



DAWN HOUSE

APP MANUAL

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APP INSTALLATION



ON IOS

In the iOS App Store, search for "Dawn House"
or select the link below:

<https://apps.apple.com/us/app/dawn-house/id1580189611>



ON ANDROID

In the Google Play App Store, search for
"Dawn House" or select the link below:

<https://androidapk-s.com/app/1580189611/dawn-house>

NEW USER REGISTRATION

THERE ARE FOUR WAYS TO REGISTER:

1. Register by email
2. Register with Facebook
3. Register with Gmail
4. Register with Apple (iOS Users only)

After registration proceed to set up your Dawn House bed or set up a family sharing report-only account.

REGISTER BY EMAIL

1. To register with your email address, select the button "Sign up with email."
2. On the next screen, enter your email and create a password. Your password must be at least 8 characters and include any special character (ex. !@#\$%).
3. You must enter the same password twice then select the button for "Create my account."

The image shows three sequential screenshots of a mobile application's registration process for Dawn House.

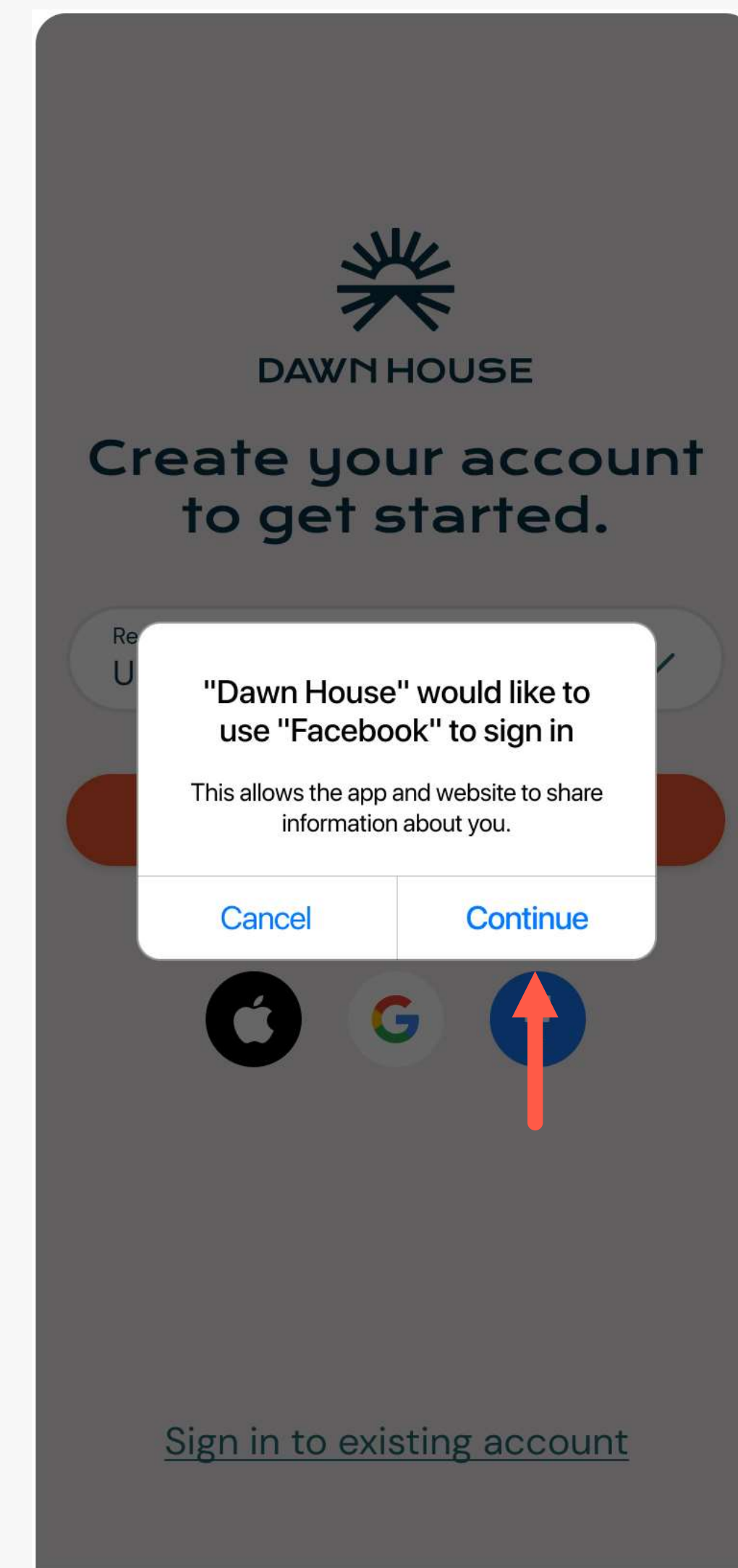
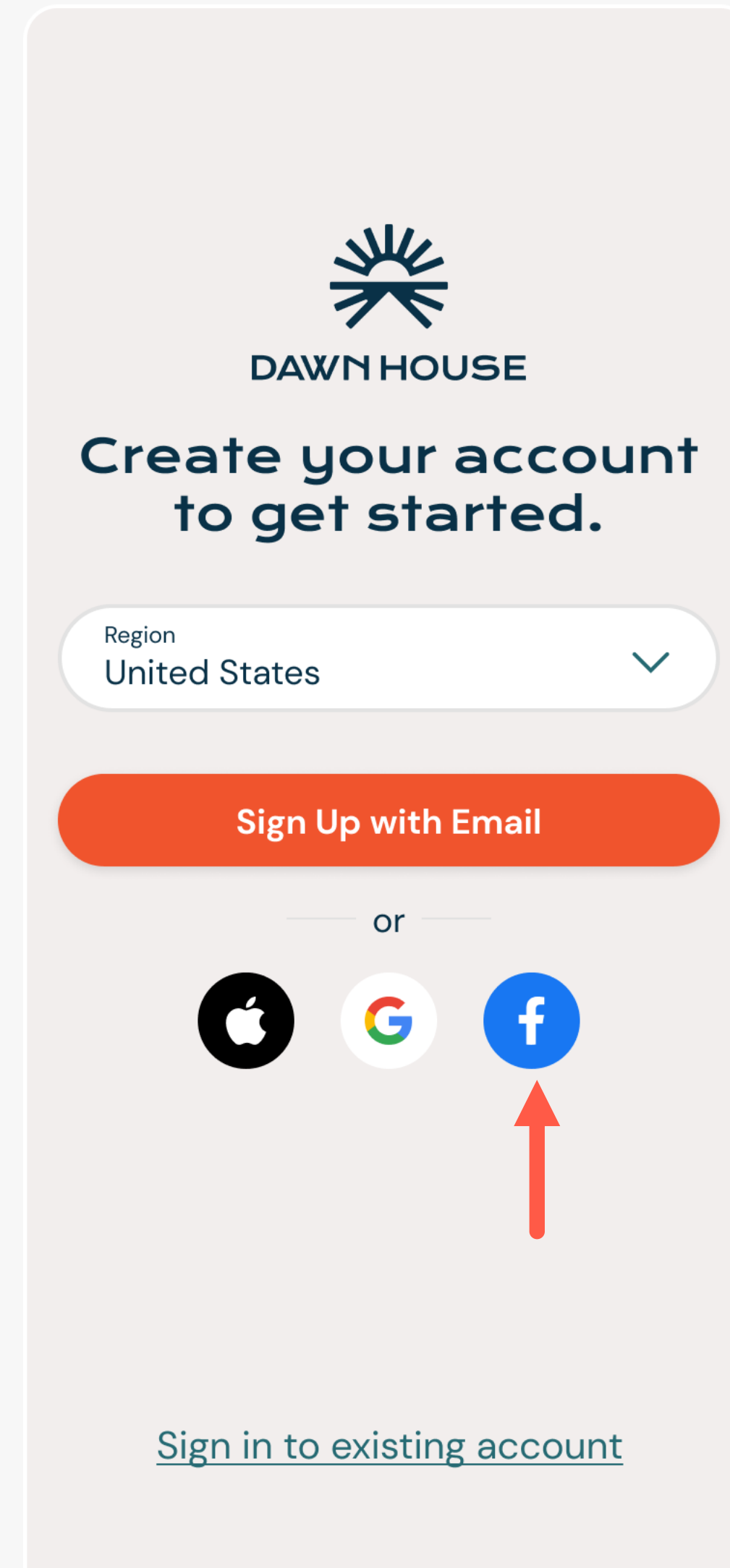
Screen 1: Sign Up
The screen features the Dawn House logo (a sunburst) and the text "Create your account to get started." Below this is a "Region" dropdown menu set to "United States". A prominent orange button labeled "Sign Up with Email" is highlighted with a red arrow. Below the button are social media icons for Apple, Google, and Facebook, and a link for "Sign in to existing account".

Screen 2: Email and Password Entry
This screen has a back arrow in the top left. It contains input fields for "Email" (filled with "marie.smith@gmail.com"), "First name" (filled with "Marie"), and "Last name" (filled with "Smith"). A "Password" field is shown with a strength indicator and a toggle for visibility. A note below the password field states: "Password must be at least 8 characters & include any special character (ex. !@#\$%)". A "Repeat password" field is also present. A "Remember me" checkbox is visible at the bottom right.

Screen 3: Password Confirmation and Account Creation
This screen also has a back arrow. It shows the "Email" field with "marie.smith@gmail.com", "First name" with "Marie", and "Last name" with "Smith". The "Password" and "Repeat password" fields are both filled with 10 black dots. A "Remember me" checkbox is at the bottom right. A large orange button labeled "Create My Account" is centered at the bottom. Below the button is a disclaimer: "By signing up you are agreeing to our [Terms of Service](#) and [Privacy Policy](#)".

REGISTER WITH FACEBOOK

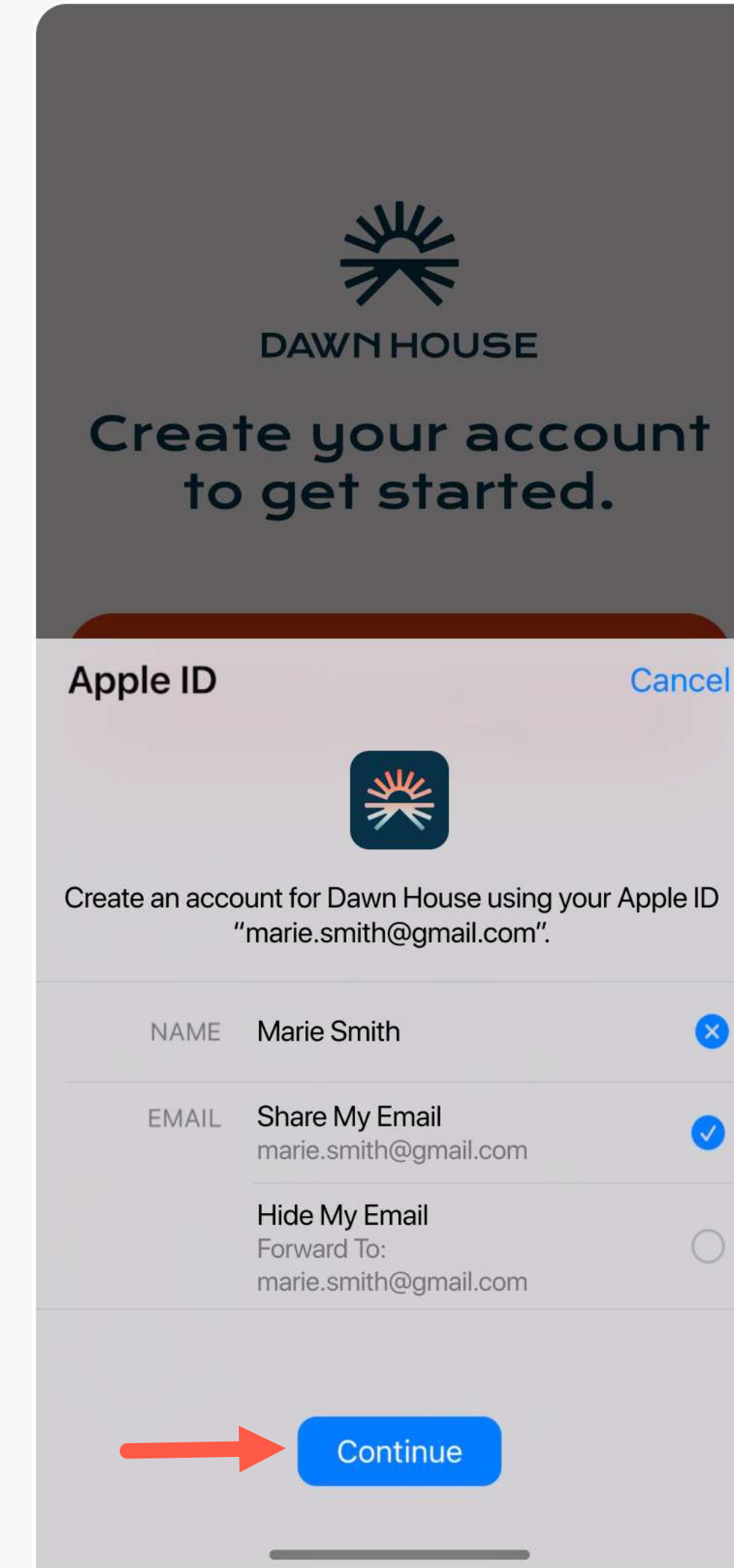
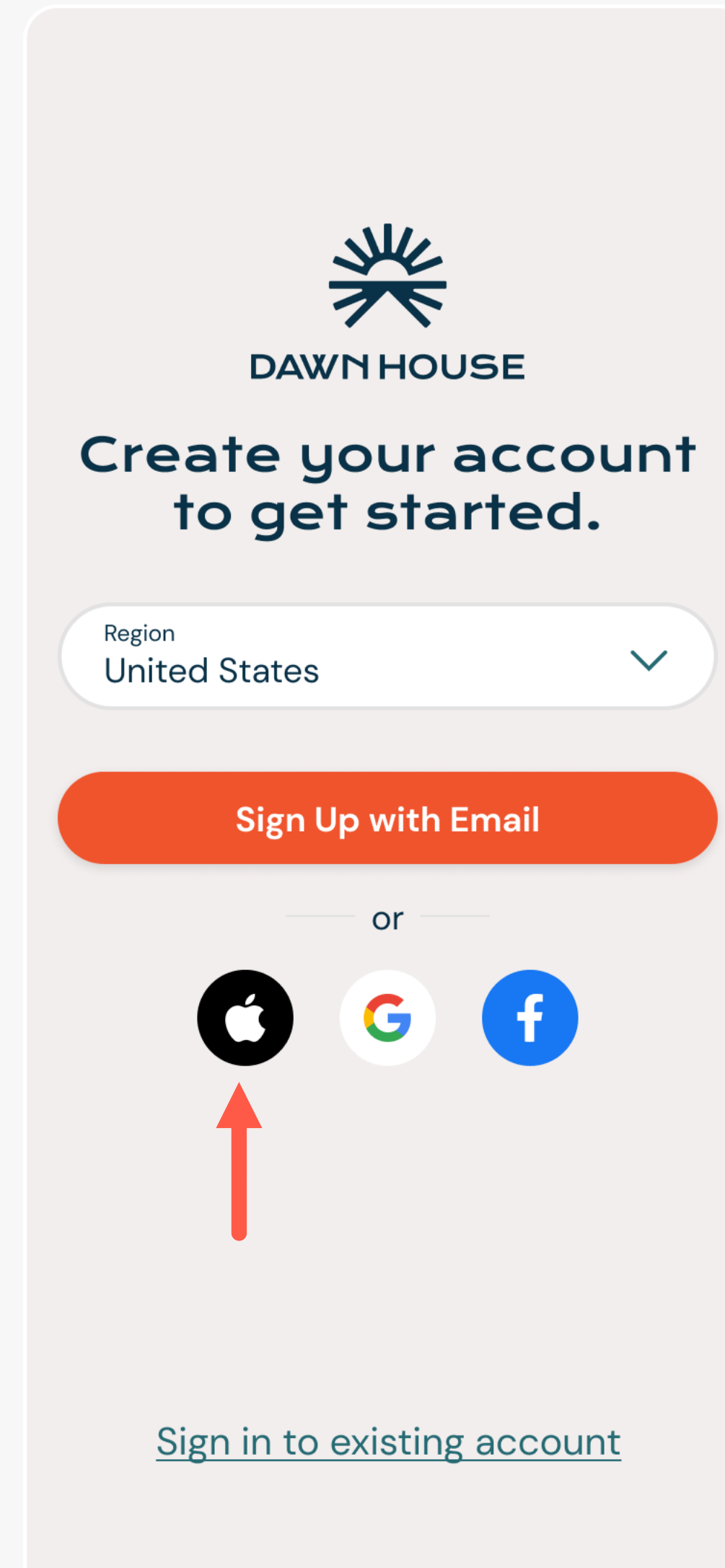
1. To register with your Facebook account, select "Continue with Facebook".
2. You will see the pop up modal asking permission to open Facebook. Select "Continue".
3. You will be prompted to log into your Facebook account and grant permission to Dawn House.



REGISTER WITH

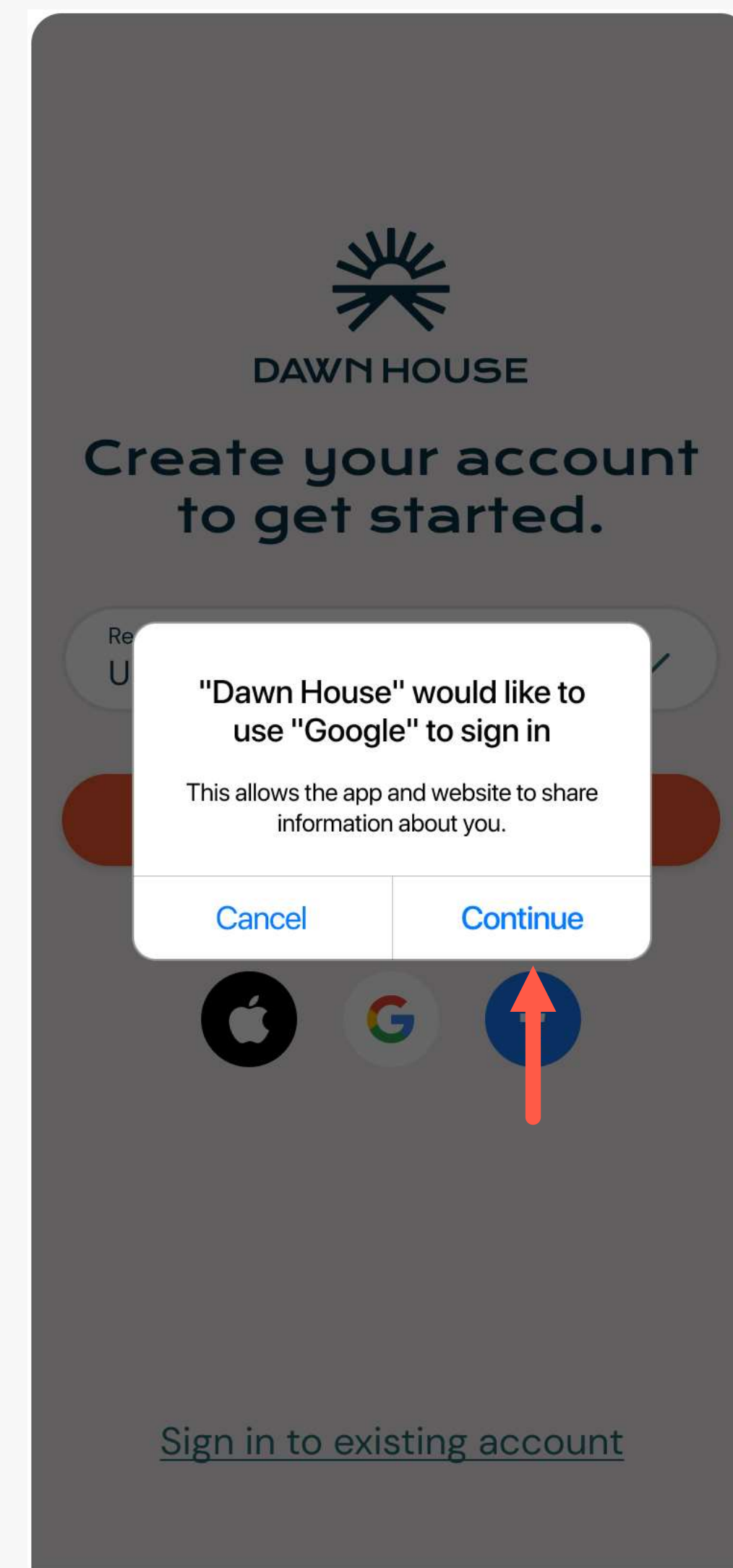
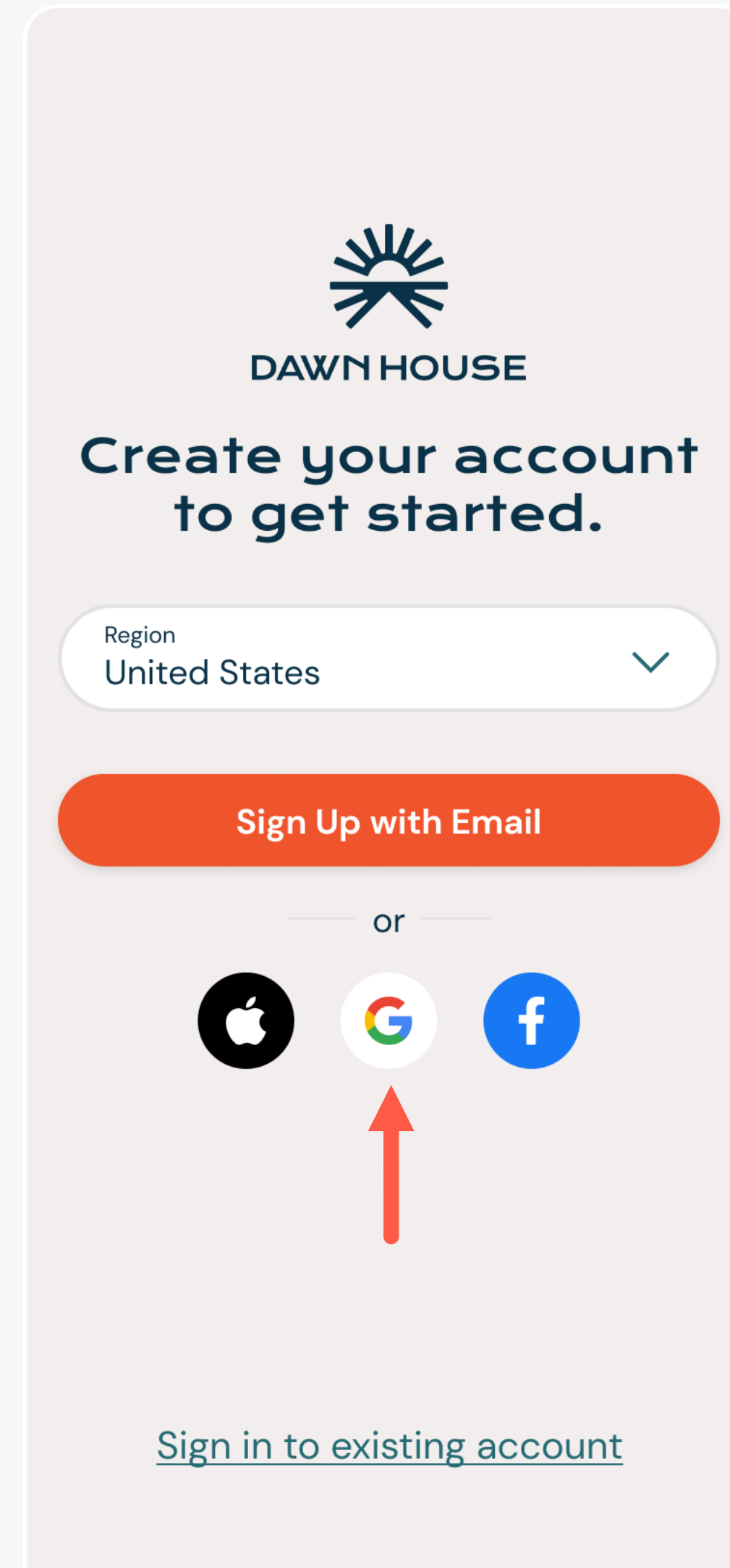
APPLE (iOS Users Only)

1. To register with your Apple ID, select "Continue with Apple".
2. You will see the Apple menu expansion. You can choose to register with your Apple ID or with a hidden email that will forward to your Apple ID email.
3. Make your selection then press "Continue".



REGISTER WITH GOOGLE

1. To register with your Facebook account, select "Continue with Google".
2. You will see the pop up modal asking permission to open Gmail. Select "Continue".
3. You will be prompted to log into your Gmail account and grant permission to Dawn House.

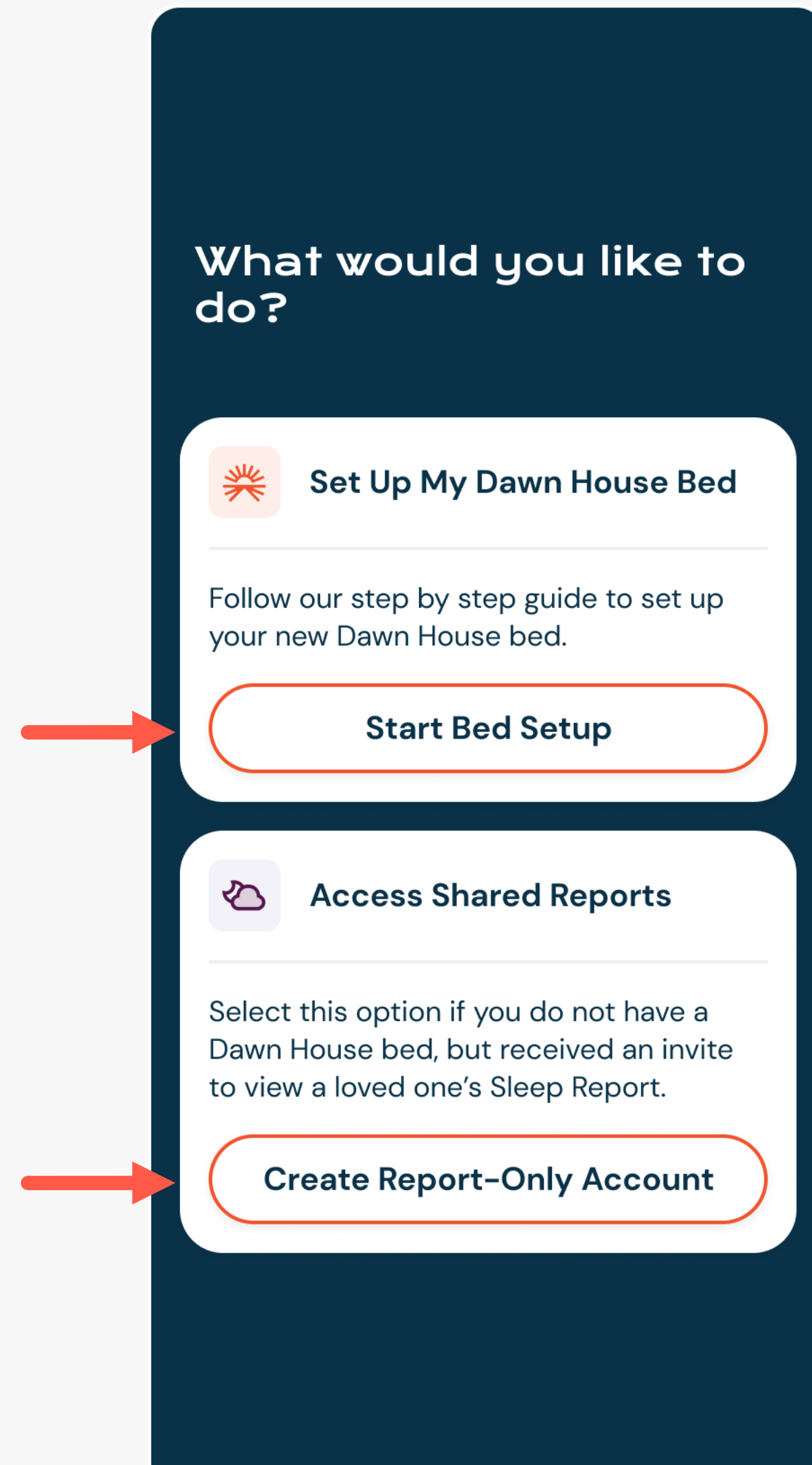


SELECT APP USE

INTENT

If you have received your Dawn House bed or want to reconnect your existing bed, select the button for "Start Bed Setup". Proceed to Page 10 of the manual.

If you received an invitation to set up a Dawn House account to view a loved one's sleep report, select the button for "Create Report-Only Account." Proceed to Page 49 of the manual.



SET UP YOUR DAWN HOUSE BED

TO SET UP YOUR DAWN HOUSE BED:

1. Grant phone permissions to auto connect your Dawn House bed. If unavailable, connect via QR code.
2. Connect to your home wifi to receive your Dawn House sleep report
3. Register your bed warranty

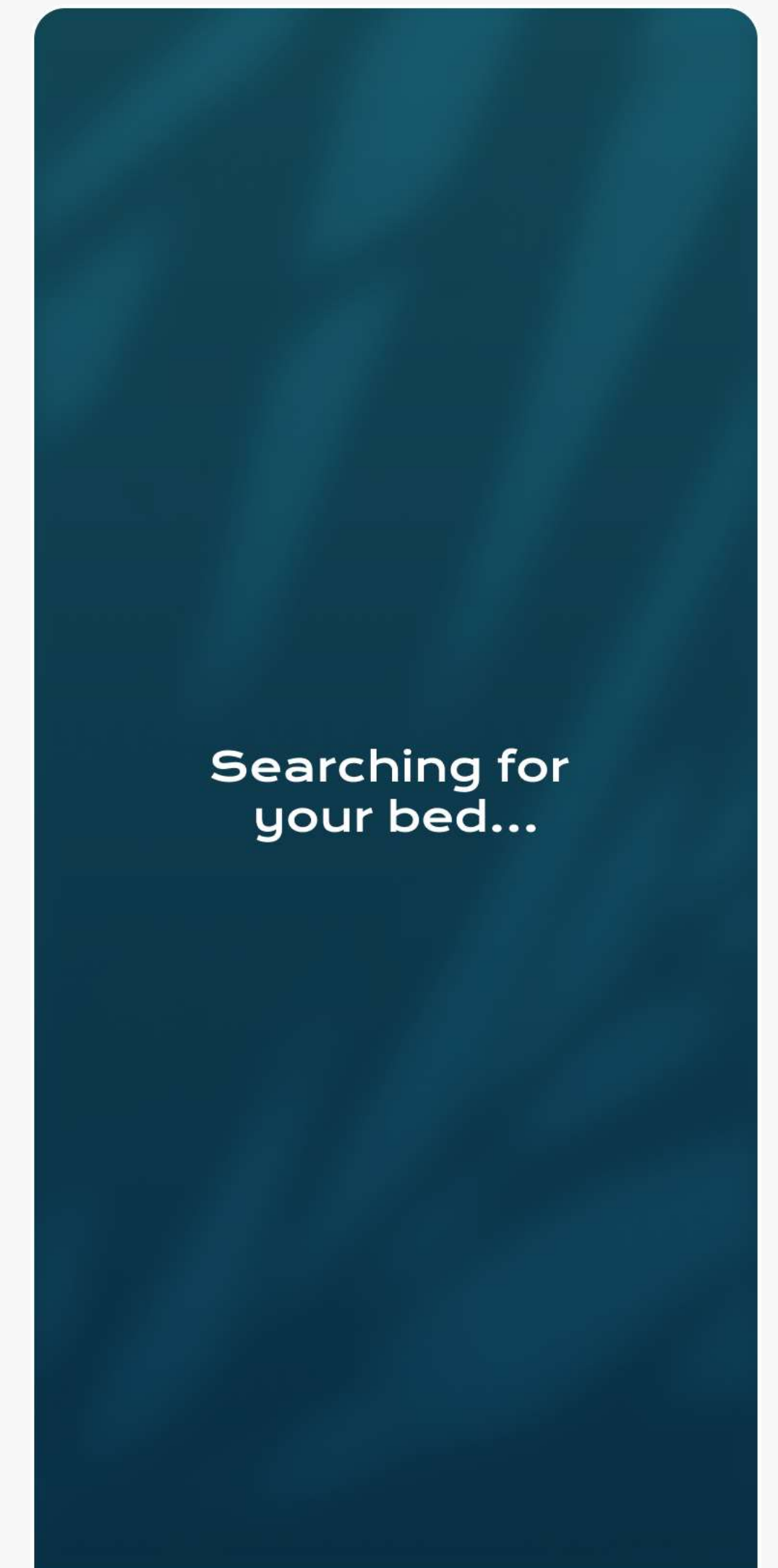
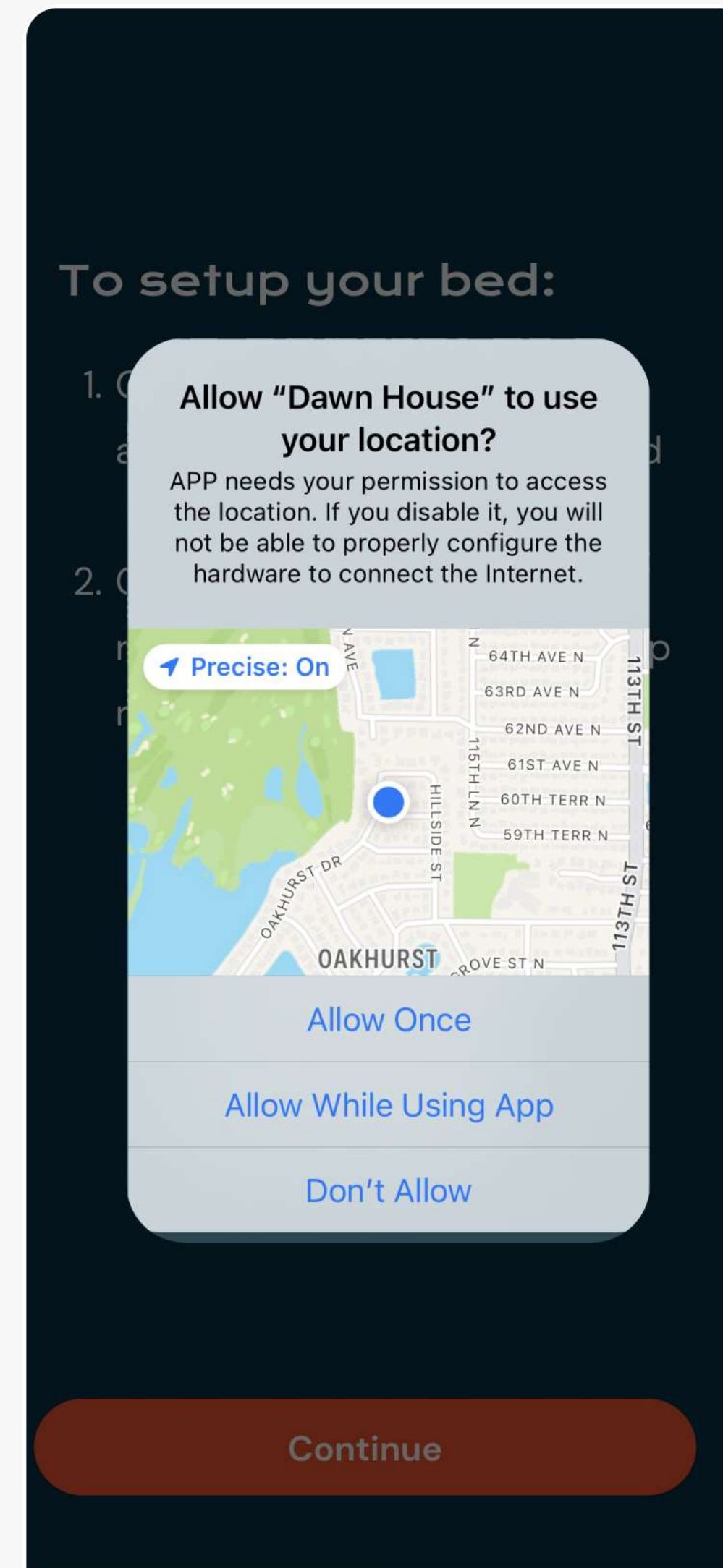
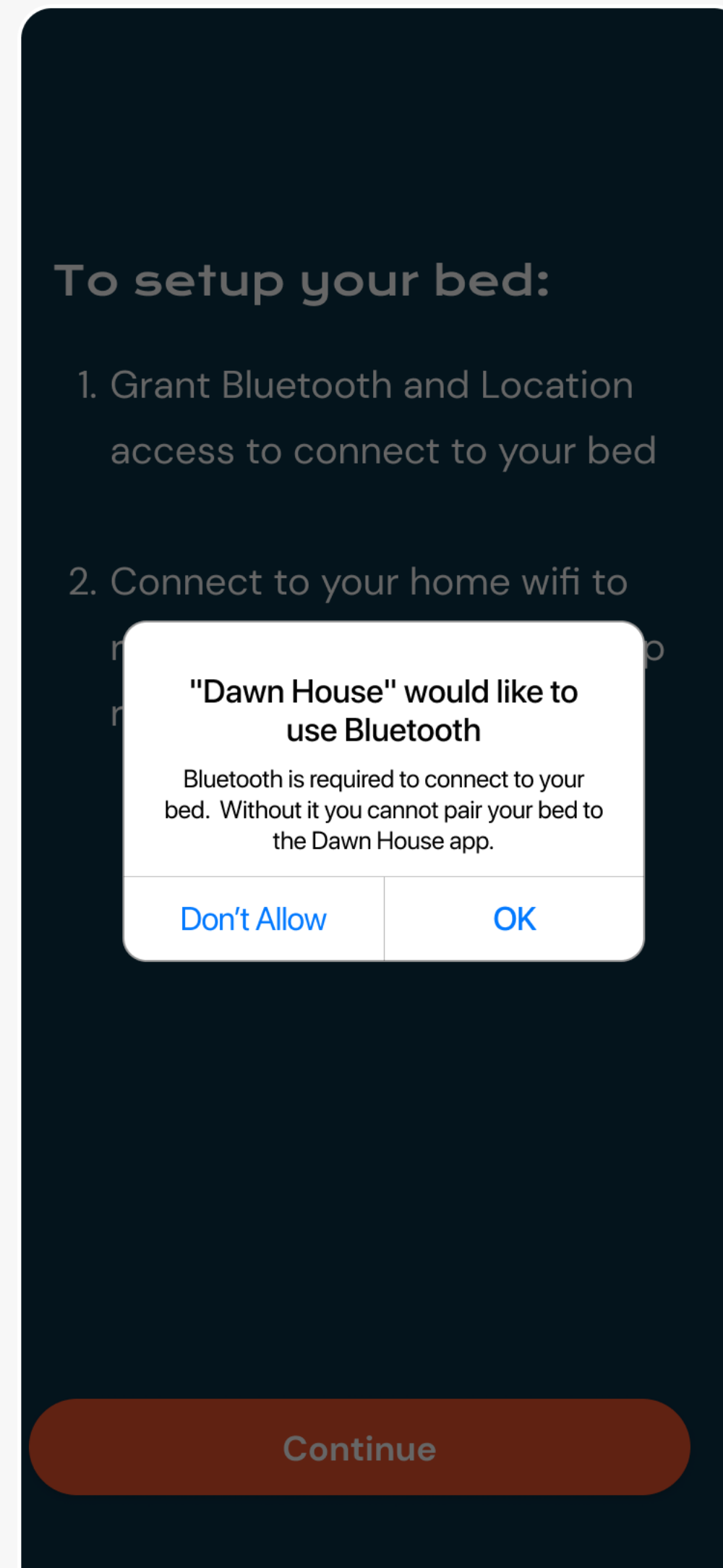
Step 1: Connect to Your Bed

GRANT PHONE PERMISSIONS TO AUTOCONNECT

You will be prompted to grant permission to your phone's Bluetooth and Location settings to bind to your bed.

After you grant permission, your Dawn House bed will try to autoconnect.

If autoconnect is not possible, you will be prompted to connect via QR code. Please see slides 12 – 13.



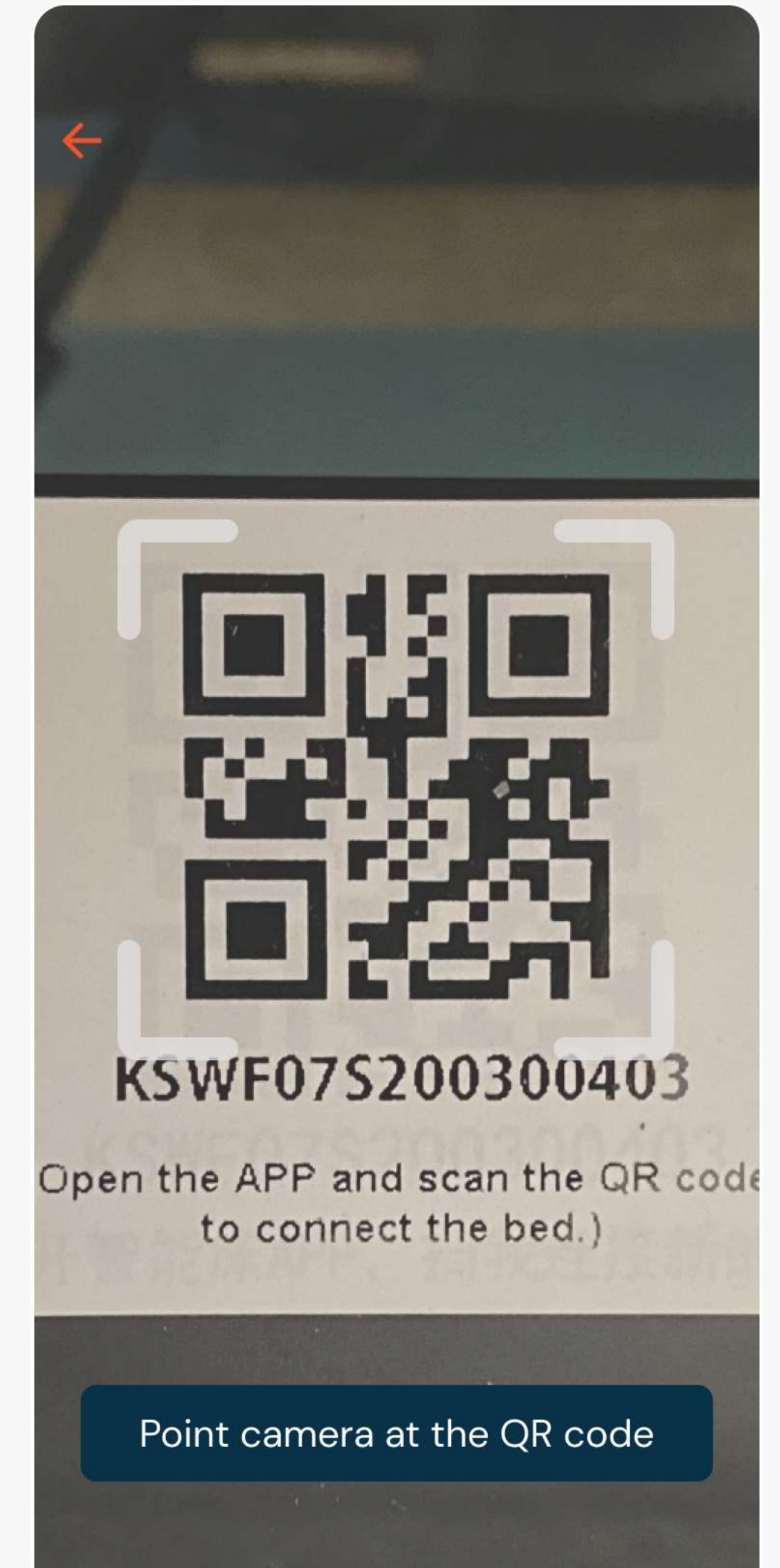
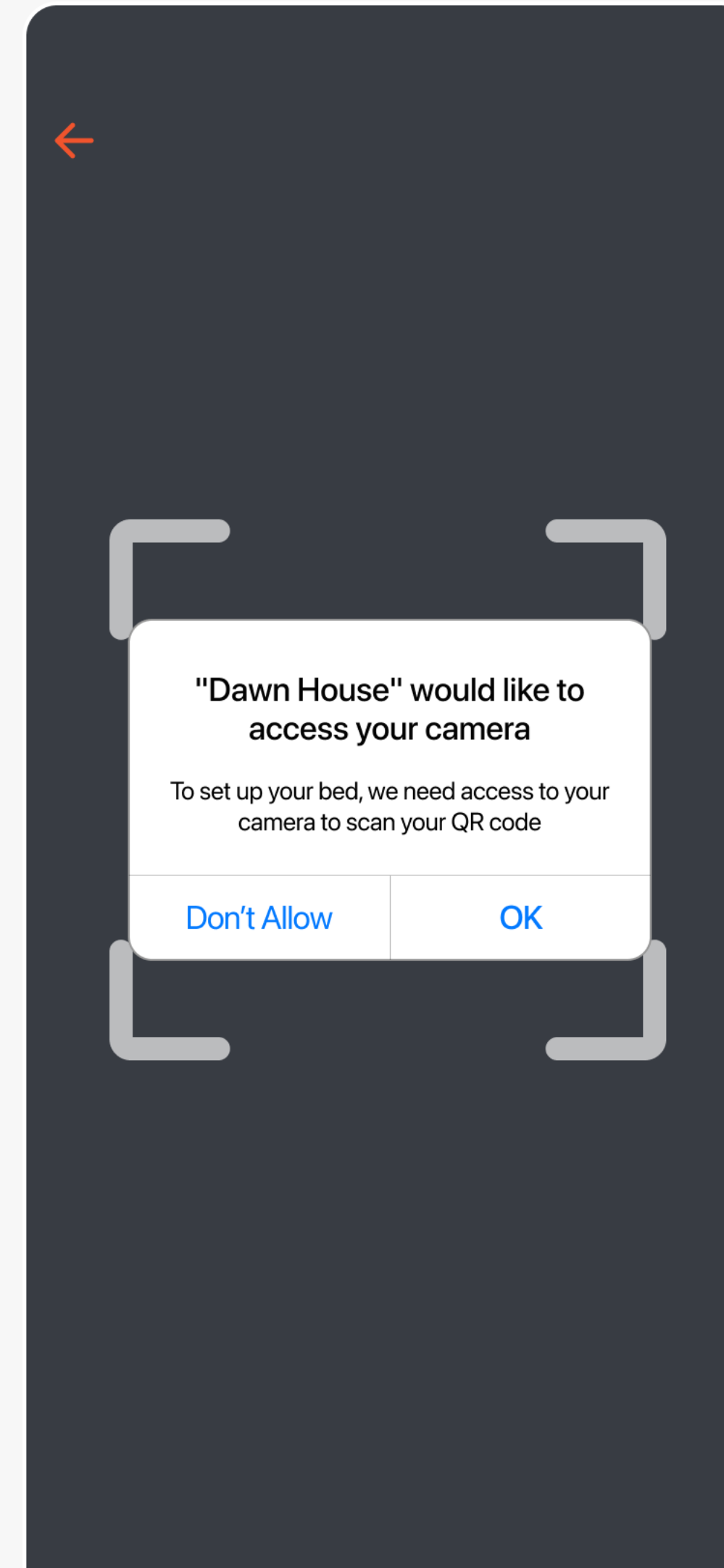
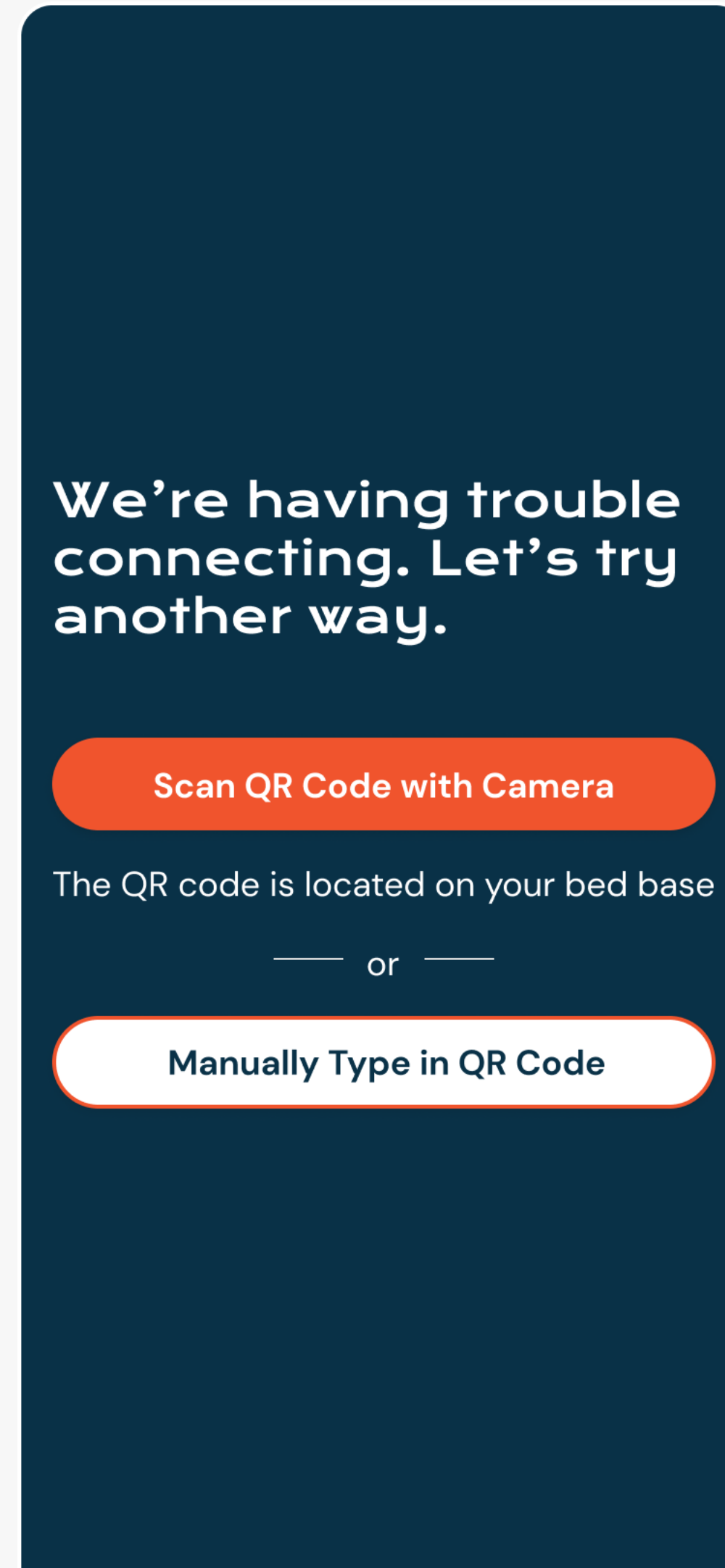
Step 1B: **If Autoconnect Fails**

SCAN YOUR BED'S QR CODE

If autoconnect is unavailable, you will be prompted to connect by QR code. Access to your phone's camera is required.

You can scan your QR code or manually type the QR code in.

Please see the next page for help on finding your QR code.



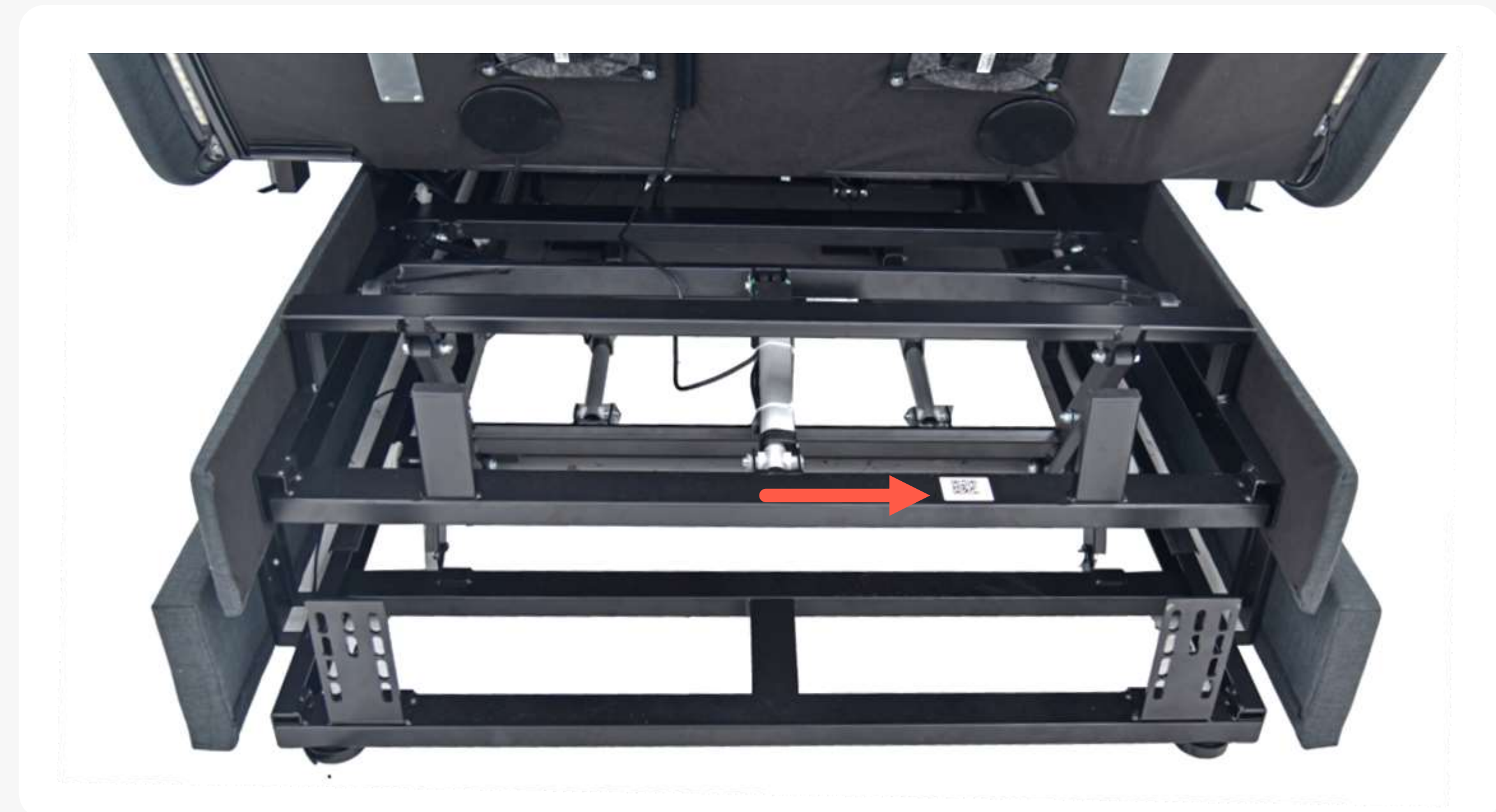
SET UP YOUR DAWN HOUSE BED

Step 1B: **If Autoconnect Fails**

WHERE TO FIND THE QR CODE

To find your QR code:

1. Shift your bed to a head raised position
2. Look behind the headboard on the bed base, or in your remote package to find the QR code
3. The QR code will look like the image below, with a large symbol and a 16-digit character code beneath it:



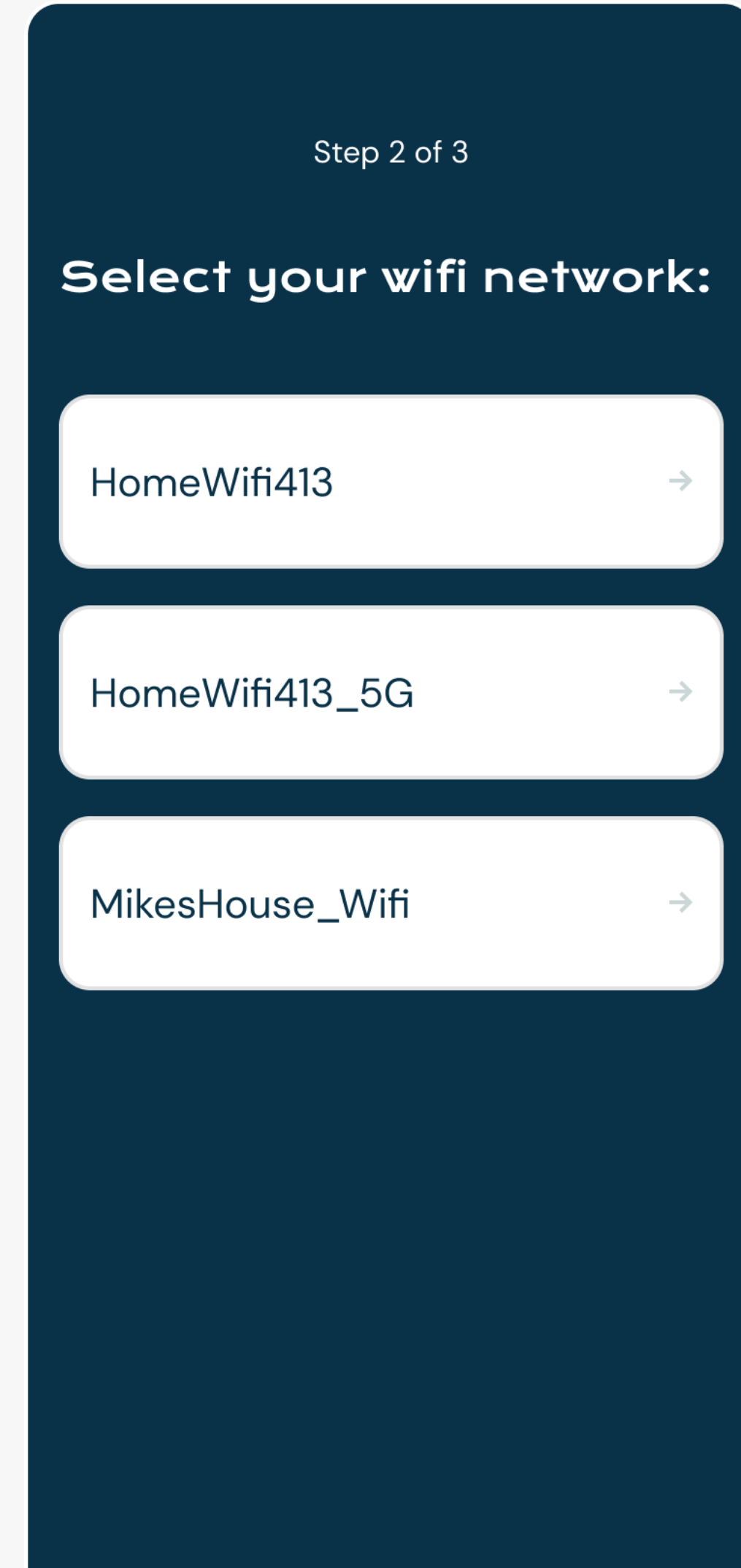
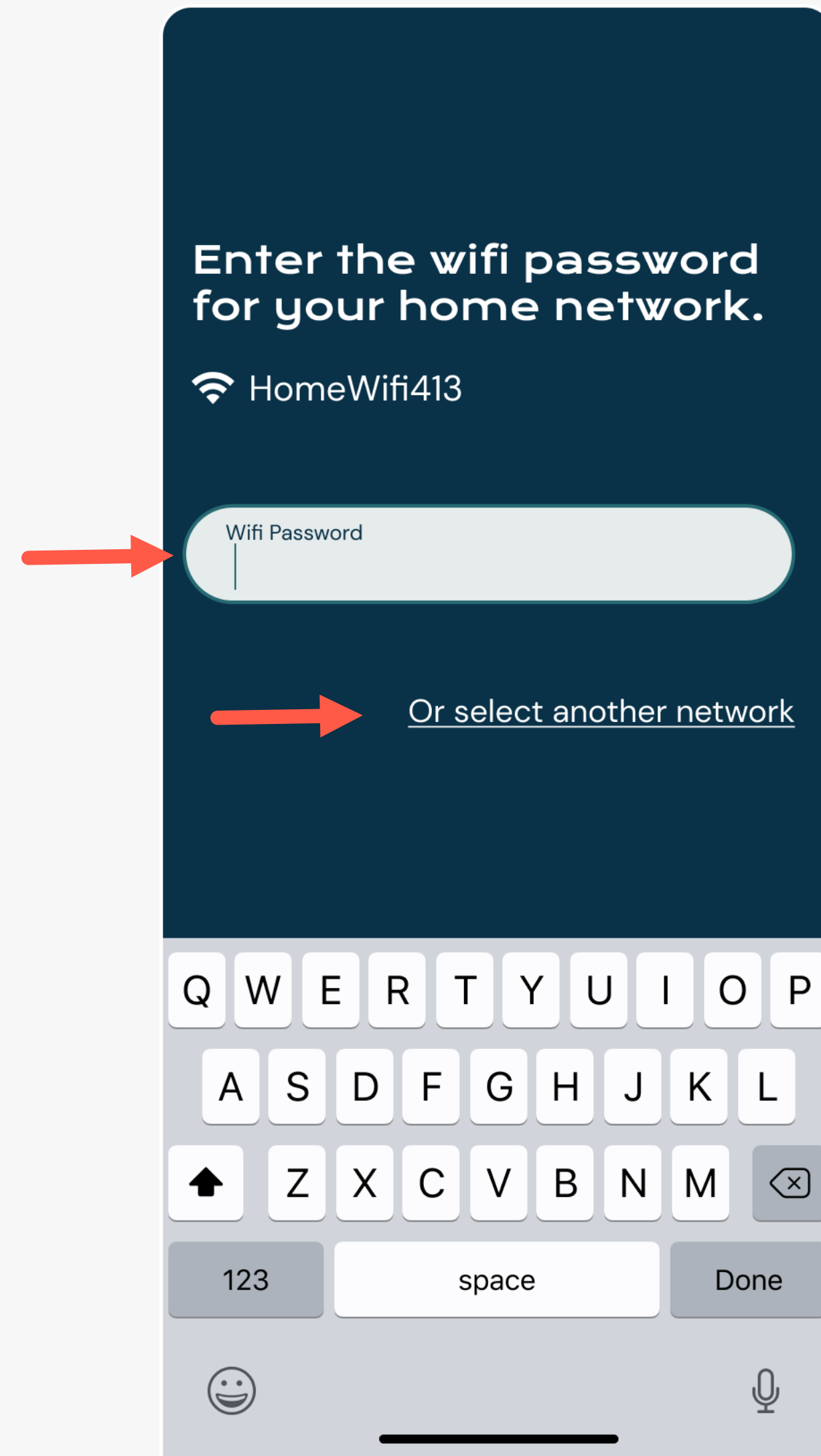
Step 2:

CONNECT TO YOUR HOME WIFI

The app will ask for the Wi-Fi password that you are currently connected to.

Please make sure to connect to the Wi-Fi network with the strongest signal in your bedroom.

To change the network, tap the "Select another network" link.



Step 3:

REGISTER FOR YOUR WARRANTY

The last option is to register your bed warranty.

Registering will help expedite your support inquiries as well as qualify you for the Dawn House bed warranty.

If you prefer to skip this step and register by mail or via the app at a later time, please select "Complete my warranty later."

Step 3 of 3

Register for customer support & bed warranty

Expedite your support inquiries and qualify for the Dawn House bed warranty. You can also register by mail with the card that came with your bed.

Primary phone

Address

City

State

Zip code

+ Upload Proof Of Purchase

Date of purchase

Purchased from

Serial number (s)

Complete

[Complete my warranty later](#)

IN—APP REMOTE

You can operate your Dawn House bed with the physical remote or the in-app remote.

Please note: You must use your physical remote to set bed presets.

ACCESS YOUR REMOTE

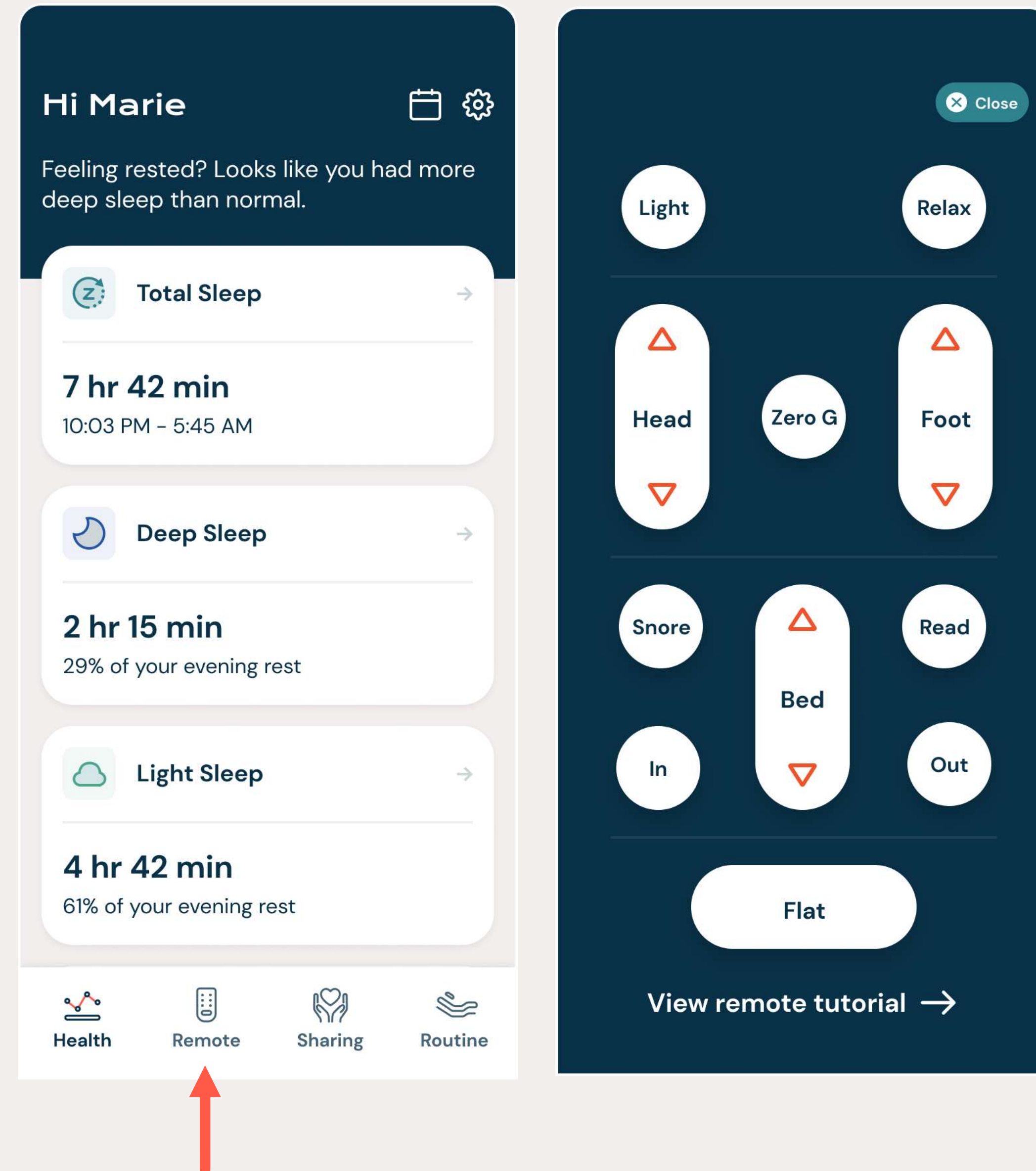
Tap the Remote icon in the bottom navigation to open the in-app remote and control your bed from your phone.

To close the remote, select the "Close" button in the top right.

For more help, you can open the in-app tutorial from the link "View remote tutorial →"

If you prefer, reference the Remote Guide that came with your bed, or access the full Remote User Guide below:

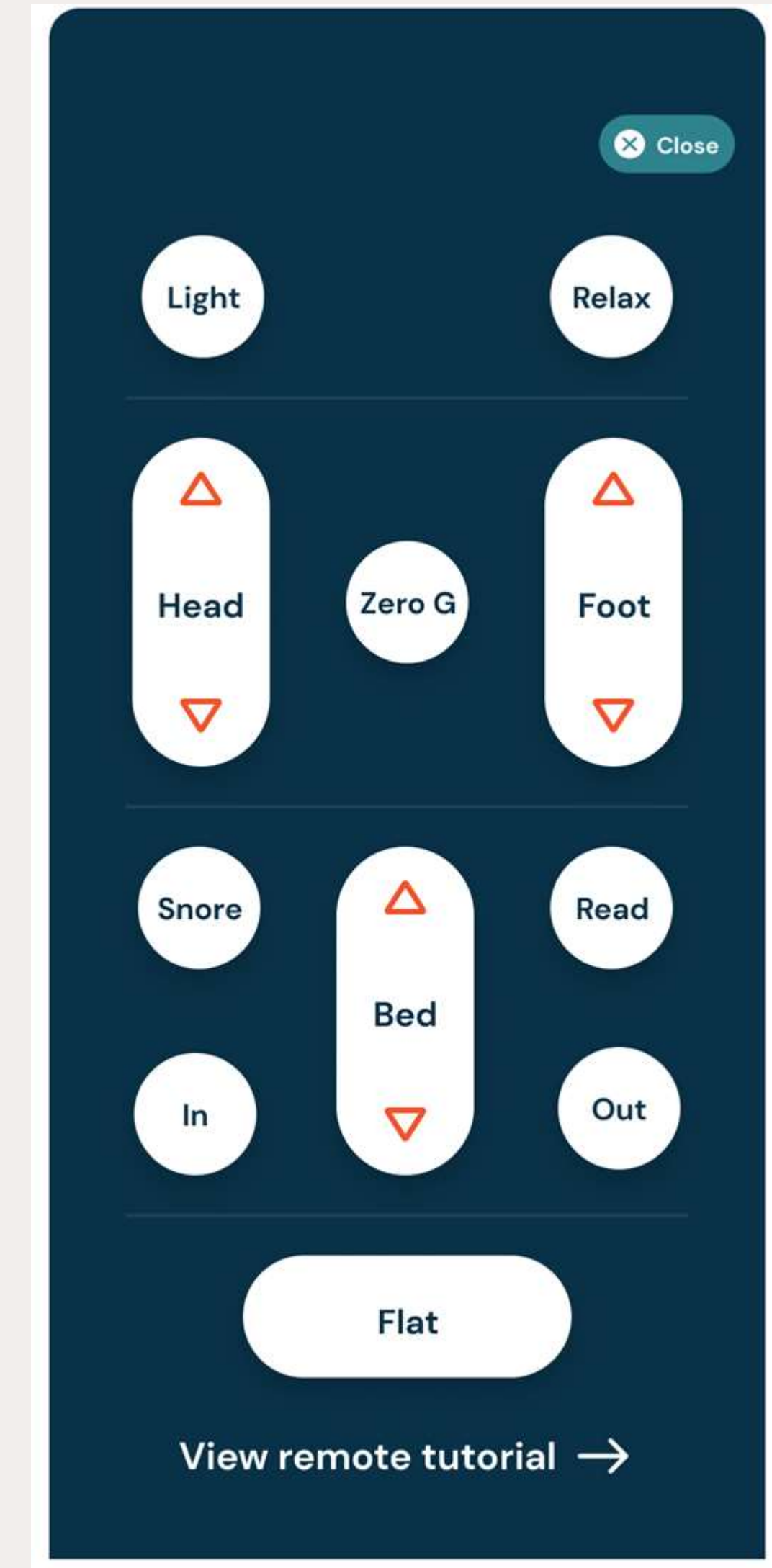
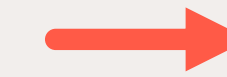
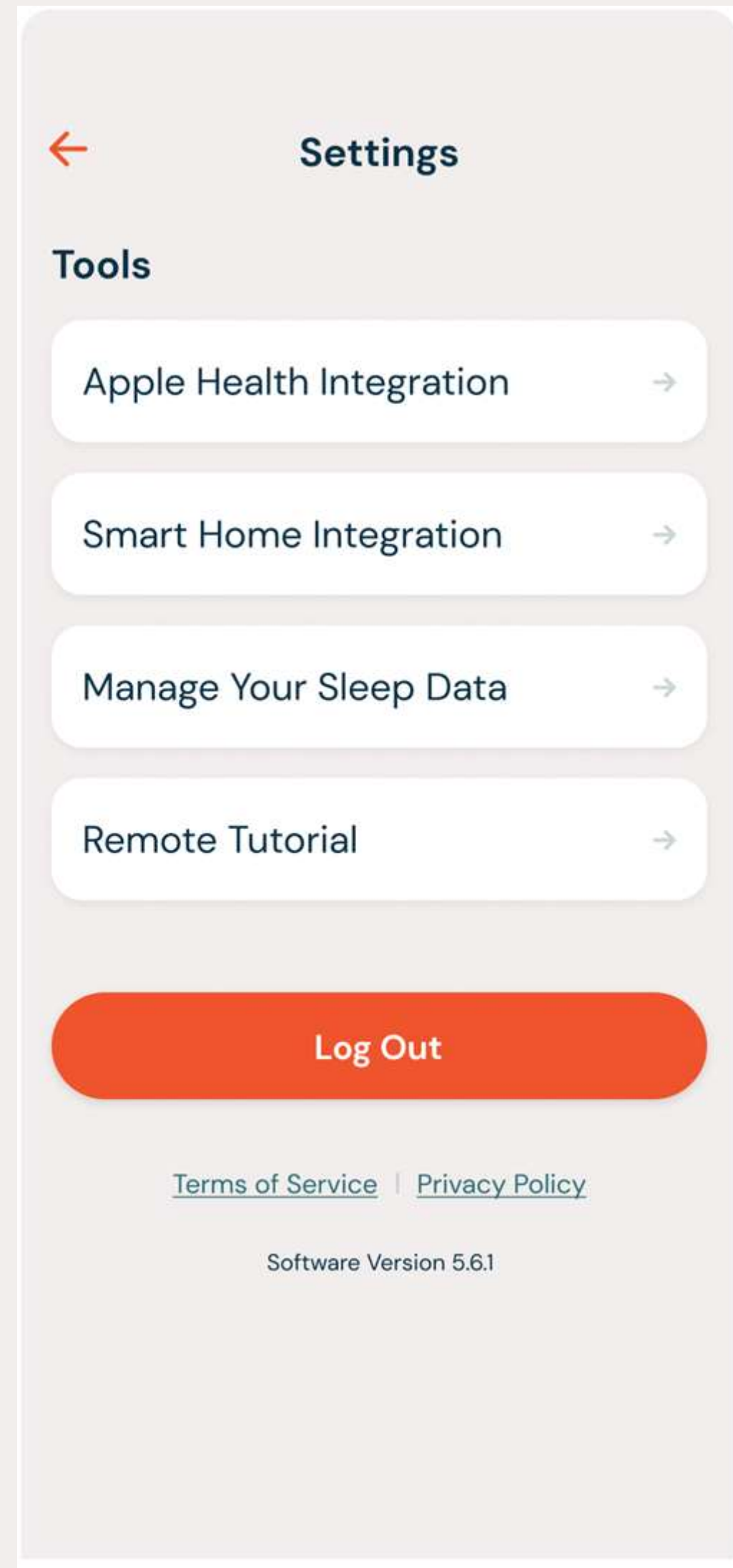
<https://dawnhouseliving.com/pages/manuals-and-instructions>



REMOTE TUTORIAL

Select "Remote Tutorial" then tap any of the remote buttons to review the button functionality.

You can also view the full tutorial as a list via the link.



ACCOUNT & APP SETTINGS

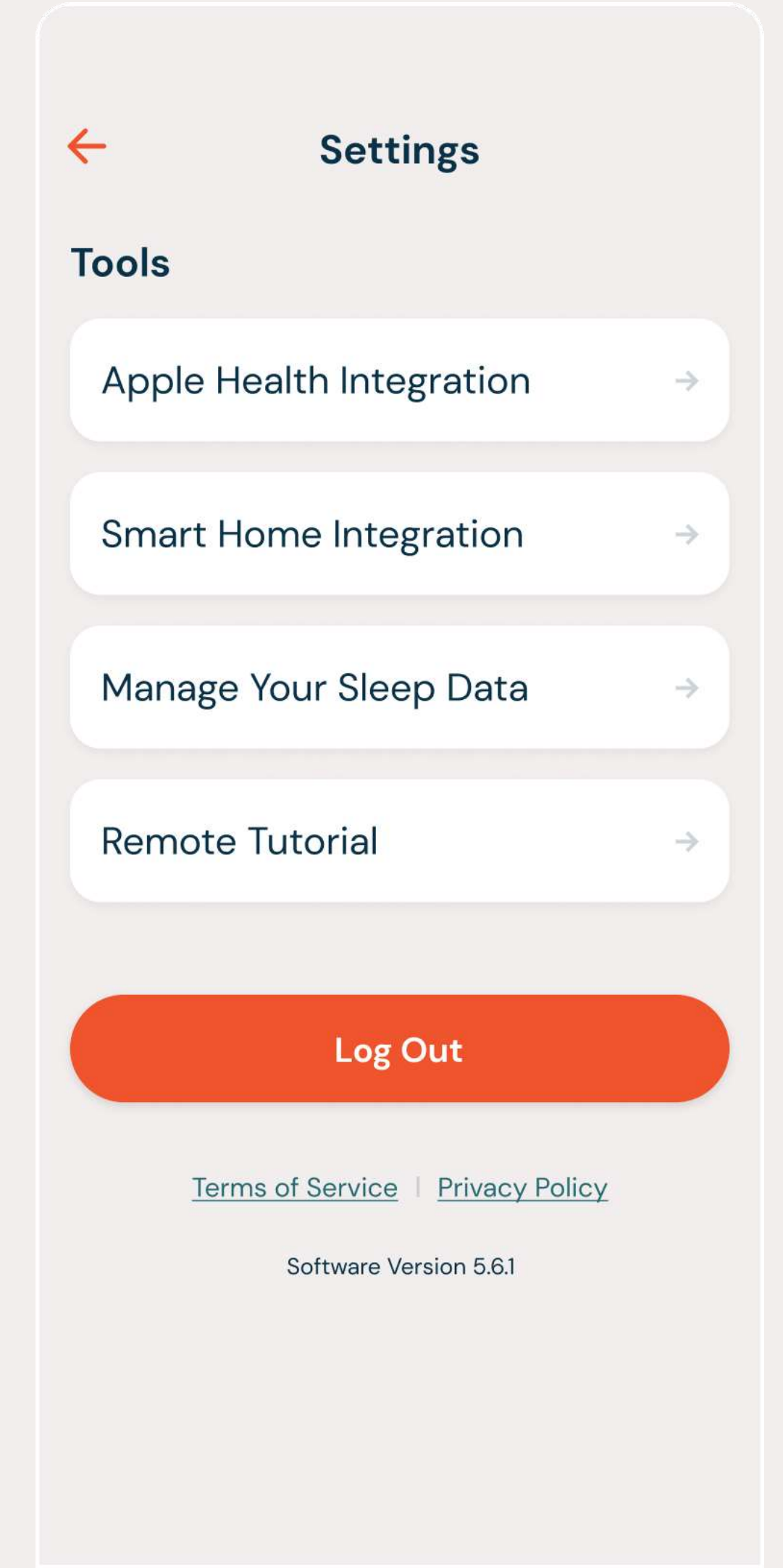
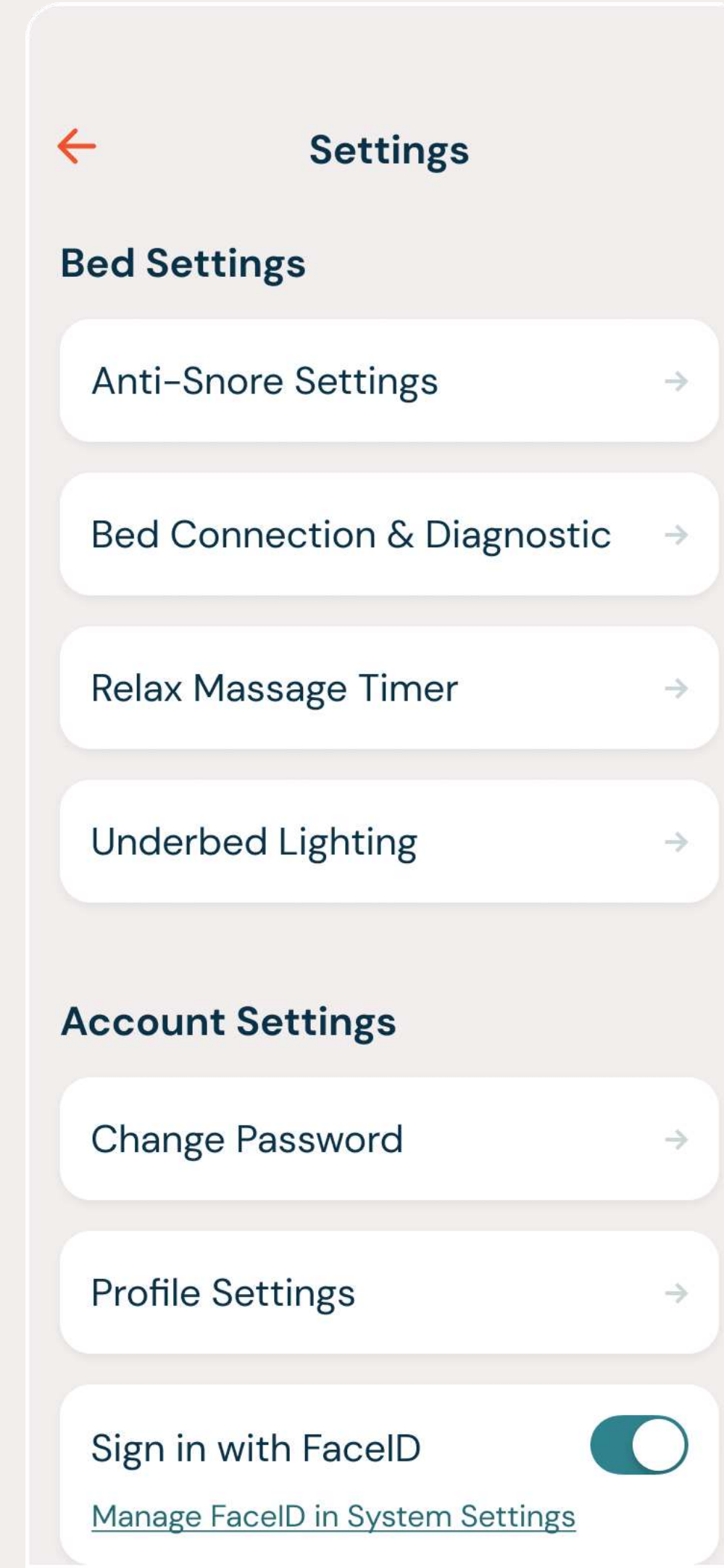
You can make changes to your profile, review your bed connection and share your Sleep Report all from the Account Settings screen.

OPEN YOUR APP SETTINGS

Click the Settings gear icon on the home page to open the App Settings.

When your Dawn House bed is connected, you will see the full list of Settings.

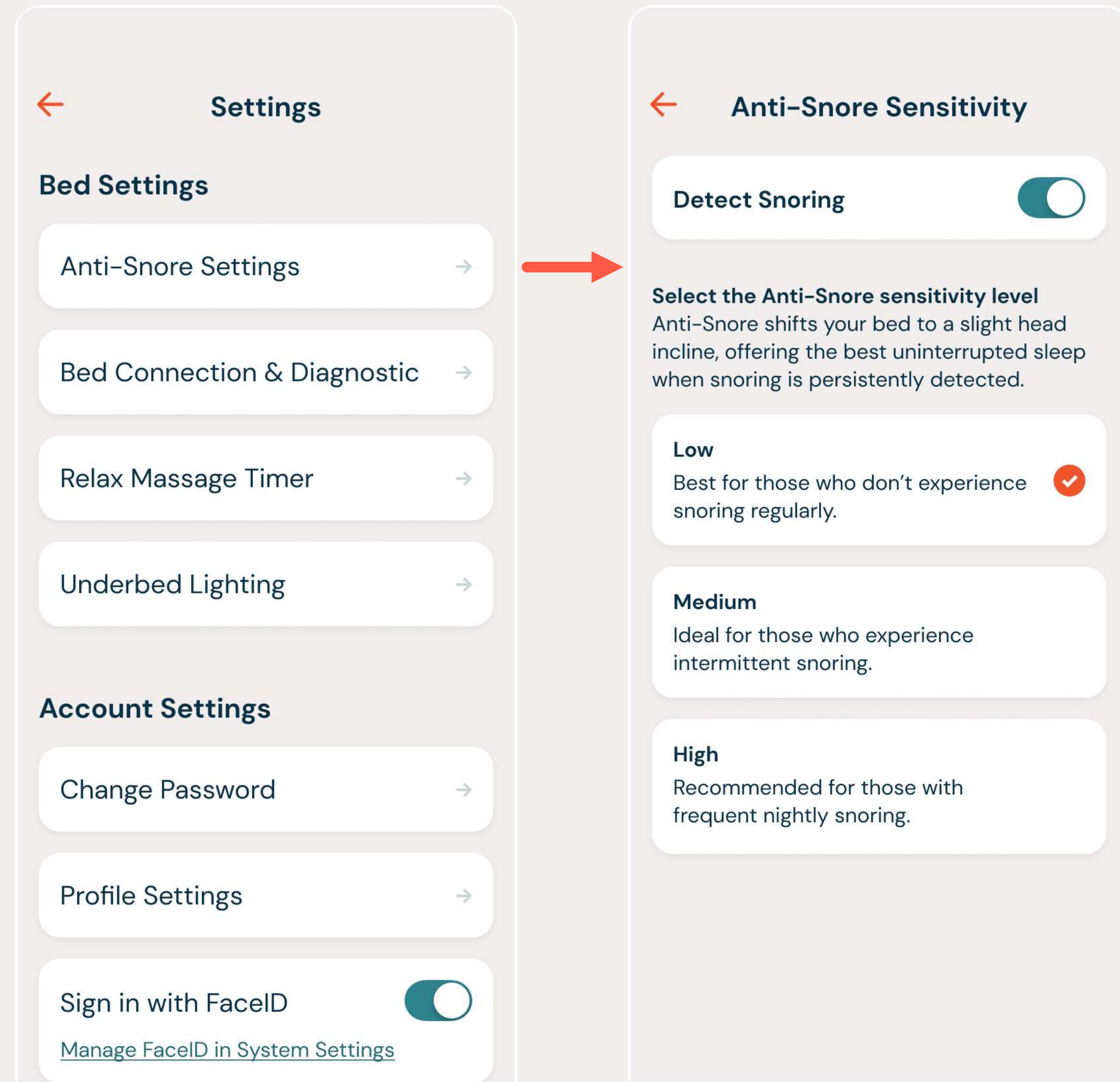
When your bed has not been connected, you will see a simplified list.



ANTI-SNORE SETTINGS

Choose for your Dawn House bed to be auto adjusted when snoring is detected.

- 5 times: Bed adjustment will be triggered when the snoring frequency reaches 5 times
- 10 times: Triggered when the snoring frequency reaches 10 times
- 15 times: Triggered when the snoring frequency reaches 15 times

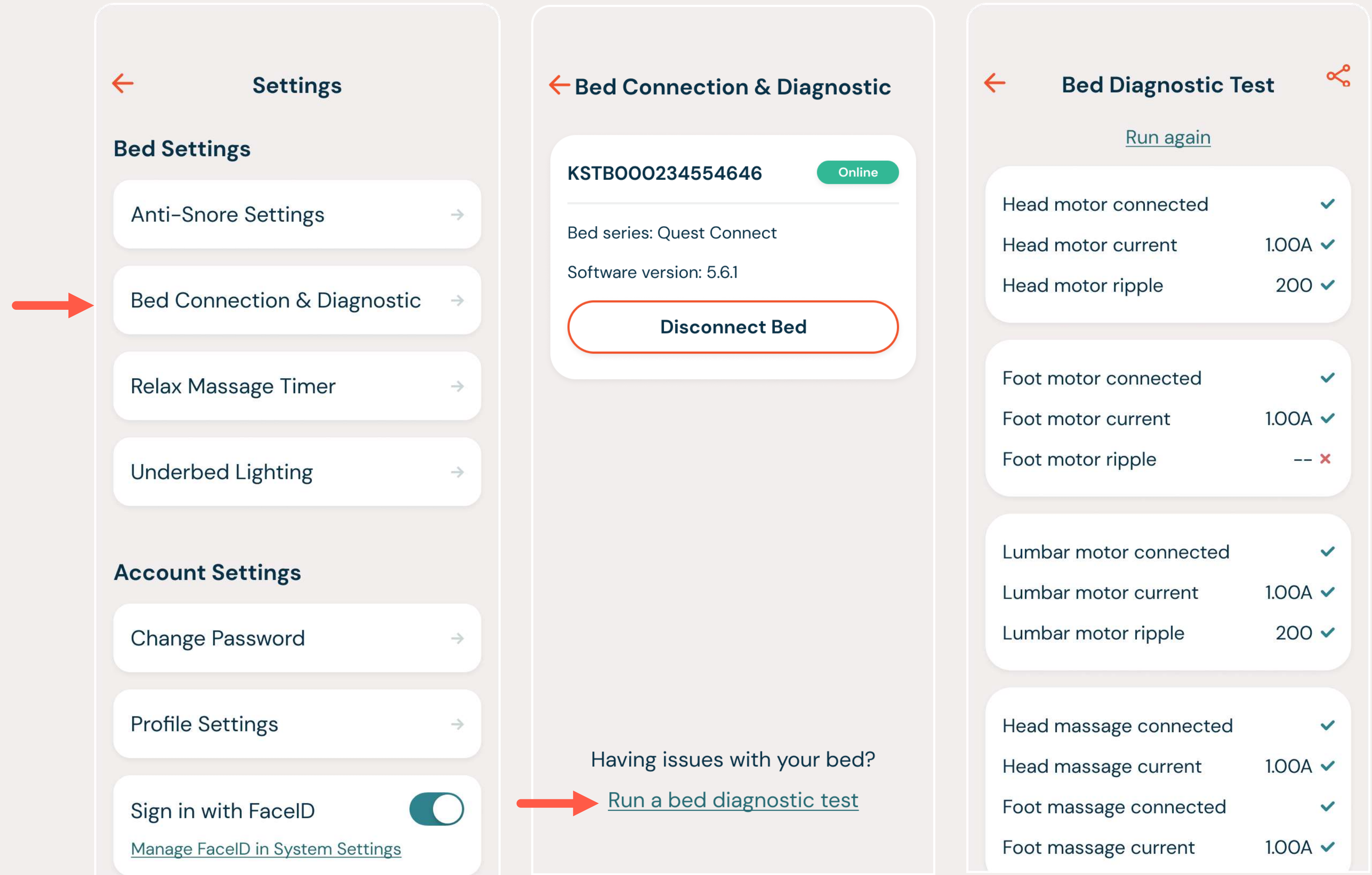


BED CONNECTION & DIAGNOSTIC

In Bed Connection & Diagnostic you can test how your Dawn House bed is operating or disconnect your bed.

If you select "Run a bed diagnostic test" you will see an overview status of all the bed components.

If you disconnect your bed, the system will not track any new sleep reports, the in app remote and your set Routines will be disabled. You can reconnect your bed at any time.

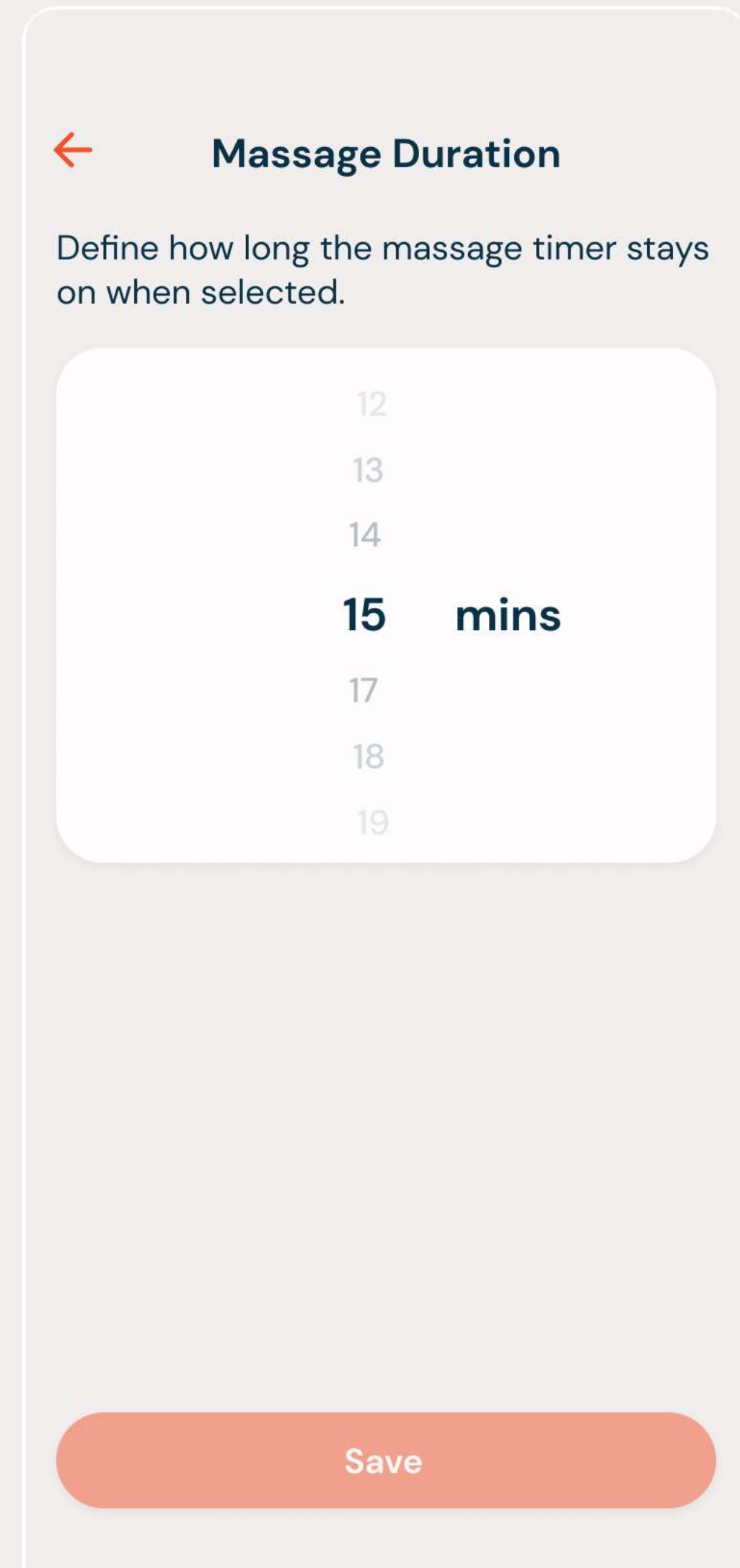
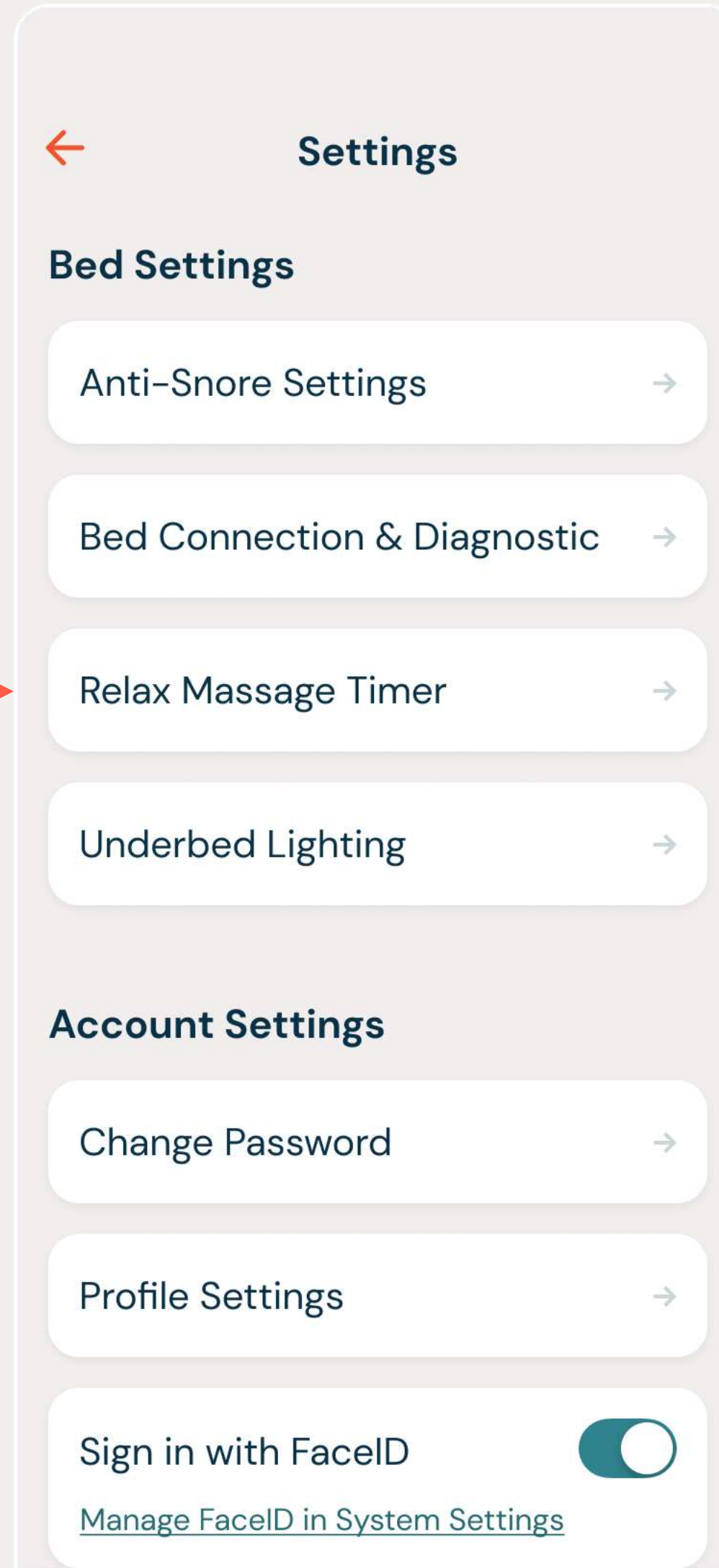
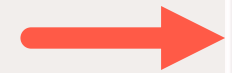


RELAX

MESSAGE TIMER

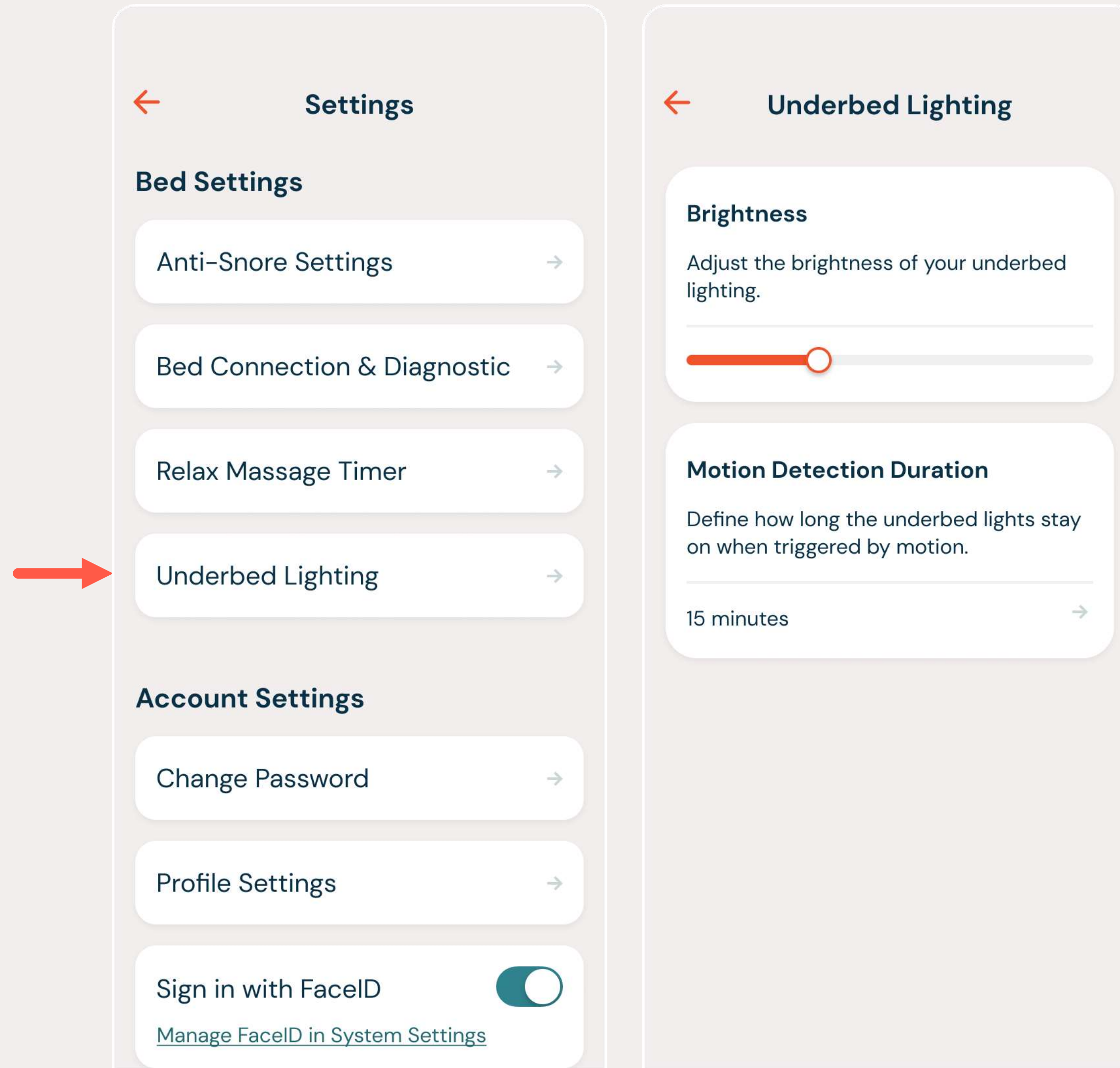
When you select the Relax button on your Dawn House remote, it will turn on for the number of minutes as specified here.

Adjust the time to increase or decrease your Relax remote mode.



UNDERBED LIGHTING

Adjust the default brightness of your underbed lighting and define how long the underbed lights stay on when motion triggered.

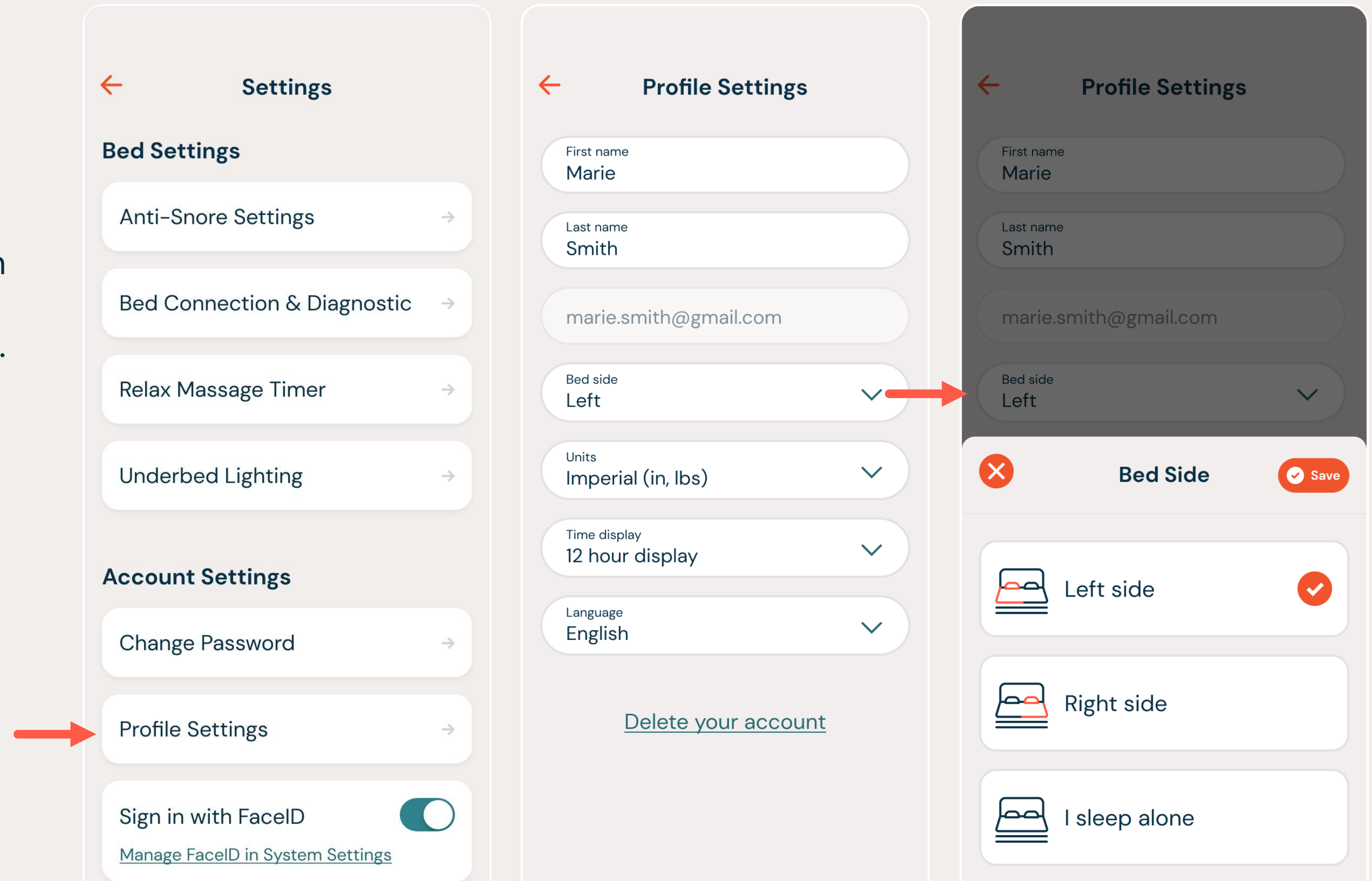


YOUR PROFILE SETTINGS

Your Profile Settings includes your basic personal information. You can update your name, bed side, time display and the language of the app.

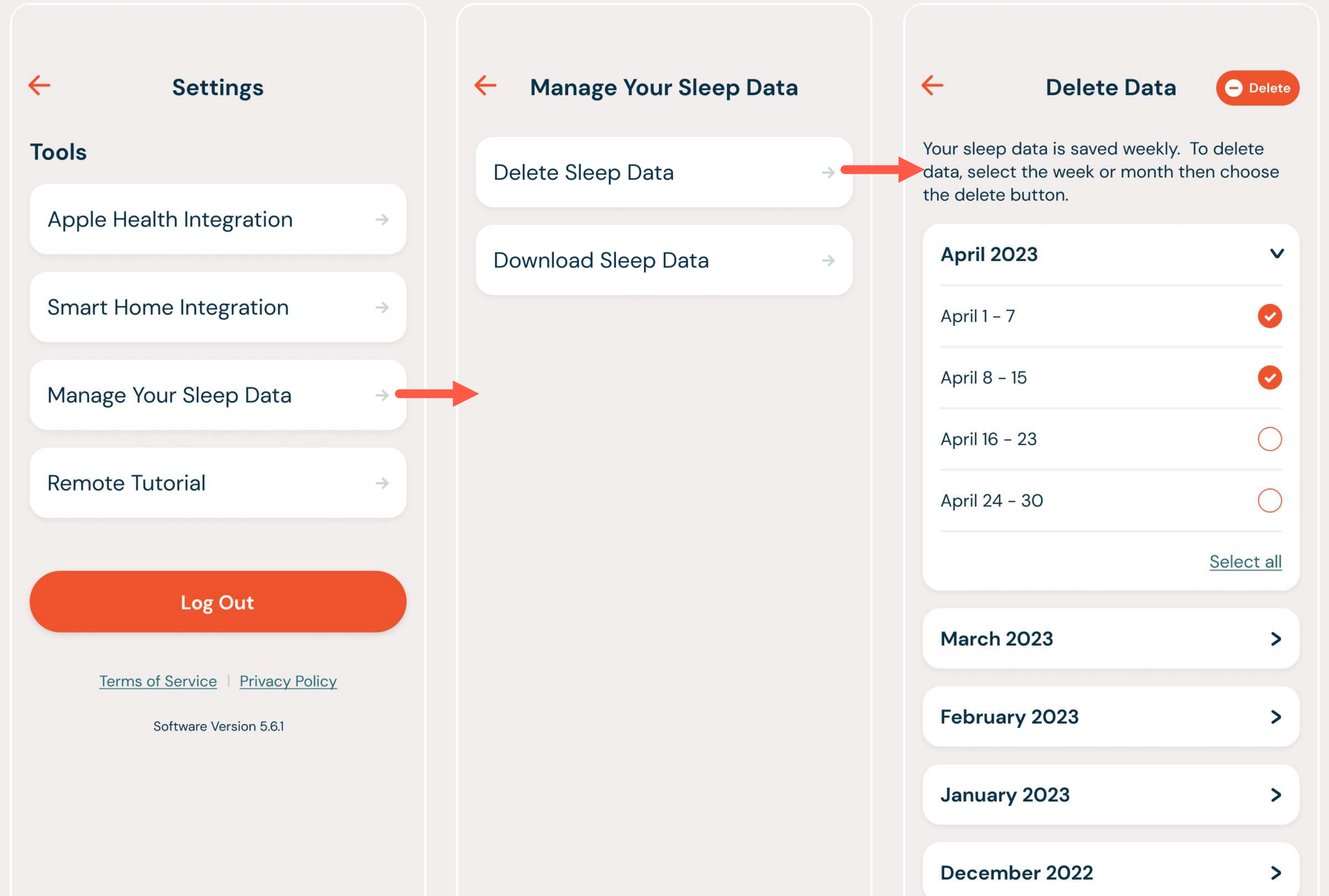
If you have a queen Dawn House bed it is essential that the app reflects the side of the bed you currently sleep on. Select the form field for "Bed Side" to open the dropdown and change your side. If you have any other size bed, you will not see this menu option.

If you tap "Delete Your Account", you will be redirected to the Dawn House website to remove your account.



MANAGE YOUR SLEEP DATA

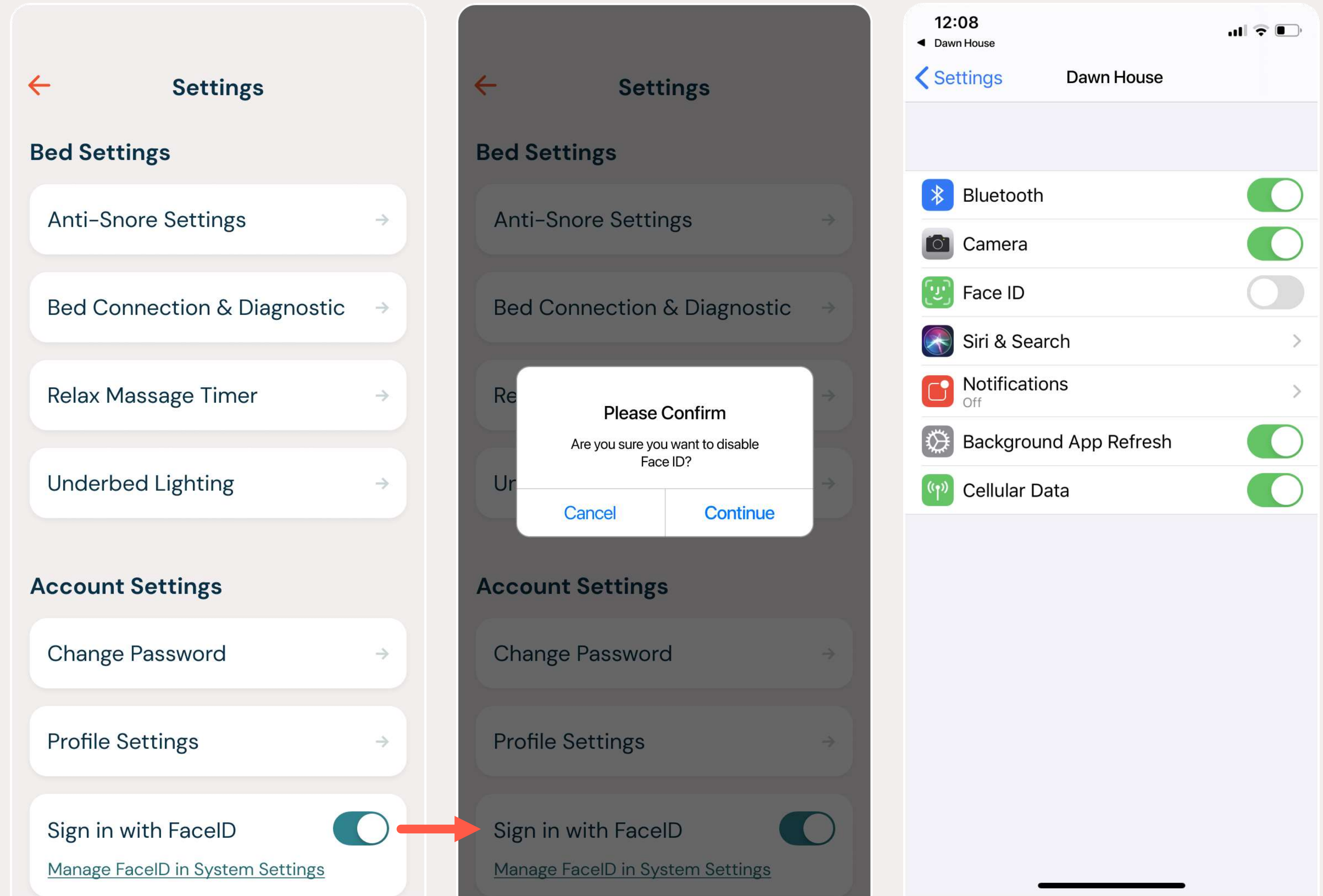
Your sleep data is saved weekly. Delete or download your sleep data from this screen.



FACEID SETTINGS

You can log into the Dawn House app by using FaceID. This is authorized from the main Log In screen, but you can also turn FaceID on or off from the App Settings menu.

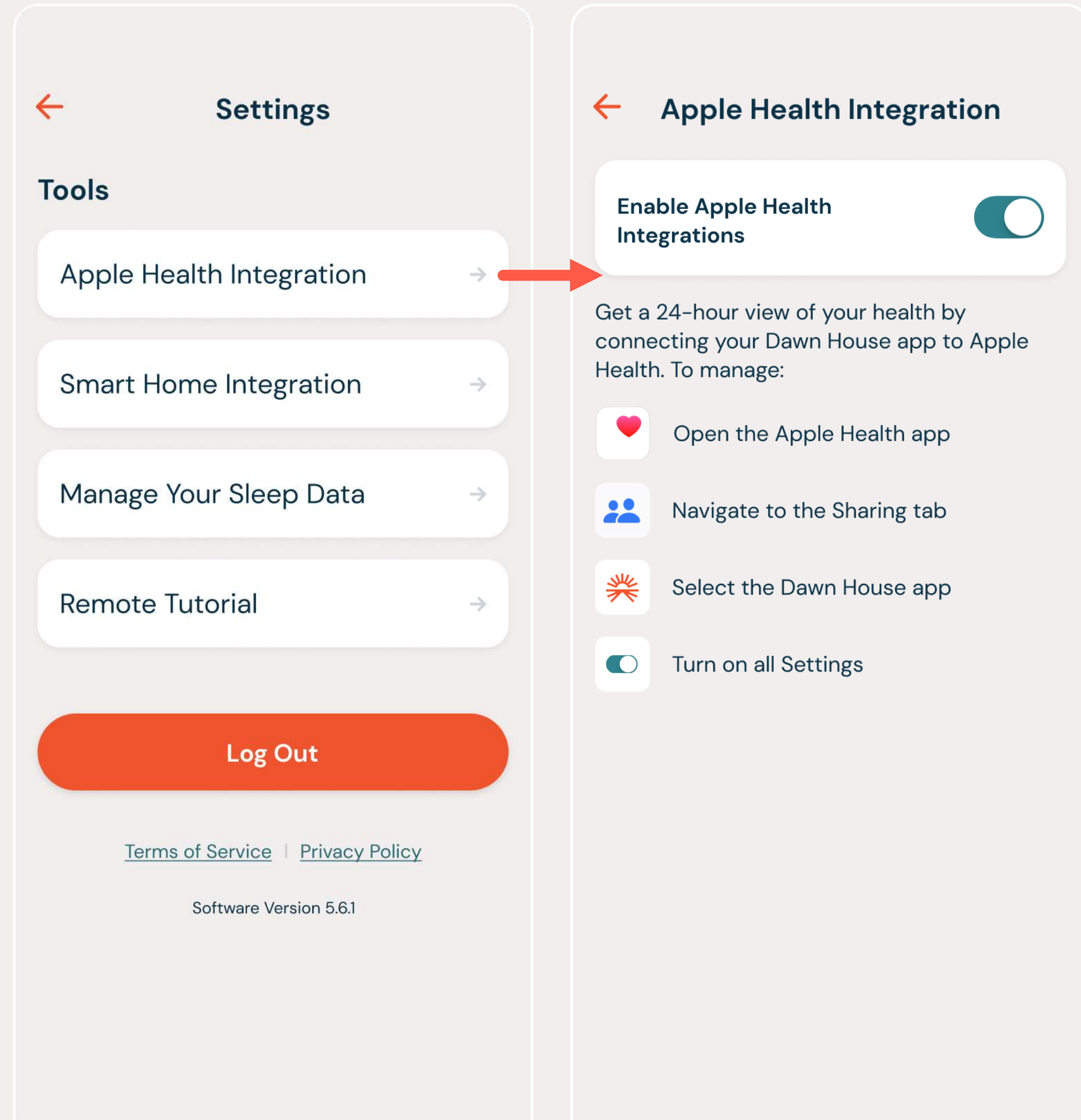
If the toggle is in blue, FaceID is enabled. If the toggle is in grey, tap to enable FaceID. You will be prompted to enable the authorization and if needed, you will be linked to your phone settings to confirm.



APPLE HEALTH & ANDROID HEALTH CONNECT

Based on your device, you will see a link for Apple Health or Android Health Connect.

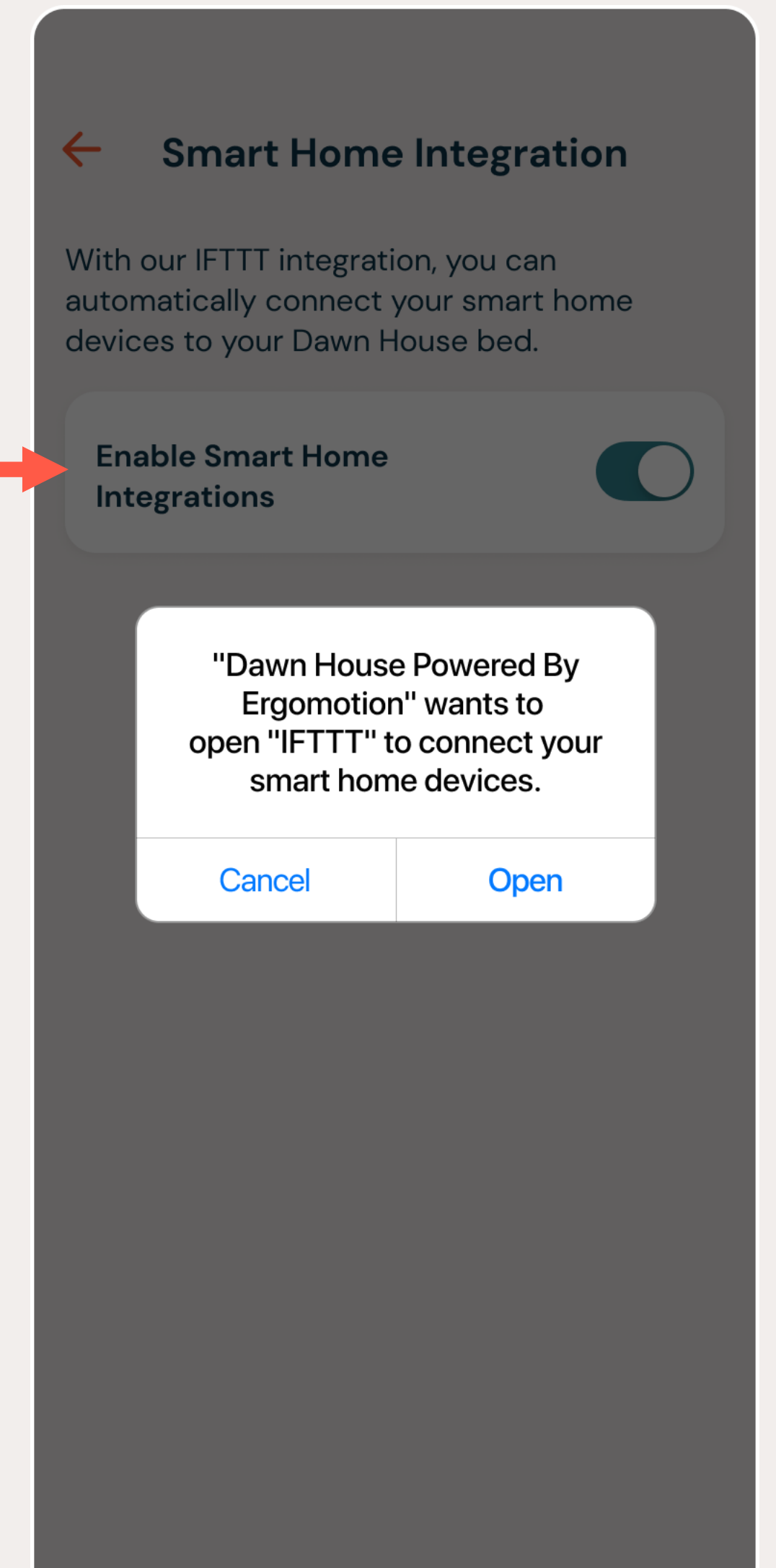
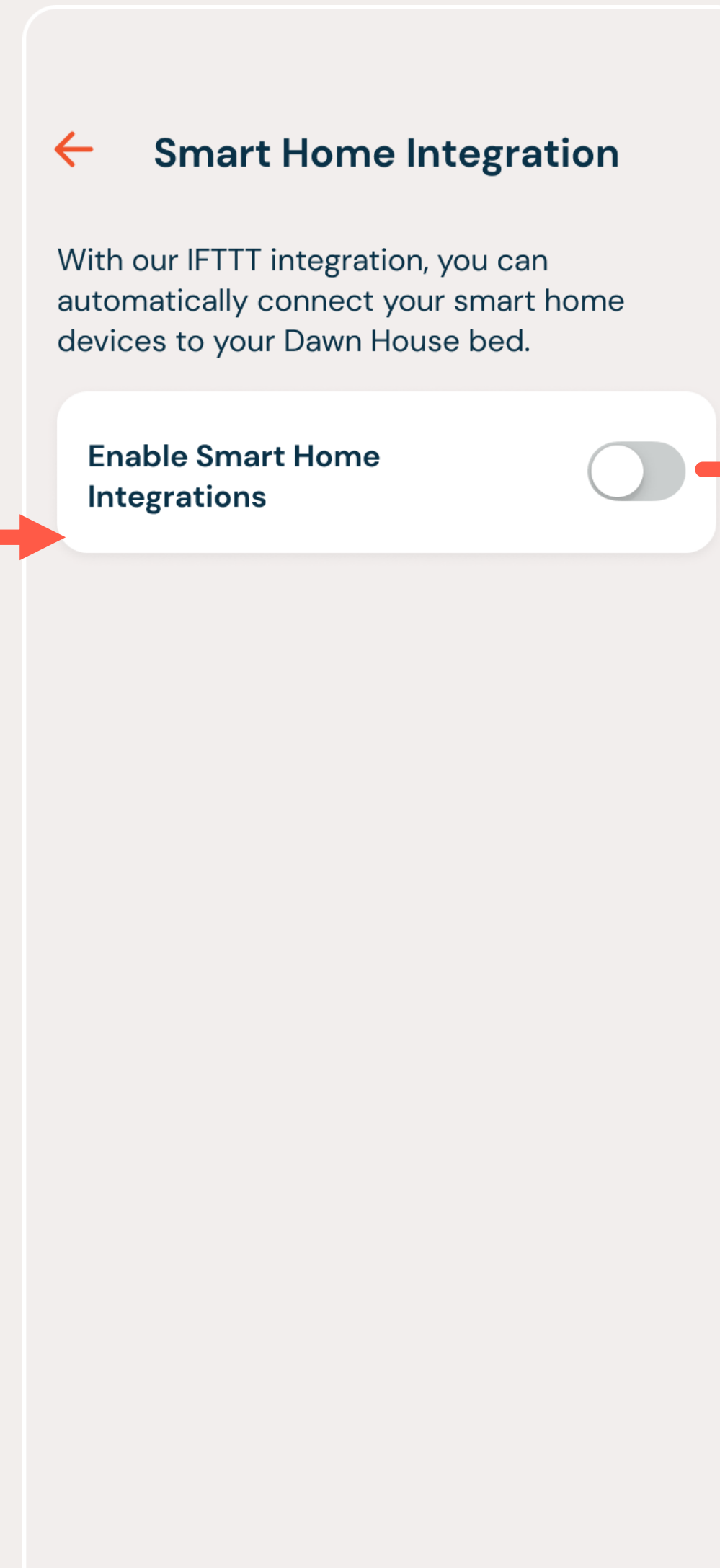
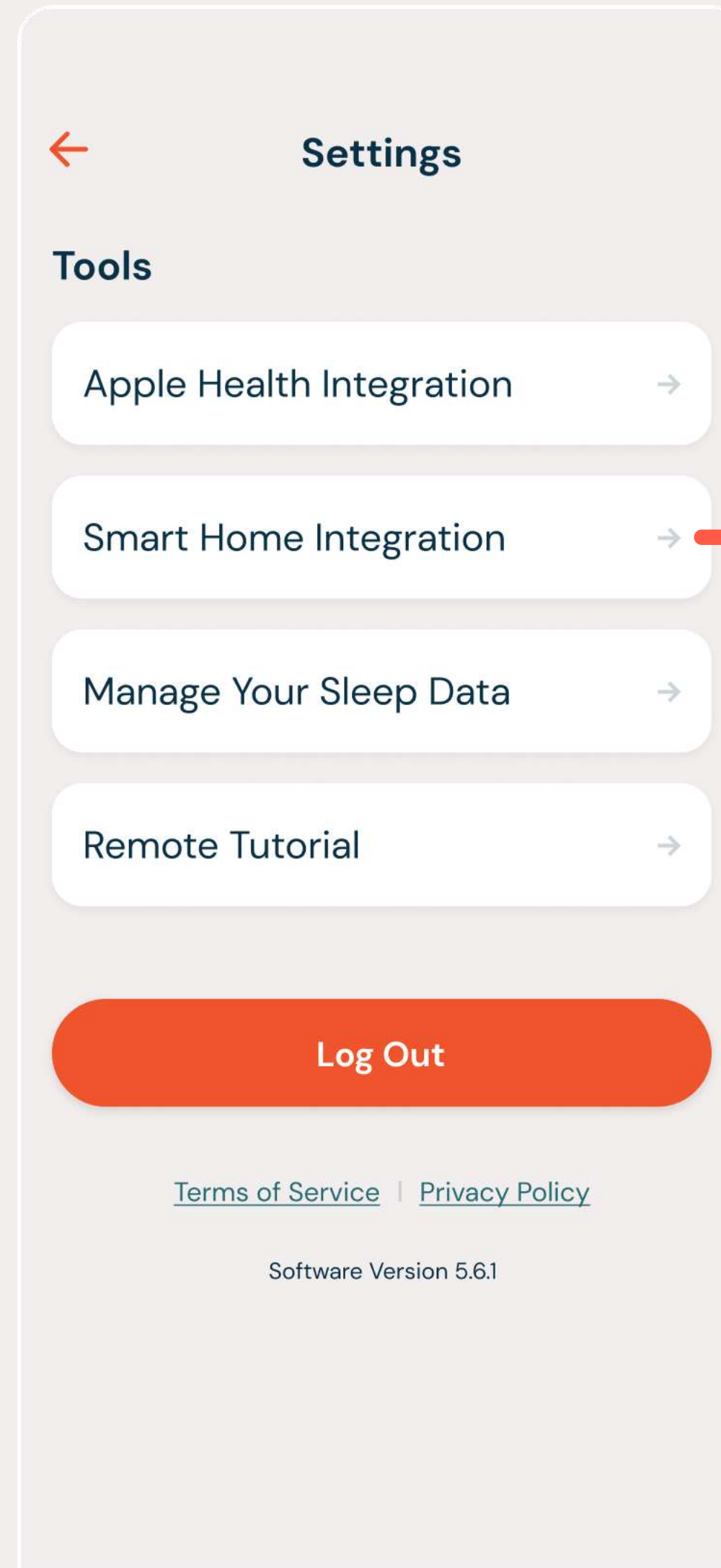
Turn on the integration to share information between Dawn House and your health app.



SMART HOME INTEGRATION

Enable Smart Home Integrations to connect your Dawn House bed to your smart home devices.

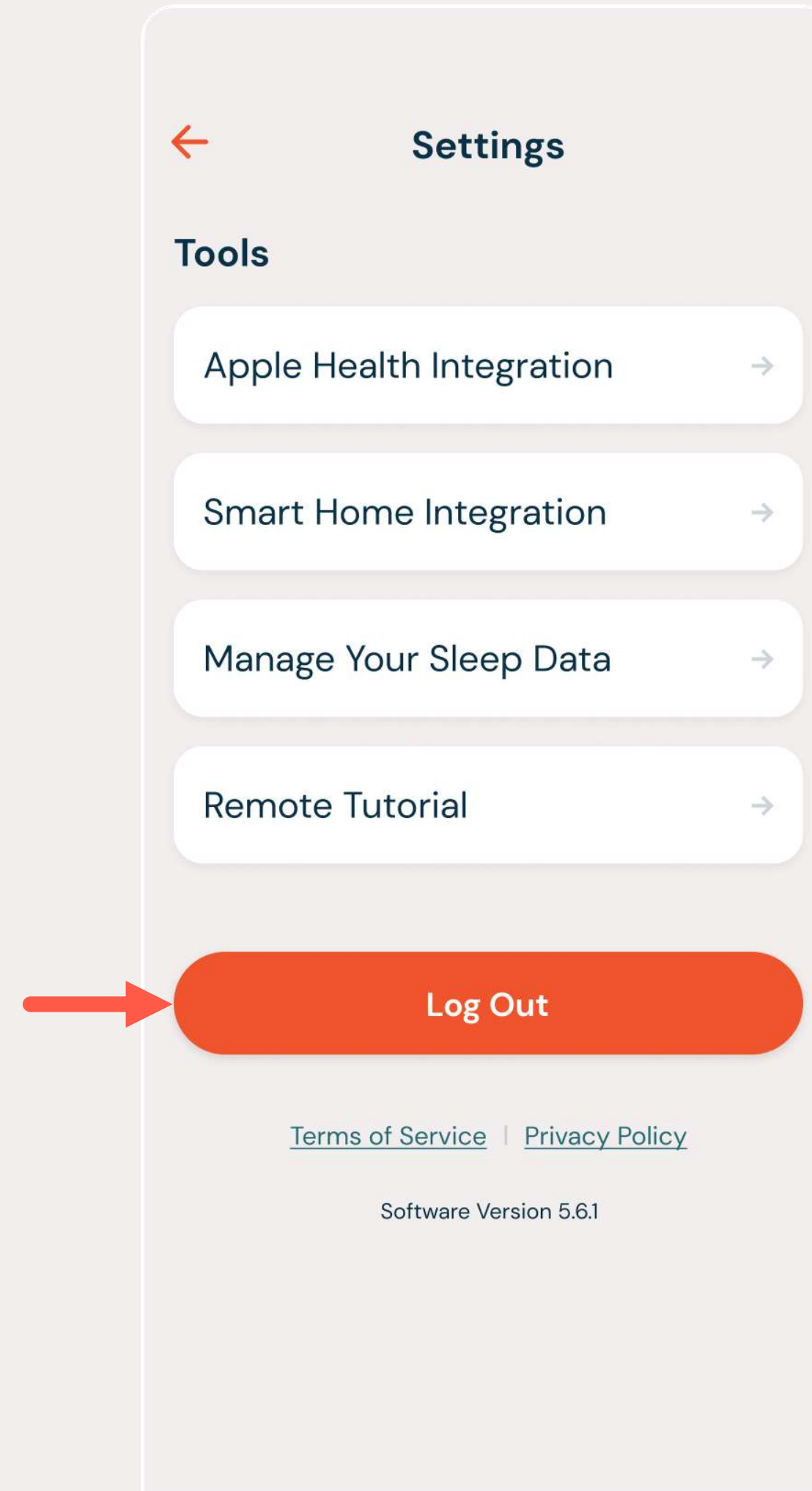
Sync your Routine alarms with your home's Philips Hue lights, Bose speakers, Hunter Douglas shades and more.



LOG OUT OF DAWN HOUSE

Click "Log Out" to log out of your Dawn House account.

You will need to re-enter your credentials or login in via FaceID to access the app again.



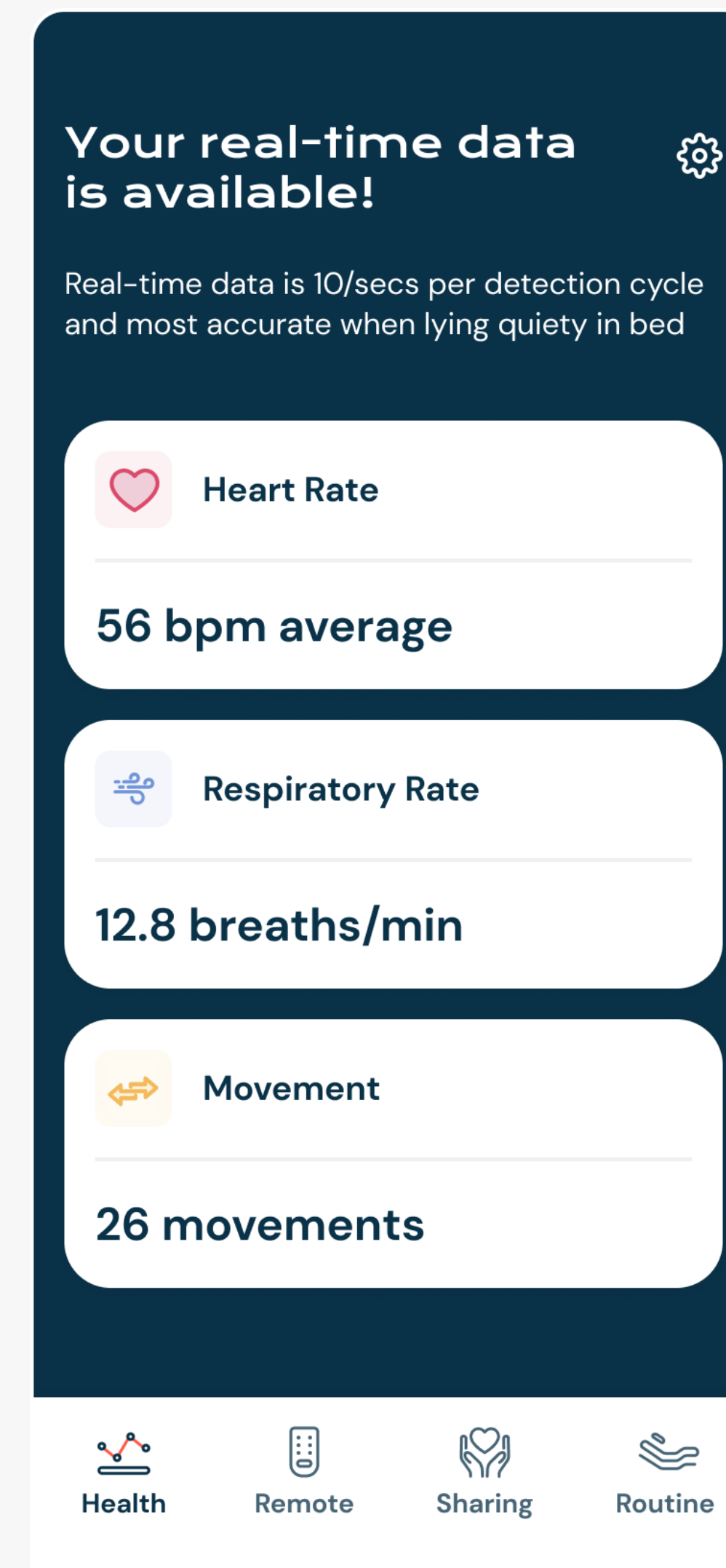
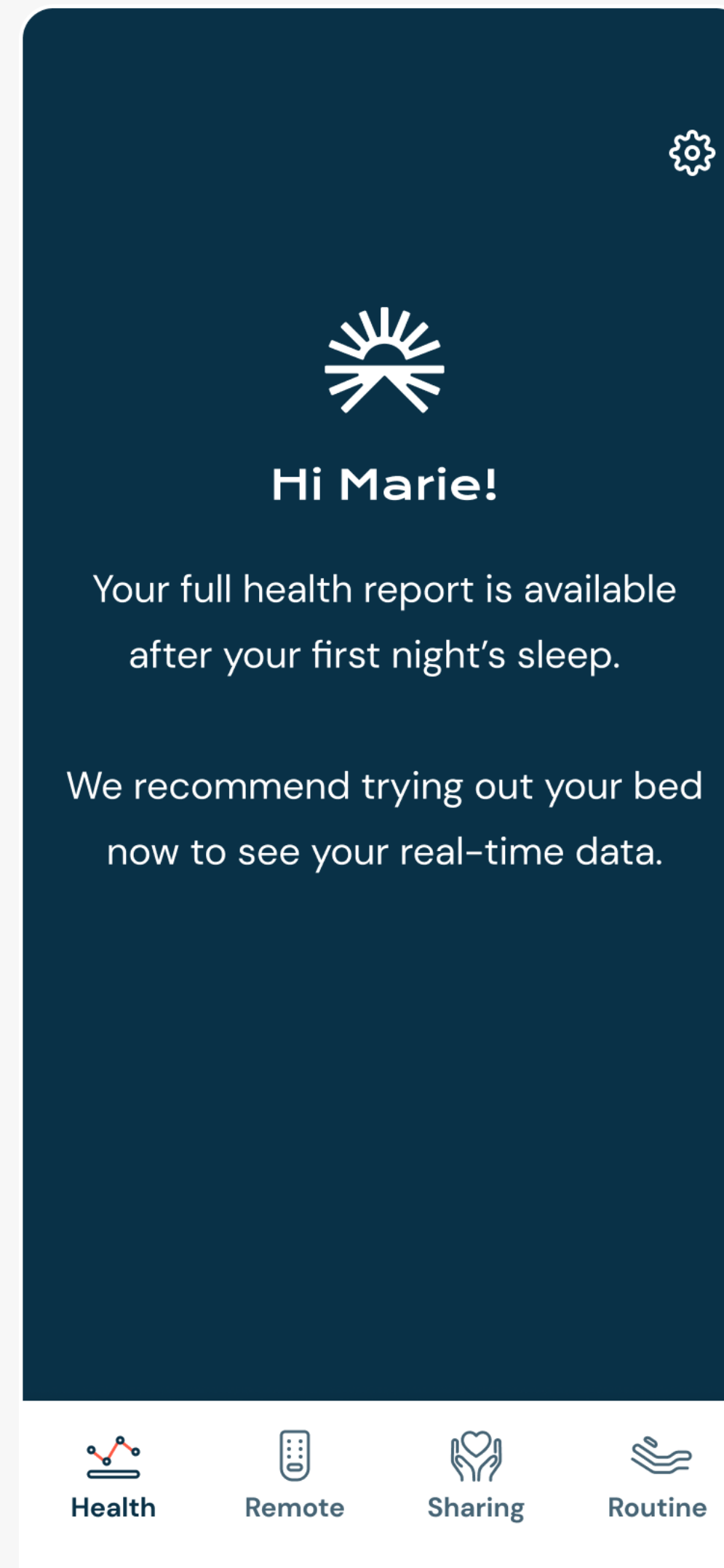
HEALTH HOME SCREEN

Once you log into the Dawn House app, you will be automatically redirected to the Health Home Screen. Your view here will change with each night of rest.

YOUR HEALTH HOME SCREEN: FIRST VISIT

When you first set up the Dawn House app you can lay down and test out your bed and see the real-time data metrics for your heart and respiratory rate.

Your health dashboard will grow and change as additional data points are collected.

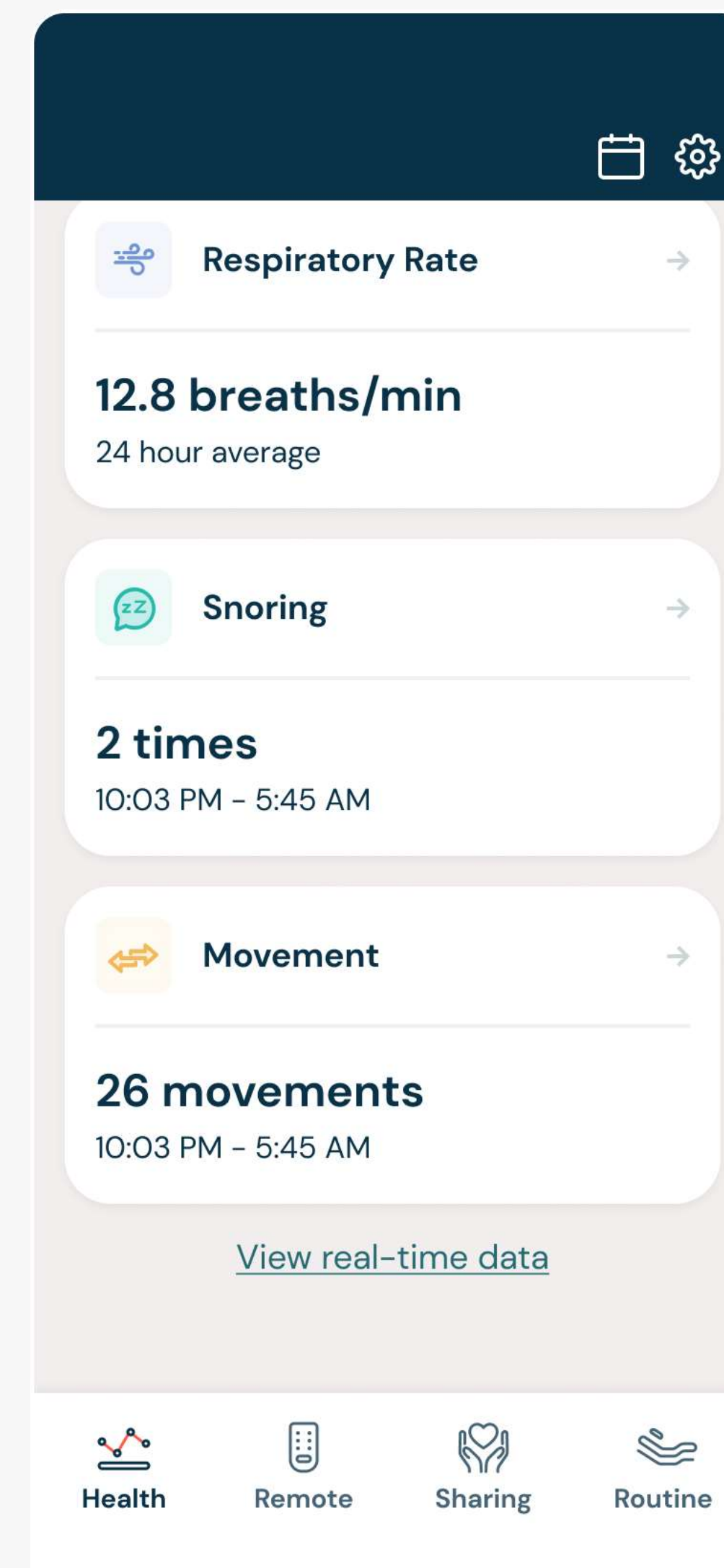
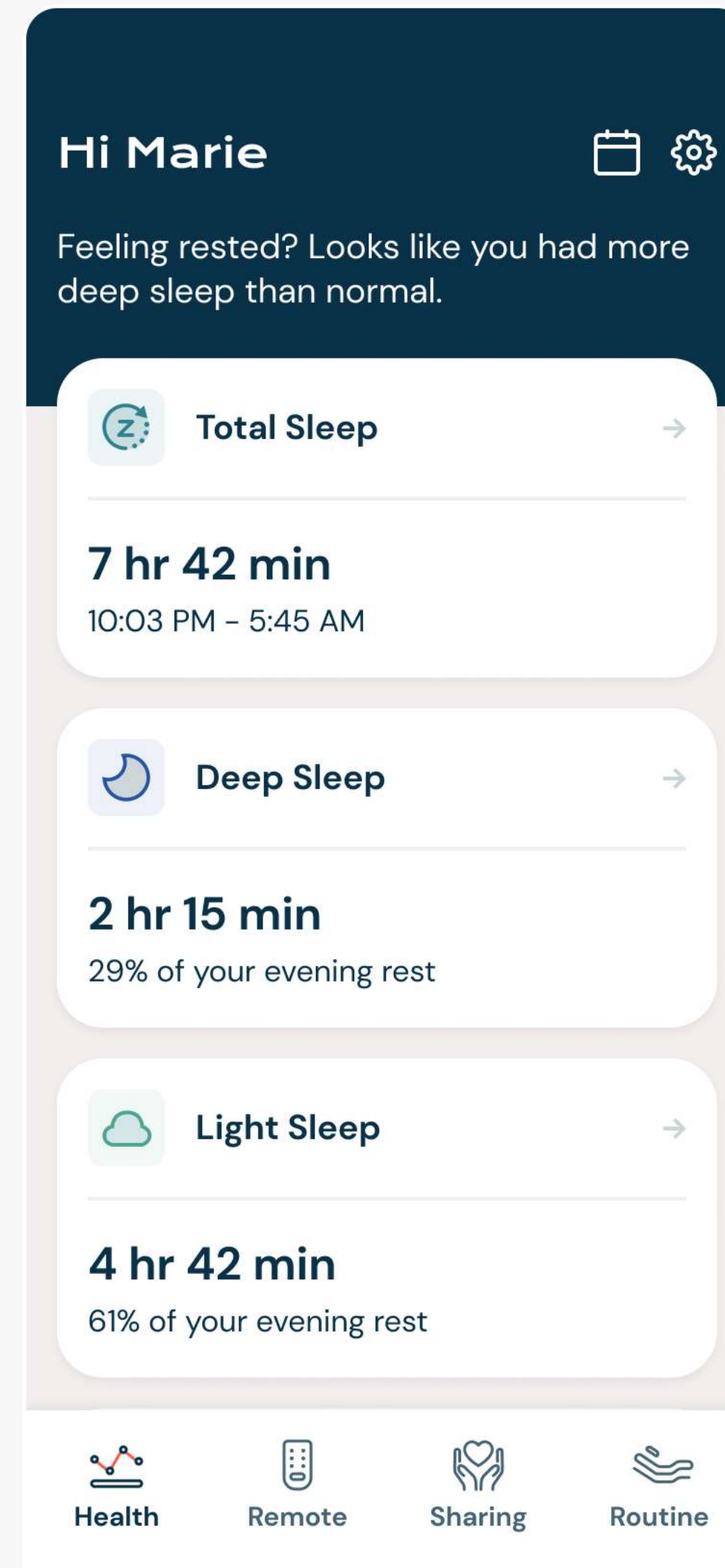


YOUR HEALTH HOME SCREEN: SLEEP REPORT

Your Dawn House bed includes state-of-the-art in-home wellness monitoring that measures key aspects of your sleep cycle and other important health metrics.

After your first evening's rest, your sleep report will be generated. With time, you will be able to identify patterns and help manage your health.

Click on any health card in your app to see more details about this specific health metric.

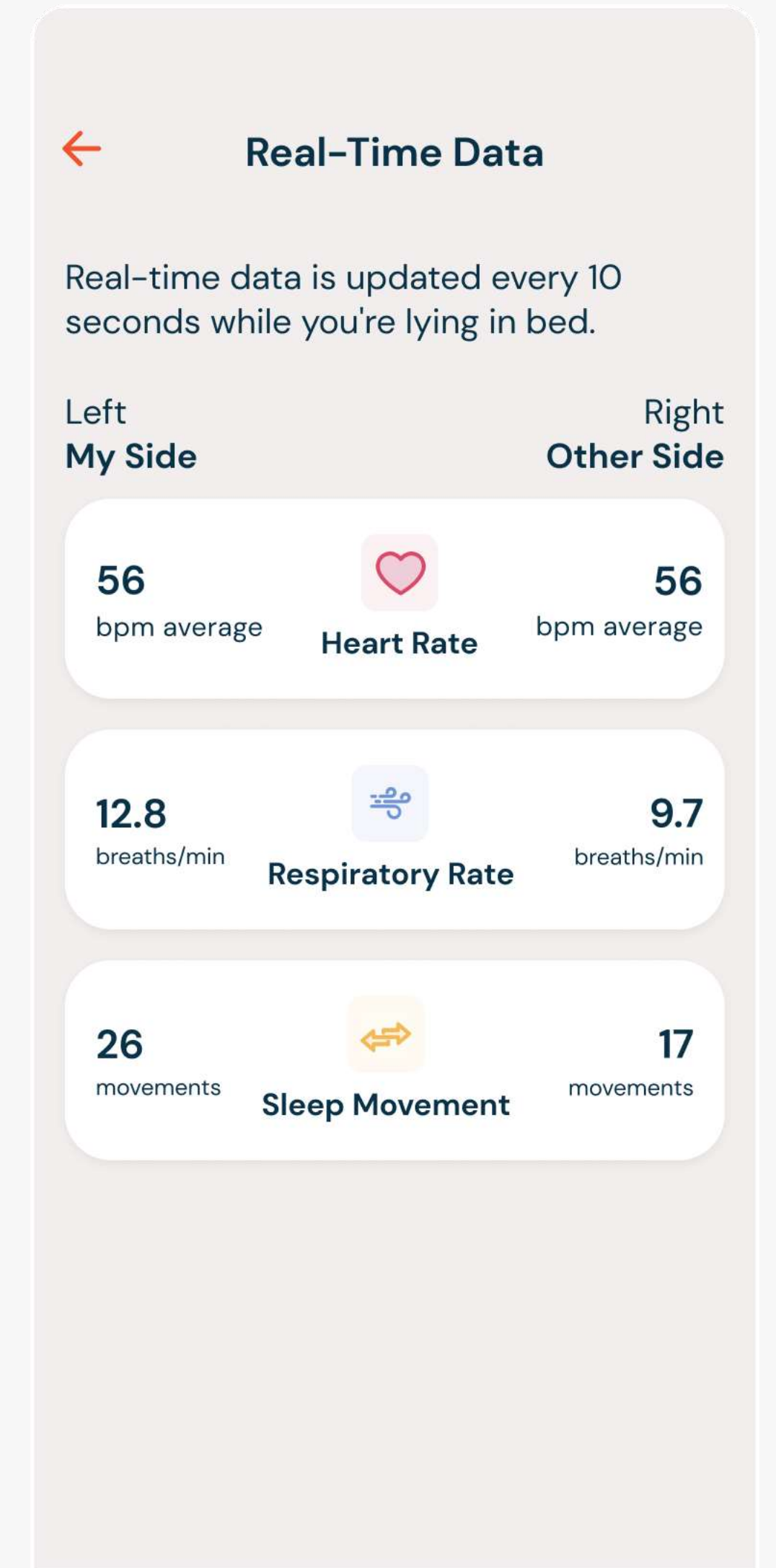
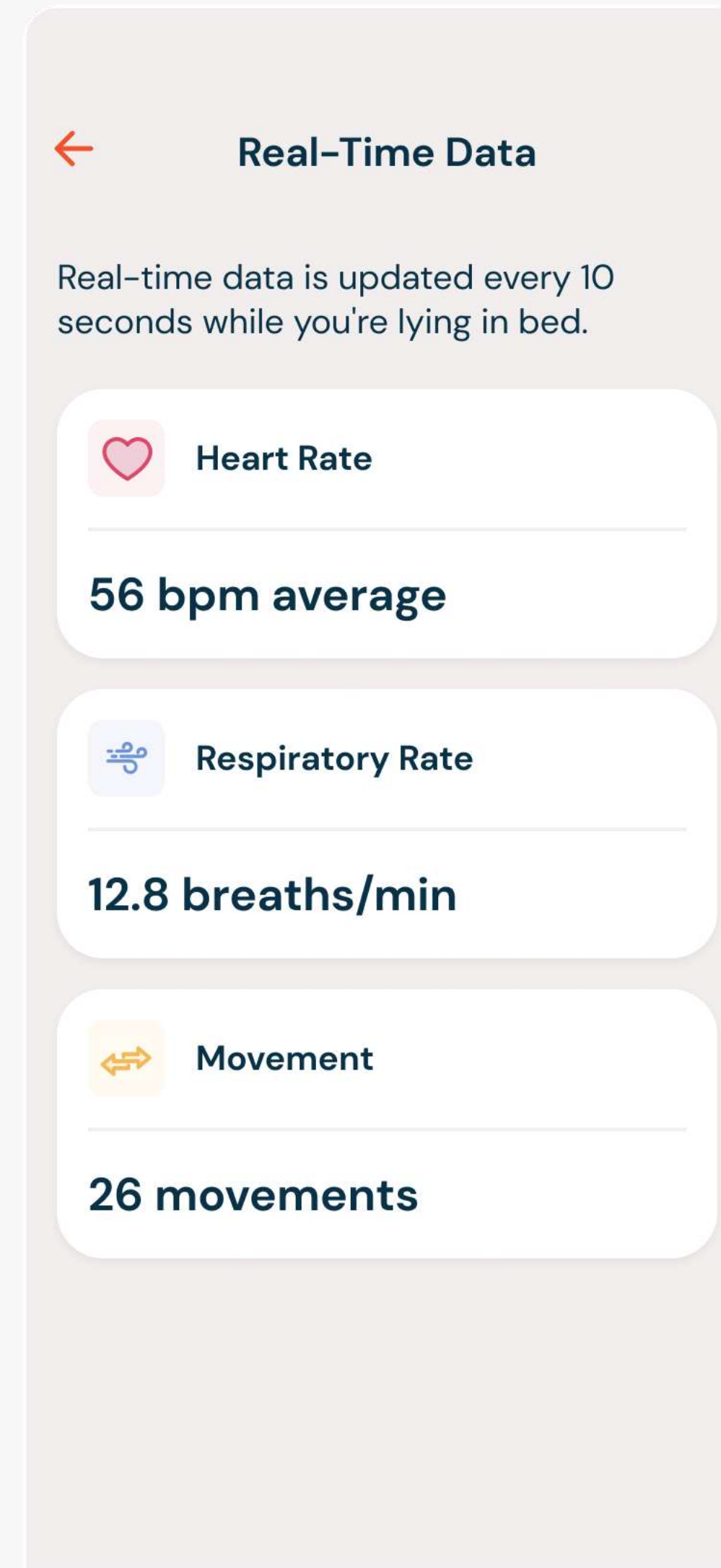
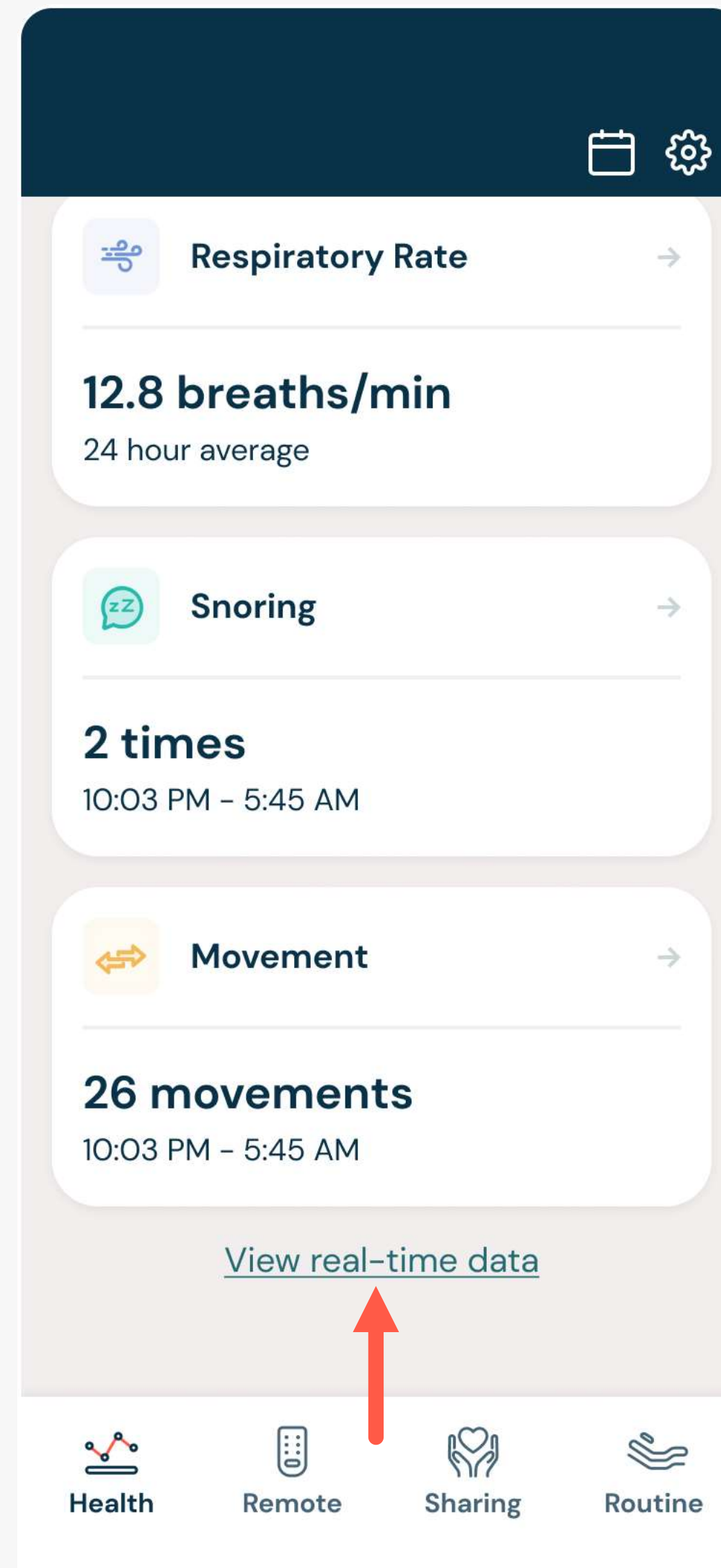


YOUR HEALTH HOME SCREEN: REAL-TIME DATA

Scroll to the bottom of your sleep report and select the link for "View Real-Time Data."

If you are seated on your bed, you will see the real-time metrics for your heart and respiratory rate.

If your bed has only been authorized to you, you will only see your real-time metrics. If your bed has been authorized to your partner, you will see real-time data for both of you.

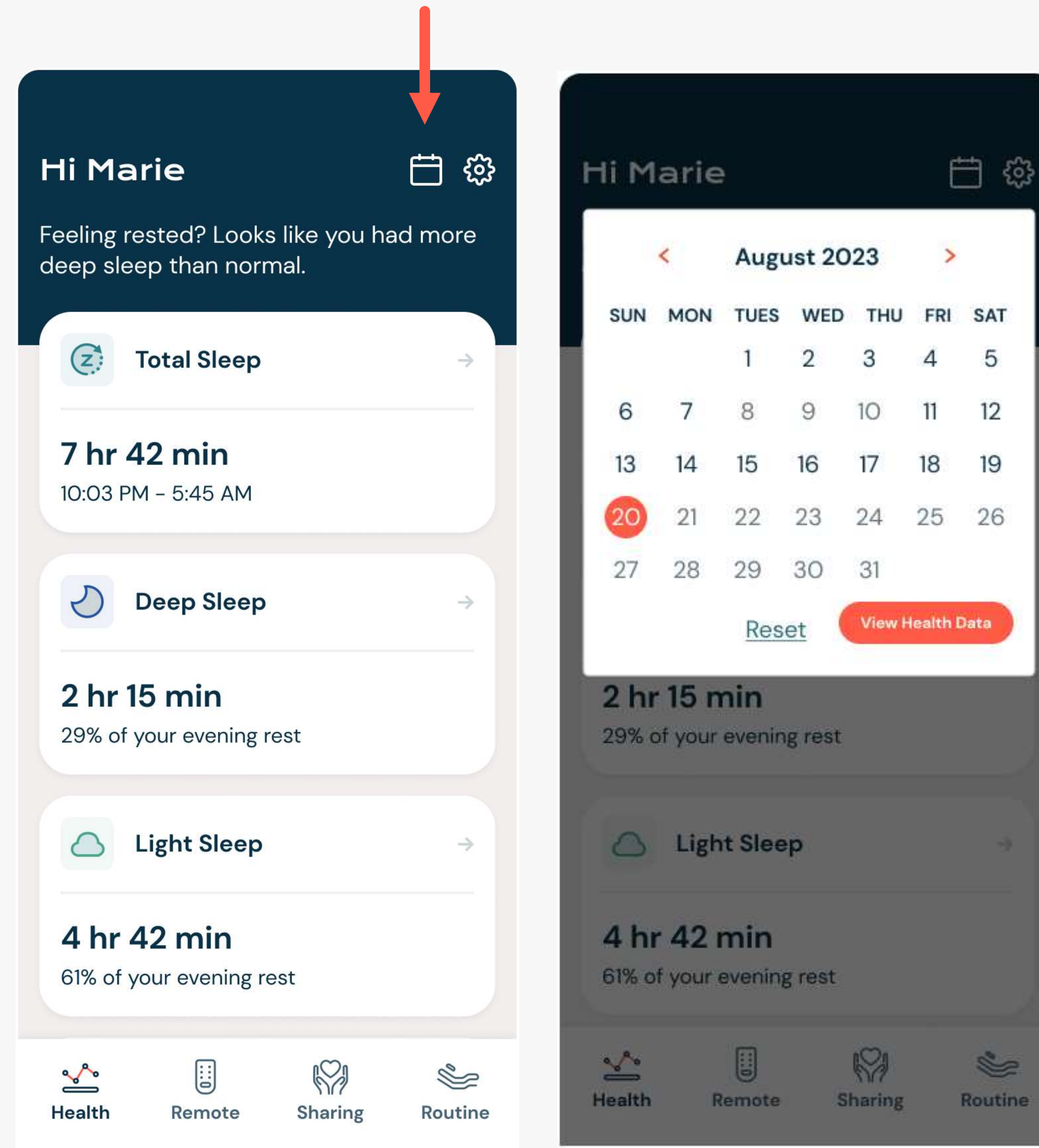


CALENDAR: VIEW PAST HEALTH METRICS

To view historical Sleep Reports, click the Calendar icon in the top right of the main Health Home screen.

This will open the calendar view. Use the < > arrows to navigate through the dates to select a day, then select "View Health Data."

Please note: You will only be able to select dates for which your sleep report was generated. Any days without a sleep report, such as in the event of travel away from home, will display in gray and be disabled from selecting.



HEALTH DATA

The Dawn House app gives you access to vital health indicators generated while you rest. Each morning you will be able to access a Sleep Report sharing information about your sleep quality and duration, heart rate, respiratory rate, and more.

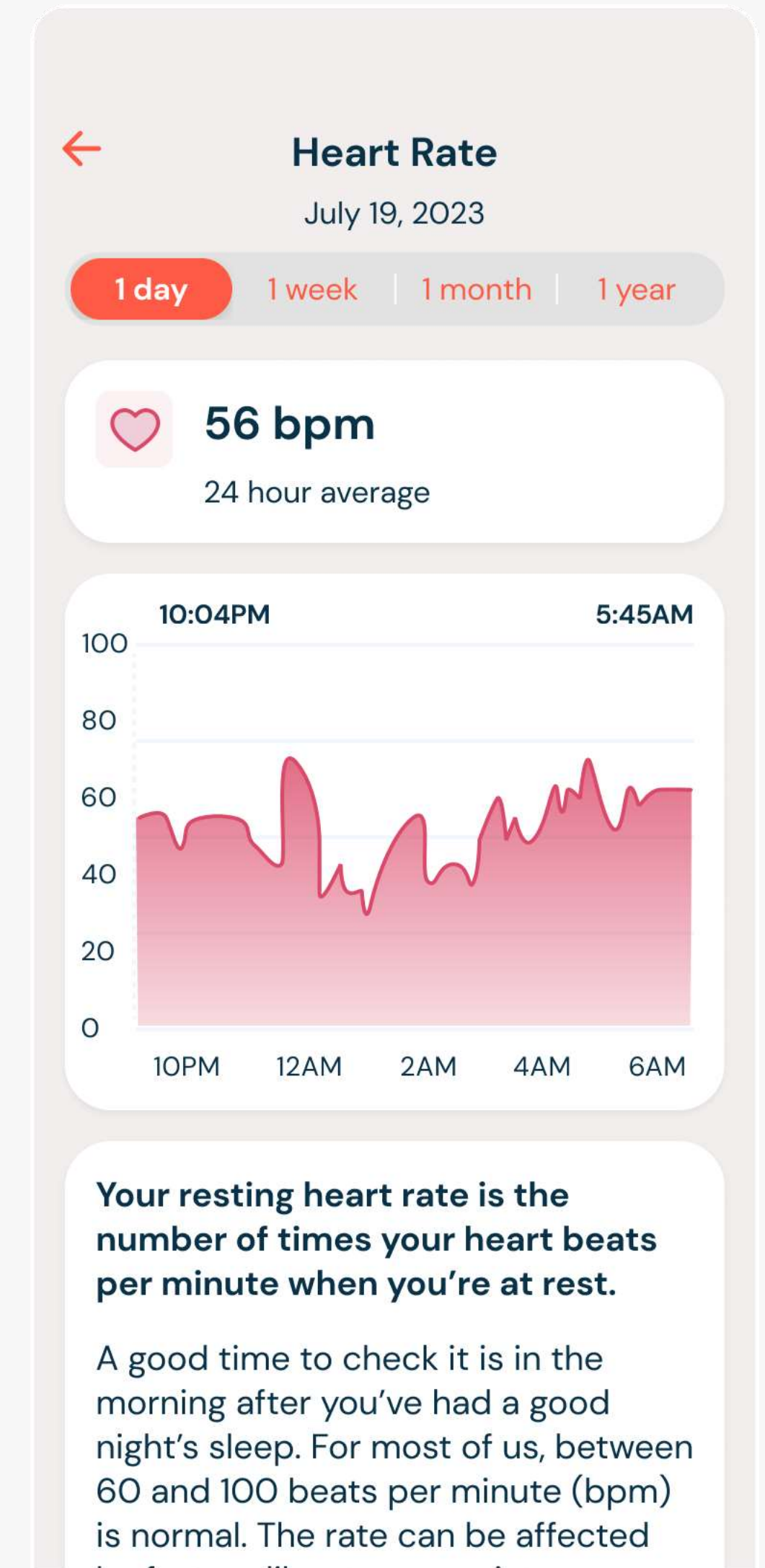
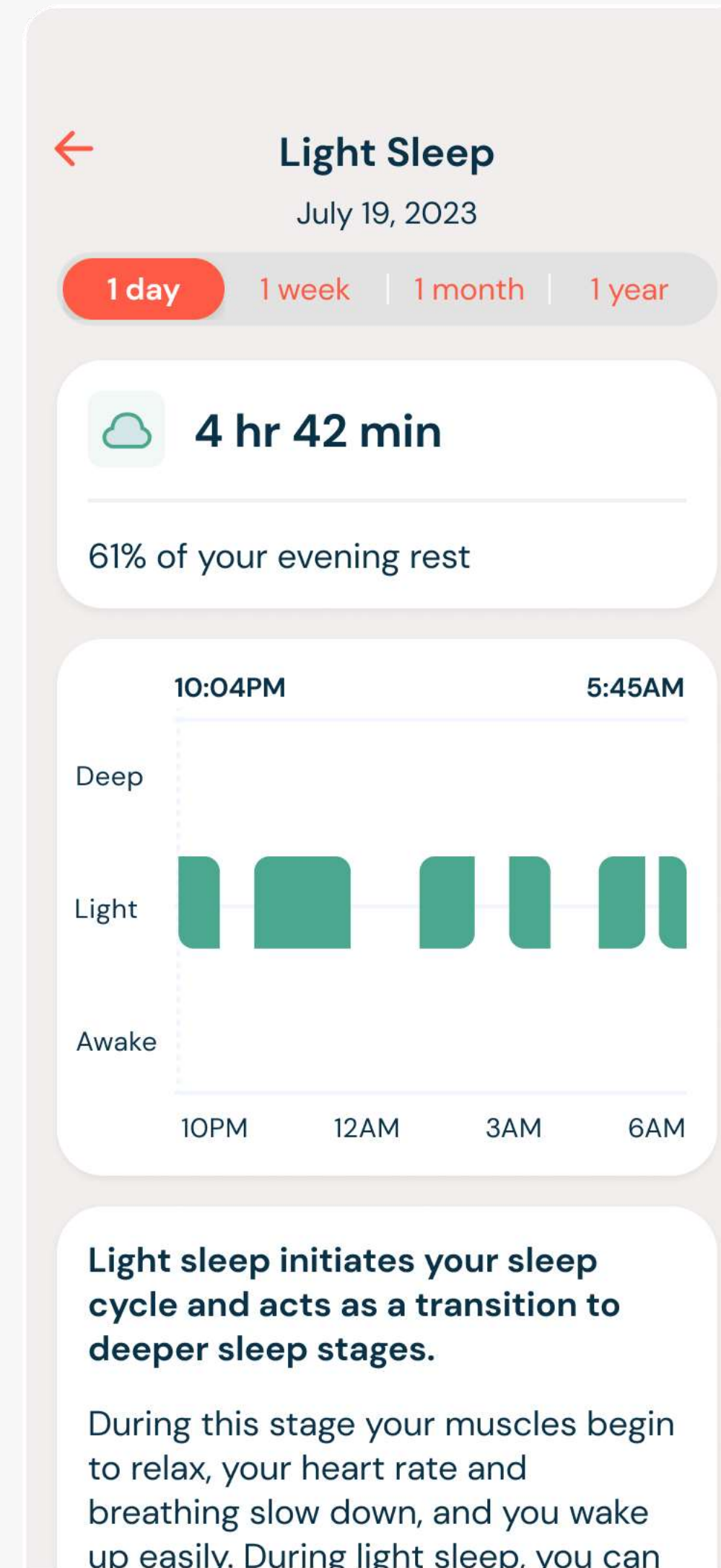
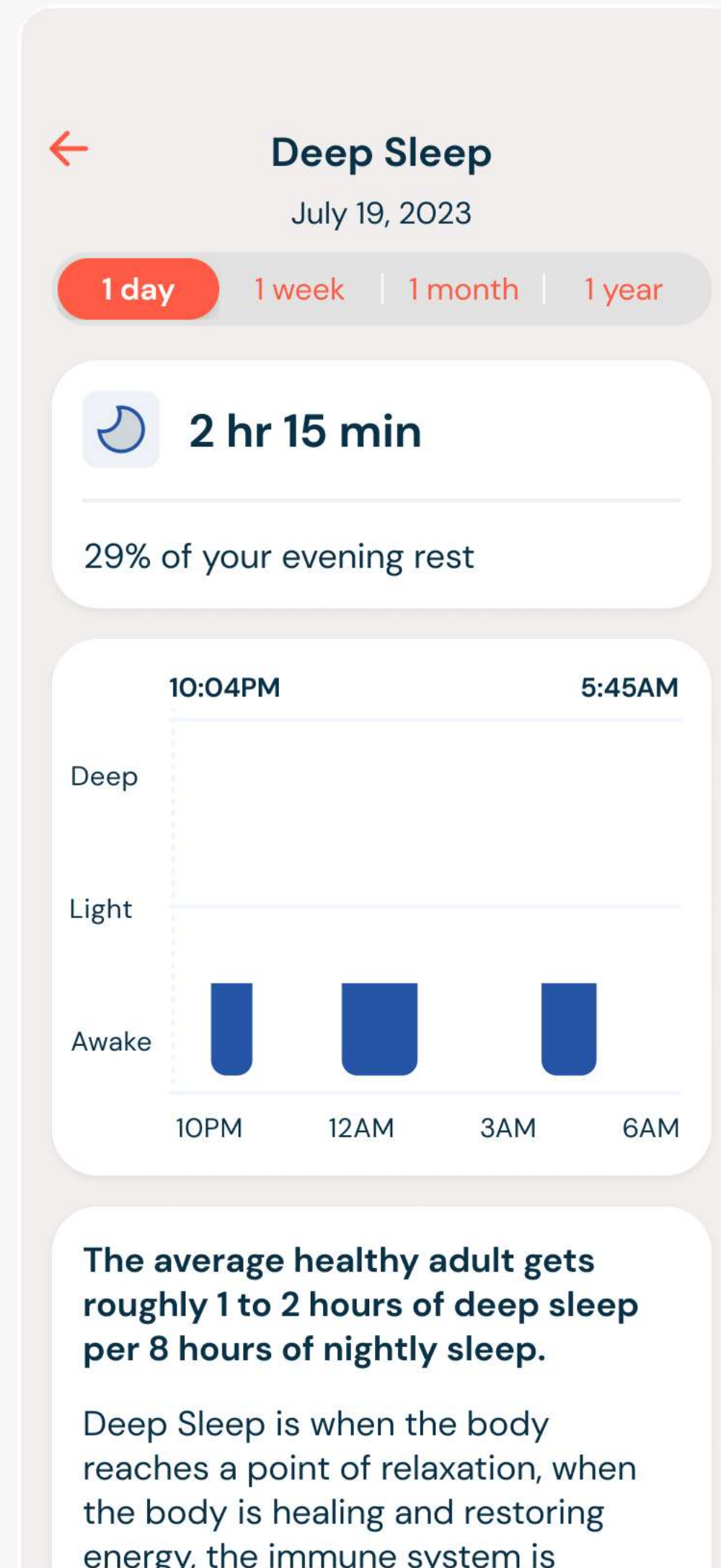
To access, tap on any of the white cards from the main Health Home Screen.

HEALTH DATA POINTS

Your health data includes:

- Total, Deep & Light Sleep
- Heart Rate
- Respiratory Rate
- Snoring
- Movement
- More Health Stats

To navigate between your health data, swipe the screen left or right.



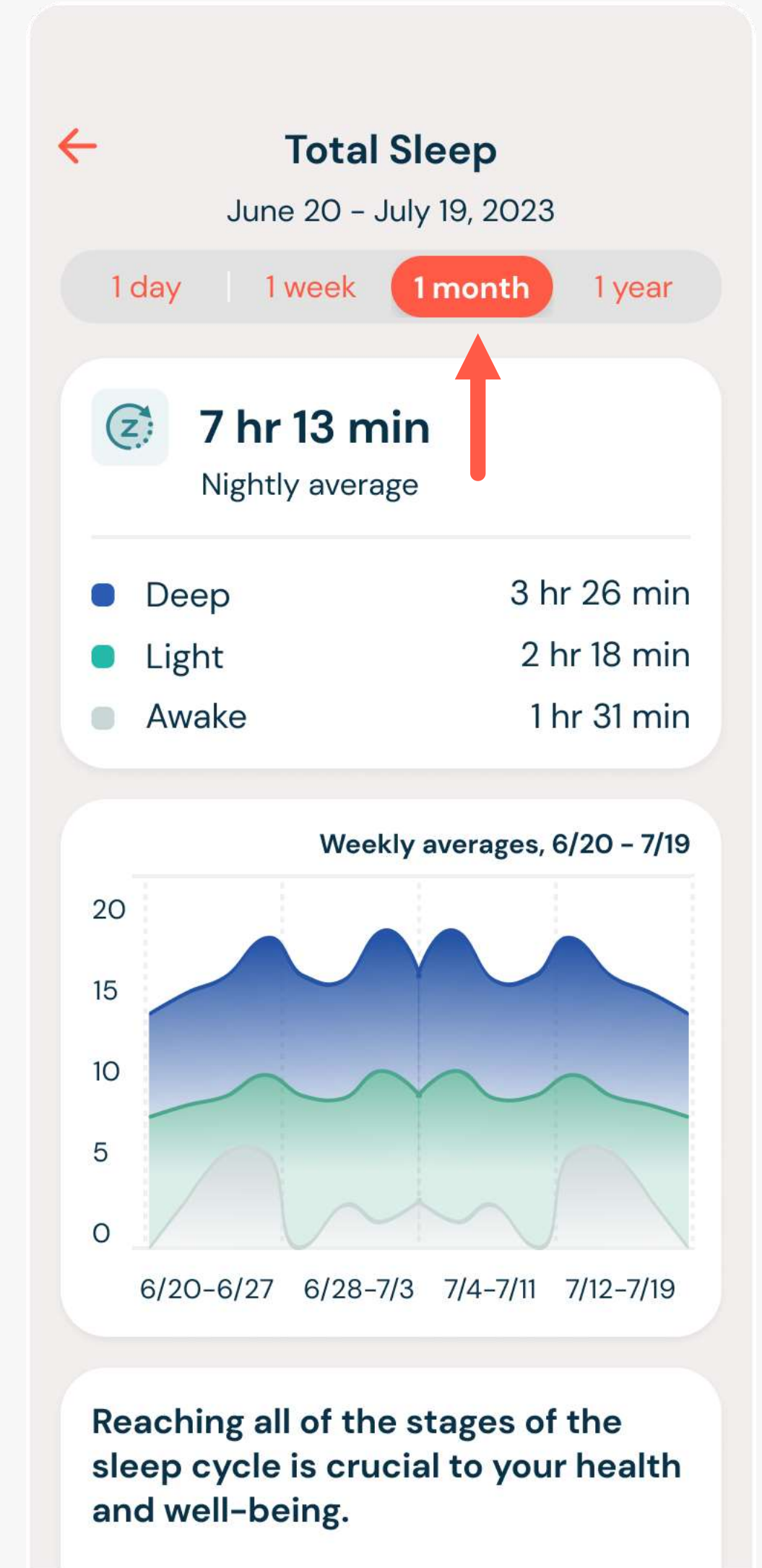
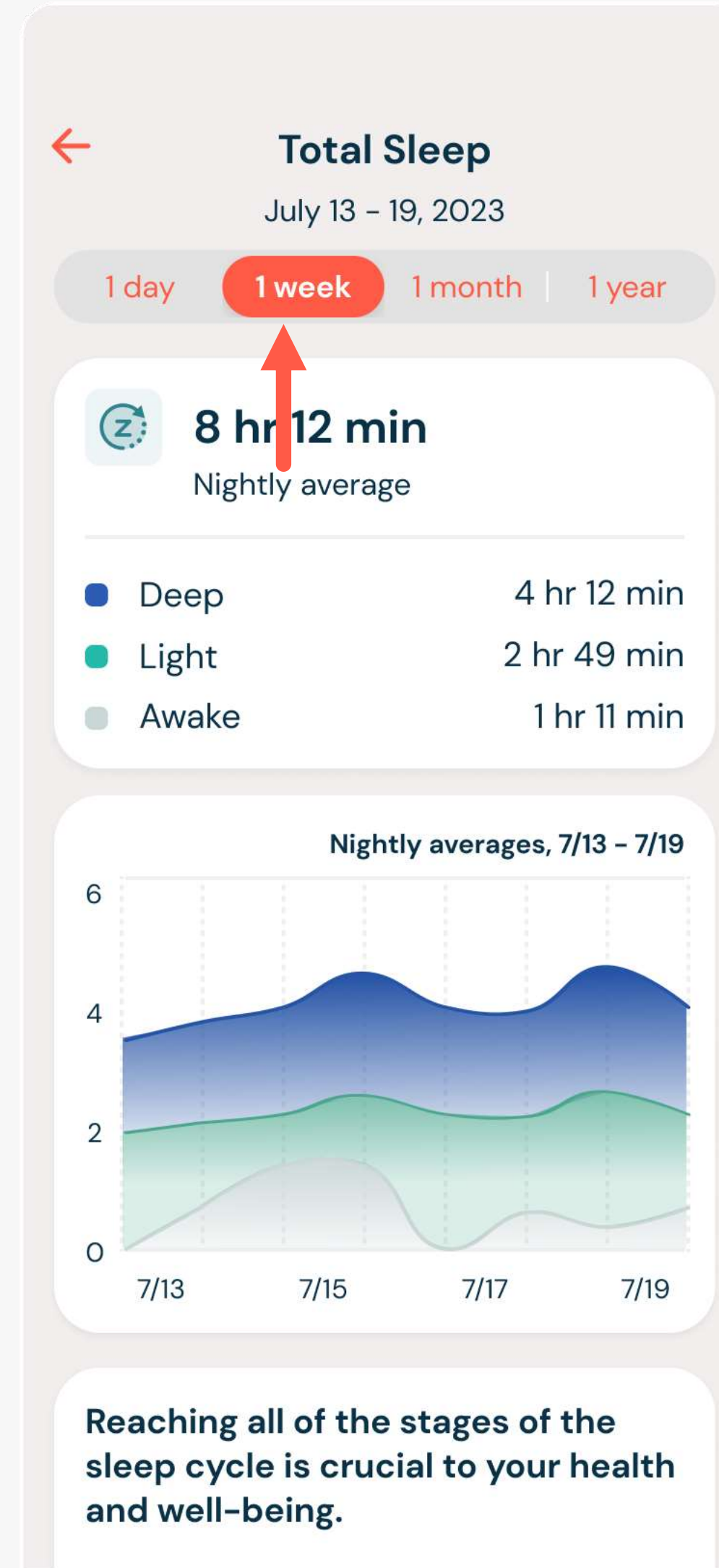
DAILY, WEEKLY MONTHLY & YEARLY VIEWS

Your important Sleep Report metrics are organized into daily, weekly, monthly & yearly charts to make it easy to see trends and make adjustments as needed.

By default, you will see the Sleep Report metrics collected from the previous evening.

To view your weekly data trends, select "1 Week."

To view your monthly trends, select "1 Month."



ROUTINES

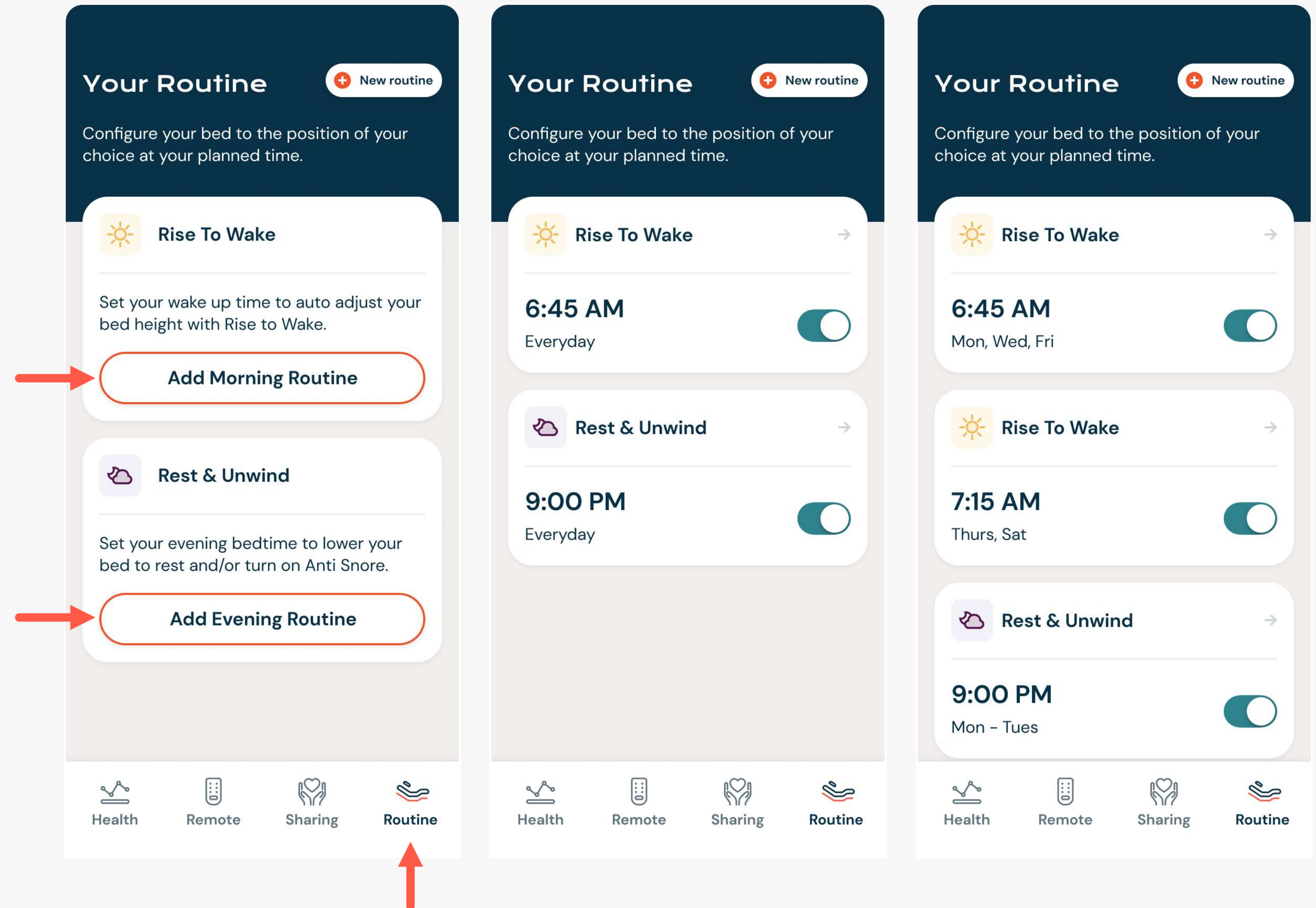
It's easy to set alarm routines that activate specific functions of the bed and can be customized daily or set to repeat with any frequency.

YOUR ROUTINE HOME SCREEN

The Routine screen is accessed by selecting the routine icon in the bottom right of the navigation bar.

Here you can set up morning or evening routines for your Dawn House bed to automatically shift into the position of your choice at the time you schedule.

You can also turn on or off your underbed lighting at the scheduled time and auto correct your position when snoring is detected during sleep.



RISE TO WAKE

The Dawn House bed can gently elevate your head at an appointed hour, easing you into your new day with "Rise to Wake". To set your routine:

1. Set Your Wake Up Time: Use the timer wheel to select.
2. Set the Routine Frequency: Tap the "Repeat Routine" card to open and select how often you want to repeat this routine.
3. Turn Underbed Lighting On/Off: If you wish you can turn your underbed lighting on or off at the time of your routine. Select "No change" if you do not want to adjust the underbed lighting.

Rise to Wake Save

Set your wake up time to auto adjust your bed height with Rise to Wake.

3	57	
4	58	
5	59	
6	00	AM
7	01	PM
8	02	
9	03	

Repeat routine →
Everyday

Underbed lighting →
No change

Delete Routine

Repeat Routine

Everyday

Monday - Friday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Underbed Lighting

Turn lights on at wake up time
Your underbed lights will turn on at your scheduled morning time. You can turn them off at any time from your remote.

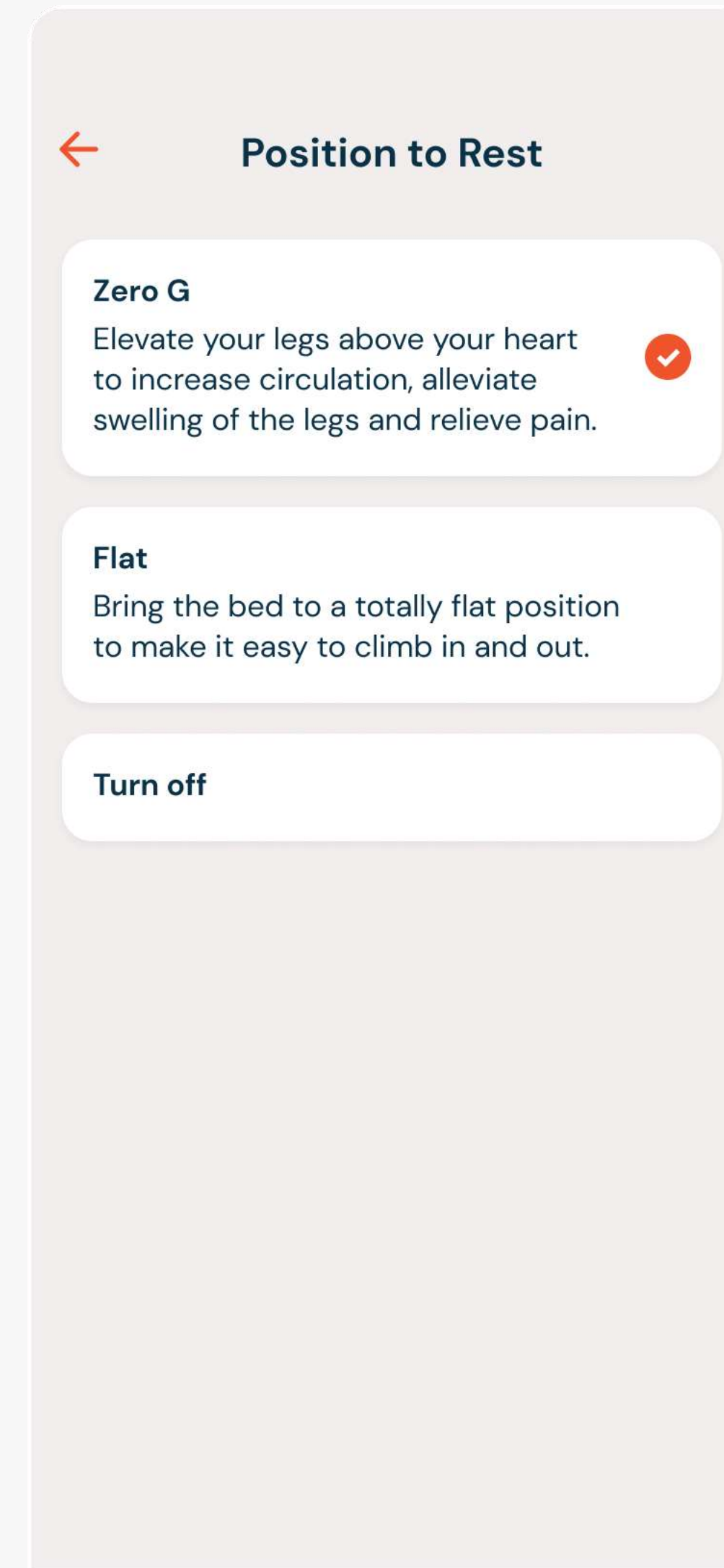
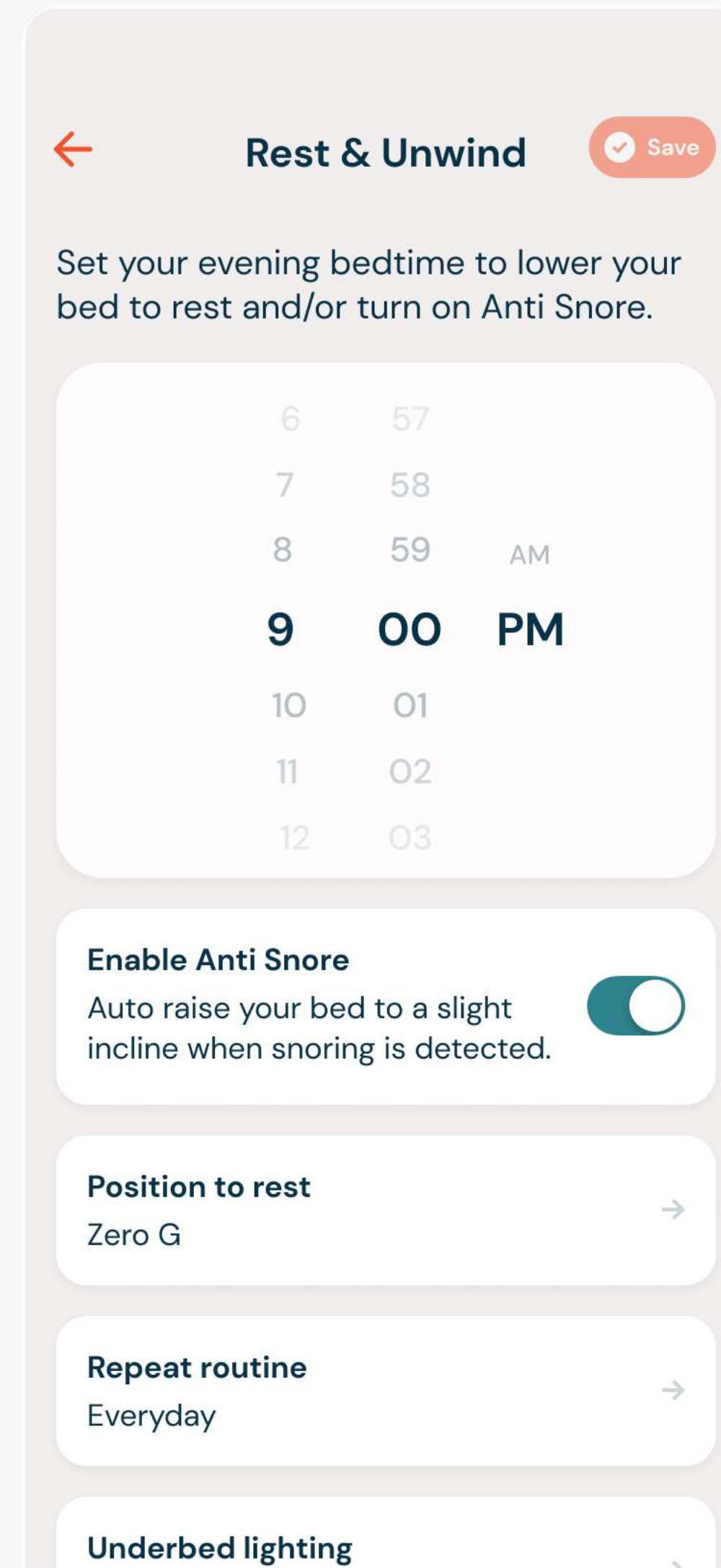
Turn lights off at wake up time
Your underbed lights will turn off at your scheduled morning time.

No change

REST & UNWIND

Establish an evening routine with “Rest & Unwind.” To set your routine:

1. Set Your Bedtime: Use the timer wheel to select.
2. Enable Anti-Snore: Turn anti-snore on or off. When on, sophisticated sensors detect the onset of snoring and gently raise the head to promote more restful sleep.
3. Set Your Bed Position: Tap the “Position to Rest” card to set your bed position
4. Set the Routine Frequency: Tap the “Repeat Routine” card to open and select how often you want to repeat this routine.
5. Turn Underbed Lighting On/Off: Turn your underbed lighting on or off at the time of your routine. Select “No change” if you do not want to adjust the underbed lighting.



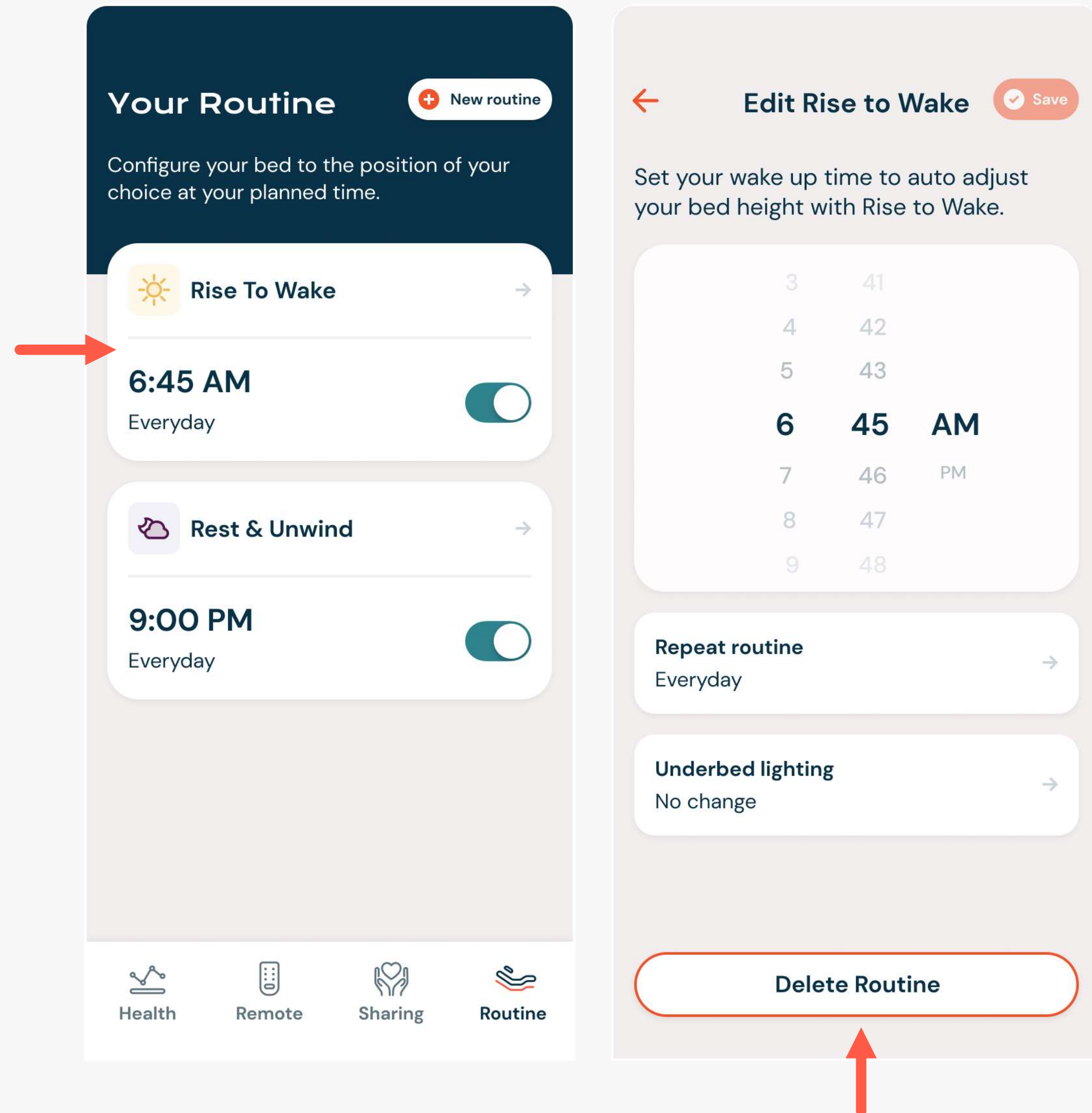
EDIT OR DELETE A ROUTINE

If you want to make changes or delete one of your routines, tap the routine card on the main page to open to the details.

Here you can make changes then select the “Save” button.

To delete a routine, tap on the button for “Delete Routine.”

If you are away your routines will still function. You can Delete Routine or uncheck the Repeat before you are away to stop the bed adjustments.



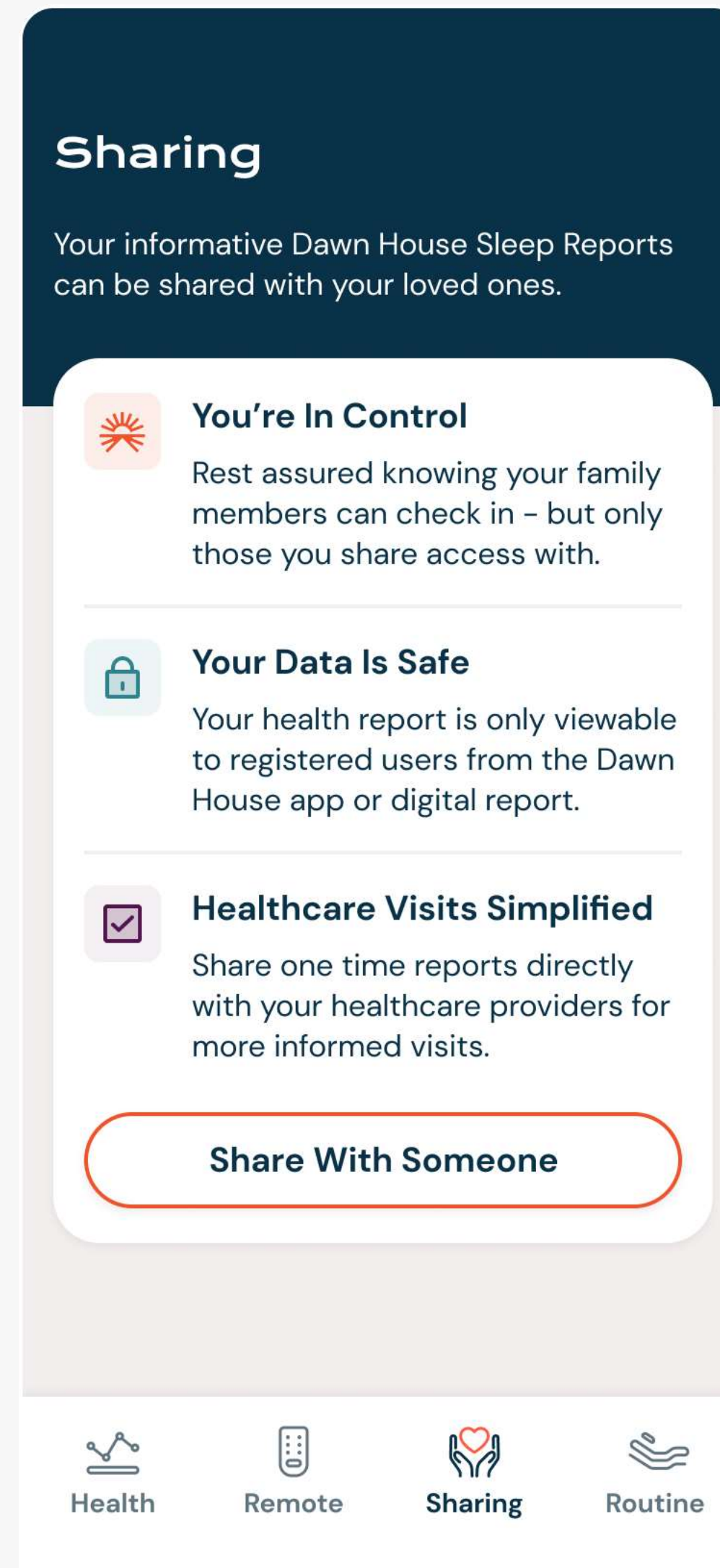
SHARING: DAWN HOUSE BED USERS

Your Dawn House Sleep Reports can be shared with your loved ones from the Sharing tab. Here you can also view Sleep Reports shared with you.

SHARING: FIRST ACCESS

As a Dawn House bed user, when you first access the Sharing tab you will be able to learn more about the benefits of sharing your health data.

You can then proceed to add a loved one to your share list, or send a one-time health report, but only if you so wish.

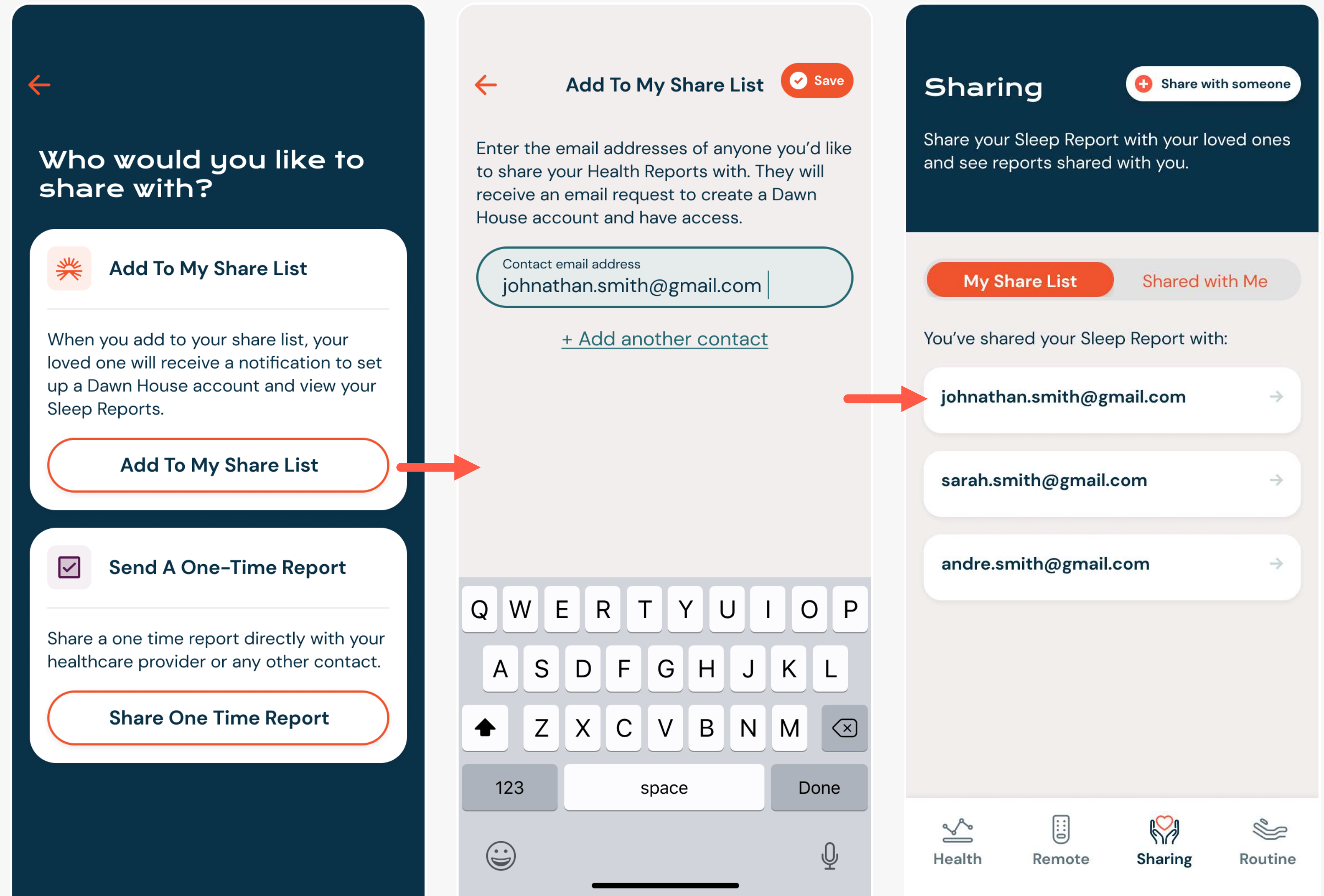


SHARING: ADD TO MY SHARE LIST

When you add to your share list, your loved one will receive an invite to access your sleep reports. They will have their own Dawn House account login and be able to view your daily, weekly, monthly and yearly metrics.

To add someone to your share list select the button for "Add To My Share List" and enter their email address(es).

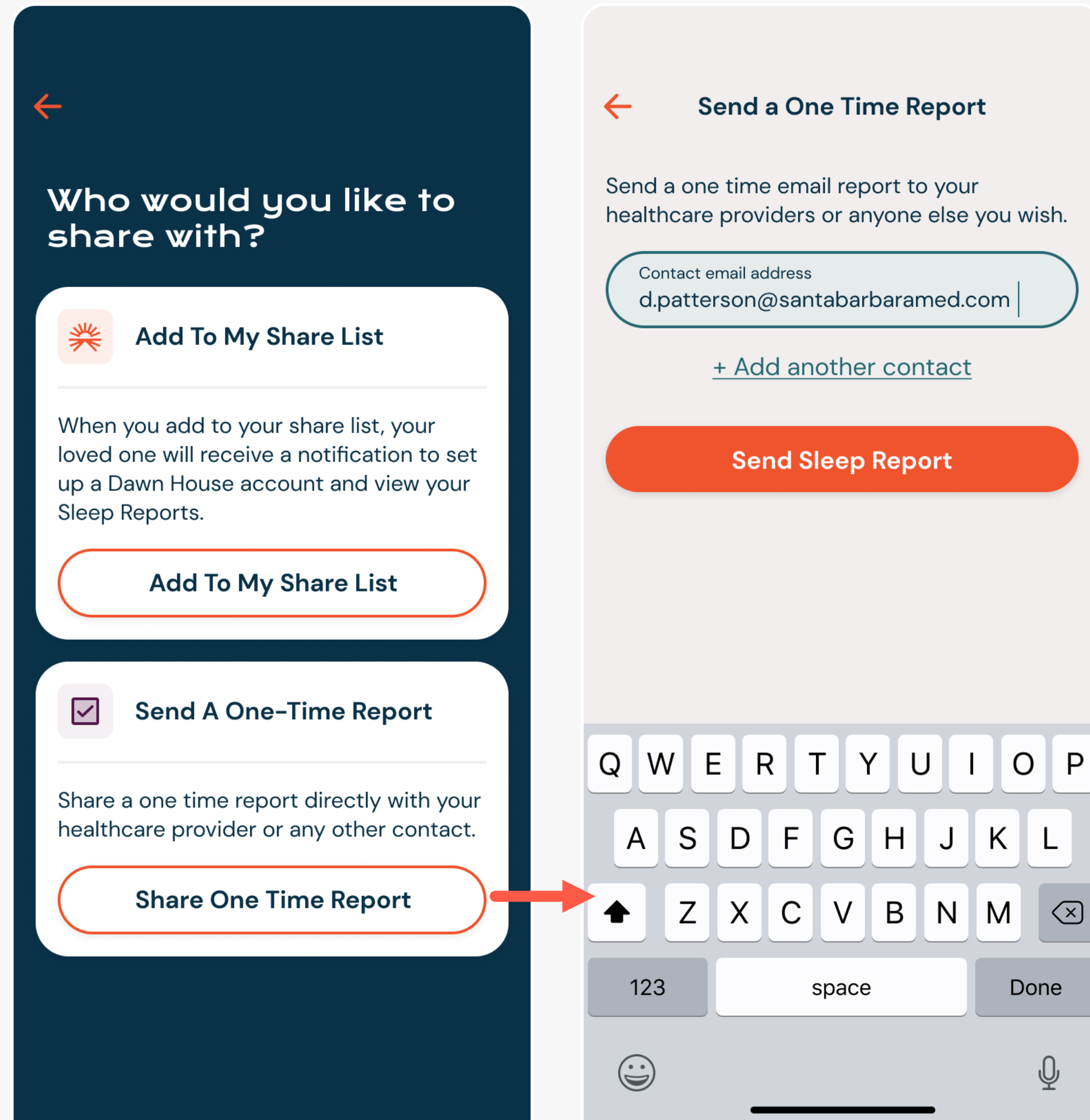
You will see the emails of anyone you have invited to view your report on the default My Share List toggle view on the Sharing tab.



SHARING: SEND A ONE-TIME HEALTH REPORT

You can share a one-time health report via email to your healthcare providers or any other contact.

Select the button for "Share One Time Report" then enter the email address of the person you'd like to share with.



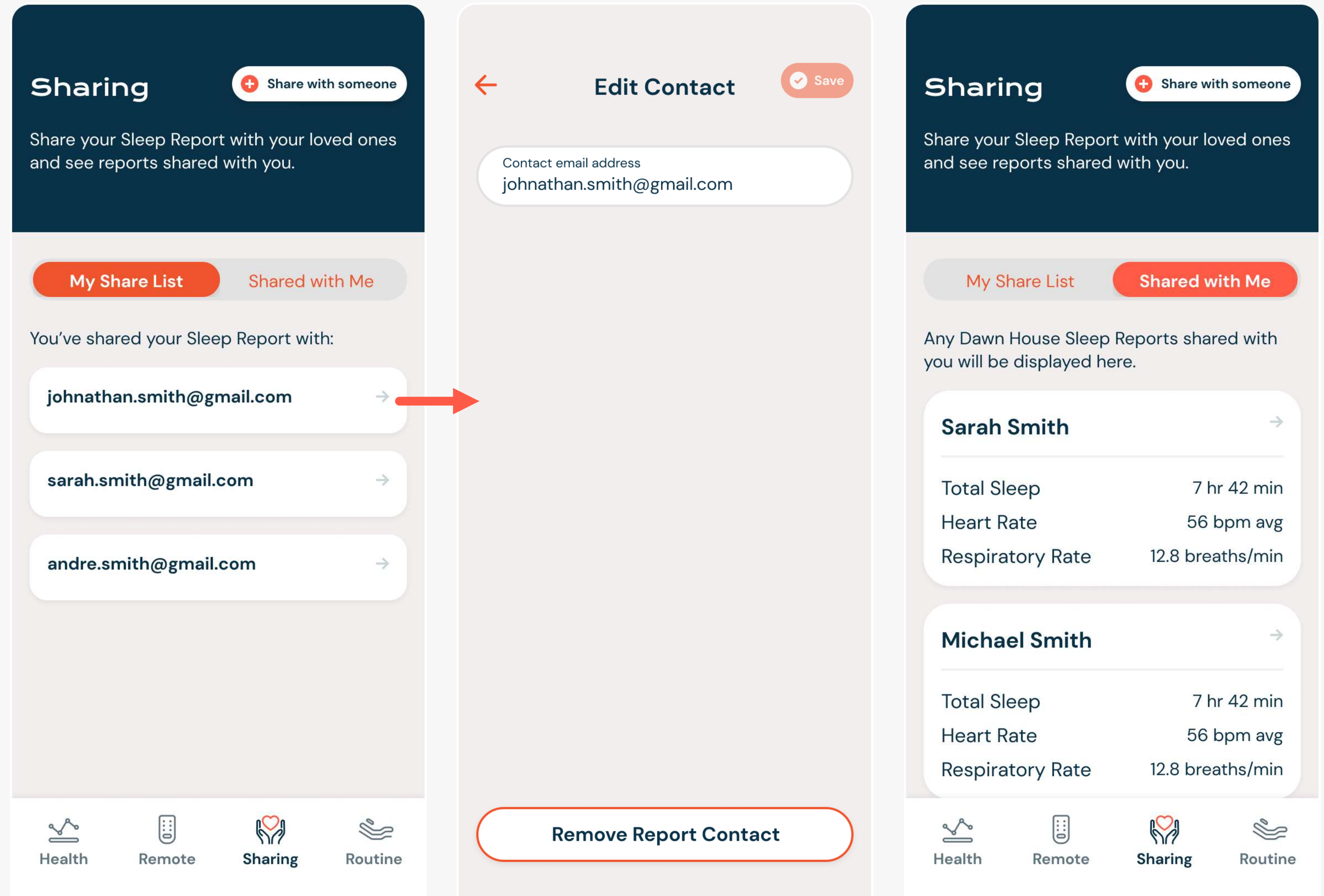
SHARING: MY SHARE LIST & SHARED WITH ME

When you've added someone to your Share List or a Sleep Report has been shared with you, you will see the tab display.

To update a contact on your Share List, select the email address and proceed to edit or remove the contact on the next page.

When you tap "Shared with Me" you will see the Dawn House sleep reports shared with you.

At any time you can select the top right button "Share with Someone" to add a loved one to your share list or to send a one-time health report.



SHARING: FAMILY ACCOUNTS

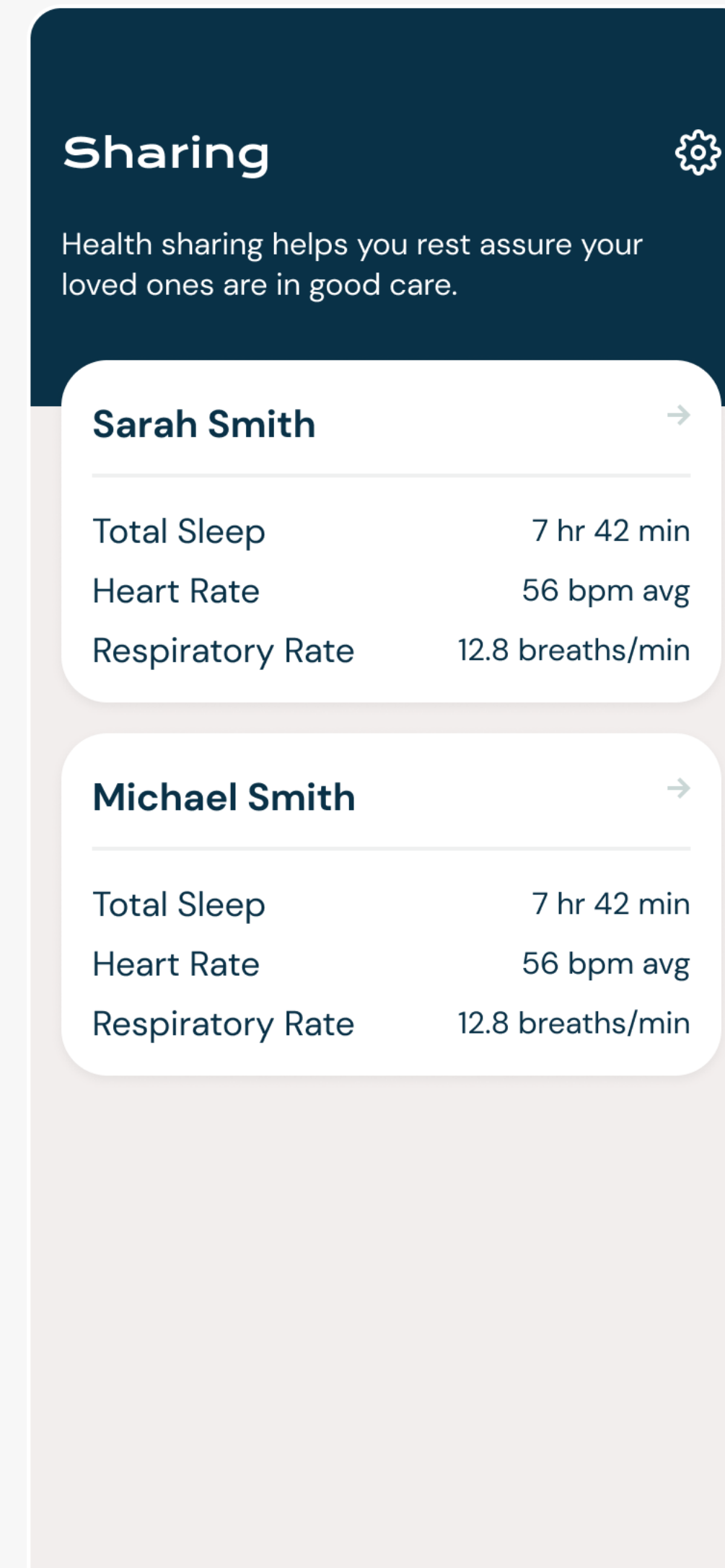
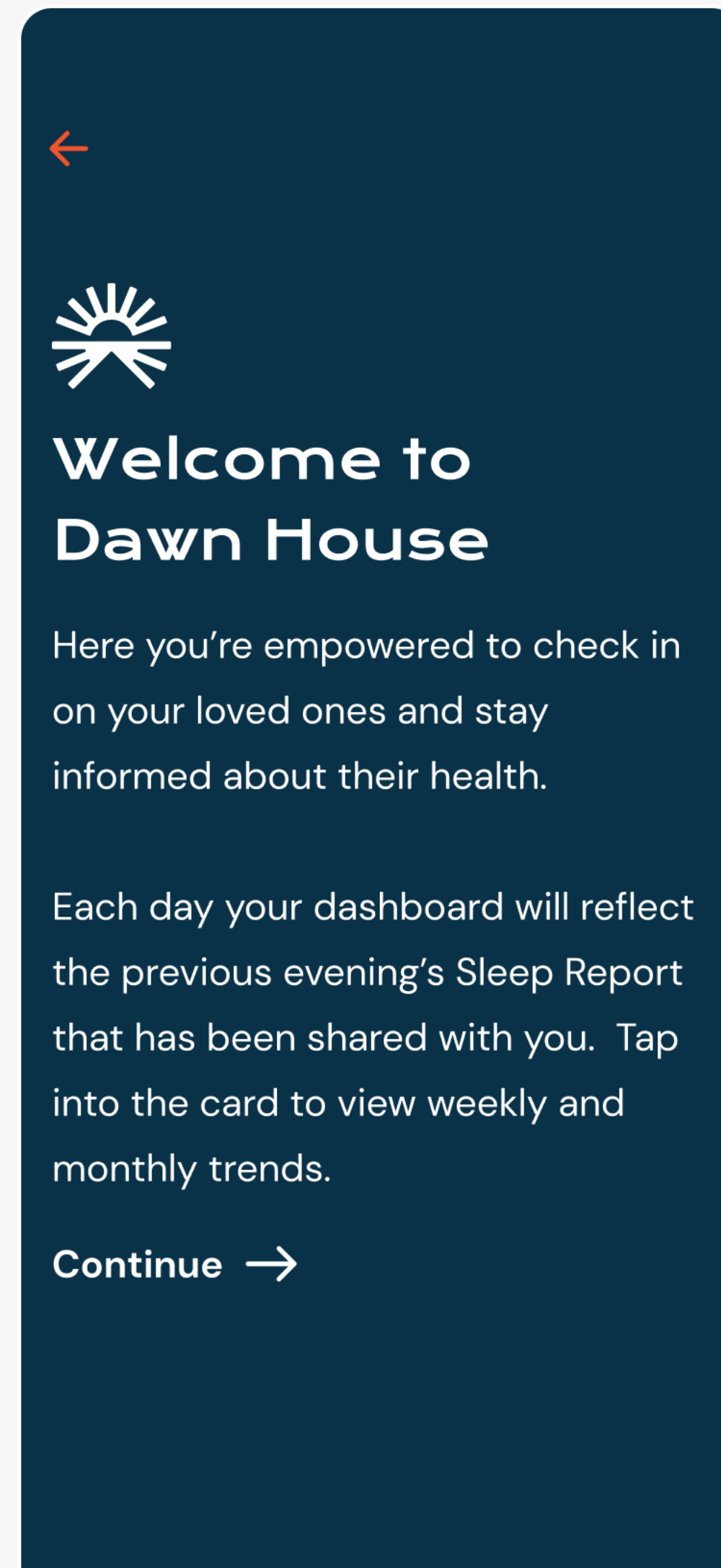
When you create a Dawn House account to view your loved one's Sleep Report, your viewing experience will be simplified compared to a Dawn House bed user. Sharing will be your default home screen.

SHARING: HOME SCREEN

Once you create your account, if a loved one has already shared their Sleep Report your home screen will reflect their high-level metrics. Tap the card to view the full Sleep Report.

If there haven't been any Sleep Reports shared with you, you will see a prompt to help your loved one initiate sharing from their Dawn House app.

To see your App Settings, select the top right icon from the main Sharing screen.

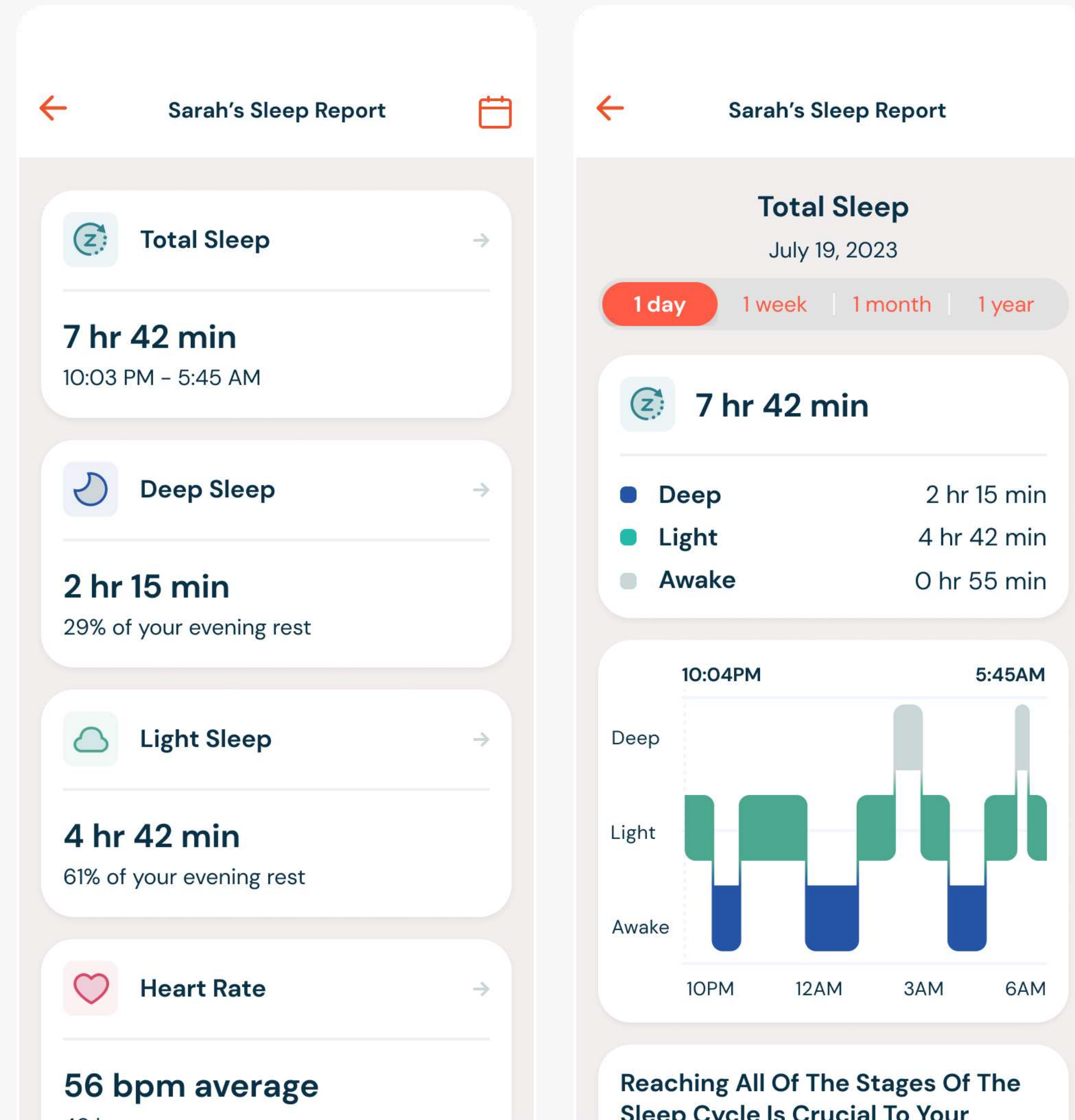


VIEWING A SLEEP REPORT

When you open a Sleep Report, you will see your loved one's name prominently displayed.

Tap the calendar icon to change the date you are viewing health metrics for.

Tap into any card to view the detailed metrics based on the previous evening, week and month.



APP SETTINGS

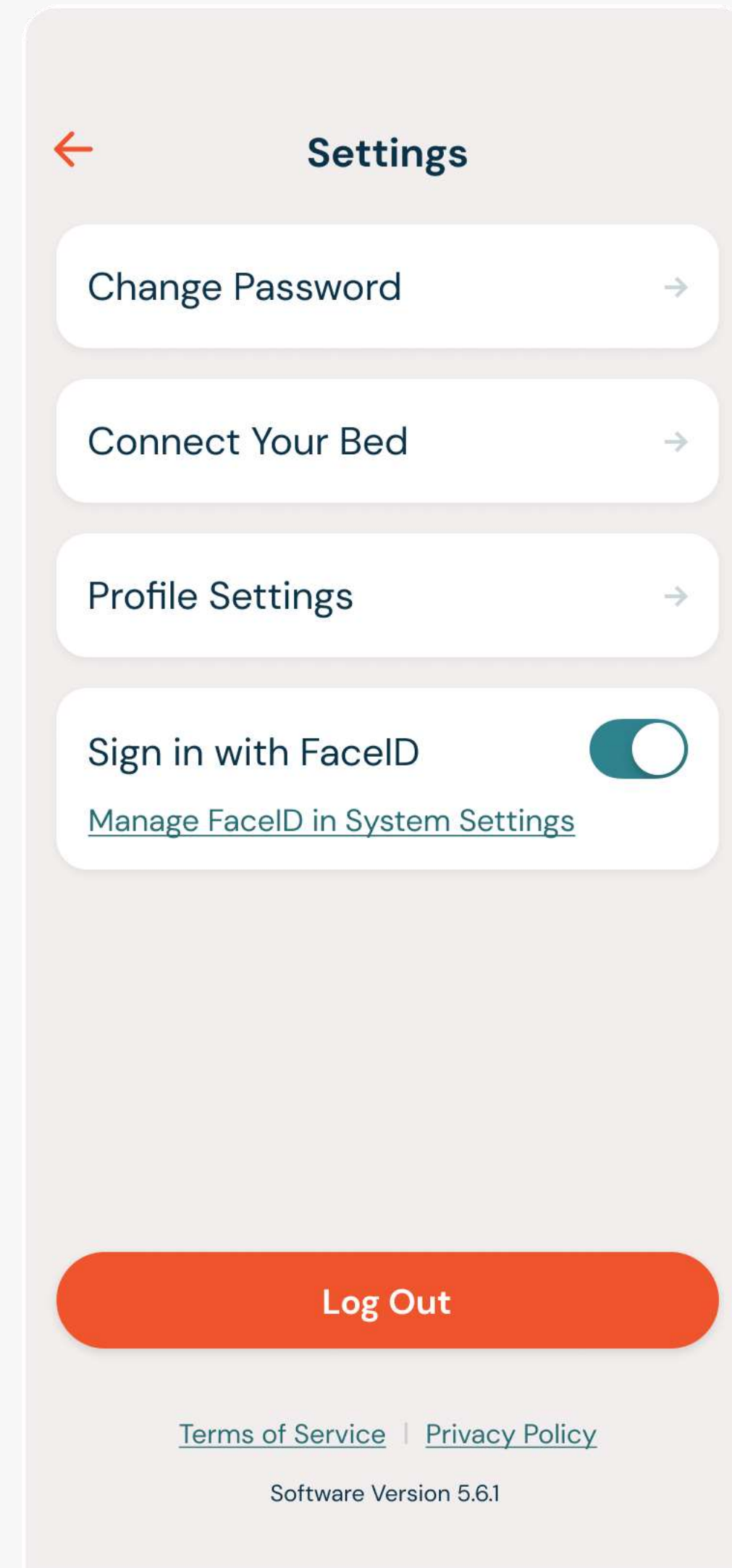
As a Dawn House user with a Family Account, your App Settings will be simplified.

To change your password, follow the instructions on Page 59 of this manual.

To update your profile settings, see Page 25.

To change your FaceID settings, see Page 27.

If you purchase your own Dawn House bed, you can proceed to connect your bed from the App Settings page. See page 10 for bed connection details.



SIGN IN & FACEID

THERE ARE SEVERAL WAYS TO SIGN IN:

1. Email and password
2. Facebook, Google or Apple
3. FaceID (iOS users only)

SIGN IN WITH EMAIL ADDRESS

When you open the Dawn House app, use your email and password to sign in.

If you check the box for “Remember Me” you will stay logged in for your future visits and skip the sign in process.

If you have recently updated your app, you may see the Create Account screen. Click the link “Sign in to existing account” to be taken to the main Sign In screen.

The screenshot shows the Dawn House sign-in interface. At the top is the Dawn House logo and the text "Good morning". Below this are two input fields: "Email" and "Password". The "Remember me" checkbox is unchecked, and a red arrow points to it. At the bottom, there are social media login options (Apple, Google, Facebook), a "Forgot your password?" link, and a "Create an account" link.

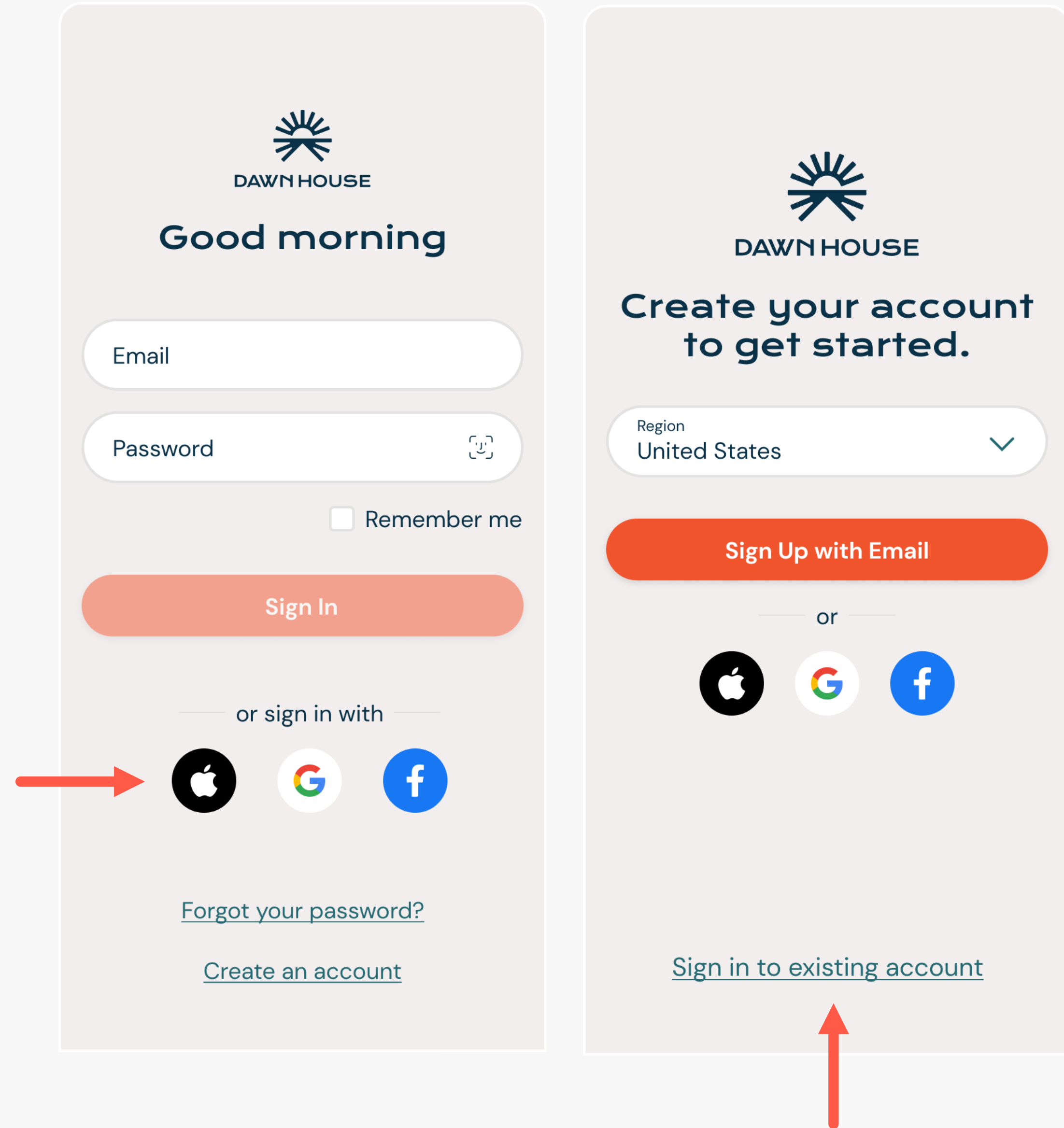
This screenshot shows the same Dawn House sign-in interface, but with the "Email" field filled with "marie.smith@gmail.com" and the "Password" field filled with ten black dots. The "Remember me" checkbox remains unchecked. The rest of the interface, including the "Sign In" button and social media options, is identical to the previous screenshot.

SIGN IN WITH GOOGLE, FACEBOOK OR APPLE

When you open the Dawn House app, you can select the icon to sign in with Apple, Google or Facebook.

You will be automatically directed to your home page after your account has been authenticated.

If you have recently updated your app, you may see the Create Account screen. Click the link "Sign in to existing account" to be taken to the main Sign In screen.

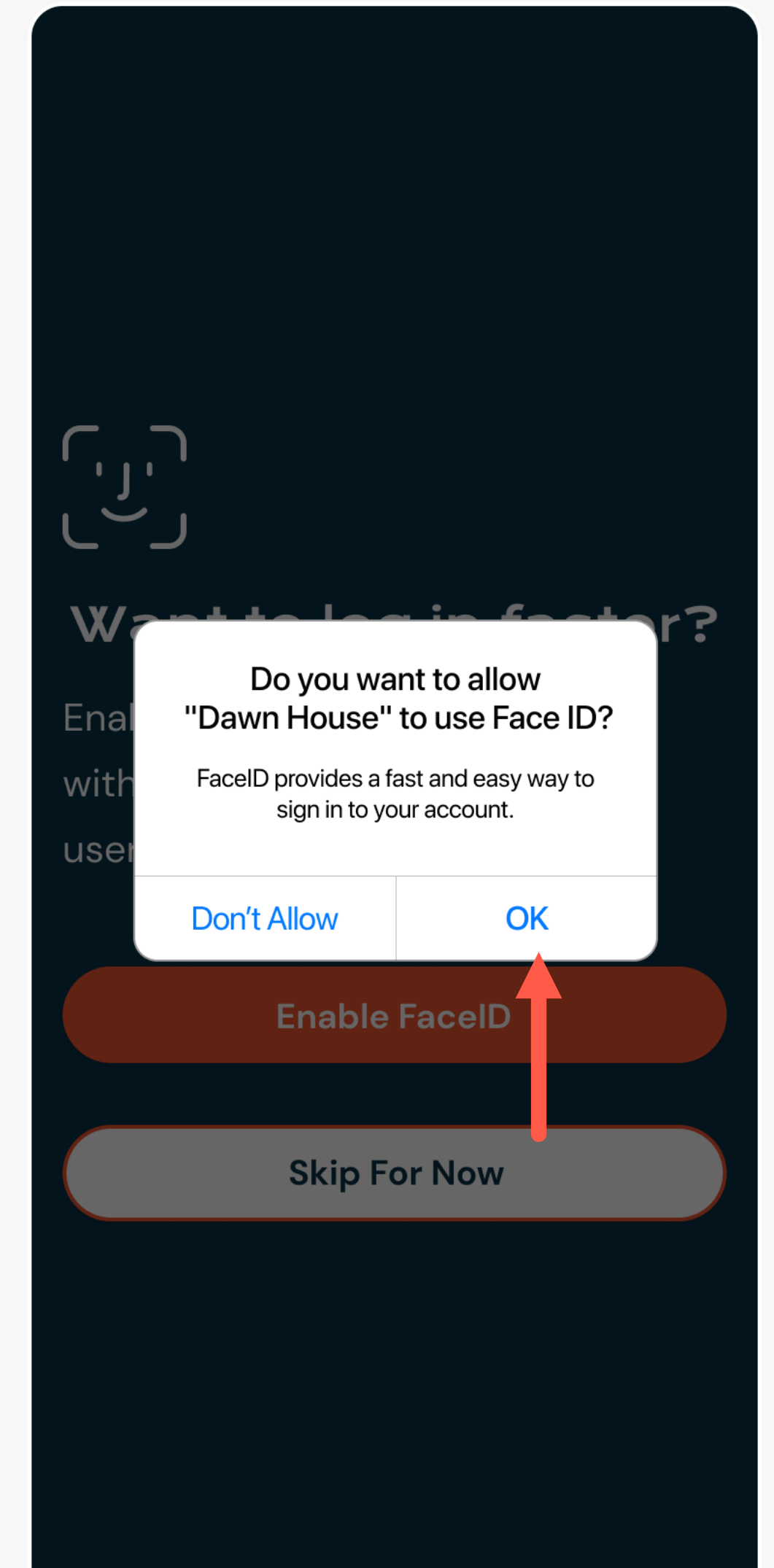
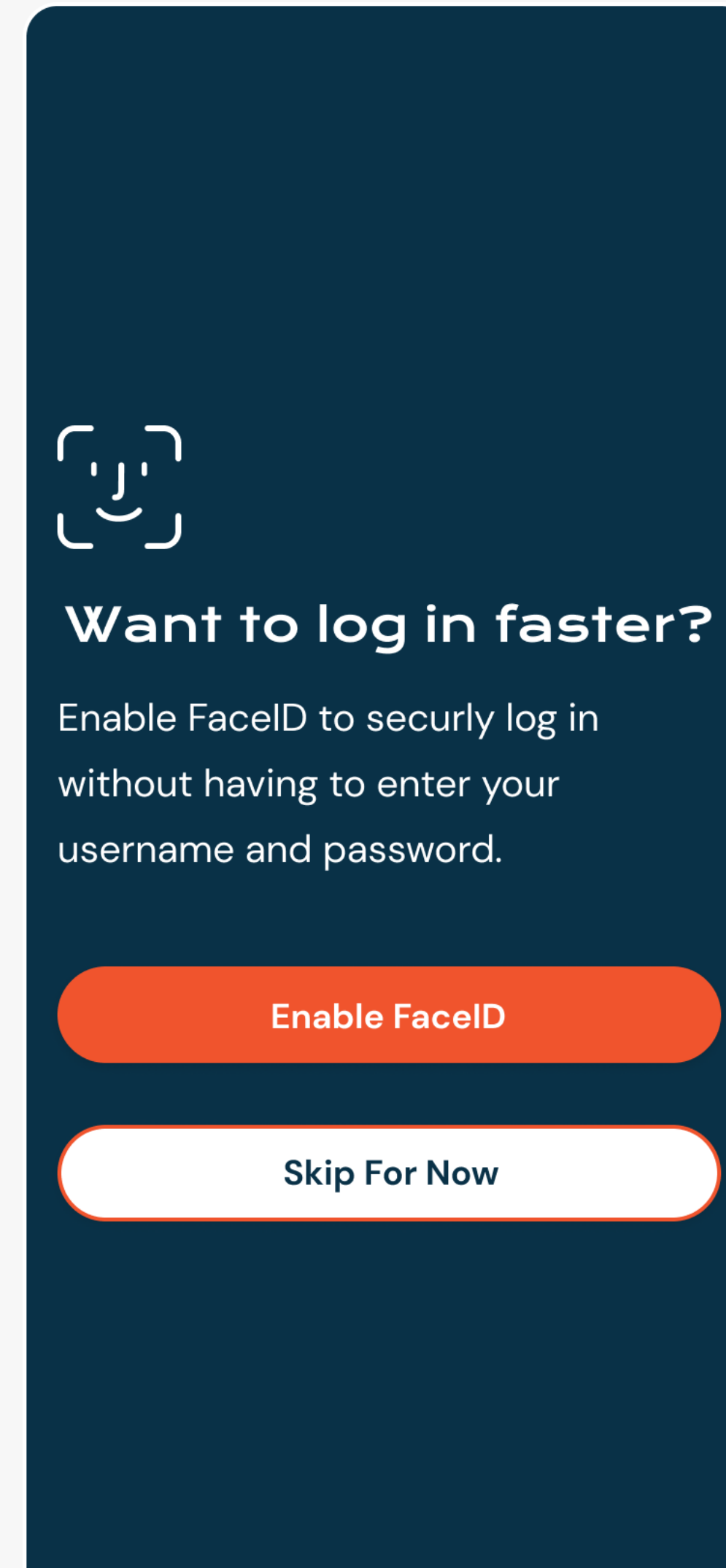
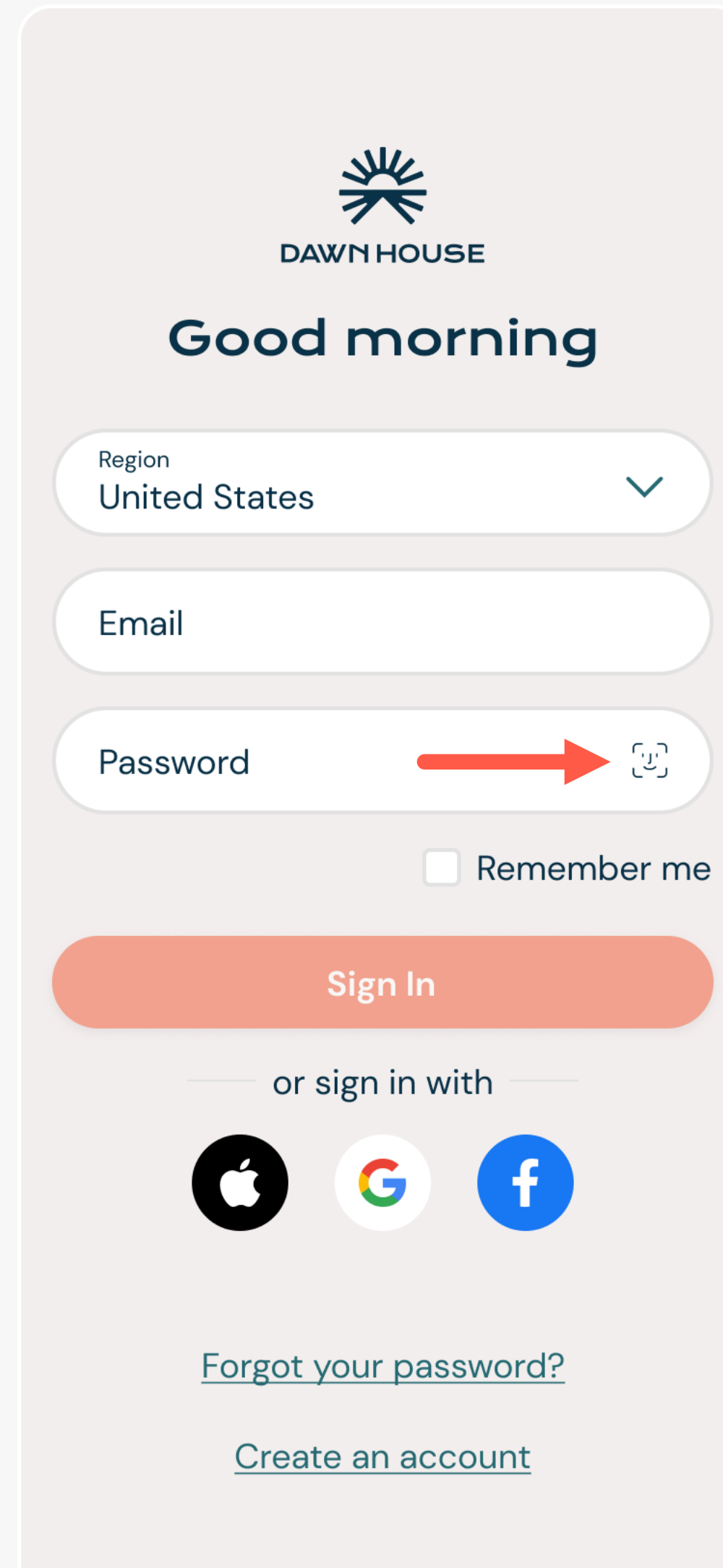


SIGN IN WITH FACEID

You can also choose to sign in with FaceID. Select the link "Use FaceID to Sign In."

It will open the FaceID prompt where you can grant permission and sign in.

On future visits when you have enabled FaceID, you will be automatically logged in.

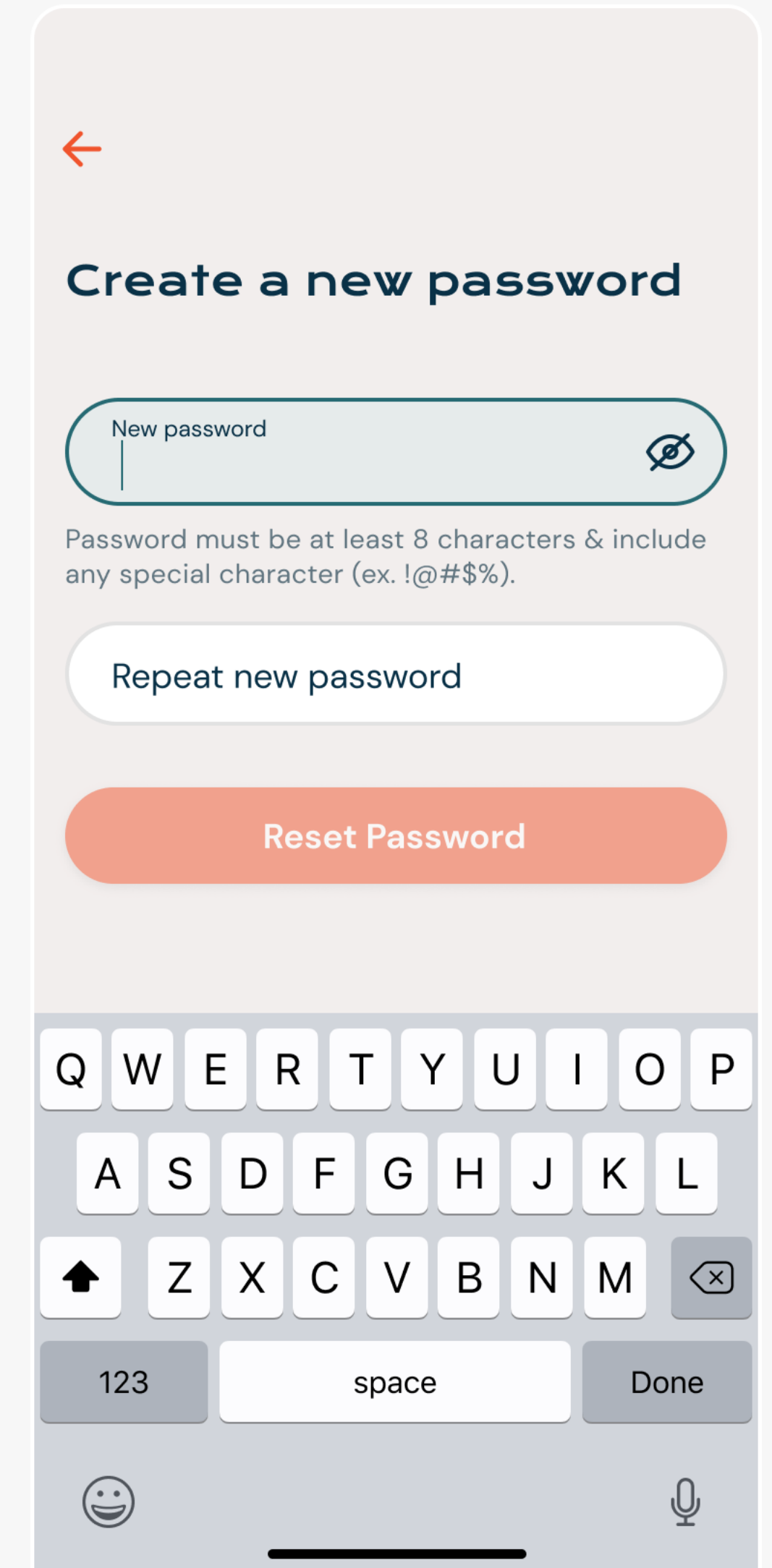
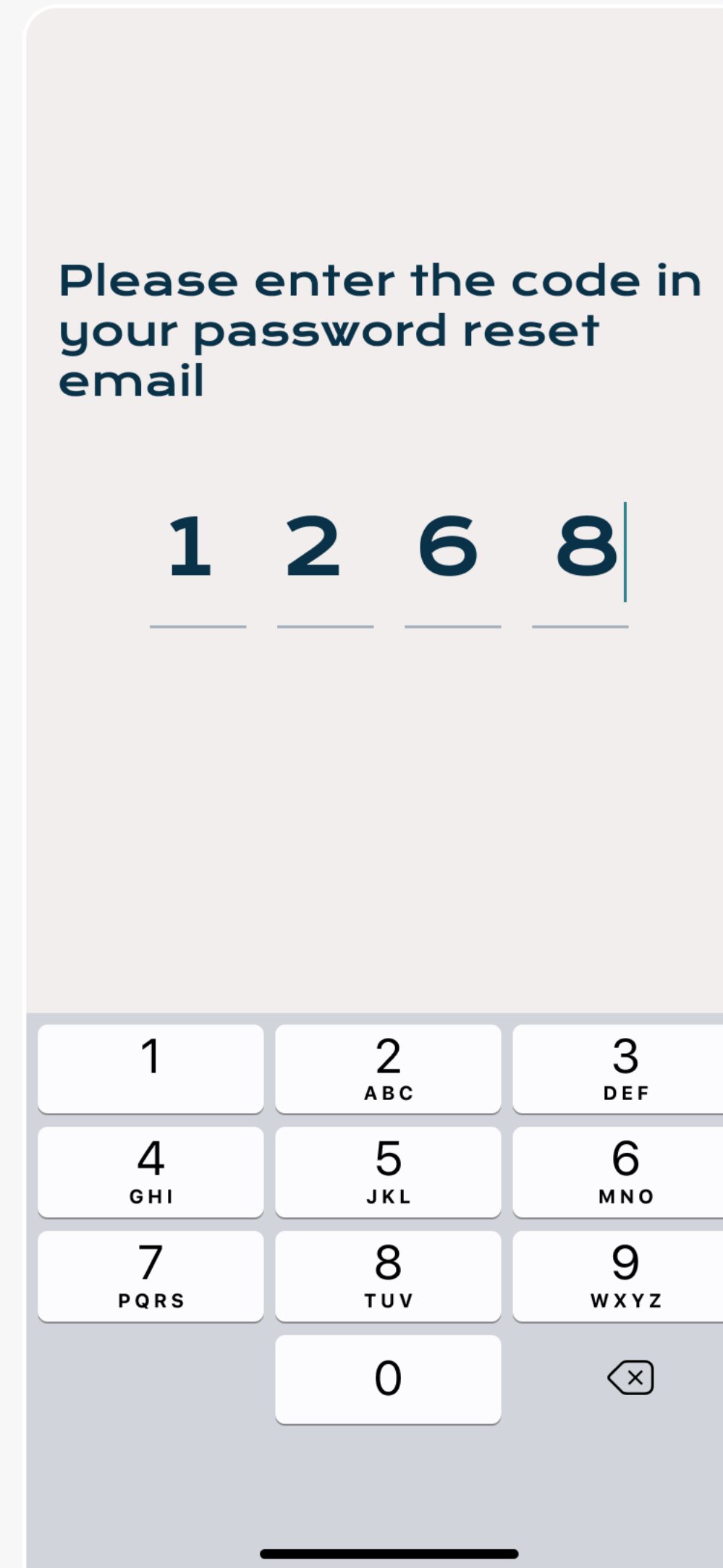
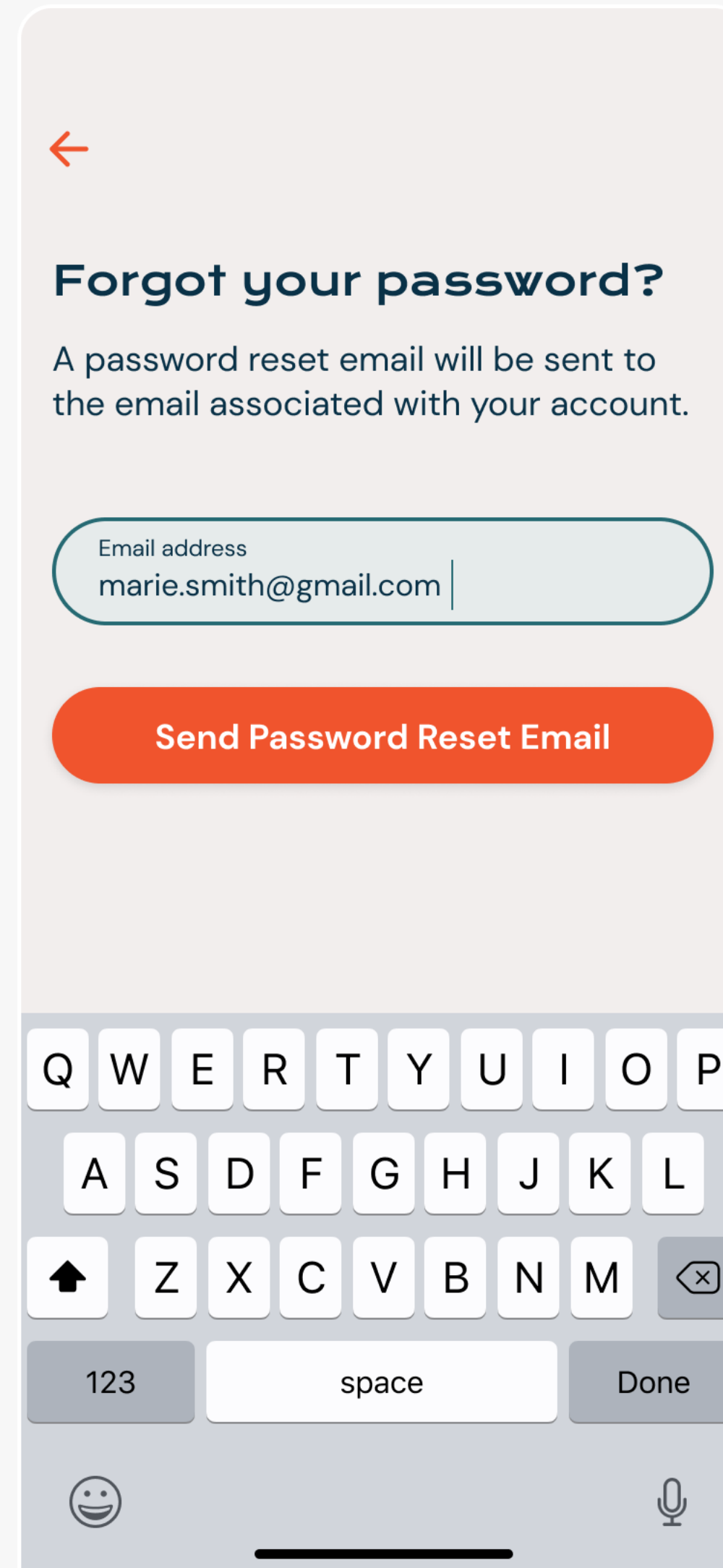


RESET YOUR PASSWORD

Your password is reset through your email address. If you are having trouble, please contact info@dawnhouseliving.com or call [888-329-6473](tel:888-329-6473).

RESET YOUR PASSWORD

1. Click the “Forgot your password?” link to open to start the forgot password process.
2. Enter your email address and Dawn House will send a verification code to your email.
3. Enter the verification code and you will be prompted to create a new password. Your new password must be at least 8 characters and include any special character (ex. !@#%\$).



CHANGE YOUR PASSWORD

To change your password, tap the "Change Password" link.

You will be prompted to enter your current password then provide a new password.

Your new password must be at least 8 characters and include at least 1 special character (ex. !@#\$%).

If you are having trouble remembering your password, select the "Change with a reset email" link.

