

## CLAIRA DISCOVERS TRAMPS FASHION COMPRESSION HOSIERY

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**M**y daughter Clair and I felt the need to share our story with you. The photo is of Clair wearing Tramps Fashion Compression Hosiery Bryanna Cheetah Jacquard High Waisted Style, <http://www.trampshosiery.com>. This image clearly demonstrates the complete magical effect.

My 20 year old daughter, Clair has faced many challenges since she was a young girl. Approximately 4 years ago, she was diagnosed with **POTS** (Postural Orthostatic Tachycardia Syndrome). This came after several years of being misdiagnosed, and while she continued to fight through relentless symptoms; lightheadedness, tachycardia, poor circulation to her extremities. All symptoms prevented her from participating in everyday life events, that we often take for granted. As a nurse by profession, and as her mother, I searched high and low to find the best providers and treatment plan options for her. This process became an additional challenge as some healthcare providers were not able to diagnose her condition. Over time, through self discovery we learned how to "outsmart" **POTS**, by putting together simple interventions we learned along the way. All helped control both the frequency and intensity of its' effects.

We, for the most part, have recently shifted gears and spend far more time in "preventative maintenance mode" than being reactive. High intake of salt and water are mainstay treatments for this condition, as well as maintaining proper temperature control. But one of the most effective interventions we found to date, is the use of waist high compression hosiery. She wears them frequently now; on days of the month when we are expecting hormone changes, when she is required to be in one position for an extended period of time (standing or sitting) or as a quick intervention when a **POTS** event strikes without warning.



One of the most difficult things for us throughout this journey has been trying to find compression hose that goes all the way to the waist. Additionally, finding a pair that wasn't the standard thick tan granny hose style, was nearly impossible! We have been on a mission ever since to find fashionable compression waist high hosiery. My daughter, who strives to look her best even when she may feel her worst. Up until now, we have had little to no option other than to buy the granny hose which has had a negative effect on Clair's self-esteem. Not just because they are truly ugly and uncomfortable to wear, but for her, they symbolized sickness and poor health. When we found Tramps Fashion Compression Hosiery, it was a game changer! She couldn't wait to pick out her design style. When she received her first pair, she opened the package with such excitement it was like receiving a birthday gift!

The quality is bar none. She loves the texture, the amount of compression, and the comfortable yet supportive waistline. The fashionable design tricks you into thinking they are simply high-end fashion hosiery, not a true compression garment. Never would you guess they serve a purpose beyond beauty. Thank you Tramps for understanding the need for this product line, using your passion, talent, and creativity to make it happen.

Tramps compression hosiery has had such a positive impact on my daughter's heart, in far more ways than just circulatory. We are fans forever!

