those situations. Now act upon them and write down the results!

Problems I see with the friendships in our school/community:

Ways I can help solve this problem:

How I ended up making a difference:

What I learned from this experience:

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Friendship Talk Ingredients

I Messages

***When you...**

(Describe the behavior that caused strong feelings)

*** I feel...**

(Tell the feelings you have or had)

*** Because...**

(Tell why you feel or felt that way)

*** Please...**

(What do you need to happen to feel better?)

*** This way we can...**

(Tell how things will improve for both of you)

The Fruit Salad Friend

Friendship Talk Ingredients

I Messages- Practice

*** When you...**

(Describe the behavior that caused strong feelings)

*** I feel...**

(Tell the feelings you have or had)

*** Because...**

(Tell why you feel or felt that way)

*** Please...**

(What do you need to happen to feel better?)

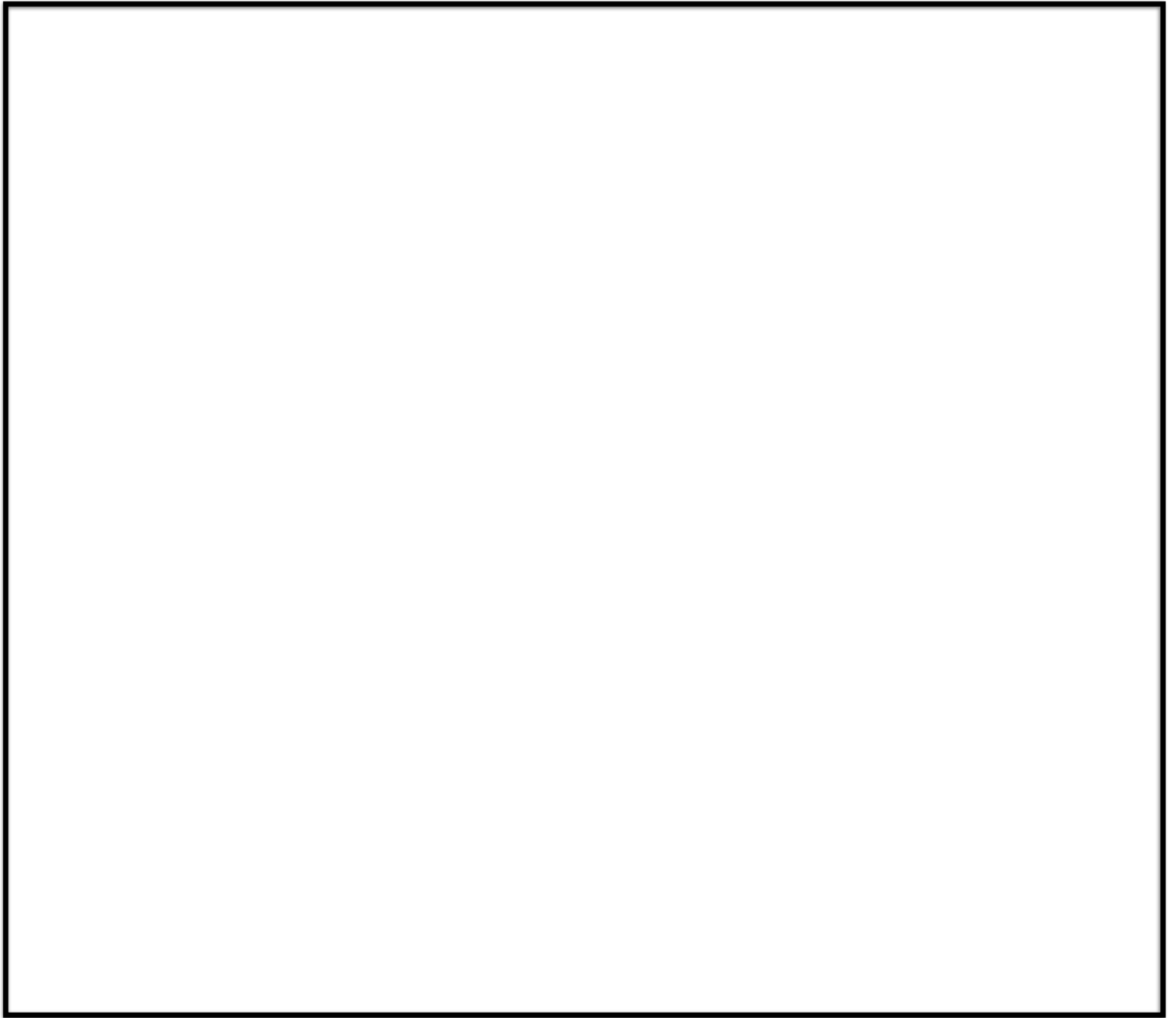
*** This way we can...**

(Tell how things will improve for both of you)

Name: _____

WANTED

A GOOD FRIEND



REWARD: A GOOD FRIEND IN RETURN!

Name: _____

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Book Recommendation

Title: _____ Author: _____

Would you recommend
this book to someone?
Check Yes or No

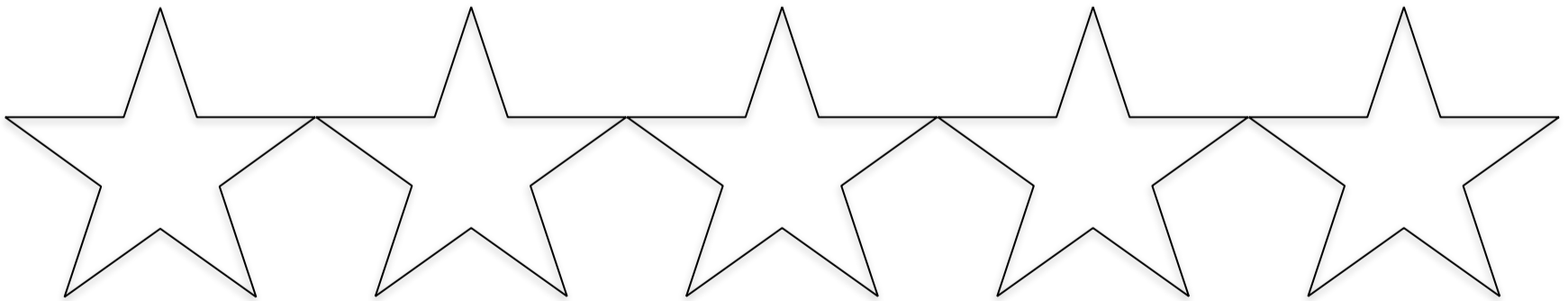
Yes

No

Why did you enjoy this book?

Who else might enjoy this book?

How many stars would you rate this book?



Friendly or Not?

Jenny offers to take Kellie to the nurse when she feel and hurt her ankle.

Friendly or Not?

Landon tells Michael to quit bullying Tony.

Friendly or Not?

Susie says that Kora can't play with them at recess.

Friendly or Not?

Liam felt left out at recess and was sitting on the bench by himself. Bobby asked if he wanted to play with him.

Friendly or Not?

You see three girls huddled together giggling and pointing at the new girl.

Friendly or Not?

Brett was crying after school because he failed his math test. John went over and told him it was ok.

I Message Practice

You are upset with your friend because she didn't say "hi" to you when you walked in the room.

I Message Practice

You feel left out during recess because your friend wanted to play with someone else.

I Message Practice

Two girls in the lunchroom were laughing at you when you dropped your lunch tray on the floor.

I Message Practice

You felt sad this morning because your mom said she would be gone for work all weekend.

I Message Practice

You found out that you weren't invited to your friend's birthday party.

I Message Practice

You felt picked on during library by a group of classmates.

Problem

Chloe hurried onto the bus. She was excited to read the note Papa left in her lunchbox. She couldn't resist sneaking a peek before lunch. But her smile quickly faded and tears filled her eyes.

Solution

Chloe stood up. "Fine. I will sit by someone who is nice to me." Chloe found another seat and slowly counted to ten to fast forward what just happened. She felt the heat leaving her face now.

Problem

A few days later on the playground, Chloe felt her lip trembling. "We can't play with you today. Sorry! Maybe tomorrow," snarled one of the boys.

Solution

Chloe took a deep breath and focused on finishing her apple.

Problem

The bell rang for lunch. The first thing Chloe noticed at the table was her face getting hot. She knew why--the lunchroom drama was building.

Solution

"You're in a bad mood. I'll play with someone else," Chloe said courageously before they walked away from her, laughing. Chloe started to hum one of her favorite songs as she walked toward another group of kids. Her lip stopped trembling and she enjoyed the rest of recess.

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Ways to Calm Yourself

- *Take a deep breath
- *Focus on something else
- *Find a friend to play with
- *Walk away
- *Count to 10
- *Relax your body
- *Think of something that makes you happy
- *Talk to yourself to calm down
- *Talk to a trusted adult

☆ About the Author ☆ **MARIA DISMONDY**



When Maria was a little girl she was teased for her curly hair and favorite lunchbox fare, spaghetti in a hot dog bun. Many moons later, these and other real-life moments continue to fuel what is now her critically acclaimed children's book writing career. Maria has penned nine books that feature stories with topics ranging from anti-bullying to overcoming adversity, to friendship trials and tribulations, and beyond.

Maria is dedicated to empowering those around her through her roles as author, teacher, public speaker, community leader and friend. Maria is intentional about making each day count and lives in southeast Michigan with her high school sweetheart husband, three kids and two pet snails.



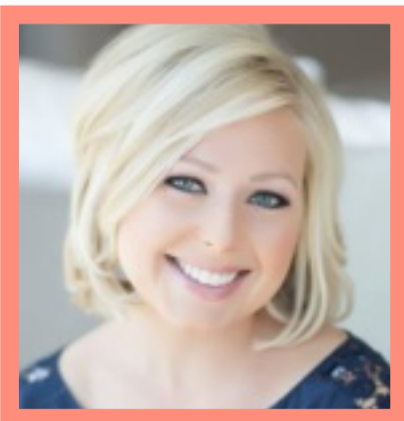
Thank You!



Thank you for your download. I hope you and your student(s) enjoy this readers guide. Emily Yost is a 2nd/3rd grade teacher in Ann Arbor, Michigan. Emily loves blogging about her classroom and sharing ideas with other teachers through her blog and online Teachers pay Teachers store. You can find more of her resources at her store by clicking on the link below.

CLICK HERE TO CHECK OUT MY BLOG FOR OTHER GREAT IDEAS, FREEBIES, AND PRODUCTS!

THANKS FOR VISITING!



*-Emily Yost from
Third in Hollywood*



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