



Formula	
Each/Chaque vegi capsule contains:	
Selenium (selenomethionine)	100 mcg
Turmeric (Curcuma longa)	
(2% naturally occuring curcuminoids), 0	350 mg
Milk Thistle extract 30:1(Silybum marianum)	150 mg
Bupleurum (Bupleurum aureum), 0	75 mg
Triphala (Amalaki, Bibhitaki, Haritaki), O	50 mg
Minimum Constituent Biomarker Per Dose	
Silymarin HPLC 84 mg	_
Curcuminoids 7 mg	
0=Certified Organic Milk Thistle extract has been grown without pesticides	

Non-Medicinal Ingredients: hypromellose vegi capsule Ingredients non medicinaus: hypromellose vegi capsule

Liver Support Px

Supports liver health and hepatic cell activity

Liver Support Px formula is based on a traditional Ayurvedic blend of organic herbs combined with a concentrated extract of milk thistle seed. The herbs in this high-potency formula were chosen to deliver important antioxidant defenses, optimize healthy liver function, and promote the flow of bile.

Silymarin, a flavonoid found naturally in milk thistle seed, is well known for its hepatoprotective effects and for supporting optimal glutathione levels.

Certified organic turmeric is included to support detoxification and protect the liver from oxidative damage.

Formulation Features

- Phase 1 and Phase 2 liver detoxification pathways
- Contains 300 mcg of the antioxidant selenium in the form of selenomethionine as a nutritional cofactor for glutathione peroxidase to help with liver function
- Provides 1050 mg of certified organic turmeric per serving



95% of our herbs and herbal extracts are certified organic



Supplementation

 Take one to three capsules twice daily, or as directed by a health care practitioner. Can be taken with or without food.

Diet & Lifestyle

- · Minimize physical and emotional stress
- · Eat organic, whole foods as much as possible
- · Exercise moderately and consistently
- · Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

REFERENCES:

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Singh B, Saxena AK, Chandan BK, Agarwal SG, Anand KK. Indian J Physiol Pharmacol. 2001 Oct;45(4):435-41.

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