



Formula

Each/Chaque vegi cap contains:

Vitamin C (Ascorbic acid)(acide ascorbique)	15 mg
Organic Eleuthero root extract (Eleutherococcus senticosus) 0.8% eleutherosides B & E 2.4 mg	300 mg
Organic Hawthorn leaf and flower (Crataegus laevigata) 1.25% Vitexin	150 mg
Organic Holy Basil leaf (Ocimum tenuiflorum) 0.5% Volatile Oil 0.25 mg	100 mg
Organic Alfalfa herb (Medicago sativa L.)	50 mg
Organic Rhodiola root (Rhodiola rosea) 0.7% Salidrosides	50 mg
All Organic Herbs are Certified Organic	

Non-Medicinal ingredients: Hypromellose vegi caps, Omega 3 Powder Ingredients non medicinaus: Hypromellose vegi caps, Omega 3 Poudre

ADR Px Balance

The adrenal glands manage the body's response to internal and external stressors.

Modern living can be hectic and over stimulating to the neuroendocrine system leading to adrenal dysfunction, imbalanced stress hormone and immune stress. This specially formulated blend provides highly concentrated adaptogenic herbal support for adrenal gland health and function. Designed to reduce occasional fatigue, increase resistance to stress, help preserve healthy cortisol levels and HPA axis function.

Formulation Features

- Helps support adrenal function
- Promotes physical vitality and mental alertness
- · Supports antioxidant defenses and blood vessel health
- Contributes to a balanced DHEA-to-cortisol ratio
- Formulated with 100% certified organic herbs and extracts
- Holy basil supports healthy blood sugar and HPA axis
- Rhodiola root promotes healthy mood via supporting normal neurotransmitter function and stress adaptation



95% of our herbs and herbal extracts are certified organic.

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Hawthorn Berry (Crataegus species) contains a group of flavonoid compounds, which are credited with much of the antioxidant and anti-inflammatory actions. Hawthorn, as a gentle nervine, may help to reduce the stress response contributing to adrenal weakness and supports relaxed smooth muscle of blood vessels

Rhodiola root (Rhodiola rosea) contains salidrosides and rosavins shown to reduce stress symptoms in both human and animal studies. Rhodiola supports cardiovascular and respiratory efficiency and function in situations of extreme physical exertion.

Holy Basil (Ocimum sanctum) Holy Basil contains ocimumosides and cerebrosides, which have been shown to reduce the affects of stress on health and help maintain emotional well-being.

Supplementation

 One to three capsules twice a day or as directed by a healthcare practitioner. Can be taken with or without food.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- · Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

REFERENCES:

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