

# Jamrock Eatz

## MENU CATALOG



PHONE ; 407-279-8214

EMAIL: INFO@JAMROCKEATZ.COM

*You deserve delicious!*



# Jamrock EatZ

## MENU

### PRICING

#### PERSONAL CHEF SERVICES

#### PLATED

PRIVATE 3-COURSE DINNER STARTS AT \$135 PP  
PRIVATE 4-COURSE DINNER STARTS AT \$145 PP  
PRIVATE 5-COURSE DINNER STARTS AT \$155 PP

#### BUFFET SPECIALS

5 ITEM BRUNCH STARTS AT \$65 PP (MIN 12 GUESTS)  
5 ITEM APPETIZER/SMALL PLATE STARTS AT \$35 (MIN 50 GUESTS)

#### SMALL PLATES A LA CARTE

1-25 GUESTS STARTING \$10  
26-50 GUESTS STARTING \$9  
51-100 GUESTS STARTING \$8

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## MENU

PRICING

CATERING

### SPECIAL OCCASIONS (MIN 50 GUESTS)

PACKAGES STARTS AT \$45 (BUFFET) OR \$55 (PLATED) PER PERSON  
BRONZE PACKAGE:

BUFFET: INCLUDES A CHOICE OF 1 SALAD, 2 MAINS, AND 2 SIDES

PLATED: OFFERS AN SALAD, CHOICE OF 1 MAIN WITH 2 SIDES AND A DESSERT

SILVER PACKAGE:

BUFFET: FEATURES A SALAD, A APPETIZER, 2 MAINS, AND 2 SIDES

PLATED: BEGINS WITH A SALAD/SOUP, AN APPETIZER, CHOICE OF 1 MAIN WITH 2 SIDES AND A DESSERT

GOLD PACKAGE:

BUFFET: PRESENTS A SELECTION OF A SALAD/SOUP, A APPETIZER, 2 MAINS, 2 SIDES, AND A DESSERT

PLATED: INCLUDES A SALAD, A SOUP, 1 APPETIZER CHOICE OF 1 MAIN WITH 2 SIDES AND A DESSERT

\*COMPLIMENTARY DINNER ROLLS\*

### BUFFET ONLY SPECIALS (MIN 20 GUESTS)

2 MAINS, 3 SIDES STARTS AT \$65 PP

3 MAINS, 4 SIDES STARTS AT \$75 PP

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### PRICING

#### FIXED CHARGES & RATES

SERVICE CHARGE - \$200

GRATUITY - 20%

TRAVEL FEE - \$150

SERVERS \$25/HR MIN 4HRS

BARTENDER \$40/HR MIN 4HRS

#### PREMIUM UPCHARGE

HORS D'OEUVRES - \$3-8

SOUP - \$3

MAIN COURSE' - \$8-\$15

JAMAICAN - \$5-\$10

SIDES - \$3- \$8

DESSERTS - \$5

BRUNCH - \$5

COCKTAILS - \$5

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### HORS D'OEUVRES

#### **Bruschetta**

*Toasted bread topped with tomatoes, basil, and balsamic glaze.*

#### **Boudin Balls**

*Spicy sausage and rice balls, fried until crispy.*

#### **Smoked Salmon Crostini \***

*Smoked salmon, cream cheese, and dill.*

#### **Crunchy Stuffed Mushroom**

*Mushrooms stuffed with herbs and cheese, baked until crispy.*

#### **Bacon Wrapped Jumbo Shrimp \***

*Jumbo shrimp wrapped in crispy bacon.*

#### **Bacon Wrapped Scallops \***

*Scallops wrapped in bacon, grilled to perfection.*

#### **Bacon Wrapped Dates \***

*Sweet dates wrapped in crispy bacon.*

#### **Spinach & Artichoke Eggroll**

*Crispy eggrolls filled with spinach and artichoke.*

#### **Salmon & Cream Cheese Eggroll**

*Eggrolls with salmon and cream cheese filling.*

#### **Mini Crab Cakes \***

*Mini crab cakes with spicy remoulade sauce.*

#### **Jumbo Shrimp Cocktail**

*Chilled jumbo shrimp with cocktail sauce.*

#### **Shrimp Ceviche**

*Shrimp marinated in citrus with tomatoes, onions, cilantro, and jalapeños*

#### **Tequila Lime Jumbo Shrimp Skewers**

*Grilled shrimp marinated in tequila and lime.*

#### **Rosemary Garlic Chicken Skewers**

*Chicken skewers with rosemary and garlic.*

#### **Cajun Jumbo Shrimp Skewers**

*Spicy Cajun shrimp skewers with ranch dip.*

#### **Charcuterie Skewers**

*Skewers with meats, cheeses, and olives.*

#### **Chicken Tacos**

*Tortillas with chicken, salsa, avocado, and cilantro.*

#### **Garlic Butter Beef Sliders \***

*Mini beef sliders with cheese and garlic butter.*

#### **Baked Mac & Cheese Bites**

*Bite-sized baked mac and cheese.*

#### **Spinach & Artichoke Dip Shooters**

*Spinach and artichoke dip with tortilla chips.*



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### SOUPS & SALADS

#### SOUPS

##### **Cream of Pumpkin Soup**

*Rich and creamy pumpkin soup.*

##### **Baked Potato Soup**

*Hearty soup with potatoes and cheese.*

##### **Lobster Bisque \***

*Creamy soup made with lobster.*

##### **French Onion Soup**

*Classic soup with caramelized onions and melted cheese.*

##### **Lentil Soup**

*Hearty lentil soup with vegetables.*

\*\*\*\*\*

#### SALADS

##### **Caesar Salad**

*Romaine lettuce, Parmesan, croutons, and Caesar dressing.*

##### **Pear & Apple Salad**

*Mixed greens with pears, apples, pecans, and blue cheese.*

##### **Garden Salad**

*Fresh greens with cucumbers, tomatoes, and carrots.*

##### **Italian Pasta Salad**

*Pasta with vegetables, olives, feta, and vinaigrette.*

##### **Roasted Corn Salad**

*Roasted corn with mixed greens and a light dressing.*

##### **Caprese Salad**

*Tomatoes, mozzarella, basil, and balsamic reduction.*



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### MAIN COURSE

**Garlic Roast Chicken**

*Roast chicken with a rich garlic seasoning.*

**Rosemary Lemon Chicken**

*Grilled chicken with rosemary and lemon.*

**Chicken Marsala**

*Chicken breasts in a creamy Marsala wine sauce.*

**Honey Garlic Chicken**

*Tender chicken glazed with honey and garlic.*

**Creamy Tuscan Chicken**

*Chicken in a creamy sauce with sun-dried tomatoes and spinach.*

**Oven Roasted Tilapia**

*Tilapia fillets roasted with herbs and spices.*

**Blackened Mahi Mahi \***

*Spiced and seared Mahi Mahi fillets.*

**Blackened Salmon**

*Salmon fillets seasoned and blackened.*

**Crab Stuffed Salmon \***

*Salmon fillets stuffed with crab meat.*

**Pan Seared Pork Loin**

*Pork loin seared and cooked to perfection.*

**Pan-Seared Lamb Chops \***

*Lamb chops seared with herbs and spices.*

**Pan-Seared/Grilled Ribeye \***

*Juicy ribeye steak, pan-seared or grilled.*

**Pan-Seared/Grilled NY Strip \***

*New York strip steak, seared or grilled.*

**Pan-Seared/Grilled Porterhouse Steak \***

*Porterhouse steak, seared or grilled.*

**Braised Short Ribs 8**

*Tender short ribs braised in a rich sauce.*

**Pan-Seared/Grilled Filet Mignon \***

*Filet mignon, pan-seared or grilled to perfection.*



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### VEGAN

#### **Grilled Pesto Cauliflower**

*Cauliflower steaks grilled with fresh pesto sauce.*

#### **Vegetable Lasagna**

*Layers of pasta with seasonal vegetables and marinara sauce.*

#### **Coconut Curry Chickpeas**

*Chickpeas simmered in a rich coconut curry sauce.*

#### **Coconut Chickpeas**

*Chickpeas cooked in creamy coconut sauce.*

#### **Jerk BBQ Lentil Balls**

*Spicy lentil balls with a tangy jerk BBQ glaze.*

#### **Vegetable Lo Mein**

*Stir-fried noodles with mixed vegetables.*

#### **Teriyaki Tofu & Vegetable**

*Tofu and vegetables sautéed in teriyaki sauce.*

#### **Spicy Quinoa Cakes**

*Crispy quinoa patties with a hint of spice.*

#### **Three Bean Chili**

*Hearty chili with black, kidney, and pinto beans.*

#### **Asian BBQ Tofu & Noodles**

*BBQ tofu served over Asian-style noodles.*

#### **Mushroom Gravy Potato Bowl**

*Mashed potatoes topped with savory mushroom gravy.*



ADDITIONAL COST FOR VEGAN OPTIONS

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## MENU JAMAICAN

### **Oxtails \***

*Slow-cooked oxtails in a rich gravy.*

### **Curried Goat \***

*Tender goat meat in a flavorful curry sauce.*

### **Jerk Chicken**

*Spicy marinated grilled chicken.*

### **Jerk Pork**

*Spicy marinated grilled pork.*

### **Brown Stew Chicken**

*Chicken simmered in a savory brown sauce.*

### **Curry Chicken**

*Chicken cooked in a flavorful curry sauce.*

### **Brown Stew Pork**

*Pork simmered in a rich brown sauce.*

### **Steamed Snapper \***

*Whole snapper steamed with okras, herbs and spices.*

### **Escovitch Snapper \***

*Fried snapper topped with pickled vegetables.*

### **Brown Stew Snapper \***

*Snapper cooked in a savory brown sauce.*



### **Rasta Pasta (Chicken, Shrimp, Lobster \*)**

*Creamy pasta with peppers, jerk seasoning, and choice of protein.*

### **Manish Water \***

*Traditional Jamaican goat soup.*

### **Pepper Shrimp**

*Spicy shrimp sautéed with Scotch bonnet peppers.*

### **Rice & Peas**

*Jamaican rice with kidney beans and coconut milk.*

### **Steamed Cabbage**

*Lightly steamed cabbage with Caribbean spices.*

### **Fried Plantains**

*Sweet plantains fried to golden brown.*

### **Pasta Salad**

*Pasta with mixed vegetables in a tangy dressing.*

### **Raw Vegetable Salad**

*Fresh vegetables with a light dressing.*

### **Bammies (Fried or Steamed) \***

*Cassava flatbread, either fried or steamed*



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### SIDES & DESSERT

#### SIDES

*Yellow Rice*  
*Yellow Cilantro Rice*  
*Lobster/Shrimp Mac & Cheese \**  
*Garlic Roasted Potato*  
*Creamy Mashed Potato*  
*Sauteed Vegetable Medley*  
*Herb Roasted Sweet Potato*  
*Garlic Broccoli*  
*Glazed Rainbow Carrots*  
*Garlic Asparagus*  
*Garlic Green Beans*  
*Roasted Brussel Sprouts*  
*Potatoes Au Gratin*  
*Creamy Rissotto*  
*Balsamic Parmesan Roasted Brussel Sprouts \**

#### DESSERTS

*Baked Apple Crumble*  
*Poached Pear*  
*Baked Stuffed Apples*  
*Dark Chocolate Brownies*  
*Berries Fruit Tart*  
*Strawberry Cheesecake*  
*Rum Cake*  
*Crème Brulee \**  
*Jamaican Fruit Cake \**

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### BRUNCH & BREAKFAST

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*Homestyle Potato*

*Grits*

*Cheesy Grits*

*French Toast*

*Buttermilk Biscuits*

*Sausage Gravy*

*Waffles*

*Flavored Waffles \**

*Scrambled Eggs*

*Cheesy Scrambled Eggs*

*Bacon (Pork/Turkey)*

*Fruit Platter*

*Pan-Seared/Grilled Lamb Chops \**

*Shrimp & Grits \**

*Fried Chicken*

*Fried Fish*

*Sausage Patties (Pork/Turkey)*

*Cajun Sausage*

#### BREAKFAST

*Parfait Cups*

*Fruit Cups*

*Mini Pastry Platter*

*Donuts*

*Bagels*

*Ham/Turkey & Cheese Croissant*

*Egg & Cheese Croissant*

*Chicken Biscuit*

*Vegetable Egg Bites*

*Bacon & Cheese Egg Bites*

*Chicken & Waffle Skewers*

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## MENU COCKTAILS

*Mimosa - Juice*

*(Pineapple, Orange, Cranberry, Strawberry Peach)*

*Sangria*

*(Red, White, Rose, Sparkling)*

*Peach Bellini*

*Mimosa - Syrup \**

*(Watermelon Basil, Strawberry Mint, Peach Thyme,  
Blueberry Rosemary)*



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