

SIMPLE • EASY • COMPACT



# Breastmilk Chiller

CERESCHILL.COM



# We made Ceres Chill® to support you in all you do

We don't have to tell you! Being away from a new baby is hard. Finding time to pump and then carrying around all that extra stuff to keep breastmilk safe is just plain hard.

Plus, who wants to store something as personal and important as breastmilk in the company fridge or the trunk of your car or an open floor plan desktop? And what about when you travel? Yikes!

*Free the moms!  
Save the milk!*

# A revolution for pumping moms

This groundbreaking Chiller is here to the rescue!

- Invented by a mom who knows the struggle, it's not only safe, discreet and convenient—it's also sustainable.
- Use it now to keep plastic bags and bottles out of landfills. Use it later to chill your favorite beverages or keep your coffee hot all day.
- This miracle Chiller helps other caregivers feed the baby: Use the Connector piece with any standard bottle nipple. Yup, we thought of that, too.

*Mama, you got this!*

**12**  
ounces

**20+**  
hours  
of Chill



# The parts



## How it all works together

Single  
or double  
pumping



On  
the  
go



Capped  
Milk  
Chamber



Feeding  
the baby

# Using your Ceres Chill®

To begin chilling either when leaving home or after pumping

- Unscrew the upper Cup and Connector from the outer Chiller. The inner Milk Chamber will come out with the Connector.
- Fill the outer Chiller with enough ice to be in contact with the bottom of the inner Milk Chamber, at least 6-8 standard ice cubes, and a half Ceres Chill upper Cup full of cold water, so you can screw the Cup and Connector back onto the Chiller with the inner Milk Chamber touching the ice and water. It's best if you have to wiggle the ice and water around a bit to screw the Connector and Milk Chamber back on to the Chiller.
- You only need a couple rotations...Don't overtighten the Connector to the Chiller because it can be hard to unscrew.

## To pump for one side

- Unscrew the Cup and inner Cap and set them aside.
- Attach your breast pump to the threaded neck that was sealed by the Cap.
- If you aren't using a Medela pump, you'll need an inexpensive standard adapter you can purchase through Amazon or CeresChill.com
- Replace the Cap when you're through pumping. Neonatologists have confirmed that it is safe to pump multiple times into Ceres Chill throughout the day.
- Throw the inner Milk Chamber in the dishwasher anytime. The Cup, Connector, Lid and outer Chiller can go in the dishwasher too, but intense heating cycles could cause these parts to discolor so handwashing or no drying cycle is recommended for these parts.

## Traveling or need more time? Add and subtract ice as needed

- If you're away from home longer than anticipated, just add ice.
- If you're going through security, dump the ice from the Chiller, let security hold a test strip over top of the milk as usual, then add ice after the screening.

## To double pump or pump with lighter containers

- Disconnect the Connector from the outer Chiller.
- Disconnect the inner Milk Chamber from the Connector
- Turn the Connector over and screw it onto the Cup so the neck that connects to the pump is facing up.
- Connect your pump to the inner Milk Chamber to pump up to 12 ounces.
- Connect your pump to the Cup and Connector to pump up to 3 ounces.



## Use the Cup as a baby bottle

- Moms and caretakers can safely transport breastmilk and use the Cup with the Connector piece flipped over so the neck is facing up.
- Attach any standard nipple to the neck of the Connector screwed onto the Cup, pour up to 3 ounces of chilled breastmilk in, warm as you would with any baby bottle by placing it into a bowl of warm water, and feed that sweet baby!

## Please note

Always wash any new bottle with soap and warm water before using it. Please give your Chiller parts a quick cleaning when they arrive. Ceres Chill is dishwasher-safe. The inner chamber is great in the dishwasher. However, putting the outer colored chiller and the plastic parts in the dishwasher, especially on the bottom level for multiple cycles with intense drying, will eventually fade the Chiller parts and may impact the seals over time. For those reasons and for enduring excellence in this product, we recommend hand washing the outer chamber and some of the plastic pieces when you can.



DISHWASHER-SAFE

TRAVEL-FRIENDLY

HOLDS 12 OZ

SAFE TO PUMP WARM INTO CHILLED MILK

STYLISH & DISCREET

CHILLS TO A SAFE TEMP ALL DAY

NO MORE BULKY ICE PACKS  
OR MESSY PLASTIC BOTTLES

BPA/BPS AND DEHP FREE

*With love from  
our family to yours*



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