



*Rookie*

KONNEKT BABY CARRIER  
MANUAL





# WELCOME TO TEAM ROOKIE!

We are very happy to welcome you to the team. We wish you and your baby a wonderful time together in and with your new Rookie!

Rookie was started with the goal of creating beautiful, yet highly functional products that parents love to use.

Please refer to the instructions for use on the following pages. Additionally you will find a video instruction here: [rookie-baby.com](https://rookie-baby.com)  
(or just scan the below qr code).

Do you have any questions or feedback for us? Send us an e-mail to:  
[team@rookie-baby.com](mailto:team@rookie-baby.com)

Kind regards  
Your Team Rookie





# SAFETY

## IMPORTANT! KEEP INSTRUCTIONS FOR FUTURE REFERENCE AND USE

### ⚠️ WARNING: FALL AND SUFFOCATION HAZARD

FALL HAZARD: Infants can fall through a wide leg opening or out of carrier.

- Adjust leg opening to fit baby's legs snugly.
- Before each use, make sure that the waist belt and all fasteners are secure.
- Take special care when leaning forward or walking.
- Never bend at the waist; bend at the knees.
- Only use this carrier for children between 3.5kg (7.7lb) and 15kg (33lb).

SUFFOCATION HAZARD: Infants under 4 months can suffocate in this product if face is pressed tight against your body.

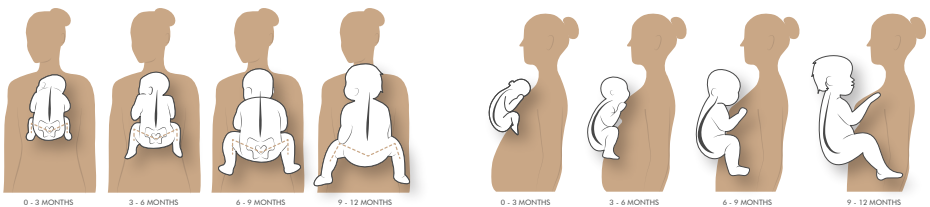
- Do not strap the baby too tight against your body.
- Allow room for head movement.
- Keep infant's face free from obstructions at all times.

WARNING:

- Constantly monitor your child and ensure that the mouth and nose are unobstructed.
- For pre-term, low birth-weight babies and children with medical conditions, seek advice from a health professional before using this product.
- Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.
- To prevent hazards from falling ensure that your child is securely positioned in the carrier.
- Great care should be taken near hot objects or when drinking hot liquids (danger of spilling).
- Never leave a child unattended in or with the carrier.

# FURTHER PRECAUTIONS

- Read all instructions before assembling and using the soft carrier.
- The maximum weight allowed for the carrier is 15kg.
- The carrier should be kept out of reach of children.
- The carrier should be checked regularly for possible signs of damage on the carrier.
- The carrier is suitable for one child only.
- Your movement and the child's movement may affect your balance.
- The carrier is not suitable for use during sporting activities e.g. Running, cycling, swimming and skiing.
- Be aware of the increased risk of the child falling out of the carrier as it becomes more active.
- Ensure proper placement of the child in the product including leg placement.
- Premature infants, infants with respiratory problems, and infants under 4 months are at a greater risk of suffocation.
- Never use a soft carrier when balance or mobility is impaired because of exercise, drowsiness or medical conditions.
- Never use a soft carrier while engaging in activities such as cooking and cleaning which involve a heat source or exposure to chemicals.
- Never wear a soft carrier while driving or being a passenger in a motor vehicle.
- We recommend that you first carry your baby with a second person at home.
- Keep the carrier away from children when it is not in use.



# FRONT WEARING

## CARRYING WITH WAIST BELT



1) Place the Rookie **ABOVE** your belly button like an apron with the belly-kiss label on the front of the carrier kissing your belly. Depending on your body height, it can be on your lower ribs.

2) Guide the long end of the waist belt tightly around you. The excess length of the waist belt can be pulled through the “belly-kiss” label loop.





3) Close the carrier with the short end of the belt.

4) The waist belt should be quite tight **ABOVE** your belly button.



5) Adjust the adjustable seating area of the carrier to the baby's legs. It should extend from one knee to the other knee. After adjustment, make a small bow with cord to keep the width in place.

6) Settle the baby into the seat of the carrier. Smooth the carrier panel up the back of the baby so it comes up to the base of the baby's neck.



7) Adjust the shoulder straps **CROSSWISE** over your back. **TRICK:** Reach around the baby with one hand under the baby's seat and hold the side buckle.

8) With the other hand, thread the buckle on the shoulder strap webbing through the safety elastic followed by closing the buckles.



9) Tighten the strap by pulling the webbing in an upwards motion towards your back.

10) Shoulder straps should cross below the shoulder blade.

11) If necessary, the width of the carrier can be pulled into the knee pit a bit more at the side of the waist belt.



12) Scoop the baby using your palms to create a rounded back seating position. The top of the carrier can be folded for added head support. **CAUTION:** The carrier should be snug but not too tight.

13) Final carrying position: The knees bend higher than baby's bottom and the back is slightly curved. Baby's head should be placed high up on your chest and always facing to the side. The forehead is kissable at any age. Mouth and nose is free from obstruction.

NOTE:

Instructions using a carry doll: 53cm tall, 3500g heavy

# NEWBORN ADJUSTMENT

(UP TO SIZE 62)



1) For newborns or small babies, the Rookie can be reduced in size. Adjust the adjustable seating area of the carrier to the baby's legs. It should extend from one knee to the other knee. Hold the Rookie **ABOVE** your belly button like an apron with the belly-kiss label on the front of the carrier kissing your belly.

2) Then fold anticlockwise, towards yourself 2x at the waist belt and place it above your belly button. With the first fold the cotton cord will be facing to the top.



3) With the second fold the cord will be against your belly button. Close the carrier with the short end of the belt.

4) Final carrying position for newborns: The waist belt (unlike an unfolded Rookie) sits below your baby's bottom.

NOTE:

Instructions using a carry doll: 53cm tall, 3500g heavy

# HEADREST



- 1) The headrest can be found inside the pocket on the front of the carrier.
- 2) The headrest has 3 buttons that can accommodate different baby sizes.





3) For young babies, attach the headrest to the lowest button and fold the headrest forward. Do not close the headrest completely. **IMPORTANT:** Keep one side of the headrest open to ensure proper air circulation for newborn babies.

4) For older babies, attach to the second or third button. Final carrying position: Snap buttons on headrest are attached to the shoulder straps. Baby's mouth and nose is free from obstruction.

NOTE:

Instructions using a carry doll: 53cm tall, 3500g heavy

# BACK WEARING

## CARRYING WITHOUT WAIST BELT

(FOR BABIES WHO CAN SIT - FROM 8 MONTHS)



1) Pull out the waist belt. With one hand support the carrier by the tunnel opening and the other hand pulling the waist belt from the carrier.

2) Spread out the Rookie on a rise. Fold the bottom edge inwards to create a hammock seating.



3) With the tunnel folded forward, flip the buckle over and fasten the male buckle on shoulder strap webbing through the safety elastic to female buckle on carrier base. Slightly reduce the length of the webbing of shoulder straps, this can be adjusted at a later stage.

4) Put the baby inside the carrier with the legs placed through the strap loops on the side. **CAUTION:** The legs must be placed through the loops so that the carrier runs under the leg!



5) Put the Rookie on your back like a backpack.

6) Tighten the webbings on the shoulder straps for additional support before getting up. The excess length can be rolled up and secured with the elastic loop found at the end of the webbing.



7) **IMPORTANT:** Insert the sternum strap adjuster on the inside of the shoulder straps. With your carrier you would have received this piece. The sternum strap should run over your chest below your collar bone. Always close the sternum-strap buckle for additional security.

8) Final carrying position: The knees bend higher than baby's bottom and the back is slightly curved. Ensure that the nose and mouth is unobstructed at all times.

NOTE:

Instructions using a carry doll: 53cm tall, 3500g heavy



# CARE INSTRUCTIONS

Close the buckles and the hook and loop tape before washing.

Wash by hand or in the washing machine at max 30°C with a mild detergent.

Do not use detergents that contain bleach, perfume, dyes, optical brightener or chlorine.

Air dry your carrier in indirect sunlight.

Faux leather and upholstery must not be ironed.

Rookie Berlin GmbH  
Unter den Linden 24  
10117 Berlin  
Germany

Register Court: Local Court Berlin Charlottenburg  
Registration number: HRB 197160 B  
Managing Director: Benjamin Berndt  
E-mail: [team@rookie-baby.com](mailto:team@rookie-baby.com)



4260750630193

EN 13209-2:2015