

# purana

## immune complex

per capsule, 100mg of each extract:

- **organic 16:1 reishi** 1.6g crude quantity equivalent (CQE)
- **organic 8:1 turkey tail** 800mg CQE
- **organic 8:1 chaga** 800mg CQE
- **organic 1:1 shiitake**
- **organic 1:1 maitake**

60 capsules per bottle | 30 day supply

NPN 80112722

On label benefits

**Source of fungal polysaccharides with immunomodulating properties.**

Fungal polysaccharides are cell wall components of mushrooms.

Immunomodulating properties mean they support the immune system's response to help the body fight infection and disease.

**studied benefits of immune complex ingredients**

**immune support | ageing | overall health**

- Strengthens and modulates the immune system, acting to support and balance.
- Contains anti-inflammatory substances that help to prevent tissue damage that contributes to ageing.
- Balances levels of stress hormones cortisol and adrenaline, leading to reduce anxiety, improved mood and rest.
- Supports healthy hormonal balance, blood pressure, cholesterol management, blood flow and oxygen consumption.

**All functional mushrooms include immune-boosting properties and the presence of beneficial substances like:**

- fungal antioxidants: neutralize free radicals that are responsible for damage to DNA, cell membranes, and other parts of cells
- fungal polysaccharides: benefits include anti-tumor, immunomodulatory, anti-inflammatory and anti-viral properties
- fungal beta glucans (a type of polysaccharide): have been found to support immune activity by activating leukocytes (white blood cells) to help fight viruses, infection and disease



### Medicinal Ingredients

Serving size: 2 capsules (1000mg) / Servings Per Container: 30

**Amount per capsule/Quantité par capsule**

<b>Organic Reishi (Ganoderma Lucidum)</b> 16:1 Water & Alcohol Extract	<b>100mg</b>
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<b>Organic Turkey Tail (Trametes Versicolor)</b> 8:1 Water & Alcohol Extract	<b>100mg</b>
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<b>Organic Chaga (Inonotus Obliquus)</b> 8:1 Water & Alcohol Extract	<b>100mg</b>
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<b>Organic Shiitake (Hericium Erinaceus)</b> 1:1 Water Extract	<b>100mg</b>
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<b>Organic Maitake (Grifola Frondosa)</b> 1:1 Water Extract	<b>100mg</b>
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Non-Medicinal Ingredients: Hypromellose (capsule).

Suggested Use: Take one capsule once daily.

- ✓ Non-Gmo
- ✓ Vegan
- ✓ Gluten Free
- ✓ Keto

Guarantee: This product is made with 100% fruiting bodies. There is no added starch, grains or mycelium.

Consult a doctor prior to use if you are pregnant or breastfeeding.

Store in a cool, dark place with lid securely closed.