

purana

cordyceps 10x

per capsule

300mg organic 10:1 cordyceps extract

3 gram crude equivalent

60 capsules per bottle | 60 day supply

NPN 80118456

On label benefits

Source of fungal polysaccharides with immunomodulating properties.

Fungal polysaccharides are cell wall components of mushrooms. Immunomodulating properties mean they support the immune system's response to help the body fight infection and disease.

studied benefits of cordyceps

energy | endurance | libido | adrenal support

- Cordyceps is praised for its energy-boosting benefits, linked to increased adenosine triphosphate (ATP) production that enhances muscle energy. It's shown to improve stamina and reduce fatigue. Research shows its effectiveness in boosting cellular energy and physical performance, making it a popular supplement for athletes and those seeking natural energy enhancement.
- Valued in traditional medicine for its libido-enhancing effects, believed to be due to its ability to increase blood flow, testosterone levels and reproductive function. Studies support its use in improving sexual desire and performance (added blood flow)
- Supports endocrine function, especially in the adrenal cortex, which helps to balance levels of stress hormones cortisol and adrenaline, leading to reduced anxiety, improved mood and rest. This adaptogenic effect contributes to overall stress resilience and emotional well-being.
- Cordycepin shows ability to support kidney function, particularly for supporting the replenishment of electrolytes in the blood.

All functional mushrooms include immune-boosting properties and the presence of beneficial substances like:

- fungal antioxidants: neutralize free radicals that are responsible for damage to DNA, cell membranes, and other parts of cells
- fungal polysaccharides: benefits include anti-tumor, immunomodulatory, anti-inflammatory and anti-viral properties
- fungal beta glucans (a type of polysaccharide): have been found to support immune activity by activating leukocytes (white blood cells) to help fight viruses, infection and disease



Medicinal Ingredients

Serving size: 1 capsule (300mg) / Servings Per Container: 60

Amount per capsule/Quantité par capsule

Organic Cordyceps (Cordyceps Militararis)	300mg
Non-GMO 10:1 Water & Alcohol Extract	
Organic Lion's Mane (Hericium Erinaceus)	125mg
Non-GMO 1:1 Water Extract	

Non-Medicinal Ingredients: Hypromellose (capsule).

Suggested Use: Take one (1) capsule once per day.



Guarantee: This product is made with 100% fruiting bodies. There is no added starch, grains or mycelium.

Consult a doctor prior to use if you are pregnant or breastfeeding.

Store in a cool, dark place with lid securely closed.



puranahealth.com



@purana.health



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For sales & distribution
contact sales@puranahealth.com

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Health Sciences