

AIRVALENT

Quick Start Guide



Download the **AIRVALENT app** to:

- ◇ Choose your AIRVALENT display
- ◇ Access monitor data and history
- ◇ Set measurement time intervals
- ◇ Calibrate CO₂ readings
- ◇ Get mobile notifications



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Key Indicators

CO₂ levels

Below 1000 ppm - optimal CO₂ level indoors

1000 to 1500 ppm - decreased cognitive ability, unhealthy for sensitive people

1500 to 2000 ppm - poor air, drowsiness, prolonged stay can pose health risks

Above 2000 ppm - stagnant, stale, stuffy air, may cause increased heart rate and nausea

Temperature & Humidity

For a comfortable and healthy indoor environment, aim for an indoor temperature between **+18 to +24 °C** (**+64 to +75 °F**) and relative humidity (%RH) within the range of **30% to 50%**, as %RH significantly impacts our temperature perception and overall comfort.

Setting up AIRVALENT

Setting up AIRVALENT is as easy as breathing!

Just plug it in to charge, wait until the screen turns on, and you're good to go!

For extra customization features connect your air monitor to the AIRVALENT app!



- **Avoid exposing AIRVALENT to excessive vibrations**
- **AIRVALENT is not impact resistant**
- **Do not expose AIRVALENT to direct sunlight or extreme temperatures**
- **Do not use AIRVALENT in an environment with high humidity (> 85%)**

Scan the QR code to access
User Manual



or visit www.airvalent.com/user-manual