

How can HEALI Bump help?

- As baby grows larger, they take up more space causing shortness of breath in simple everyday activities
- This taping style helps to relieve shortness of breath

What do you need?

- Prepped skin that has been cleaned with water or alcohol to get rid of oil or residue
- 1 Strip of HEALI tape



How to Tape

Tear the center of the paper backing and slowly peel back the paper



Apply one strip horizontally above the belly belly and wrap to form a 'C' shape across

the top of the belly



^{**}Rub in the tape to activate the ingredients

^{**} Only remove tape when fully dry