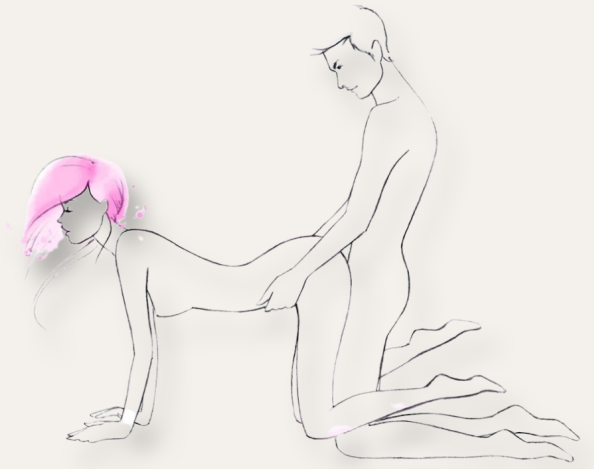


# TOPSEX POSITIONS OF 2023 (SO FAR) AS VOTED BY YOU



Cow Girl

Doggy style



Classic 69

Face-Off



Reverse  
Cow Girl

We asked our sassy customers and followers what their fave sex positions are this year and here are the results. For anyone looking to try one of these positions we've left some 'instructions'. Happy humping!



## Cow Girl



The cowgirl is often a favorite among women because it allows women to have more control within the sexual experience,  
To do the traditional cowgirl position:

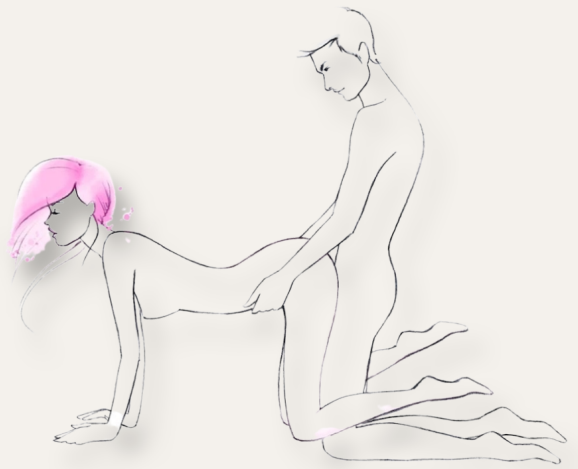
1. Your partner lies flat on their back with their legs out straight.
2. You sit straddling on top of them, facing toward their head.
3. While sitting up straight, insert your partner's penis or a sex toy into your vagina.

When you're in the riding position on top, you can choose the pace, depth, and angle of penetration, which can help you find what feels best for you.

"This position also allows for greater friction and rubbing of the clitoris, which is the main pleasure center,"

A personal fave when using a vibrating penis ring - hello clitoris!

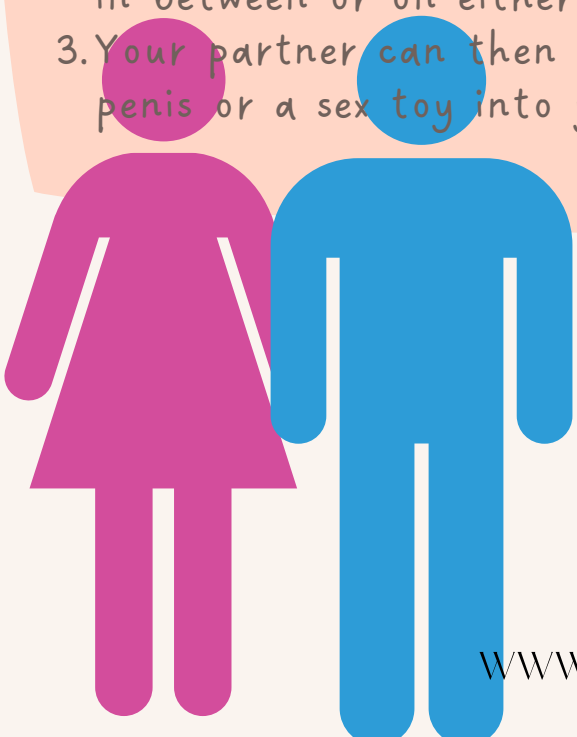
## Doggy style (+ variations)



Doggy Style is a classic which offers many benefits — including deep penetration and an exciting view for the partner on the "giving" side. It's also a good position to stimulate your prostate, aka the male g-spot. If you have a vagina, you can pile a couple of pillows in between your knees and place a vibrator on top to stimulate your clitoris. This can boost your pleasure and may make you more likely to have an orgasm — a 2018 survey found that 37% of women need clitoral stimulation to orgasm and another 36% say clitoral stimulation makes orgasms feel better.

To get into Doggy Style

1. The receiving partner can start by getting into a tabletop position, resting on their hands and knees.
2. The penetrating partner should kneel behind, with their knees in between or on either side of their partner.
3. Your partner can then hold onto your hips and insert their penis or a sex toy into your vagina or anus.





## Classic 69

69 is a mutual oral sex position so named because each person is curved against the other, face to groin, and they sort of look like the numbers 6 and 9.

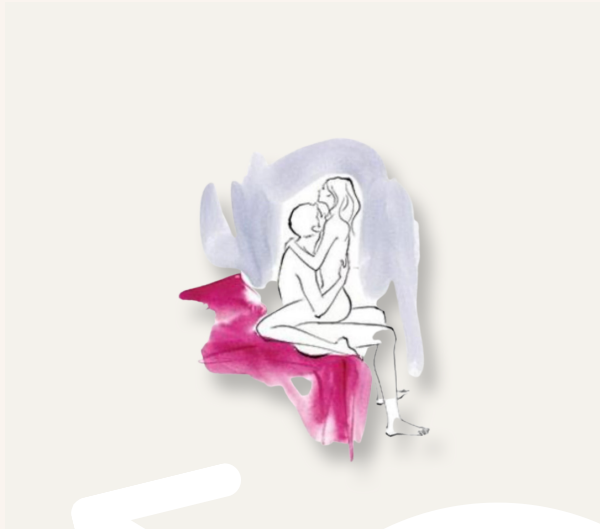
For sure you either love or hate this position. It takes a lot of coordination to give the best oral whilst receiving oral from your partner! It can get awkward!

Good news, there are a few variations. We'll dive into those (pun intended) next week but for now.... Our friends over at Cosmo also shared some great advice:

If 69 isn't going to be enough to make you orgasm (normal, btw), just enjoy it as a leisurely goal-free way to share pleasure with your partner. When you rethink it as a starter activity before more focused stimulation with toys, hands, or penetration, 69 feels less performative (must...orgasm) and is much easier to relax into it

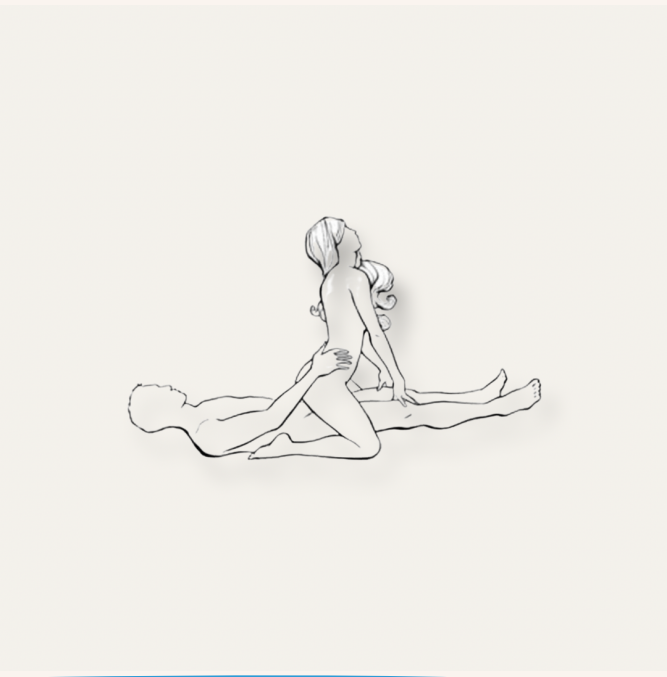
How to 69: Have your partner lie down, flat on their back. Then climb on top, so you're facing away from your partner. Your genitals should be lined up with your partner's mouth, and their genitals should be lined up with yours. Alternatively, try it in a side-by-side position

## Face-Off



Another personal favorite, this is a very intimate position. Face to face intimacy intensifies the emotional connection between the couples," explains Dr. Valerie Poppel, clinical sexologist and founder of the Swann Center

How to Face-Off: The penetrating partner starts by sitting on a comfortable chair or the edge of the bed. The receiving partner climbs onto their lap, straddling them, and wraps their arms around the penetrating partner's back. From there, the receiving partner can lower themselves onto their partner's penis or dildo. From there, the receiver can go for a ride—and if they get tired, they can always hover while the penetrating partner holds their hips and thrusts into them. Don't forget to gaze into each other's eyes to build intimacy and an energetic emotional connection



## Reverse Cow Girl.

Reverse Cow Girl is wild one to try if you're up for it!

How to Reverse Cow Girl: All you have to do is flip it and reverse it.

What we love about it? It's a very powerful feminine position and you have a lot of leverage for moving and controlling the angle and movement of your pelvis + major penetration and you'll be serving up great views for the receiving partner

Finally, don't forget to incorporate sex toys, sex lubricant's and other sex accessories into your bedroom activities

- Bring in some more lube. Sex lube is a liquid that increases moisture for solo or partnered sex. "Lube reduces friction and makes it [easier] to achieve orgasm," (seriously!)
- Sex toys: Vaginal penetration is great, but it's not the source of orgasm for many women, clitoral stimulation is. So, don't forget to show your clit some love too and incorporate a sex toy into your boudoir activities.
- Set the mood: Massage candles!

We hope that you've enjoyed our article on the top 5 sex positions of 2023 (so far) as voted by you via our Insta Stories. Follow us on our social channels and sign up for our newsletter to receive fun, sexy and sassy updates on new products + more. Have questions? Send us a message and we'd be happy to assist you

