



Metabolic Nutrition Capsules

Optimized cell function with just 3 caps daily

Formula

Serving Size 1 capsule
Servings Per Container 90

Amount Per Serving	
Vitamin A (Retinyl Palmitate) 1,000 IU	300 mcg RAE
Vitamin C (as Ascorbic Acid)	50 mg
Vitamin D3 (Cholecalciferol) 1,000 IU	25 mcg
Vitamin E (as d-Alpha Tocopheryl Acetate) and Natural Vitamin E (Covi-ox®) 75 IU	52.25 mg
Vitamin K2 (as MK-7)	80 mcg
Vitamin B1 (from Thiamin HCl)	500 mcg
Vitamin 2 (Riboflavin)	3 mg
Vitamin B3 (Niacin)	15 mg NE
Vitamin B6 (from Pyridoxal-5-Phosphate)	7.5 mg
Folate (from Calcium L-5 Methyltetrahydrofolate)	333.3 mcg DFE
Vitamin B12 (as Methylcobalamin)	333.3 mcg
Biotin (as D-Biotin)	66.6 mcg
Vitamin B5 (from d-Calcium Pantothenate)	33.3 mg
Iodine (from Potassium Iodide)	50 mcg
Magnesium (as Mg L-Threonate & Mg Citrate)	5 mg
Zinc (from Zinc Citrate)	5 mg
Selenium (from L-Selenomethionine)	133.3 mcg
Copper (from Cupric Citrate)	0.33 mg
Manganese (from Manganese Citrate)	2.5 mg
Chromium (from Chromium Polynicotinate)	166.67 mcg
Molybdenum	33.33 mcg
Coenzyme Q10 (Ubidecarenone)	16.60 mg
L-Carnitine Tartrate	13 mg
Curcumin Lecithin (20% Curcuminoids) (Meriva®) (Curcuma longa) (Rhizome) (Phosphatidylcholine complex)	9.96 mg

Non-Medicinal Ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine, rice concentrate, Organic Nu-Mag.

Ingédients non médicinaux: cellulose microcristalline, hypromellose (capsule), leucine végétarien, concentré de riz, Organic Nu-Mag.

Metabolic Nutrition is a multivitamin providing the following super bioavailable nutrients:

- ✓ Vitamin D3 (3000 IU)
- ✓ Vitamin K2 (240 mcg) in the form of MK7
- ✓ Vitamin B6 (22.5 mg) in the form of pyridoxal 5-phosphate (P-5-P)
- ✓ B12 (1000 mcg) in the form of methylcobalamin
- ✓ Folate (1000 mcg) in the form of 5-MTHF Quatrefolic®
- ✓ CoQ10 (50 mg)
- ✓ L-Carnitine Tartrate (39 mg)

This formulation was developed by practicing physicians and medical professors to offer a product which is therapeutic for treating common nutritional deficiencies. The easy 1-2 capsules per day dosage is designed to enhance patient compliance.

Formulation Features

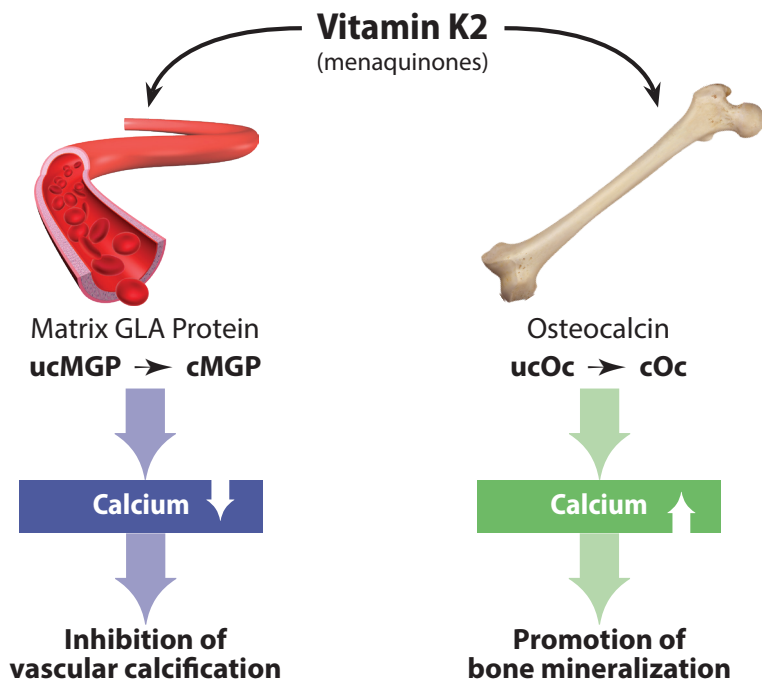
- Supplies therapeutic levels of bioactive vitamins and minerals
- Each bottle provides a convenient 1-2 month supply



95% of our herbs and herbal extracts are certified organic.

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Vitamin K2 Supports Bone Mineralization



Supplementation

- Take two to three capsules daily.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night



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