

## Medications, Herbs, Supplements (list name, dose, and purpose)

We recommend drinking 90 - 128 ounces of water dathe days of integration (5-7 days).  Do you expect any difficulty with this? Y N  Explain:	aily starting on the day before your first session and for
How much do you use? Alcohol	Tobacco
Coffee/Tea	Drugs/Marijuana
Injuries/Accidents? Y N When & Describe_	
Traumatic life events leading to any illness:	
Toxic Exposures:	
Describe other medical conditions that we should be	
Cancer Heart Problems Stroke Seizur	res Diabetes MS
Other:	<del>_</del> _
Areas in body of complaint or tension:	
Surgeries with dates (include location of metal plates	s/rods/screws)
Family medical history:DiabetesHeart Proble	emsHigh BPCancerAlzheimer's
Other:	
Current Pain Level (1=very low, 5=very high): 1 2	3 4 5 Explain:
Current Stress Level (1=very low, 5=very high): 1 2	3 4 5 Explain:
Current Energy Level (1=very low, 5=very high) 1 2	3 4 5 Explain: