

purana

reishi 16:1

per capsule

375mg organic 16:1 reishi extract

6 gram crude equivalent

60 capsules per bottle | 60 day supply

NPN 80108421

On label benefits

Used in Herbal Medicine as an adaptogen to help increase energy and resistance to stress. Adaptogens increase energy and resistance to stress by regulating a stable balance in the hypothalamic, pituitary, and adrenal glands.

studied benefits of reishi

homeostasis | fights stress & inflammation

- Supports endocrine function, especially in the adrenal cortex, which helps to balance levels of stress hormones cortisol and adrenaline, leading to reduce anxiety, improved mood and rest.
- Triterpenes, one of the compounds in Reishi mushrooms, have adaptogenic effects that support blood pressure management, help to regulate mood, and calm allergies and inflammation.
- Helps to down-regulate the immune system when appropriate to avoid allergic reactions and inflammation caused by an overactive immune system.
- Positive impact on hormonal balance, blood pressure, cholesterol management, blood flow and oxygen consumption.
- Consistent use improves sleep quality and regulation.

All functional mushrooms include immune-boosting properties and the presence of beneficial substances like:

- fungal antioxidants: neutralize free radicals that are responsible for damage to DNA, cell membranes, and other parts of cells
- fungal polysaccharides: benefits include anti-tumor, immunomodulatory, anti-inflammatory and anti-viral properties
- fungal beta glucans (a type of polysaccharide): have been found to support immune activity by activating leukocytes (white blood cells) to help fight viruses, infection and disease



Medicinal Ingredients

Serving size: 1 capsule (375mg) / Servings Per Container: 60

Amount per capsule/Quantité par capsule

Organic Reishi (Ganoderma Lucidum) 375mg
16:1 Water & Alcohol Extract

Non-Medicinal Ingredients: Hypromellose (capsule).

Suggested Use: Take one (1) capsule once per day. Take with food to avoid digestive upset.

- ✓ Non-Gmo
- ✓ Gluten Free
- ✓ Vegan
- ✓ Keto

Guarantee: This product is made with 100% fruiting bodies. There is no added starch, grains or mycelium.

Consult a doctor prior to use if you are pregnant or breastfeeding.

Store in a cool, dark place with lid securely closed.



puranahealth.com



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For sales & distribution
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Health Sciences