



Formula Each/Chaque vegi capsule contains: Stinging Nettle Leaf & Flower (Urtica dioica), 0 313 mg Rosemary Extract 45:1 (Rosmarinus officinalis) 66 mg Quercetin (Sophora japonica) 50 mg Marshmallow root (Althaea officinalis), 0 25 mg Licorice root (Glycyrrhiza glabra), 0 25 ma N-acetyl cysteine 25 ma Black Pepper Extract (fruit)(Bioperine®) 2.5 mg Constituent BioMarker Per Dose Rosmarinic Acid 30 mg 0=Certified Organic

Non-Medicinal ingredients: hypromellose vegi-caps **Ingredients non medicinaus**: hypromellose vegi-caps

Rosmarinic Acid Px

Support for histamine and neurological health

Rosmarinic Acid Px is rich in polyphenols and quercetin to support a proper immune response.

Rosmarinic acid, derived from rosemary (a member of the mint family) is the primary active constituent in the formula. Among its numerous biologic functions, rosmarinic acid supports a healthy histamine response, B and T immune cell function, and immune mediator balance.

Rosmarinic acid provides support to individuals with histamine intolerance and is neuroprotective during oxidative stress.

Quercetin is included to support and maintain healthy mast cell activity and inflammatory response.

Black pepper extract (*Piper nigrum*) was added to increase the absorption of vitamins, minerals, and numerous naturally occurring compounds.

Formulation Features

- Rosmarinic acid provides neuroprotection for aging adults
- Supports normal histamine production
- Certified organic Stinging Nettle supports healthy immune and histamine response



95% of our herbs and herbal extracts are certified organic.



Supplementation

 Take one to two capsules twice daily or as directed by your health care practitioner. Take with food.

Diet & Lifestyle

- · Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- · Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

REFERENCE:

Borsuk OS, Masnaya NV, Sherstoboev EY, Isaykina GI, Reihart DV. Bull Exp Biol Med. 2011; 151(2): 194-6.

Oh HA, Park CS, Ahn HJ, Park YS, Kim HM Exp Biol Med (Maywood). 2011 Jan; 236(1): 99-106.



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