



Formula	
Each/Chaque vegi cap contains:	
Zinc (zinc citrate)	3 mg
Selenium (selenomethionine)	50 mcg
Organic Bugleweed (Lycopus virginicus)	237 mg
Organic Lemon Balm (Melissa officinalis)	189 mg
Rosemary Leaf extract, 50% (Rosmarinus officina	alis) 155 mg
Organic Blue Iris (Iris spp.)	9.5 mg
Minimum Constituent Bio Marker Per Dose	
Rosmarinic Acid 74.4 mg	
All Organic herbs are Certified Organic	

Non-Medicinal Ingredients: hypromellose vegi-capsule, Omega 3 Powder Ingredients non medicinaus: hypromellose vegi-capsule, Omega 3 Powder

ThyCalm Px

Calming thyroid support

ThyCalm Px is designed to help maintain patient comfort optimizing immune thyroid mediation, supporting thyroid gland function, and the neuro-thyroid relationship.

ThyroCalm Px is a specific blend of botanicals high in polyphenols, which support many aspects of thyroid health including optimal conversion of T4 to T3, encouraging healthy thyroid stimulating activity and normal TSH function.

The oleoresins found in Blue flag root support detoxification of the thyroid gland along with healthy liver function. Lemon balm rich in volatile compounds, polyphenols, and rosmarinic acid traditionally a calming and relaxing herb support the neuro-thyroid relationship.

Formulation Features

- Balances thyroid function
- Balances thyroid activity (already within normal range)
- Modulates Thyroid-Stimulating Immunoglobulins
- Balances thyroid hormone production
- Highly potent botanicals and natural extracts



95% of our herbs and herbal extracts are certified organic.

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Supplementation

- Take three capsules twice a day or as directed by your health care practitioner. Can be taken with or without food.
- Monitor thyroid function as well as relevant blood work.

Caution: The dosage of Thioamides (the class of drugs which are used to control thyrotoxicosis) such as Methimazole, Carbimazole, and Propylthiouracil (PTU) need to be monitored while taking this product. Drug potentiation can occur with these classes of drugs due to synergistic mechanisms of action.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- · Exercise moderately and consistently
- · Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

Thyroid Specific Support

- Avoid all toxins that interfere with thyroid function including endotoxins
- Decrease heavy metals that affect thyroid function (e.g., mercury, lead, and cadmium)
- Decrease halogens that interfere with sodium iodide symporter (e.g., fluoride, chlorine, and bromine)
- In select cases, a gluten-free diet may be helpful.



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