

**CAUTION:** KEEP OUT OF REACH OF CHILDREN. Consult your health care provider before use if you are pregnant, nursing, or have a medical condition. As with all dietary supplements, inform your health care provider of all dietary supplements and medications you are taking. Tablet may be a choking hazard for the very young, elderly, and those with difficulty swallowing.

The inner package is sealed for your protection. Do not use if seal or cap is missing or broken.

## STORAGE INFORMATION:

Do not store above 77°F (25°C). Keep tube tightly closed after opening. Use within 60 days.

## **RECOMMENDED USE:**

For adults and children 12 years and older, thoroughly chew 1 tablet, three times daily. Do not swallow tablet whole. Do not exceed 3 chewable tablets per day. Continue up to 5 days. Can have a laxative effect if consumed to excess.

Supplement Facts Serving Size: 1 chewable tablet (4.7 g) Servings per Container: 15 tablets					
	Amount Per 1 Tablet	% Daily Value	1	Amount Per 1 Tablet	% Daily Value
Calories	15		Folate (as folic acid)	277 mcg DF	E 69%
Total Carbohydrate	3 g	10/0 *		(166 mcg foli	
Total Sugars	2 g	†	Vitamin B12 (as cyanocobalamin)	2 mcg	84%
Includes 2 g Added Sugars		3% *	Zinc (as zinc citrate)	10 mg	91%
Vitamin C (as ascorbic acid)	167 mg	185%	Selenium (as sodium selenate)	33 mcg	61%
Vitamin D (as cholecalciferol)	1.6 mcg	8%	L-Lysine (from L-Lysine hydrochloride)	1000 mg	+
Riboflavin (as riboflavin-5'-phosphate)		155%	Bioflavonoids (as bitter orange fruit extra		+
Vitamin B6 (as pyridoxine hydrochloride	e) 2 mg	119%	Percent Daily Values are based on a 2,000 calorie diet. † Daily Value Not Established		

OTHER INGREDIENTS: Sugar, Sorbitol, Microcrystalline Cellulose, Hydrogenated Rapeseed Oil, Citric Acid, Potato Starch, Magnesium Stearate, Natural Flavors, Steviol Glycosides.

DISTRIBUTED BY: Linpharma Inc., 601 South Fremont Ave, Tampa FL 33606 Lyranda® is manufactured by Weber & Weber International GmbH & Co KG

INFO HOTLINE: (toll free) +1 888 301 1084 Monday - Friday 8:30 am - 5:30 pm EST www.myhealthylips.com

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

