purana

reishi 16:1

per capsule

375mg organic 16:1 reishi extract

6 gram crude equivalent 60 capsules per bottle | 60 day supply

NPN 80108421

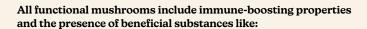
On label benefits

Used in Herbal Medicine as an adaptogen to help increase energy and **resistance to stress.** Adaptogens increase energy and resistance to stress by regulating a stable balance in the hypothalamic, pituitary, and adrenal glands.



homeostasis | fights stress & inflammation

- Supports endocrine function, especially in the adrenal cortex, which helps to balance levels of stress hormones cortisol and adrenaline, leading to reduce anxiety, improved mood and rest.
- Triterpenes, one of the compounds in Reishi mushrooms, have adaptogenic effects that support blood pressure management, help to regulate mood, and calm allergies and inflammation.
- Helps to down-regulate the immune system when appropriate to avoid allergic reactions and inflammation caused by an overactive immune system.
- Positive impact on hormonal balance, blood pressure, cholesterol management, blood flow and oxygen consumption.
- Consistent use improves sleep quality and regulation.



- · fungal antioxidants: neutralize free radicals that are responsible for damage to DNA, cell membranes, and other parts of cells
- fungal polysaccharides: benefits include anti-tumor, immunomodulatory, anti-inflammatory and anti-viral properties
- fungal beta glucans (a type of polysaccharide): have been found to support immune activity by activating leukocytes (white blood cells) to help fight viruses, infection and disease





Medicinal Ingredients

Serving size: 1 capsule (375mg) / Servings Per Container: 60

Amount per capsule/Quantité par capsule

Organic Reishi (Ganoderma Lucidum)

375mg

Non-Medicinal Ingredients: Hypromellose (capsule).

Suggested Use: Take one (1) capsule once per day. Take with food to avoid digestive upset.

✓ Non-Gmo ✓ Gluten Free

16:1 Water & Alcohol Extract

Guarantee: This product is made with 100% fruiting bodies. There is no added starch, grains or mycelium.

Consult a doctor prior to use if you are pregnant or breastfeeding.

Store in a cool, dark place with lid securely closed.







