

# Clinical Pearls from **Top TCM Experts**

In English or in Chinese with Simultaneous Translation  
12 PDAs/CEUs pending

Hosted by:  
TIANJIANG | HEALOONOW | TREASURE OF THE EAST

SUMMER/FALL 2022

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June 18: Covid Sequelae  
July 16: IBS  
Aug 13: Allergies  
Sep 17: Pain  
Oct 15: Diabetes  
Nov 19: Emotions

**SATURDAYS**

5-7 PM PST | 8-10 PM EST



# Introduction

The World Chinese Medicine Forum is an independent, non-profit academic exchange platform. Its purpose is to shed light on the latest developments, research trends, and pioneering research in the field of Chinese medicine, and to serve as a lively venue for academic discussion and development for the Chinese medicine community.



# Forum Values

## **Expertise** .....

The forum brings together top experts, professors, and researchers in the field of Chinese medicine, focusing on specialties for which Chinese medicine holds unique advantages. Our goals are to share potentially impactful research results and to promote the globalization of Chinese medicine.

## **Collaboration** .....

The forum unites universities, industry members, professional societies and other organizations to integrate academic resources of Chinese medicine to help form a collaborative, efficient, and open academic innovation body in the global field of Chinese medicine in order to realize a greater vision of Chinese medicine serving human health.

# Meet Your Instructors

## June & July Sessions:



Dr. Xianbo Wang

JUNE 18, 2022

TCM TREATMENT OF  
COVID SEQUELAE



Dr. Xiu-Min Li

JULY 16, 2022

TCM FOR ALLERGY AND  
INFLAMMATION

## Aug & Sept Sessions:



Dr. Suiping Huang

AUGUST 13, 2022

TCM FOR IRRITABLE  
BOWEL SYNDROME



Dr. Lixing Lao

SEPTEMBER 17, 2022

ACUPUNCTURE FOR PAIN  
MANAGEMENT

## Oct & Nov Sessions:



Dr. Lin Lan

OCTOBER 15, 2022

TCM TREATMENT &  
PREVENTION OF DIABETES



Dr. Guohua Yang

NOVEMBER 19, 2022

TCM FOR EMOTIONAL  
DISORDERS



# About the Instructor

**Dr. Wang, Xianbo, MD, Ph.D.**

DR. WANG IS A WELL-KNOWN INFECTIOUS DISEASE EXPERT OF INTEGRATED TRADITIONAL CHINESE AND WESTERN MEDICINE

- **Chief Physician, Professor, Doctoral Supervisor Director** of the Center for Integrated Traditional Chinese and Western Medicine, Beijing Ditan Hospital Affiliated to Capital Medical University.
- **Evaluation expert** of the term achievement transformation and standardization promotion project of the State Administration of Traditional Chinese Medicine.
- **Vice chairman** of the liver disease expert committee of the Chinese Medical Doctor Association Integrative Medicine Physician Branch.
- **Standing committee member** of the Spleen and Stomach Disease Professional Committee of the Chinese Medical Association.
- **Infectious disease specialty** of the Beijing Chinese Medicine Association, and Vice-Chairman of the Committee.





# About the Course

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**Dr. Wang, Xianbo, MD, Ph.D.**

## Background

Traditional Chinese Medicine offers unique advantages in the treatment and post-treatment of pandemics. Treatment for post virus sequelae should focus on strengthening the righteousness and eliminating pathogenic factors; clearing residual toxins; and addressing mental and emotional changes.

15 min

30 min

30 min

## Language

Chinese with Simultaneous Translation

30 min

## Outline

Pandemic overview

Symptoms of Virus Sequelae

Principles and methods of TCM treatment

Discussion



# About the Instructor

## Dr. Xiu-Min Li, MD

DR. LI IS A WELL-KNOWN EXPERT IN IMMUNOLOGY AND TRADITIONAL CHINESE MEDICINE RESEARCH IN THE UNITED STATES

- **Professor**, Department of Microbiology and Immunology and the Department of Otolaryngology at New York Medical College.
- **Visiting Scientist** at Stanford, postdoctoral fellow and instructor in Clinical Immunology at Johns Hopkins.
- **Chaired prominent committees** about the use of alternative medicines for allergic diseases in the US and internationally. Her research focuses on Integrative Medicine for Allergies and Wellness.
- **2016 Awardee**, the Future of Health Technology Summit at Massachusetts Institute Technology, Cambridge, MA.
- **2017 Outstanding contribution to innovative research** on Traditional Chinese Medicine oversea" by China Radio International (CRI).
- **2020 International Award** for Contribution to Chinese Medicine-Achievement Award in Medical Science by World Federation of Chinese Medicine Societies.
- **First author** of Traditional Chinese Medicine, Western Science, and the Search for a Cure with Henry Ehrlich.
- **Dr Li's research** has yielded over 100 publications.





**Dr. Xiu-Min Li, MD**

# About the Course

## Background

Evidence shows TCM has potential as safe and effective therapy for food allergy and eczema. Triple TCM Therapy including ingestion, bath, and cream markedly improved severe skin lesion, itching, sleep loss in patients with corticosteroid dependent, recalcitrant, or topical steroid withdrawal syndrome.

30 min

30 min

30 min

## Language

English

30 min

## Outline

Introduction

Research and Practice of TCM for Food Allergy

Research and Practice of TCM for Eczema

Discussion

# About the Instructor

**Dr. Suiping Huang, MD, Ph.D.**

DR. HUANG IS A RENOWNED TCM GASTROENTEROLOGIST

- **Chief physician, professor, doctoral supervisor** of Guangzhou University of Traditional Chinese Medicine.
- **Director** of the Department of Gastroenterology of Guangdong Provincial Hospital of Traditional Chinese Medicine
- **Head** of the digestive specialty of the National Drug Clinical Trial center.
- **Presided** over and participated in 2 national-level projects, 3 provincial and ministerial-level projects, and 7 department-level projects.
- **Awarded second prize** for Guangdong Province Traditional Chinese Medicine Science and Technology Progress Award.
- **Awarded second prize** for Guangzhou University of Traditional Chinese Medicine Science and Technology Progress Award and the Basic Research Award.
- **Edited** 3 books, participated in editing 3 books, and published more than 30 academic papers; "Specialized Diseases Specialist Traditional Chinese Medicine Syndrome History Series," "Irritable Bowel Syndrome" volume author.





# About the Course

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**Dr. Suiping Huang, MD, Ph.D.**

## Background

Irritable Bowel Syndrome (IBS) is a common digestive tract disorder, and its pathogenesis has not been fully elucidated by modern medicine. In recent years, the incidence of the disease has been increasing, and it is also a worldwide problem. Lecture will present the clinical curative effect of TCM syndrome differentiation and treatment.

30 min

30 min

30 min

## Language

Chinese with Simultaneous Translation

30 min

## Outline

Irritable Bowel Syndrome Overview

Main symptoms

Principles and methods of TCM treatment

Discussion

# About the Instructor

**Lixing Lao, Ph.D., MB, L.Ac.**

DR. LAO IS A DISTINGUISHED ACUPUNCTURE RESEARCH EXPERT IN THE US

- **Professor and President**, Virginia University of Integrative Medicine (VUIM), Vienna, Virginia.
- **Vice president** of the World Federation of Acupuncture and Moxibustion Societies (WFAS).
- **Licensed acupuncturist**, Maryland and Virginia.
- **Professor and the Director** of the School of Chinese Medicine, The University of Hong Kong (2013-2019) Professor, University of Maryland, Baltimore (UMB), School of Medicine, Baltimore, MD (1992-2013)
- **300 peer-reviewed scientific papers** and 19 book chapters or books.
- **Editor-in-Chief** in the Journal of Integrative Medicine (JIM).
- **Awarded Qi-Huang International Award** by China Association of Chinese Medicine in December, 2015.
- **Awarded the Chief Executive's Commendation** for Community Service in recognition of his contribution to the development of Chinese medicine in Hong Kong by the Government of the Hong Kong Special Administrative Region (SAR), China in July 2019.





# About the Course

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**Dr. Lixing Lao, Ph.D., MB, L.Ac.**

## Background

Acupuncture, a non-pharmacological intervention, has been widely used and shows effectiveness for pain management. Professor Lao will discuss the development of acupuncture in the USA based on his 30 years of experience in clinical and basic science research.

30 min



## Outline

Background of acupuncture and pain

Acupuncture development in the USA; Introducing acupuncture clinical trials

Introducing mechanisms of action of acupuncture in pain management

## Language

English

30 min



Discuss challenges in acupuncture research methodologies

# About the Instructor

## Dr. Lin Lan

DR. LAN IS RECOGNIZED AS THE MOST PRESTIGIOUS TCM DIABETES EXPERT

- **Chief researcher, chief physician, doctoral supervisor, post-doctoral supervisor** of China Academy of Chinese Medical Sciences
- **Honorary president**, Endocrinology Branch of China Traditional Chinese Medicine Information Society
- **Presided** over more than 10 national research projects, the National Natural Science Foundation of China, and the National Administration of Traditional Chinese Medicine
- **Founded** the theory of "three types of syndrome differentiation" of diabetes, which was included in the national "Guiding Principles of Clinical Research on New Chinese Medicines," leading the medical treatment, scientific research, and new drug development in the field of diabetes
- **For the first time in China**, Dr. Lan advocated "replenishing qi and nourishing yin" as the basic principle for the prevention and treatment of diabetes," and developed the first Chinese medicine hypoglycemic preparation in China which has obtained 4 new drug certificates and 4 national patents and 16 prizes





# About the Course

## Background

Professor Lin Lan conducted a systematic macroscopic syndrome differentiation of traditional Chinese medicine on 635 diabetic patients. Dr. Lan believes that diabetic patients are divided into three syndromes: yin deficiency and heat excess, qi and yin deficiency, and yin and yang deficiency, with a commonality of yin deficiency.

30 min

30 min

30 min

## Language

Chinese with Simultaneous Translation

30 min

## Outline

Diabetes overview

Main symptoms; initial treatment

Mid-stage treatment; late-stage treatment

Discussion

# About the Instructor

## Dr. Guohua Yang

DR. YANG IS WIDELY REGARDED AS A TOP TCM CLINICAL EXPERT

- **Beijing Best TCM Doctor Award.**
- **Awarded** the special government allowances by the State Council.
- **National Qualification** as supervisor of academic experience inheritance for Chinese Medicine (6th Round).
- **PhD students supervisor** of China Academy of Chinese Medical Sciences, Professor of Internal Medicine of Beijing University of Chinese Medicine; graduated from Shanghai University of Chinese Medicine.
- **Chief physician** in Wangjing Hospital, specialized in treatment for difficult and complicated diseases, and common internal diseases.
- **Learning from Prof. Shi Jianbang and Ling Yaoxing** for internal medicine, and from Prof Jiang Jijun and Yang Jiashan for acupuncture and moxibustion.
- **40 years of clinical experience** in internal medicine of TCM.
- **More than 60 publications**, including journal papers and books.





# About the Course

## Background

Professor Yang Guohua has created a unique formula "Si Shen Hu Xin Decoction" from her years of clinical practice. The Formula has achieved good clinical effects and will be introduced in detail in the lecture.

10 min

20 min

40 min

## Language

Chinese with Simultaneous Translation

30 min

## Outline

Understanding, concept evolution, etiology and pathogenesis of emotional disorders in TCM

Syndrome differentiation, manifestation, treatment principle and main herbal formulas of emotional diseases in TCM

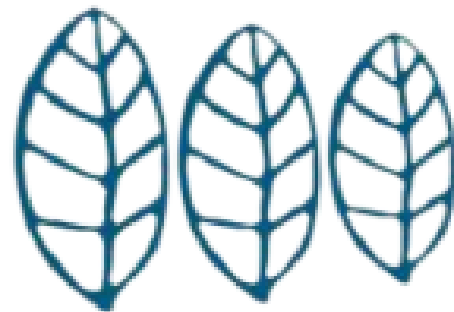
Clinical cases and herbal formulas for anxiety, depression and panic disorder

Discussion

# Event Hosts



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# Partner

# Orgs



California State Oriental Medicine Association



Florida State Oriental Medical Association



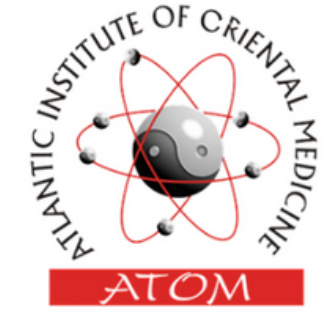
New York College of TCM



Five Branches University



Oregon Association of Acupuncturists



Atlantic Institute of Oriental Medicine



North Carolina Society of Acupuncture and Asian Medicine



Wisconsin Society of Acupuncturists



Acupuncture Society of Virginia



American Association of Chinese Herbs



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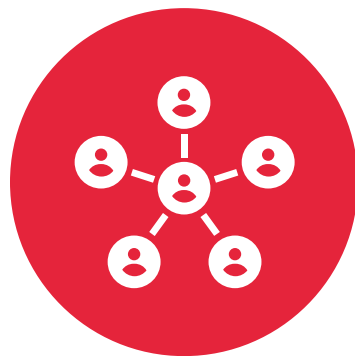


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